

Report to the USA on the 63rd Congress of the LMHI Oostende, Belgium May 20-24, 2008

Reported by Richard Hiltner, MD, NVP for the USA

It was a breezy, cool and sunny day for the North Sea Ocean view opening session of the 63rd Congress of the *Liga Medicorum Homeopathica Internationalis* in the Kursaal Auditorium. It began on Tuesday evening May 20th in Oostende, Belgium. The Executive Council had its meeting on Monday, May 19th and the International Council meeting was Tuesday morning and afternoon. Oostende is known as the Queen of seaside resorts with wonderful sandy beaches and a first-class harbor and yacht basin.

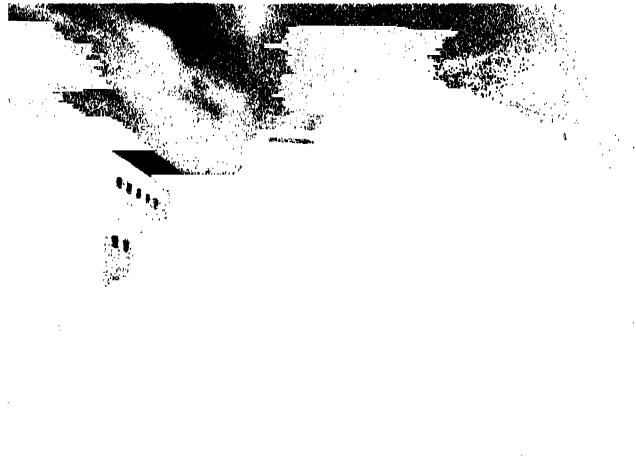
Homeopathy started in Belgium in 1829 with Dr. Pierre Joseph De Moor. In 1870, Dr. G.H. Jahr came to Brussels from Paris and had a great influence on the spread of Homeopathy to Belgium. Prince Leopold (later King of Belgium) was treated with homeopathy by Dr. F.F. Quinn, who was the founder of the Royal London Homeopathic Hospital in Britain. It is fascinating that Prince Leopold visited Dr. Hahnemann in Paris and spoke frequently with him during one year. This explains the long history of homeopathy

in the royal family and also the fact that the present Queen Paola visited privately the Oostende Congress.

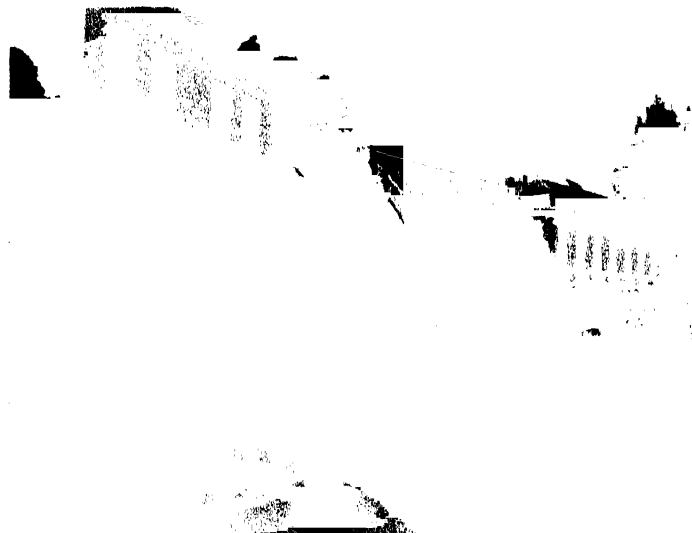
According to Michel Van Wassenhoven, the Congress President, there were approximately 700 attendees registered. Yves Faingnaert acted as moderator and introduced Ulrich Fischer, President of the LMHI, who encouraged the theme of the Congress on *Evidence Based Homeopathy*. Dr. Fischer emphasized the verification of homeopathic symptoms and drug provings and the

need to show openness on research and therapeutic methods as Hahnemann tried to stress. Nonetheless, we should defend emphatically the fundamentals principles, such as: the law of similars, drug provings of single substances, and the individuality of the remedy and patient, as Hahnemann did.

Michel Van Wassenhoven gave the keynote address on the theme of the Congress: *Evidence Based Homeopathy*. Since there has been an increase in questionable research against homeopathy, a major goal is to gather, in a concise form, the existing scientific evi-



KURSAAL AUDITORIUM



A VIEW OF BRUGE

dence confirming the efficacy of homeopathy

After the Opening Ceremony, the participants had a pleasant, short walk to the OostendeTown Hall. A representative of the Mayor welcomed the Congress.

