

**REALISTIC
MATERIA MEDICA**

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15



Realistic Materia Medica

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INTRODUCTORY REMARKS

Through earnest desire to learn Homeopathy, I studied almost all the standard books on the Science and contacted many homeopaths, some noted amongst them. I found the homeopaths making many creditable cures and there were many cures to my credit as well. But all credit notwithstanding, I did not find any where anything more than a confused idea about medicines and the cures that followed.

After my contact with Babu Manoranjan Banerjee, my faith in the Science grew many times over and I began to realise that homeopathy has a distinct science, of which, many like myself have got only a Shadowy idea. This *Materia-Medica*, written at the insistent request of many of us, will, I am sure, give a clear conception of the science and the method that should be followed.

One will as well get an idea of the relations that should subsist between the different sets of healing devices—(i) the physical doses—Allopathy etc. (ii) the invisible potencies encased in globules etc—Homeopathy, (iii) prayers and suggestions; (iv) and above all, as Mr. Banerjee often says the Supra-mental (say, God or God's name) which constitutes, interlinks and gives final shape to these all.

Tuned to the invisible vital plane as homeopathic medicines are, a homeopath should have some idea of the subtle forces that work at the life-centre. Realistic *Materia Medica* has been written with due emphasis on that aspect, yet the concrete pathological details have not been neglected in the least. The *Repertory* is an admirable collection of red line symptoms which cannot but be of immense to all practitioners.

We are afraid, however, that as this book ploughs up a new field—the true field of homeopathy—it can be appreciated only after it has been studied with due interest and the book can be made popular only with the efforts of its readers and admirers.

There have been some printing mistakes, for which a correction slip has been appended.

The question of translating the book in different vernaculars is engaging the attention of the author but that will largely depend on the co-operation that he receives from the readers.

Correction Slip

Corrections in the body of the book may kindly be made, as indicated below:—

| Page | (Line) | For | Read |
|------------------|--------|---|--------------------|
| 19 | (23) | Anti-Syphilitic | Anti-Sycotic |
| 30 | (15) | what | that |
| 31 | (12) | excitavility | excitability |
| 32 | (18) | typhical | typical |
| 38 | (7) | wit | with |
| 46 | (13) | Cirnex | Cimex |
| 48 | (23) | Specac | Ipecac |
| 51 | (11) | Aptis | Apis |
| 50 | (8) | Madica | medicine |
| 50 & 51 | | Apis Mel and Apis Mellifica. Same medicine. | |
| 54 | (16) | Carb II Acid | Carbolic Acid. |
| 61 | (7) | nose | put a Comma after. |
| 64 | (11) | genetal | genital |
| 69 | (23) | associated | put 'with' after |
| 70 | (4) | More | M. S |
| 71 | (8) | will | with |
| 71 (18), 78 (25) | | acting | aching |
| 72 | (25) | Tubera | Tuberculinum |
| 78 | (15) | are involved—put after | 'membranes' |
| 84 | (13) | Simultating | Simulating |
| 89 | (8) | dysentery by | dytesnery |
| 140 | (6) | Pen through "Specac fevers" | |
| 169 | (12) | with | which |
| 185 | (13) | Sensifive | Sensitive |
| 185 | (22) | tubbed | rubbed |
| 188 | (10) | erouption | eruption |
| 207 | (9) | fint | tint |

AUTHOR'S NOTE

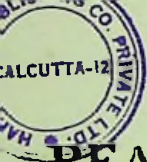
I look up to the day when this book will actually come out of the Press and reach the hands of those gentlemen but for whose urge and material assistance, this book would not have been published. With as much expectancy, I look forward to the time when this book will help its readers having a correct approach to the true art of healing.

Towards the end of the first chapter, I have included a short thesis about the scientific aspect of Homeopathy. Though of necessity, I had to write the thesis very succinctly, yet as I hope it should arouse curiosity and interest of all thoughtful readers, particularly those practising as physicians, Allopaths, Homeopaths, Vaidis or Hakims.

However much we may have advanced in the domain of matter and chemistry, we, due to our failure to take sufficient cognisance of the subtle and controlling forces that function at the life-centre, have not achieved success to the extent that we should have.

Homeopathy has tried to tackle that aspect. Yet as a homeopath, I feel that our possibilities are far greater than our actual achievements.

So, for all there is scope for intelligent and thoughtful application in the matter of finding remedies for all sorts of human ailments.



REALISTIC MATERIA MEDICA

PART I

Modus Operandi—EXPLAINED

My experience in Homeopathy extending over about 30 years opens up two things before me :—

- (i) The greatness of Homoeopathy as a healing art;
- (ii) The most unscientific way in which it is handled even by many of the professional Homeopaths, not to speak of amateurs. While we take up Homeopathy, we should strictly remember that Homeopathy has got a science of its own, which is, in the mode of its application, entirely different from other sciences such as Allopathy, Ayurvedic, Unani etc. By ignoring the science, the Homeopathic practitioners usually treat on Allopathic principles, though with homeopathic medicines. If some one bases homeopathic prescriptions on the basis of purely pathological diagnosis, such as Typhoid, Pneumonia, Rheumatism etc. or on Trithose, Bayu, Pitta etc. you cannot call it a homeopathic prescription; nor can you blame homeopathy, if by prescribing on such methods you fail to attain the positively good results—often wonderful—which homeopathic medicines are capable of producing.

Once I was called to treat a case of abdominal abscess. The medical attendant as well as the guardian of the patient told me before I commenced studying the case that all medicines which should be applied in cases of abscess had been tried and all medicines having failed, preparations had been

made to send down the patient to Calcutta for operation. To give Homeopathy the last chance as I was told, I was called in and I was pressinglly requested to suggest a very good medicine. There were many talks about the abscess, formation of pus, hectic fever etc. and the lots of medicines applied, which the good doctor used in successios without letting, as far as I could understand, sufficient time to any medicine to work. While such talks were going, I had to say, by way of mild protest, that I had gone there to see the patient, and not the abscess only. I found the patient a fat, flabby child with perspiration on the head which, in comparison with lower limbs, was hot and the portion affected was not markedly sensitive. I prescribed one dose of Calc. Carb 200 which corrected the loose stool of the patient that very day and under the influence of which, the abscess inside the abdomen disappeared completely in a week's time, marked improvement being observed within 24 hours of my giving the medicine. Now if I had prescribed only for abscess i.e. its inflammation, exudation, sepsis etc.—that would have been a prescription on Allopathic principles. By treating with homeopathic medicines on pathological conditions alone, one is sure to fail on most occasions, as the doctor failed in this case.

