

The Way to Understand Man In Plant

There are various ways to select similimum, which is known to all

- i) Key note prescription
- ii) Constitutional prescription
- iii) Repertorial prescription

On the basis of totality of symptom

Since last decade, special work was done by Dr M L Dhawale and Jan Scholten for Mineral Kingdom and Rajan Sankaran for Plant Kingdom; ie prescription

based on kingdom classification. Apart from the book on plants written by Rupal Desai, I get some reference in Tylers Materia Medica, Clark's Dictionary of Practical Materia Medica and Materia Medica Pura. I feel grateful to Dr Rajan Sankaran who divided all these kingdoms very nicely with its expression. Further division was with the help of miasm, which shows similar expression of same family with different intensity. He has divided miasm into 9 parts.

KINGDOM CLASSIFICATION

MINERAL

(My Relationship)

- 1) Structured Pattern
- 2) Plain, Symmetry
- 3) Management
- 4) Problems in structure
- 5) Generally slow onset and Progress
- 6) Break of relationship
- 7) Failure in performance

PLANT

(I am affected)

- Sensitive, Irregular Pattern
- Artist
- Symptoms described Randomly
- Generally Rapid onset
- Hurt/Shock, Strain feelings
- Swinging mood

ANIMAL

(My feeling)

- Competition
- Attractive or dull
- Advertising
- Attention selling
- Generally moderate paced
- Failure in defense, Competition, love
- Attention seeking

Acute Typhoid	Psora	Malarial Ringworm	Sycosis	Tubercular	Cancer	Leprous	Syphilis
Panic Intense Struggle	struggle	Intermit- tent / panic	Trying Fixity	Change Oppression Of chest (suffocation)	Perfection control	Forsaken dirty feeling	Destruction Offensive

Recently I have treated one case suffering from Headache



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LOCATION	SENSATION	MODALITY	ACCOMPANIMENTS
1) HEAD Lt Eye-ear-neck Since 12 years On and off episodes lasting 3 to 4 days	Pain Sensation as if rush of water with full force from rubber pipe	> pressure ³ < strong odour < acidity > rest > sleep < 9 am	Perspiration on forehead and neck Nausea
Nose On and off since 12 yrs	Sneezing	< morning < waking < dust	

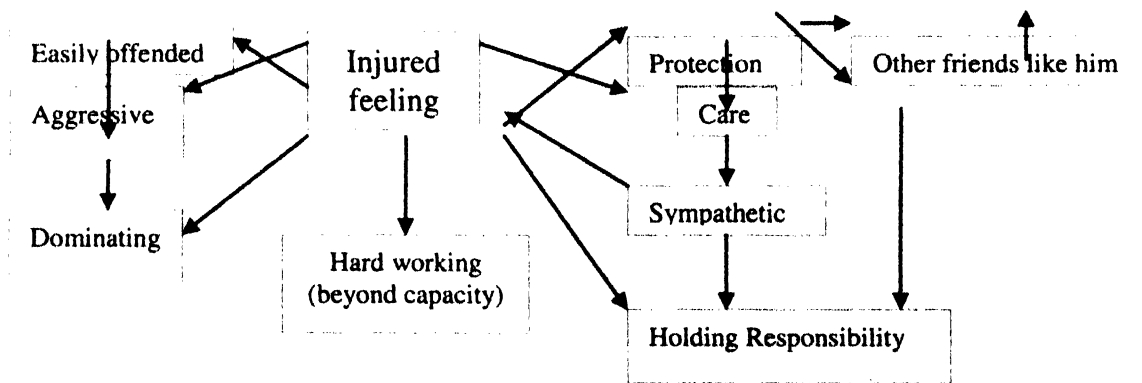
APPEARANCE: Average built, wheatish complexion
 PERSPIRATION: Forehead ³, neck –increased during headache.
 DIET: Breakfast- 9 am, Lunch–1 pm, Dinner–8.30 pm. Remaining time in farm or supervision of road construction.
 CRAVING: Pungent⁴, Warm food³.
 SLEEP: Disturbed when headache
 DREAMS of regular work.
 Giddiness because of noise
 THERMAL: C₂H₃
 F/H: Asthma – GM, DM– F, GM, Uncle, HT- G.M,
 P/H: Hepatitis – 15 year back

INVESTIGATION
 9/8/05: X-Ray: PNS was done suggestive of Lt Sinusitis
 DISEASE - Lt Sinusitis
 LIFE SPACE: Pt is aggressive, gets irritated easily at slightest trifle of matter. Gives immediate reply to the person who contradicts him. He likes to chitchat with

friends. “I like to speak reality even then my father scolds me and if somebody speaks lies, I don’t rely on him”. I try to understand the problems of others and I try to solve them. Also like to have knowledge on different subject. All friends like me. I work devotedly beyond my capacity.

In a trip I hold responsibility of the group. I take care of them. I always feel that my friends must be protected from any kind of injury. Accordingly I manage every thing. Always I feel that there should not be accident or injury. Every thing must be perfect. I keep control on all my friends and they follow me.

ANALYSIS
Phos: As all friends like him, he is sympathetic in nature. Cr Pungent and Lt Sided affection but pt is hot so this remedy is not chosen.
Kali-bich: 1) Lt Sided affection. 2) Hot pt. 3) Affectionate and caring to all.
 But as the pt is highly sensitive – I thought of plant kingdom.



- 1) Fear of accident – injured feeling, easily offended.
- 2) Lt Side affection
- 3) Hot pt.

COMPOSITAE FAMILY- CANCER MIASM– *Bellis-per.*

09/8/05: First Prescription, *Bellis-p* 30/1 dose

13/8/05: Headache relieved within ½ hr after – Placebo.