Wednesday, May 21st

It should be emphasized that I was not able to be present at all of these presentations throughout the whole Congress. Therefore, some of my information was taken from the CD or other sources. Also space does not permit more than Congress highlights

The Congress was divided into five meeting spaces; the largest was the auditorium. The themes included Politics, History and Economics, Computers in Homeopathy 1-2, Clinical Studies 1-9, Provings 1-2, and Dentistry 1-2.

The morning theme in the auditorium was Politics, History and Economics. Christian Boiron, the president of the world's largest homeopathic pharmacy, stressed that there are different "languages" in the "Land of Homeopathy." There are different approaches to the use of homeopathy and a certain amount of tolerance is necessary for the freedom of individuality. Homeopathic practitioners are known for the ability to think for themselves, and any true science must adapt according to the newest research. It is important to adhere with one's ideals, yet be willing to bend as more truth comes to light. The basic message was that unveiling evidence demonstrating homeopathic efficacy is a necessary and a crucial part of the work of this Congress.

Ton Nicolai, who has done much work in Europe through ECH, stressed the importance of homeopathy associating with CAM (Complementary and Alternative Medicine) to help strengthen the health of Europe and the world.

Gilles Chaufferin presented a well-organized study on the "Cost Effectiveness of Homeopathy." A new health policy would allow homeopathy to:

- 1) Demonstrate one of its most important qualities: *Primum Non Nocere* (First, do no harm).
- 2) Demonstrate more efficacy and less risk.
- 3) Stop the accelerating growth of health costs.

Computers' Help to Homeopathy 1,2

This part of the conference focused on more recent developments in the computerization of homeopathy.

Tarkeshwar Jain presented his research on a computer program called "Kenbo;" case analysis of 25 cases using this method resulted in significant improvement in 72% of the cases compared to only 40% in 25 cases analyzed in with the traditional method.

Frederik Schroyens illustrated the ability of computers to repertorize provings more quickly and easily, with the following benefits:

- Listing of relevant repertory rubric(s).
- Remedy additions to the repertory.
- Access to the source information in the repertory.
- Nearly instant access to new remedy information.
- Interprofessional communication of cutting edge material medica information.

Carlo Rezzani introduced an important project for the collection of clinical data called CLI.FI.COL (Clinical File Collection). This project allows physicians all over the world to work together. The main benefits of this system are anticipated to be:

- Clinical verification of the efficacy of homeopathic remedies.
- Construction of a "Materia Medica Clinica Viva," constantly updated and enriched with contemporary medical and "linguistic" terms.
- Enrichment and verification of repertorial symptoms.
- A comparison between "clinical" symptomatol-

CHRISTIAN BOIRON

**PETER FISHER, CLAUDIA WITT, GILLES
CHAUFFERIN, CHRISTIEN KLEIN-LAANSMA,
MIRIAM SOMMER, U.C. ADLER**

ogy and “experimental” symptomatology (provings) that will overcome the distinction between classical and clinical homeopathy, an arbitrary division that only benefits our adversaries.

Clinical Studies 1, 2, 3

Frederique Honegger spoke on an important and frequently seen problem with recurrent vaginal yeast infections. He mentioned twenty women who enjoyed excellent results with their homeopathic treatment. The most indicated remedies were *Psorinum*, *Medorrhinum*, *Sepia*, *Candida*, *Helionas* and *Endometrol*.

Nicolae Naghiu presented a study on Autism and Asperger Syndrome involving 118 children from 1½ to 15 years old. These children were followed from 6-24 months. Five main parameters were examined: Socialization, Language Skills, Motor Function, Cognitive Abilities and Self-Care. Eight children showed remarkable improvement. The others demonstrated improvement more slowly.

Francesco Macri is a pediatrician and allergist from Italy who tackled a difficult and complex study on Allergic Disorders in Children. Approximately 100 children were divided into two groups: those treated with conventional medicines, including steroids, and those treated with conventional medicine, homeopathy, phytotherapy and isopathy. The specific allergic diseases were: asthma (about 35 in each group); allergic rhinitis (about 10 in each); and atopic dermatitis (about 5 in each) The conventionally treated group did better in general, but the other group demonstrated improvement to a significant degree in asthma and allergic rhinitis, but little in atopic dermatitis. It is of note that the second criterion for evaluation was the lowering of conventional medicine use in the naturally treated group by at least 50%.