For this cure which saved the patient his life and his parents so much anxiety and expenses, one might question as to where in my credit lay. I think the more pertinent question should be—wherein lay the defect of the doctor who had been attending so long the patient (or, the abscess?) The doctor

who had since then become my admirer, showed me a number of books on *Materia Medica* which the doctor carried about and often consulted. It was evident that he could not derive any substantial benefit from any of the books, nor was it possible. Most of the books were mere documentary collections of symptoms which the doctor had unavailingly tried his utmost to commit to memory. Even now I find hundreds of such doctors struggling against the almost hopeless task of memorising piecemeal symptoms. How I wish, these doctors should divert their attention to understanding a medicine—its total aspect and direction—rather than trying to commit to memory its details. Of course, there are one or two such *Materia Medicas* that can help this way—but I must say that they are so voluminous that it is extremely difficult to make out the substance from them.

For each medicine, every doctor should have a complete mental picture; and if one can have this picture (which I think an essential condition for success), there should not be the craze for comparison, or comparative book on *Materia Medica* which is noticeable nowadays. A mosquito need not be compared with an elephant, simply because both have “trunks”. Simply for restlessness, there cannot be any confusion in the pictures of *Rhus Tox* and *Aconite*. The main point is that you should have a thorough picture of every medicine as far as possible.

2. Routine Medicines

It may not always be possible to select medicines fitting in with the whole constitution of the

patient, though in chronic cases and cases of protracted sufferings it is essentially necessary to do so. For acute diseases, a set type of medicines is generally needed and these medicines are generally called routine medicines. But there can be no room for routine medicines, except in so far that they are prescribed on local symptoms such as locality, sensation and their modalities, that is aggravations and ameliorations.

Routine medicines for Abscess are generally Bell, Ms, Hep. Sulph, Arsenic, Silicea, Tarentula etc Bell, (heat, redness, throbbing) Merc Sol (swelling, red but not as shining as in Bell), Arsenic (burning sensitive, relieved by hot application) Hep Sulph (extremely sensitive, cannot bear even air blowing on it—running towards suppuration) etc. etc.

But some people without caring for even local symptoms, prescribe medicines on names of diseases or on some pathological basis and they claim to have scored some success in that way. But the real fact is that in all cases in which 'routine' medicines are reported to have done good, they have, even without the knowledge of the prescriber, fitted in with the constitution of the patient or at least with the local manifestation of symptoms. In all cases of abscess in which Hepar Sulph has done good, the whole patient or at least, the affected part, was very sensitive. In all cases of Typhoid in which Baptisia has done good, there must have been offensive smell in excretions (stools, urine etc.) with a certain amount of drowsines. In all cases during dentition period where Chamomilla

has done good, there must have been fretfulness in the child. Even in the crying with pain, for which Chamomilla is often needed, it is quite different from the piteous moaning cry which indicates Pulsatilla. In all cases where Nux Vomica has done good, there must have been some sort of mental irritation with chilliness and desire for stool. In all cases where Apis has done good, there must have been a sensation of heat with relief from cold application. So in all cases of Ipecac, there must be a nauseating tendency, prominent or subdued.

Now these characteristics, sensitiveness, offensiveness, fretfulness, ineffectual desire for stool or relief after stool, vomiting tendency are, so to say, the souls of Hep. Sulp, Baptisia, Chamomilla, Nux Vom and Ipecac. They are the central symptoms that underlie or run through the thousands of symptoms that are associated with these medicines.

3. Symptoms

1. Whereas in other systems far greater attention is paid to the symptoms which the doctors can see (objective symptoms), in Homeopathic, far greater attention is paid to what the patient feels to what he desires and what he dislikes. So when you question or observe a patient, it can be at once noticed whether you are proceeding on true homeopathic lines.

2 Diagnostic or basic symptoms; and Prescriptive or individualising symptoms.

For a homeopathic prescription, it is the prescriptive or individualising symptom that

mainly counts. Suppose five patients are attacked with Pneumonia. Necessarily all of them must have, at least for the first few days, congestion of lungs, high fever, dry skin and painful cough. They are necessary attendants of Pneumonia and will be found in all who are suffering from the disease. These symptoms may be called diagnostic or basic symptom. But if you observe closely which as a homeopath you must do, you will find one lying perfectly still, afraid of movement, even of coughing, with dry lips and you shall have to prescribe Bryonia. While examining another patient, you may find him restless, wanting to drink water in sips and you shall have to prescribe Arsenic. You go to another patient and there you find that though the patient wants to remain covered, he wants to drink glassfuls of cold water which, too, he can barely retain for a long time. This will lead you to Phosphorus. In the fourth one you may find the patient in a relaxed condition with rattling noise of mucous and with an appearance as if the lungs would fail and you are at once to think of Antim Tart. In the fifth case, you find the patient almost in a sinking condition with extremities cold, perspiration all around throwing the covers off and getting relief from fanning and possibly there is the talk of the last moment and in this case, Carbo Veg will come in as a saviour.

Now these characteristic symptoms which you find different in different individuals, manifesting themselves on the basic ground of the common symptoms of Pneumonia, are called prescriptive

symptoms and so long as you do not get these prescriptive symptoms, you cannot prescribe any homeopathic medicine. You cannot prescribe for congestion, bad liver, headache etc. but as soon as you come to know that they are aggravated by motion, you get a prescriptive symptom and you can prescribe accordingly.

But I must tell you right now that these prescriptive symptoms which only can serve you as unerring guides to the selection of medicines. you will not find easy to hit out until you are sufficiently practised in the art. There will be anxious talks about consolidation, high fever, toxemia etc. etc., yet in the midst of all this hub-bub, you will have to calmly but confidently watch all particulars about your patient and find out these symptoms.

Some twenty years back, one day I saw many patients, of whom one was a case of Typhoid, one a case of Cholera and one a case of Typho-pneumonia. For each case, I wrote down the name of the patient and only the guiding symptoms—severe prostration, restlessness, dry tongue—and prescribed Arsenic 6—three doses each, one dose every three hours. The gentleman who dispensed the medicines could not satisfy the enquirers as to what diseases the prescriptions were meant for.

In all cases mentioned above—“serious diseases” as they were—there must have been many other frightful symptoms; but in all such cases, your attention must be fixed on particularly noticing such symptoms as would help you in selecting the proper remedy.

For all pathological symptoms you must try to find out the qualifying condition which is attended with it. For abscess, fever, leprosy, Tuberculosis or whatever it may be, you must find out the qualifying condition (something like adjective in Grammar) in terms of your *Materia Medica*.