Since then pt is enthusiastic, aggressiveness has reduced and feeling of well being till date.

Another case I want to share where the journey began from failure and ended into success.

R S: Coryza, cough. Since 5 year. < every 15 days fever, < cold exposure, < Change of weather

APPEARANCE: Average built – Fair, plethoric face- golden hairs.

THERMAL: Chilly,

MENTALS: Mild, gentle, yielding, Attachment with family.

I gave various remedies like: – 1) *Belladonna*, 2) *Calc-carb*, 3) *Ferrum-met* etc. But patient did not have much relief. So I decided to take this case thoroughly

and after 3 hrs of case taking I reached the point of sensation level, rose stick as there was no connection between her complaint and rose stick – At physical level only rosy face was giving me some confirmation. I tried to find out the family of rose and that was euphorbiaceae and miasm which I understand was Tubercular. I took help of Sankaran's chart of plant kingdom from which I selected *Acalypha-indica* 30/1 dose and patient started feeling well from second day of application.

From this experience I dare to say that we can develop and increase utility of rare medicines and also get additional way to treat obstinate cases. There are various ways to study *Materia Medica* and apply in our practice. In addition, such distribution in each kingdom must be studied and utilized, so that a wide range of medicine can be used easily as perfect similimum with rapid gentle permanent cure. Also some times risk of failure is there if one has fixed ideas. Method of application must be decided on patients.



A Long Amelioration

Mrs FH, a 30 yr old Muslim lady came to us in Sept 2002 with complaint of Urticaria since 2 months, itching³, red blotches and swelling. < Night³, < cold water, < 12.30 am, < 10.30 am³ to 12 pm. There was marked swelling of hands, feet and around the eye.

OTHER COMPLAINTS

Itching³, burning³ and gritty sensation over the eyelid, < 10-11 pm, > cold washing, < blinking, > rubbing. Since childhood, once a month, sneezing³ → watery discharge → itching in the nose → yellow discharge.



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PATIENT AS A PERSON

HEIGHT: 5 Ft. WEIGHT: 50 kgs.

SKIN: Easy ecchymosis. HAIR LOSS: ++.

PERSPIRATION: Profuse. < face³, non-offensive, non staining.

APPETITE: Normal. THIRST: 2-3 glasses/day.

Flatulence+.

CRAVING: Chocolate³, icecream³, spicy.

STOOLS: Normal. URINE: Normal.

MENSTRUAL HISTORY: 3/30 days cycle, regular, normal flow, non offensive, non staining.

Leucorrhoea: Before marriage < menses before with itching +. Now >.

SEXUAL FUNCTION: Normal.

OBSTETRIC HISTORY: G1P1A1L1.

SLEEP: Normal.

DREAMS: Of someone's marriage, person with bad face following a pt.

THERMAL: < sun → headache, likes winter, > fan, > AC³. Covering: + in summer, ++ in winter. Bathing: cold water in summer and monsoon and tepid in winter. Hot Patient.

LIFE SITUATION AND MENTAL STATE

1970: She was born in Delhi -the 3rd of 7th siblings
Left studies after 10th std as mother fell ill and she had to look after the house being the eldest at that time.

Did a beautician course

1995: Sister married. 1997: Fa expired. Brother got her married

2000: Sister got separated

EMOTIONAL STATE: Irritable < contradiction

Weepy³. > after weeping³. Affectionate³. Spendthrift.

Fear: dark³, bad news.

Anxiety in front of strangers. Perfectionist³. > company³. > consolation.

Talks excessive. Extravagant, likes to spend money and

REMEDY AND TREATMENT

DATE	SYMPTOMS	FOLLOW-UP
17/9/02	Urticaria ³ , < HS. Face, scalp. Lachrymation. Edema+. The marked Odema brought to mind <i>Apis</i> (DD)	<i>Puls</i> 200 hourly
24/9/02	>. Watch.	SL
26/11/02	>3 urticaria 0. eyelid itching ³	<i>Tub-b</i> 1M
17/12/02	>3. Eyelid itching 0.lachrymation with nose-block. Feverish	<i>Puls</i> 200/ 4hrly SOS
24/9/05	Patient has come after 3 years. Has been well. Now Urticaria ³ . < HS. Face, scalp. Lachrymation. Edema+	<i>Puls</i> 200, 6 hourly
26/10/05	>3 urticaria 0. eyelid itching ³	<i>Tub-b</i> 1M
7/11/05	>3. eyelid itching 0.lachrymation with nose-block. Feverish	<i>Puls</i> / SOS for acute



go shopping. Husband is quite the extravagant type and patient follows suit

REPORTORIAL TOTALITY

- 1) RM 0992 Affectionate
- 2) RM 1019 > weep
- 3) RM 1012 < contradiction
- 4) RM 1049 Fear bad news
- 5) RM 1104 Squanders money easily
- 6) RM 1043 Fastidious
- 7) RM 1337 Urticaria <night
- 8) RM 1336 Urticaria with edema
- 9) RM 0568 Ecchymosis.
- 10) RM 0546 Cr: spicy
- 11) RM 0536 Cr: chocolate
- 12) RM 0422 Perspiration face

REMEDIES ON REPERTORISATION

ACUTE: *Puls*: Easy weeping. Poor thirst. Accommodating. Colds with lachrymation and nose block. DD *Apis*: > cold + swelling

What is height of **Forgetfulness* *?
Seeing the mirror and trying to recollect when you saw him / her last.

What is height of **Stupidity?***
A man looking through a keyhole of a glass door.