MICHEL VAN WASSERHOVEN WITH GLOBAL POLITICS AWARD AND JAHR PLAQUE



HM QUEEN PAOLO, PRINCESS OF BELGIUM

Ana Paula Maia described the results of a study involving 279 children with cerebral palsy in Brazil. 57 of these patients were treated for aggressive behavioral disturbances, with a history of injury, which were treated effectively with *Arnica*, *Natrum Sulphuricum* and *Phosphorus*. Aggressive tendencies were treated with *Belladonna*, *Stramonium*, *Bufo rana*, *Hyoscyamus*.

Dentistry 1

Jussara Diffini Santa Maria studied 90 children with respiratory disease (45 treated with homeopathy and 45 with conventional medicine) and found that those treated with homeopathy had fewer problems with salivary secretions and, therefore, fewer problems with their oral health.

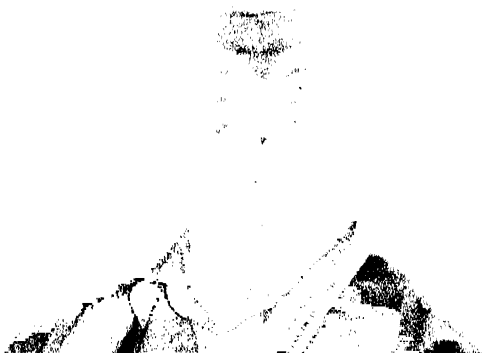
Luc Uyttenhove examined 300 cases over the last 25 years of patients with pain from wisdom tooth eruptions and found that many did well with *Cheiranthus cheiri*. There was also evidence of effectiveness in chronic conditions of boney structure loss with *Heckla lava* and *Silicea*.

Provings 1-2

Among other presentations, Jean Pierre Jansen did a pilot study to determine if the placebo requirement for Provings (ECH, HCPUS) were really needed. He found that there were a very low number of similar relevant symptoms in both groups (placebo and verum); however, he suggested that more data was necessary before coming to a conclusion.

Clinical Studies 4, 5, 6, 7, 8, 9.

Houda Arjoun developed a very timely report on the Respiratory Syncytial Virus (RSV) involving 20



JAN SCHOLTEN

infants treated with homeopathy and 20 infants with conventional medicines. The study demonstrated the efficacy and low costs of homeopathy. The main medicines prescribed were: *Ipecac*, *Antimonium tartaricum*, *Arsenicum album* and *Blatta orientalis*. Other medicines used to prevent more episodes of bronchitis during the following year included, in order of use: *Thuja*, *Tuberculinum*, *Sulphur*, *Arsenicum*, *Calcarea carbonica*, *Silicea*, *Lycopodium*, *Phosphorus* and *Natrum muriaticum*. In the five months following initial treatment, 60% of the conventionally medically treated group suffered recurrences of bronchitis as opposed to 35% of the homeopathically treated group (with a statistically significant P value of <0.05).

Ana Maria Damasceno recounted another study in the Federal Brazilian Homeopathic Clinic of Neurological and Developmental Diseases (FBHCND) on cerebral palsy involving 275 infants over a 9-year period. 26 homeopathic medicines were used based on causality, mental picture, constitution, muscular and neuromuscular activity, the presence of convulsions. Improvements were observed in attention, socialization and learning (55%); motor features (60%); non-verbal communication; aggressive behavior (63%); infections (57%); and convulsive attacks (63%).

Fabio Balognani also worked in the FBHCND with 54 children with Muscular Dystrophy who displayed very good results. The homeopathic medicines employed were from a 12C to 30C potency: *Baryta carbonica*, *Causticum*, *Cimex*, *Lathyrus*, *Mygale lasiodora*, *Nux vomica*, *Plumbum metallicum*, and *Thiosinaminum*. He also used organotherapy from various tissues of the brain in 6C potency.

Other studies were presented showing the efficacy of homeopathy in rhinopharyngitis, infertility, fevers of unknown origin, and attention deficit and hyperactivity disorder.

A jazz cruise concluded the day's program.

Thursday, May 22nd

Research from Proving to Double Blind 1

Peter Fisher gave an intensive well-outlined paper on "Research in Homeopathy." He stated that all of the four comprehensive reviews of randomized controlled trials (RCTs) have concluded that, overall, homeopathy probably differs from placebo. They have been broadly positive in childhood diarrhea, influenza, osteoarthritis, post-operative ileus, seasonal allergic rhinitis and rheumatic diseases. There is replicated RCT evidence that homeopathy may be effective in childhood diarrhea, fibromyalgia, influenza, migraine, osteoarthritis, otitis media, vertigo and seasonal allergic rhinitis.