So for correct homeopathic treatment it is not sufficient for you to know that a man is suffering from Vertigo, cough, bad liver constipation, diarrhoea, cholera etc. etc. If you glance over the pages of *Materia Medica*, you will find that almost every medicine has some form of giddiness, some form of headache, some form of cough, some form of stomach troubles etc. etc. and unless you are initiated in the true art of Homeopathy, you will remain unavoidably puzzled on the subject and what is worse still from scientific point of view, you will have to fall back upon a set list of medicines which you will try one after another, leaving the whole matter to time and chance. You can have a correct approach only if you study your *Materia Medica* with a view to having a general aspect of the medicine, its total direction and its characteristic symptoms. It will not be enough for you to know that a certain medicine produces pain. You must know what kind of pain, such as soreness, throbbing, stitching, burning dull, violent constant etc. there is and on what part of the body; you will have to know under what conditions the sensations are produced, what time of the day, month or year, periodically or otherwise; under what change of position, at rest or in motion, by what kind of food or drink and in what connection

the various changes appear and their accompanying symptoms. For example, Arsenic has burning sensation and Secale too has burning sensation, but there is a marked difference between the two. While Arsenic patient gets relief from heat and hot application, the Secale patient gets relief from cold application. If you overlook this fundamental difference, you cannot make a correct prescription and the result will be that your patient who might be suffering from gangrenous or cancerous ulcer or might be in a sinking stage of cholera, will get no relief from your medicine.

Modalities.

Naturally the question of aggravation and amelioration as a qualifying characteristic is the most essential factor in the matter of homeopathic prescription. Of all symptoms I attach the greatest importance to this point. The aggravation or amelioration may relate to the whole person or to particular local symptom and while studying *Materia Medica*, particular attention should be given to this aspect.

I mention here below only a few of them, the importance of which I cannot over-emphasise.

A

- 1 Aggr. by cold bath or draught :— Rhust T; Hep S, Ant Cr; ii Calc Carb, Ars.
- 2 Aggr. in cold air—Hep. S, Ars. Calc C, Nux V, Psor, Sil.
- 3 Sensitive to touch and cold—Hep.s, Psor.
- 4 Aggr. by motion—Bry, Nux, Spig, Ars.

- 1 Amelioration by warm application—Rust T, Ars,
Mag Phos.
- 2 „ by cold application—Apis, Puls,
Arg Nit, Secale.
- 3 „ by pressure—Colocynth, Bry, Stan.
- 4 „ by motion—Rhust T, Puls, Lyco,
Ferrum.
- 5 Better in open air, by motion, cold application,
and cold food and drink (tho' not thirsty) - Puls,
Arg Nit. In absence of any other information,
I have cured hundreds of chronic sufferers from
Puls 200 or higher, depending upon this general
aspect of Puls which in this respect is allied to
Nat Mur.

Time Modalities :— B

aggravation:—

1. Very yearly morning—Sulph, Nux V, Verat
Alb.
- 2 Morning and forenoon (say up to 7 A.M.)
Nux V, Podo, Aloes, Nat S, and Eup. Perf.
- 3 Afternoon—Bell, Lyco, Apis.
- 4 Evening—Acon, Puls, Kali S, Lyco.
- 5 Night—Mere S. Acid Nit, Syph, Ars, Rhust T.
- 6 After midnight—Ars (1—3 A.M.), Kali C
(3 A.M.) Kali Bi (3—4 A.M.)
- 7 10—11 A.M.—Nat Mur.
- 8 4 to 8 P.M.—Lyco.
- 9 During full moon—Alumina, Graph, Sulph.
- 0 During new moon—Alumina, Amm C, Cale,
Caust, Sep, Sil.
- 1 In moonshine—Ant Cr, Bell, Thuja.
- 2 After sleep—Con, Lach, Crot, Op, Stram,
Sulph.
- 3 After eating—Nux, Bry, Ars, Puls.

C

Amelioration

1. Warmth—Ars, Baryta, Camph, Caust, Dule, Hep, Kali C, Lyco, Mosch, Nux, Rhust, Strontia.
2. Open air—Aurum, Puls, Kali Iod, Iod, Alumina, Ambra, Sabina.
3. Rest—Bell, Bry, Colch, Led, Nux.
4. Sleep—Phos, Nux, Sepia, Ars, Colch.

Desire for open air :—Aurum, Puls, Kali Iod, Iod, Phos Tellurium

Aversion to open air—Camph, China, Cina, Lach, There. S, Nit Acid, Nux.

Some very important points are given above with regard to modalities. The list is not exhaustive, yet in my opinion, the measure of your success will largely depend on how much you can bring these things to bear upon your daily prescription; so they must be floating in the memory always.

Sensation

Besides symptoms which relate to the whole man and are not localised, such as irritable temper, desire for open air, etc. fatness etc. some local sensations are often met with and should be always remembered :—

1. Burning pain :—Apis, Bell, Ars. Canth, Caps, Phos, Sulph, Secale Cor.
2. Stitching pains :—Bry, Kali C, Squilla.
3. Fullness—Aesculus, China, Lyco, Carbo V.

4. Emptiness—Cocc, Ign, Phos, Sepia, Sulph, Hydras.
5. Constriction—Cactus, Nat Mur.
6. Cramping—Cuprum, Mag Ph, Colocy.
7. Faintness—Ign. Heps, Nux V, Nux M, Sulph.
8. Numbness—Acon, Lyco, Platina, Rust, Sanic.

Examples :—A chronic sufferer relates lots of complaints with regard to all parts of body, out of which you mark out that he gets a sensation of fullness in the abdomen in the afternoon, which passes off at about 9 P.M. Now leaving aside other symptoms, you fix up as your prescriptive symptoms—sensation of fullness and aggravation between 4 to 8 P.M.—and you prescribe Lyco 30 or 200 according to the temperament and condition of your patient.

A nursing mother complains of headache in the back side and on enquiry you come to know that there is a sensation of fullness—China 30 or 200 will give prompt relief and you base your prescription on two points—(1) Sensation of fullness (2) Complaints arising out of excessive loss of fluids (nursing, bleeding, diarrhoea). Of course your patients will speak in their own way and cannot be expected to speak in terms suiting your Materia Medica. It is your business to draw out the symptoms on the basis of which you can work out your prescription. But how can you put suitable questions unless you are armed with thorough knowledge of Materia Medica?

Inset

Slowness or suddenness of attack, particularly in acute diseases, helps selecting the proper medi-

cines. When you hear of a sudden and violent onset, you should think of Aconite, Belledonia, Verat Alb. Glonoin etc. Symptoms of Bryonia, Gelsimium, even in acute diseases, develop slowly. The symptoms of Sepia, Silicea, Natrum M. Silicea, Lyco, Graphities etc. develop slowly and are required in chronic diseases. With other medicines, the question of onset is not an important factor.

To meet a stage and not to create a stage

Many of the errors in homeopathic prescription may be avoided if the homeopath proceeds upon the fundamental truth that he is to select his medicine just to meet the condition of the patient, the condition as he finds it, with sensations and modalities or as his past history may suggest.

Judged by effects, there is very little difference between meeting a stage and creating a stage; but from the stand point of homeopathic prescription there is vast difference between the two. The homeopath should not think of prescribing a medicine to correct a bad liver, or a damaged kidney, or to remove itches or a tumour or to do this and that. If he proceeds on that wrong line, his treatment will be of a hap-hazard character. What he is to do is that he must know the actual sufferings of the man, his physical and mental conditions, his desires and aversions, modalities and then he should find out a medicine just suiting those conditions.

One more fundamental principle for homeopathic prescription is that one general rule out hundred particulars. A patient having the general aspect of a

particular medicine, say Nux V, Puls, Sepia, Natrum Mur or any other medicine, comes to you with some local ailment which may point to some other medicine, then in that case, the medicine covering the general aspect should be the proper remedy.

Weakness, pain, burning sensation, constipation etc. etc. the qualifying or modifying condition must be found out and only then you can select the proper medicine.

• Arsenic patient, Arsenic symptoms

Now I want to deal with a deeper aspect of the science. For practical purposes I think, I should at this stage refrain from dealing with the philosophical aspect of the thing—but must insist upon your learning to differentiate between what is meant when we say Arsenic patient, Arsenic symptoms, Natrum Mur patient and Natrum Mur symptoms, Lycopodium patient and Lycopodium symptoms etc. etc. It is one thing to stamp a whole case as Natrum Mur and another thing to say that these are Natrum Mur symptoms—so with Arsenic, so with China, and practically so with all deep acting medicines. The one covers the totality—the others may simply cover some casual symptoms. The latter may sometimes be necessary but you cannot depend much on them. Recently a child suffering from a protracted attack of Bacillary Dysentery was brought to my notice. There were many symptoms suggestive of Baptisia, some of Rhus Tox and I was told, the ferocity of the disease at its onset was largely controlled by Aconite and for intense pains Bell (throbbing and spasmodic) and

Colocynth (pressure) had to be given. I marked the patient from head to foot, his movements and facial expression and the whole thing suggested the impress of Psorinum on the patient. The patient was a Psorinum patient and one dose of Psorinum 200 removed all the symptoms that day and no more simply that—this one medicine removed all the defects in the constitution of the child who in the course of a few months developed beyond the expectation of their parents. Two or three doses had to be given in all. You may question that when the disease symptoms disappeared, why I still gave Psorinum. My reply is that in this case I did not prescribe for dysentery alone. Psorinum covered the disease symptoms as well as the constitutional peculiarities of the patient. You may further question whether it would have been proper to give Psorinum in the beginning stage. No, that would have been a wrong procedure. The symptoms that came up on the surface and became very prominent and distressing, needed palliation; and Aconite, Belladonna, Colocynth etc. gave that palliation. Ignoring these symptoms, you had given Psorinum to it, as it did fit in with the constitution of the child, would have no doubt started with its curative action and in the course of its cleansing process the distressing symptoms might have been more distressing. But before the child caught the infection, if you had given him one dose of Psorinum he would not have caught the infection. That would have served as a preventive—"preventive against all sorts of infection. So when you are asked for a preventive medicine in homeopathy, you can best do it for every individual by selecting suc-

medicine only as would fit in with the constitution of the man. Thus for a Calcarea patient, Calcarea would serve as the best preventive against all infections, Sulphur would do like wise in Sulphur patient and so on.

Thus when you will be approached for a "preventive medicine," you should proceed on that line; but as in pox, measles etc. there is a period of incubation that is, actually catching the infection and manifestation of the disease, the best thing would be, giving a constitutional medicine and then following it up with one dose of Malandrinum 200 for small pox, with one dose of Pulsatilla 200 for measles etc. These points can be dealt with at length in a book on Practice of Medicine—Suppose if in the epidemic you find the eruptions to be of the nature of Thuja and Rhus Tox, you should give preference to Thuja and Rhus Tox, rather than to Malandrinum and Pulsatilla. But the constitutional medicine is, and scientifically should be, the best safe-guard.

How to prescribe?

1. First decide whether and in what respect is homeopathy indicated in the therapy of a given case.

- (a) Suppose a man has eaten much more than he should have and wants a homeopathic medicine for speedy digestion. This does not come within the scope of your medicine. He begins to pass undigested food as stool or vomits.—By itself, this offers you no

scope for prescription as it is coming in the way of nature's cleansing process. But suppose, if it is attended with some sensation; nausea, weakness, pain etc —then only you can prescribe.

- (b) Suppose some part of the body is cut and there is bleeding. You must cleanse the portion and bandage it tightly and there may arise an occasion for you to use homeopathic medicine. But if for some disorder in the system, there is no tone in the fibres of the blood-vessels and there is bleeding, surely from the beginning, there is scope for your homeopathy. So on.

2. Stop all medicines in material doses, anodynes, dentrifices, scents etc, use of camphor, Asafoetida in any form—and if possible, the use of vermilion.

3. While the patient will be anxious to give you the past history, you must give precedence to the present condition of the case. When you take the present symptoms, you should find the characteristic or guiding symptom. Suppose, the patient complains of some pain somewhere. You should try to find out how and when it is aggravated, how and when it is relieved etc. etc.

4. You should ask questions regarding the whole man. Do you feel comfortable in a warm room or under covers or do you feel worse? How do you feel in company, after sleep, in summer, in

the rainy season, in winter? Do you get the usual urge for the stool or urination? If not, what are the discomforts and at what stage? Have you got anything worth noticing about your appetite or thirst? Then about perspiration, itching etc. You must as well take past history—about vaccination, frequent use of quinine, mercury etc. in the past. or any history of tuberculosis in the family.

5. The symptoms are not the disease. They represent the disease and serve as guides for prescription. Your medicines will remove the symptom as well as the disease.

6. A similar medicine, minimum dose and one medicine at a time—are general rules.

[0. Three miasms—Psora, Sycosis and Syphilis.

You might have noticed depressions in hilly places, which remain dried up in hot season but with rains showering, the waters from all around rush towards them and form into currents which course down the depressions and make permanent beds. But for these depressions, the currents would not have been there.