There is also evidence from individual RCTs that homeopathy may be effective in chronic fatigue syndrome, premenstrual syndrome, post-partum bleeding, sepsis, stomatitis, symptoms related to cancer treatment and ADHD.

Controlled but unrandomized, cost-effectiveness and observational studies show universally positive results, often in difficult-to-treat conditions.

The main barrier to the scientific acceptance of homeopathy is its use of very high "ultra-molecular" dilutions. The leading hypothesis to explain the effects of homeopathic medicines involves the storage of information in aqueous solutions during the remedy preparation process.

Pilot studies on premenstrual syndrome and depression were discussed.

Dietmar Payrhuber presented in detail six cases of cancer which responded well to homeopathic treatment.

Veterinary 1

JOYCE FRYE, MD

KARIN LENGER

Veterinary studies were presented covering such disorders as: bovine subclinical mastitis, vaginal leiomyoma, and cold intolerance enteritis in guinea fowl.

Dentistry 2

German Dario Benitez did some research on patients taking *Arnica 7C* as compared with naproxen in pain relief following extraction of the third molar. He found that *Arnica* and naproxen had similar efficacy.

Gloria Andre Feigelstein presented a study with 455 children to demonstrate that there was a positive correlation between the prevalence of dental fluorosis and the prevalence of "constitutional fluoric homeopathic characteristics"

Hilton Tiba spoke of her experience helping twelve patients with temporomandibular joint syndrome with homeopathic medicine.

Research from Proving to Double-Blind 2

Gustavo Dominici spoke about a very interesting paper dealing with the proving of hydrogen peroxide (*Hydrogenium peroxidatum*). 16 provers were given potencies of 30C; two were given 200K. The results were summarized as follows: sluggishness, lost of interest in everything, asthenia, sleepiness, numbness, blunting, loss of memory, confusion, lethargy. When symptoms similar to those produced in the proving were detected in a patient—human or animal—they were administered 30 to XM potencies. He gave examples of 6 dogs and 12 humans who did very well with this medicine. This medicine has the potential of being an important treatment of dementia or Alzheimer's disease.

Lex Rutten discussed a recent development in homeopathy called the Likelihood Ratio (LR) and the Bayesian algorithm used in determining the probability

of a homeopathic medicine being effective for a patient and, in consequence, whether it should be included in the repertory. The LR is the prevalence of a symptom in the target population (i.e., patients responding to a certain remedy) divided by the prevalence in the general population. For example, he chose the rubric "Fear of Death" and found that out of 4000 patients examined only 154 or about 4% had this fear (for a prevalence in the general patient population of 4%). It was determined that in *Aconitum* patients 4 out of 10 (target population) had this symptom (rubric) for a 40% prevalence. *Natrum muriaticum*, in contrast, had a prevalence in the target population of only 2% (3 out of 156). Thus, the LR of *Aconitum* was 40%/4% (LR of 10.0), whereas for *Natrum mur* it was 2%/4% (LR of 0.5), which is less than what is expected in the general population of patients. The Bayesian algorithm more fully develops this and can be used to determine whether medicines listed in the repertory should be listed in certain rubrics. Proponents of the LR believe that medicines with a ratio lower than 1 for a given symptom should not appear in the corresponding rubric.

Erik Stolper has been working on the Likelihood Ratio with a group of Dutch physicians (including Lex Rutten) over the last nine years collecting data on cured cases and developing the LR for 33 medicines. He gave examples for *Argentum nitricum* and *Lachesis*. He encourages his international colleagues to contribute more data for this project.

Dermatology

Marie-Noelle Issautier stated that veterinarians in the mid-fifties found that several species of animals that ingested St John's Wort, *Hypericum perforatum*, and were exposed to the sun developed skin eruptions.



PHILLIPE SERVAIS

Philippe Marijnen further expanded on the above information on *Hypericum perforatum* and designed an observational study sponsored by Boiron with 105 people, mainly women who had a history of skin eruptions from exposure to the sun. They were given *Hypericum perforatum* in potencies of 5, 9 and 15 CH and had very good preventative results. 85.7% had improvement.

Thierry Dangler gave an impressive study sponsored by Boiron of patients who had flushes of the cheeks not associated with menopause. 87 patients were enrolled in this observational study and given *Sanguinaria canadensis* 7CH for three months. 87% showed improvement or complete disappearance of their flushes.

Micro-immunotherapy II

Maurice Jenaer is the person most known for developing the principle of *Micro-immune Therapy* about 40 years ago. Micro-immune therapy is based on the use of endogenous molecules administered in a homeopathic dose that act on a specific point in the immune system. Micro-immune modulation uses various resources for the immunological system (cytokines, growth factors, etc.) Immunogenetic regulation is achieved through the use of specific nucleic acids, use of specific parts of the oligonucleotide genome which are important for reestablishing normal physiology in pathogen microorganisms and /or altered cells. Cytokines, growth factors and specific nucleic acids are administered diluted and homeopathically reinforced.

Gerhard Hubmann uses micro-immunology (MI) along with constitutional homeopathy and homotoxicology to treat cancer patients. Homotoxicology originated with Dr. Rekeweg in 1948. He developed combinations that are supposed to help the body elimi-

nate toxins and strengthen its self-regulating capacity. Cesare Santi also pursued MI as an add-on to conventional cancer therapy. Lourdes Reig, Marce Rogerfoid and Jean Clumps explored more fully the use of Micro-immune therapy in multiple sclerosis. Maurice Clercq applied MI to periodontal diseases.

Etienne Capieaux expanded on a placebo-controlled study with a complex MI medicine, *2LALERG*, in 41 persons (21 verum, 20 placebos) with allergic rhinitis over about 3months. The improvement in the homeopathic group was highly significant $p < .0001$.

Hahnemann—Boenninghausen Method

D.P. Rastogi explored the concept more fully of the time tested Boenninghausen method of obtaining the correct homeopathic medicine.

Maria Gloria Alcover Lillo examined a case of depression as an example of the eight principles of Hahnemann's *Organon of Medicine*. These eight were systematized by the Mexican School in the early 1900s and are as follows:

1. *Vis Medicatrix Natura*: The healing force in the patient's own nature.
2. *Pure Experimentation* on a healthy individual.
3. *Similia Similibus Curentur* or Like cures Like.
4. *Morbid Individuality* states that every individual suffers according to his/her own particular nature.
5. *Individuality of the Remedy*: every single natural substance has own irreplaceable mode of action.
6. *Vital Dynamism* or the operative mode which belongs to each living being.
7. *Minimum Dose* or the minimum specific imprint require ob a homeopathic stimulus.
8. *The Individual Pathological Tendency or Miasmatic Condition*: the morbid constitutional state whether inherited or acquired which is brought

PETER FISHER AND CLAUDIA WITT

ROBERTO PETRUCCI

about by the permanent, arbitrary and unnatural suppression of acute illnesses, which is the forming mechanism in all chronic illnesses.

Proving 3

Leon Scheepers expanded on the proving of *Gallium aparine* (Catchweed) with 8 provers. Some the key symptoms from this plant included: *a feeling of being a zombie; complete wrong sense of time; headache; tiredness.*

Jacques Imberechts spoke on the proving of *Hecla lava* which was carried out in different countries from 2000-2008. Comparisons with some clinical cases treated with *Hecla lava* were given.

Jean Pierre Jansen presented a paper on a multi-center, prospective, double-blind proving on *Potentilla anserine* (Silverweed) in 10 provers (4 placebos, 6 verum).

Micro-immunotherapy IV

Speakers presented information about patients in their practices who benefited from MI; the pathology involved autoimmune thyroid disorders, psoriatic arthropathy, veterinary tumors, and rheumatoid arthritis.



Friday, May 23rd

Research and Practice

Rene Halm delivered a tribute to the famous Dr. Madeleine Bastide, who was a Professor of Immunology at Montpellier University, France, who died in 2007. In 1980 she began her research on homeopathy and soon after published her work on *Thymuline* (a regulatory neuropeptide). Her publications are a testimony: homeopathic effects are real and high dilution effects can be explained by a scientific paradigm.

Christian Endler discussed the results of a study on the effect of *Thyroxin 30X* on frogs. Frogs treated with the *Thyroxin 30X* solution metamorphosed more slowly than the control animals. The effect did not occur when the *Thyroxin 30X* solution was exposed to the field of an early model microwave oven or a mobile phone.

Louis Rey discussed the specific physical effects of ultra-high dilutions confirmed by experiments measuring nuclear magnetic resonance, calorimetry and electrical conductivity.