In human system too, suppression of acute manifestations of itches, gonorrhoea and syphilis has been found to create chronic depressions called miasms and according to their different origin and nature are called Psora, Sycosis and Syphilis. But when we speak of psora, sycosis and syphilis as miasms we do not mean actual itches or acute symptoms of gonorrhoea and syphilis. What is

meant is that when these acute diseases are by violent methods suppressed, they while disappearing from the surface, create a miasm, a taint, which lies embedded in the system, damages more vital parts and helps holding out acute diseases. The curative force which is inherent in the system should alone or with the help of short-acting medicines, be sufficient to drive out acute disease. But if the acute diseases get protracted or leave some lingering effects, it should be understood that at the bottom of these acute symptoms, there must be some of these miasms present, singly or in combination; and naturally for the purpose of cure, some anti-psoric, anti-sycotic or anti-syphilitic medicine is needed.

I. The most important of the anti-psoric medicines are :—

Sulphur, Psorinum, Silices, Tuberculinum, Arsenic, Nat Mur, Lachesis, Hep S, Calc C, Lyc, Alumina, Baryta, Calc Phos, Aurum, Iodine, Kalis, Nitric Acid, Lac Caninum, Selenium, Zincum etc.

II Anti-syphilitic medicines :—

Thuja, Medorrhinum, Nat Sulph, Sepia, Si-
cea. Tuberc, Nit Acid, Nat Mur, Kali Carb, Can-
ticum, Ars Iod, Cansticum, Clematis, Pyroga-
Mezerium. etc.

III Anti-syphilitic medicines :—

Help Sulph, Aurum, Kali Iod, Syphilinum
Lachesis, Merc Sol, Nit Acid, K.B, K.C., Flu-
Acide, Phytolacca, Sarsa, Lyco, Tuberculinum
Ars Iod etc.

If I am to generalise, I may say that primarily Psora has affinity for skin and mucous membranes and generally creates functional disorders while the other two miasms may bring on structural changes. While Psora poison wants to come out from within, the other miasms travel within from outward and hence sycotic patients are mentally reserved and syphilitics are sad and depressed. The sycotic patients have their nerves and spinal cord disordered and are prone to chronic attacks of gout and rheumatism, warts, condylomata, ovaritis, cysts, tumours etc.

Deterioration of tissues with ulcers, fissures in anus, emaciation, paralysis, affections of bone,— symptoms generally worse at night, indicate syphilitic taint.

But, however, you must prescribe on the symptoms as given in the *Materia Medica* of the deep acting medicines mentioned above or if there be history of itches gonorrhoea, and syphilis suppressed and you find well selected medicines not responding even in acute cases, not to speak of chronic ones, a dose or two of the anti-miasmatic medicines should be given.

In several cases of Pneumonia, I had to give sulph 200; in one case Natrum sulph 200 the patient being sycotic; in one case of Cholera—Medorrhinum (the patient had an attack of gonorrhoea long ago and was not responding to well selected medicines for his urination)

II. How to administer medicines :—

The subject is as difficult as it is important,

and properly speaking, should come within the domain of a book on Theory and Practice. When doctors differ so widely in this matter regarding (i) Potencies and (ii) Repetition, I can here only give a general outline about the procedure that is prevalent.

(i) The general aspect of the patient should be thoroughly grasped and painful and acute symptoms noted with equal care and then a medicine—fitted in with the case should be selected. When you give the medicine, you should have confidence in the medicine. Your confidence will create confidence in the patient, which is essentially necessary. So it is absolutely necessary that you should read *Materia Medica* several times over and try to understand as thoroughly as possible every medicine. There is no alternative to this.

(ii) Two or three globules should be dissolved in pure water and should be given for a dose. Often give half of this solution and if repetition is needed, add some water to the remaining part and thoroughly shake the phial and give half of a new solution.

(iii) Short acting medicines have got to be repeated, say three or four times a day—globules dissolved in water is the best form of administration. Many good doctors have been seen to give two or three globules on the dry tongue. On many occasions I have also done that. The patient should be asked to wash the inside of his mouth with clean water before taking medicine.

(iv) For symptoms indicating nerve symptoms, I use 200th potencies and for chronic cases, 200th. potencies and higher, 1 M, 10 M, 50 M and C.M.

(v) As long as improvements will be noticed, there should be no repetition.

(vi) None of the nosodes are given lower than 200th and often 1 M or higher. Anti-miasmatic medicines are given on the same principles.

(vii) Metallic medicines such as Aurum, Argentum, Stanum, Zincum etc. are not given lower than the 30th.

(viii) Short and rapid acting medicines may be repeated according to the virulence of symptoms. In cholera, medicines may have to be given even every half an hour.

(ix) When prescribing medicines, you must have in your view the target that you are going to attack. In some cases, to be assured that the target has been reached, some repeated doses may have to be given. In some desperate cases, I had to administer Lil. Tig, Sepia etc. 200 - twice or thrice a day, likewise in some cases Glonoine, Bell 200—several doses at intervals of an hour or two.

The idea was to reach the target; but when you feel that the target has been hit and the curative action of the vital force has been set free, you take your hands off and go on watching. If you fail to appreciate and act upon this principle, you will not be able to handle many cases which ultimately you will be compelled to let go off your hands with discredit to yourself and the great science of homeopathy.

12. Science—a bit of it.

We know that atoms of every object, every metal, every plant, every animal are held together by a cohesive force. Even the atom can continue to exist or persist as an atom, because of the cohesive force which is inherent in it. In fact, atom is not something apart from this force. This force though invisible and indefinable, is more fundamental. Matter or the atom is only a tangible modification of the force. The force may be said to be the substance whereof the matter or the atom is its functional stage. If this is so, as it surely is,—as visualised by ancient sages and amply proved by disintegration of atoms in “atomic bombs”—the question comes how best you can release that force. Normally we can touch or handle that force through the matter. In reality, the matter belongs to that force. Even if the matter ceases to be there in its material form, it will be there in its ‘potential’ aspect or form. God—the self-luminous centre, in his dynamic aspect, is creating, destroying, and manifesting himself in infinite ways, and these infinite ways are infinite forces. This is no speculation. Sages visualised this dynamic aspect, thousands of years ago, Hahneman of revered memory did it two centuries ago, modern scientists are fairly on the way to find out the truth.

So take up a particle of sand (Silica) or any other matter, and try to realise that behind this particle, there is an infinite force which in the order of creation was there even before it took the static form of sand.