Lyudmil Peychev gave a report on a study on rats' learning and memory after long-term treatment with placebo, *Anacardium orientale*, *Baryta carbonica*, *Kali phosphoricum* and *Phosphoricum acidum* in 30CH potencies. The results were positive.

Lanthanides: Dr. Jan Scholten 1-4

Jan Scholten began an all day seminar on the 17 Lanthanides. He is well-known for his ideas on the periodic table with the classification of remedies by rows, or series, and columns or stages. He gave the basic information on these and then proceeded to a lesser known classification of the Lanthanides. His book, *Secret Lanthanides*, delineates the key rubrics or essence of this virtually unexplored area in medicine. He relates the trials and tribulations of Hercules and of Odysseus (in the *Odyssey*) to the 17 stages of the Lanthanides. The main themes of the Lanthanides are: Autonomy, Freedom, Independence, "Own Boss," Self, Self-control, Reflection, Inner World, Deep, Light, Shadow, Therapist, Creative, Humanist, Searching, Quest, Precocious, Honest, Real, Loner, Reserved, Savior, Sexual, Big Eyes, Desire, Sleep, Tense, Electrified, Immunity and Auto-immunity.

Other presenters on the Lanthanides included: Sonja Obbink, Maria Klompe, Gerard Wiringa, Anton Kramer, Annemiek Klitsie, Mary van der Steur, Alex Leupen and Marguerite Pelt.

SHIP IN OOSTENDE HARBOR

Clinical Studies 13

Joyce Frye described a U.S. National Health Interview Survey in 2002 comparing users of homeopathy under a practitioner, self-care and non-users. 520 recent users of homeopathy were analyzed from a variety of views: area of the country, education, race, insurance, chronic or acute ailments, why they chose homeopathy rather than conventional medicine, psychological health, etc.

Purnima Shukla spoke about 288 cases of breast lumps diagnosed at a homeopathic research center in India from 2000 to 2006. The cure rate was best for fibrocystic disease with 75.4%; fibroadenosis 55.9%; fibroadenoma 51.6%; inflammatory (mastitis) 44.4%, and 1 case out of 4 cancers showed some improvement.

Pollutions and Calamities

Camila Siqueira stated that the present nosode for influenza is *Influenzinum* which is prepared from the influenza vaccine. She and others wanted to use a "bio-therapeutic" form of the virus H3N2, which she found to be effective in 30CH potency in a 10% solution against the virus *in vitro*.

Walter Glueck gave a fascinating presentation on the aspects of food as homeopathic healing agents. He described a few cases in which food in a homeopathic potency appeared to fit the case well. As he states there are more than 200 foodstuffs and "in the kingdom of foods slumber still many treasures yet to be discovered via proving."

Sonia Badulici presented a study with 61 patients working in a company in Bucharest, Romania who had orthoergic dermatitis (dermatitis from exposure to irritants in a work place). This study was a placebo-controlled randomized trial with *Homeoplasmine*®, a cream prepared by Boiron Labs (*Calendula*, *Phytolacca*, *Bryonia dioica*, *Benzoe*, *boric acid* and *Petroleum*). The *Homeoplasmine* group showed statistically verified improvement ($p < 0.017$).

Exchange of Opinions

Modesto Roca delivered a well-written report on 16 cases of Prolactinomas (pituitary tumors affecting the secretion of prolactin). She found that the addition of *Lac caninum* in 30CH given thrice weekly and the constitutional medicine had excellent results. The constitutional medicines were: *Phosphorus 4*, *Lycopodium 3*, *Natrum mur 2*, *Lachesis 2*, *Causticum 1*, *Cimicifuga 1*, *Graphites 1* and *Sulphur 1*.

Marques Arpa described two impressive cases of sepsis after an initial causation of trauma treated with *Arnica montana*. Both of these patients were in the ICU and their chance of surviving was considered extremely small. One was a 79 year-old woman who had abdominal trauma leading to sepsis. She was given LM1→LM3 *Arnica*. The other was a man 50 years old who developed sepsis after a tooth extraction. He also was given LM1→LM3 *Arnica*. They both did very well.

Research and Practice

A. and N.C. Sukul related that UV-VIS spectrophotometry, NMR spectrometry and FTIR spectrometry show significant differences in spectral patterns, positions of peaks, and intensity of absorbance of potentized drugs from those of their mother tinctures and

their diluent's.

Carolina Lessa Aquino has continued her research with ultradiluted solutions (UDS) of *Euphorbia tirucalli lineu* (Aveloz®) to modify the glycolytic metabolism of non-tumoral melanocytes (Melan A) and human breast cancer cells (MCF-7). She found some interesting data that ethanol dynamized at 30CH and water dynamized at 15CH induced significant decreases in PFK-1 (an important regulatory enzyme in the glycolytic metabolism necessary for tumor cells to function) activity in Melan A (~50%, $p < 0.05$) and MCF7 (~30%, $p < 0.05$).

Gynecology

Jean-Luc Chiche developed an observational study between 2003-2005 of 24 mothers who had cervical dystocia (painful cervix during birth) and found that treatment with *Actea Racemosa* 30CH within 30 minutes of birth to be effective in 83% of the mothers.

Aurelie Colas stated that there were positive results in her use of *Luteinum* (Progesterone) 15CH for pregnant women with nausea.

Clinical Verification of Symptoms

(Cured proving symptoms are referred to as verification.)

Carl Rudolf Klinkenberg outlined 7 criteria for verification of cured proving symptoms:

1. Only symptoms can be verified, i.e., perceptible, pathological changes.
2. Only characteristic symptoms and intense symptoms (§67 footnote *Organon*).
3. The symptoms must have clearly and permanently disappeared.
4. Use of only a single drug. If more than one drug has been administered sequentially, reasons must be given why the verification is valid.
5. No other therapies (e.g., acupuncture, diet, etc.)
6. No other factors in life; e.g., morbid influences, change of life situations, etc.
7. Acute diseases must heal more quickly than the natural rate of cure.

Anna Pla described some interesting symptoms from the proving of *Salix fragilis* (Cracked Willow) and two cases. A keynote concept is grief from lost of loved ones and dreams of closed doors.

Claudio Araujo gave a beautiful lengthy description of the essence of *Anacardium orientalis*. It is indicated for someone who desires material success and sets about the pursuit with no moral or ethical rules.

STEVE XUE

sets about the pursuit with no moral or ethical rules. He will use all available resources, even if they defy common sense or social and/or moral constraints. The familiar theme of duality (conflict of will) is present only in the sense that he might reflect on what he was told by his parents or society as to what he should or not should do. He might resort to evil to achieve his goals when necessary. He is very cautious with his body, very worried about his appearance and clothing, and, as mentioned, material wealth and the comfort and luxury it brings, is one of his major issues.

Exchange of Opinions

Rinaldo Octavio Vargas gave a scholarly paper on "Method, Science and Medicine" describing the various philosophies in the conventional Cartesian approach with the broader holistic view. He states: "The disagreement between official and unconventional medicine is neither just a matter of evidence nor just a matter of science; it is a question of models, of paradigms and heuristic resources. It is a divergence regarding "ideologies" (Weltanschauungen), regarding social-cultural-economic communities' 'logical' ways of seeing 'reality,' a disagreement between axiological values regarding man, health and disease. Sciences are not ontological truths but rather functional understanding and a means of organizing 'reality.' Evidence-based medicine is not a matter of truth but the utmost rational convention in a scientific world still dominated by classical physics."

Ultra-High Dilutions' Effects

Karin Lenger gave what could be an historical presentation on how homeopathic medicines work. She states that homeopathic potencies are photons with different resonance frequencies in the MHz region. This fact could be proved by two magnetic resonance methods which confirm each other reciprocally: by the Tesla coil method and by the modified photomultiplier method. High homeopathic potencies have at least two different resonance frequencies.

It is strongly suggested that everyone read the entire text of the very important paper.

Naoual Baujedaini related that *Gelsemium sempervirens* is known for its sedative, anxiolytic and analgesic properties. Various studies have demonstrated that the neurosteroid allopregnanolone has analgesic effects. The aim of this study was to prove that *Gelsemium* mediates its analgesic and anxiolytic effects by regulating the secretion of allopregnanolone. *Gelsemium* or its main active principle, gelsemine, in 5CH, 9CH and 15CH was placed *in vitro* with rat spinal cord sections. The results showed that 5CH and 9CH increased the synthesis of allopregnanolone by 165.90% and 125.13% respectively, while 15CH had no effect.

Anisur Rahman Khuda-Bukhsh delivered an impor-

tant comprehensive set of studies on a variety of vil-lage people who were exposed to arsenic contaminated drinking water. The *Arsenicum album* in 30C, 200 C or LM 3 (0/3) was given with quite convincing results. The remedy not only helped in outward mobilization of arsenic, but also deeply affected the hematological system and had a multi-faceted action on physiological and molecular levels of other systems as well.