Now it has been found that the more completely this essential force is freed from the crude

matter, the greater opportunity it gets in manifesting its fundamental property. So when to one drop of crude tincture, we add ninety-nine drops of Alcohol (which serves as a neutral vehicle) and give a thorough shaking, the matter gets disintegrated and the inherent force is liberated to the extent of potency one (1C). Now to one drop of this first potentised liquid, are added ninety nine drops of the same vehicle and shaking is given and you set free the fundamental force to the tune of the 2nd. potency. So from the second potency, you go to the third and from the third to the fourth and so on, to two-hundredth, thousandth (1 M) ten thousandth (10 M), one lakh (C.M) etc.

By rising in the scale of potencies, you set free the force which belongs to the **omnipotent**. It is the question of liberation or manifestation and it is a pity that it should at all be considered in the light of dilution or division.

(b) Now apart from the medicine, let us consider the human side.

I wish to lift my hand and forthwith the hand moves. Now the nerves and muscles that obey my wish, are all material and inert things whereas my will, imagination etc. are all non-material things. Then what is it that serves as the connecting link between the former and the latter, between my physical body with inert blood, bones, veins etc. and my mental make-up which, to all appearances, is non-material? The fact is that between myself and my material form, there is an etherial counterpart of myself, which, though too fine to come within the scope of scientific instruments, has traces

of physical virtues, to which the nerves of the body respond.

This ethereal form is differently called in different spiritual sciences, astral bodies, subtle bodies etc. and is very akin to the cohesive force mentioned above. This ethereal body is not a thing of speculation. You can feel it. You cannot but feel it if you want to go higher up or deeper down.

This ethereal body is more of myself than the physical body, maintaining the vital harmony of the body, receiving, and reacting to, external stimuli and readjusting itself to them as best as can. When some disease force overpowers it, it fails to send down its health-giving influence, the vital harmony is disturbed and some disease symptoms are manifested.

The homeopath is, in fact, a vitalist. His constant concern is the whole man, and not a part or an organ. He looks upon the body as an organism, made up of material particles which are themselves inert and dead but are harmoniously adapted to the subtle body, the real living man.

The connection between this immaterial being and physical functions of organ tissues etc. is possible because of the existence of a vital force. This vital force serves as the constant source of regulative and formative force of the organs. Naturally when this vital force gets deranged, the order of functioning of the organs is upset, giving rise to abnormal sensations and some objective symptoms and these go by the name of diseases. These diseases are visible results of causes which manifest

rially speaking, will always remain invisible. Now to reach that invisible force with crude and massive drugs is surely a very crude form of treatment. The potentised homeopathic remedies are delicate enough to touch that invisible dynamic force.

We know that bacteria can grow only when there is some favourable ground. The germs can invade and thrive when there is constitutional taint in the system, that is, when to that extent the vital force is disturbed. But the question arises that when germs have already invaded in very large numbers and threaten to create an immediate danger, should we not by the use of a chemical agent say, quinine or any serum kill the germs as we would do in the case of a tiger with a rifle shot or a swarm of insects with Phenyl etc. This is all by way of manipulation and when we are confronted with life and death problem, we should not ignore anything that can be of some help to us. If killing of the tiger does not disprove the efficacy of homeopathy, the killing of germs also does not go against homeopathy—but such occasions will be few and far between and the stern truth will always remain that if the vital force remains in perfect order, germs will remain impotent and innocuous.

Though I hint at the necessity of using medicines in massive doses in cases of extreme emergencies, I am aware of their injurious effects on the system as well, which it may take some time to remove with proper homeopathic medicines.

Now as to those who have got to deal with only external agents and massive doses, and have

no thought for the vital principle, I may say that they may be rendering some service, provided they know their limitations. Well, if there be a tiger you must kill it with a bullet-shot or if some insects be around you, you must destroy them with an adequate quantity of some suitable chemicals or with fire. Likewise, if there be a swarm of germs or cocci, invading a body, you may try to kill them with some convenient agent. In addition to this animal killing affair in which people are making many new inventions, there may be feeding with salt, sugar or lime-water—known as saline glucose or calcium injections.

But there is need for an emphatic warning that while you shoot down the tiger, you must see that your rifle reacting to the violent momentum of the bullet, may not recoil against the head that you wanted to save; or in the matter of feeding with calcium or glucose a system which for some inherent defect in the vital principle, has refused to absorb those salts from natural food and drink, you may not overdo yourself as I see you doing ruthlessly and always.

The fact is that so long as you will be working simply on the physical plane, in the region of matter and chemistry, you cannot do better. At best, you may do something to handle the exciting cause but if you want to have a knowledge of the maintaining cause, and work on that basis, you should study homeopathy and give a fair trial to it.

Surgical or mechanical interference—which in India is unreasonably classed only with Allopathy

—cannot altogether be ruled out. For example, in cases of malpositions of child in delivery cases, pathological changes in maternal bone pelvis, or in cases of long neglected Duodenal ulceration where permanent constrictions or adhesions have been allowed to form and in like cases, surgical aid may be necessary.

But, even then, in more than ninety per cent of cases, where use of knife was urgently recommended, homeopathic medicines have been found to do wonders to the utter confusion of the recommending physicians. Moreover why such occasions should arise at all, if from the very beginning there could be proper treatment.

Thus we find three forms of treatment—Chemical, Mechanical and Vital. The action of massive doses (allopathic, vaidic, unani, etc.) is chemical; potentised drugs act on the vital force; while mechanical aid is neither allopathic nor homeopathic.

The homeopath's chief concern is the vital force. I may give an idea of this vital force from the example of an egg. Inside the egg, there is a semi fluid substance which to many serves no other purpose than food. But give that egg some time and a little warmth, and from that undifferentiated mass of substance comes out a bird with a full structural organisation—the bones, the beak, the kidney, the liver, the veins and the arteries. Your test-tube or any instrument cannot find out where—but yet surely somewhere lay embedded a vital principle (or spark?) which beat out that chaotic

substance into a complete live animal, active, intelligent and with power to transmit the urge of procreation.

The process of man's creation is not otherwise. A homeopath, especially a beginner should very often ponder over this fundamental aspect of human life including that of himself and of other men; and only through repeated meditations, he can be sure of his ground as a homeopath, and what more, he can have a glimpse into the deeper aspects of the connecting link between the creation and the Creator.

REALISTIC MATERIA MEDICA

PART II

I Aconite

It is a sharp and short-acting medicine. The symptoms appear to be invading like a sudden storm and as such the slow developing symptoms of Bryonia, Gels, Rhus Tox etc. have no similarity with Aconite symptoms. Feeble and sickly people do rarely manifest Aconite symptoms. The suddenness and violence of attack—attended with restlessness—both physical and mental—the patient moving here and there, not knowing what to do and what to say—having no patience to calmly listen to the doctor's questions—with fear of death and excessive thirst—this is the picture of Aconite patient. Though I get many cases of fever- Influenza, Bronchitis etc. to treat, yet it is only sometimes what I come across Aconite patients. In very cold weather some people come down with Aconite symptoms which generally point towards involvement of lungs and brain, and in extensively hot weather with Aconite symptoms accompanying stomach and bowel disorders. In any case the symptoms are frightful to look upon.

Intense mental excitement, restless anxiety and even fear of death—these were the symptoms upon which I cured with this medicine one case of insanity; several cases of congestive headache and several cases of inflammations of ear and eye which in addition to those symptoms had a sharp attack of fever. An acute inflammation of throat-trachea, lungs, kidney, bladder, uterus, testes or whatever it may be—will yield to Aconite, provided the Aconite symptoms are there—suddenness and violence, burning sensations, anxiety, exposure to cold wind and thirst. Nervous excitability with restlessness will generally yield to one dose of Aconite high (say, 200).

When a man becomes restless, you may think of Chamomilla and Coffea along with Aconite. Though in its general aspect Aconite differs widely from Belledona—as from all other medicines—yet in the matter of heat in the body and suddenness of attack, there is similarity between the two medicines—but whereas Aconite has dry, hot skin, Belledona sweats on covered parts. Whereas Aconite is exceedingly excited, Belledona has got a semi-stupor condition. The pain of Aconite is towards the heart and the chest, the Belledona pains seem to centre round the head.

Notes:—In Cholera and Diarrhoea with pictures as given

above, I have used in IX dilutions every half an hour—two or three doses. In sudden high fever with pain near about heart one or two doses in the 6th potencies. In one area, a homeopathic doctor got to treat several cases of Pneumonia. In most of the cases the doctor was not successful. I was requested to see two of them and it was the third or fourth day of their attack. On close observations, I found that they were not for a moment at peace, that is, restless, though subdued, and had thirst. I prescribed Aconite 30—3 doses at the intervals of two hours. Both of them took a definitely good turn and each needed sulph 200 1 dose for complete cure. For excessive nerve pain, I used it in 200th potencies, sometimes chamomilla and coffea in 200th. potencies.

Actea Racemosa

A chilly patient, gloomy and despondent, easily affected by cold and damp weather, with muscular rheumatism, causing soreness and tremor is a typical picture of *Actea*. The rheumatic soreness is found near about the neck and back, generally causing stiff neck, drawing head back with trembling and jerking of muscles. It is equally a nervous medicine and often hysterical symptoms are intermingled with rheumatism. Insanity during or soon after confinement or insanity following rheumatism often calls for this medicine. Soreness in the scalp, shooting pains, mostly of neuralgic character and soreness in the muscles of the stomach and abdomen are also prominent symptoms

Many of its symptoms-hysterical, rheumatic heart troubles or mental depression are found associated with uterine disorder.

In painful menstruation, often associated with bearing down sensation, one grand characteristic is that more profuse is the flow, the greater is the suffering.

Many use this medicine in a routine way to make confinement easy. Dr. Borland of England use *Caulophyllum* in his hospital in hundreds of cases for the same purpose with very satisfactory results. Many look upon *Caulophyllum* as a delivery medicine which in fact is mostly needed in cases of false labour or when the labour pain is very acute. But uterine debility is the chief point in *Caulophyllum*. So due to this debility the *Caulophyllum* patient is often sterile or aborts in the early months of pregnancy and though like *Actea*, *Caulophyllum* is a rheumatic medicine, it affects only the small joints.

However it should not be understood that these are the only two medicines needed at the time of labour pain. *Nux V* for constant desire for stool and urination, *Bell* with flushed face and pains suddenly coming and as suddenly disappearing, the fretful and irritable *Chamo*, the hot, fearful and

restless Puls, the intense back-achīng Kali C, the scrawny, shrivelled up secale and some others may be needed according to indication. Kali Phos 3x or 6x— a tissue remedy which tones up heart and uterine muscles and the nervous system is often given with very good results once a day during the eighth and ninth months and also at the time of delivery.

Potencies—30x200

Aesculus Hip

A sensation of fulness in various parts is the fundamental point of this medicine. This fulness is not due to Oedema or swelling but due to tense-ness; hence as in Pulsatilla, it is better after cold application.

In several cases with severe dull back-ache, affecting sacrum and hips and aggravated by walking or stooping—this medicine has been found to be very useful. Along with these symptoms and the characteristic sensation of fulness, this medicine has been found very useful in several cases of Piles and Leucorrhoea.

It is reported to have cured several cases of coryza and sore-throat with sensation of rawness and sensitiveness to cold inhaled air.

Notes:—6th and 30 potencies. Sensation of fulness, dryness and heat has led me to use it in blind painful piles. Aloe

and Nux with their characteristic stool symptoms have a similarity with Aesculus. Sulphur is possibly needed more than any other medicine where veins are engorged and there is sensation of heat.

Aethusa Cynapium

It is a medicine very often needed for nervous children and children who cannot tolerate milk often suffering from gastro-intestinal trouble, anxious crying and passing undigested greenish stool—preceded by colic or tenesmus and followed by exhaustion and stupor. This sort of exhaustion and stupor after vomit is very often the guiding symptom of Aethusa.

The Aethusa child with characteristic vomit and stool, often looks as if it were dying, with sunken eyes, death-like appearance and pale blue lips.

Although chiefly and often indicated in children, adults whose digestion has been very badly damaged due to brain troubles are benefited by this medicine.

It suits indigestion cases with hot head, vomiting, weakness, sweat and long sleep. The facial expression—especially of children—has often served as a guide to me in prescribing this medicine.

Notes:—For children, I get to use it often in 6th. potencies, generally twice a day; sometimes in 200th potencies.

extreme cases with eyes turned downwards and pupils fixed—the vomiting of curdled milk with characteristic appearance being the characteristic symptom. When you get an image of this medicine, I need hardly warn against it being confused with Calc Carb—though both have vomit of curdled milk and are often needed during dentition period.

Aggr —After eating, drinking or passing stool.

Agaricus

It is chiefly a spinal remedy, so that most of its symptoms arise from spinal irritation. Basically the patient is very nearly what we mean by 'without back-bone.' He is irritable, depressed and with brain tired after over-exertion. The mental development of children is very slow.