Biotherapies

Leon Scheepers, Maria Goossens, and Yves Faingnaert suggested that the link between modern science and the homeopathic miasmatic approach can be made through "epigenetics"—hidden influences upon the genes. The homeopathic community is facing serious problems in the manufacturing of nosodes because of stricter governmental regulations as to viral safety. This report cited a number of scientific studies to suggest that nosodes could have an effect on the epigenetics of living organisms.

Provings

Carmen Sturza gave an important proving of one of the Lanthanides, *Yterbium nitricum*. There were 13 provers involved. Some of the keynote symptoms were: Autonomy/Dependence, Dissociation, Central Nervous System Coordination, Treason and Hierarchy

Guido Mortelmans described some of the symptoms of the proving of *Insulinum humanum* 30K with 7 provers and 262 symptoms

Michael Teut discussed a proving with 15 volunteers (11 verum, 4 placebos) on *Galphinia glauca* (*Thyrallis glauca*). The provers' main symptoms were: exhaustion, weakness, lack of concentration, feeling of confusion, disturbance of muscular coordination and control, dryness of mouth and throat, hoarseness, lachrymation and burning of eyes.

Nosodes: Biotherapies 2

Jamshed Randeria gave a good history of the Bowel Nosodes; he emphasized *Proteus Co* (Bach), which has many symptoms of anger that would make one think also of *Chamomilla*, *Hepar Sulph.*, *Nux vomica*, etc.

Gala Dinner

The day was well climaxed by a dinner and dance in the city of Bruges at the Belfy. This historic, majestic stone building with high ceilings and arched rafters overlooking canals allows one's imagination to return to the Middle Ages and Renaissance period and take pleasure in the classical beauty of those days. There was a band playing 1940-50's swing music which tested the younger generation's dancing expertise.

Saturday May 24th

Clinical Verification

Roberto Petrucci delivered an excellent presentation on the clinical verification of the proving of *Fal-con Peregrinus Disciplinatus* which was conducted by Misha Norland in 1997. The mental symptoms of Falcon can be contradictory. There is a love of nature and animals, with weeping from joy. On the other hand, they can be dictatorial, cruel and unsympathetic. There can also be a sense of being dominated or constrained, feeling humiliated and scorned. They need to break out and away. There is an unfeeling aspect to the remedy, compounded by a sense of being above it all and detached.

Leon Scheepers discussed the Belgian proving of *Lobelia cardinalis* D6 with 7 provers, which was non-randomized, double-blind and non-controlled. Some of the most striking mental symptoms were: asking for attention in a negative way; emotions dominated by the intellect; no fear when bleeding; mental agility; undertaking many things, but not persevering; irritability towards his children; delusion he is immovable. Sinus symptoms were common and a case was presented demonstrating this.

Clinical Studies 14

P. Seldova, I. A. Leneva, A.S. Laptitskaya offered more evidence of the effectiveness of *Oscillococcinum* in protecting against influenza and acute respiratory viral infections (ARV).

Next Year

Next years Liga meeting, the 64th LMHI Congress, will be held in Warsaw, Poland on August 26-30, 2009. The theme is *The Timeless Quality of Homeopathy* and some of the speakers invited include: Dr. A. Geukens, Dr. Tinus Smits, Dr. Luc De Schepper, Dr. Sehgal and others.

Some Last Thoughts

This was truly an excellent Congress. Many thanks for a task well done goes especially to the Organizing Committee - Michel Van Wassenhoven, Leon Scheepers and Yves Faingnaert - for their unselfish devotion to homeopathy. This Congress was a major step in presenting homeopathy with a definite "Evidence Base." It conveyed a wide variety of approaches in using and understanding homeopathy with frequently at least five rooms or halls having lectures simultaneously. In permitting such a variety of perspectives the organizers displayed an admirable open mindedness to new and potentially controversial material; perhaps some of these ideas will positively affect homeopathy.

About the Reviewer: Richard Hiltner, M.D. currently serves as President of the California Homeopathic Medical Society. He is also editor of the Western Homeopathic Newsletter, and he teaches at the College of Homeopathy (Santa Monica). In addition to his medical training, Dr. Hiltner is a graduate of the Santa Barbara College of Oriental Medicine. He is in private practice in Ojai, California. AH



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