Jerking of muscles with tremors and twitchings in all parts of the body, with in-coordination between brain and spinal chord resulting in clumsy motion of hands and fingers, is the chief indication of this medicine. Headache with spinal symptoms such as trembling of limbs and particularly twitching of eyes for which Hyos, Cic, Puls, Ars etc may be needed, are cured by Agaricus.

Besides jerking and tremor, another important symptom, is peculiar sensation in various parts—itching, prickling etc. which are relieved by physical exertion and stinging and burning sensation over ears, nose and fingers.

Being essentially a spinal remedy, it has aggravation after coitus and mental exertion, though some symptoms are relieved by physical exertion.

A few years back I made an astounding cure with Agaricus in the case of a young boy who except being a bit dull-looking, was quite normal in other respects. The boy used to shout and make a peculiar sound at very frequent intervals, which the boy could not check in spite of his best efforts. A gentleman with palpitation and soreness felt deep in the spine so far so that he could not bend, was cured by this—a creeping and tingling sensation was the guiding symptom in this case.

Keeping this essential aspect of the medicine in view, you may have to use it in consumption, and some male and female diseases.

Potencies—200th and higher.

Agnus Castus

Sufferers of both sexes, broken down from sexual excesses, pale, sickly, sad with weak memory with fearing pains in head and face are benefited by this medicine. Such patients are generally anemic with enlarged glands and sensitive to cold. The most important point is that the male becomes impotent and in cases of women, menses are suppressed, milk becomes very scanty or there

may be profuse leucorrhoea like white-of-egg. For its action in impotency, it is very much allied to Caladium and Selenium.

Note—In a case of extreme sexual weakness attended with irritation, I used Selenium which did not do much good. Afterwards I had to use Agnus Castus 3, one dose daily for several days with good results and following it up with China and Lyco a different man was made of him.

Ailanthus Glandulosa.

It is not frequently indicated. The patient suddenly goes down into a prostrated condition and remains in unconscious or semi-conscious condition with red and dark spots on the skin suggesting blood-poisoning and suggesting such medicines as Baptisia, Lachesis, Sulphur which become ineffective to meet the condition. The throat looks swollen and red and black streaks are seen across the tongue. Such cases are sometimes found in low types of eruptive fevers and diphtheria.

Potencies—30th and 200th.

Allium Cepa

A medicine for inflammation of mucous membranes with watery discharge dripping constantly from the nose and eyes burning and watery. There is a hot and burning sensation and the cold and the cough are aggravated by warmth and in a warm room. There is constant tickling sensation in the

larynx with cough and it is aggravated by drawing in cold air.

It is useful in inflammation of nerves caused by injury or amputation. Under such conditions I found *Cepa* very effective, though in some others I used *Hypericum* and in a chronic case I had use *Causticum*.

Notes—For acrid discharge from eyes. *Euphrasia* indicated and for similar discharge from nose, *Cepa* is used generally in 6th potencies. *Cepa* like *Puls* has aggravation in a warm room and in the evening, *Euphrasia* is definitely worse after exposure and in open air. For similar discharge *Arsenic* may be indicated but its prominent symptom, that relief from warmth must be there. *Merc Sol* which is often used has muco-purulent discharge which is not as thick as *Puls* nor as watery as in *Arsenic*. In the beginning stage *Nux V 30* for chilliness, constriction or obstruction of nose very often needed and *Gels* for dizziness, dull headache and sneezing—often indicated in typical Influenza.

Aloe Socotrina

With rumbling in the abdomen, sensation of fullness and heat, the patient desiring cool places and cold things and feeling very weak and tired—this medicine is often indicated in Diarrhoea—generally, morning diarrhoea, dysentery, blood dysentery with faintness after stool and piles which are tender and hot and get relieved by application of cold water.

The patient may pass stool involuntarily for having no control over sphincter ani and sometimes as in Nux V, abdominal pain drives the patient to stool. The diarrhoea of Aloe is aggravated by walking or standing or after eating or drinking.

There is similarity between Aloe and Podo in as much both have aggravation in the hot weather and morning and both are well complemented by Sulphur but the stool of Podo is far more profuse.

I have cured several cases of Piles with sensations above described and lots of dysentery cases, and specially blood dysentery cases in hot weather with this medicine.

Potencies—30th & 200th.

Alumen.

Alumen is alum found in the market. Being dissolved in water, it serves as a good anti-septic gargle—say, 15 or 20 grains to an ounce of water. Mixing it up in powder form with myrobolan (Haritaki), a paste is made for application on Piles as it checks bleeding.

Homeopathically it is used to check bleeding in Typhoid and in cases of children who often take cold with tonsils growing and indurating. For chronic ulcers with indurated basis, varicosis,

haemorrhage from lungs and abdomen and constipation—it is useful. The patient is hot and symptoms aggravate at full moon.

Alumina.

Under its influence, all actions are slow down and look as if on way to paralysis. The mind is slow and dull, can pass stool, soft or hard only with great effort or he may not have any urge for stool for days together. There may be hoarseness or loss of voice, possibly caused by paralytic conditions of vocal chords.

The Allumina patient is chilly—the symptoms aggravate in winter and cold air, yet the patient wants bath and cool air and he can not cover up simply for the fact that as soon as he gets warmed up, he begins to itch vehemently as in sulphur. The tettery itching eruptions are worse in winter as in Petrol. The patient is constitutionally deficient in animal heat as in Calcarea and Silicea.

For a boy with high fever, dry skin, obstinate constipation and lower limbs very tender, Bryonia and Silicea were used with no effect. The legs were stiff and found developing symptoms of paralysis. Under Alumina 200—one dose, fever slowly subsided and paralysis disappeared.

The patient has abnormal craving for indigestible things and for such things as chalk, charcoal etc. Potatoe disagrees.

The mucous membrane and the skin are dry and in females there is copious flow in Leucorrhoea which is worse during day time and is somewhat relieved by cold bathing.

Notes:--Potencies 200th and higher at long intervals. Aggr.—Cold air. winter, full moon and new moon. Amel—mild warm weather and from warm drinks and in moist weather as in Caust. It is said to be chronic of Bry to which it is complementary. The constipation of Bry is due to dryness whereas the constipation of Alumina is associated with paralytic condition of rectum. Leucorrhoea as profuse as in Syph.

Ambra Grisea.

A nervo patient—trembling, tottering and in a dreamy state of mind—unable to do any sustained thinking, vertigo of old people. People look much older than their age. Music aggravates all symptoms, special-cough. The medicine is full of bleeding, particularly nose bleeding.

There is discharge of blood between periods—any little exertion or straining at stool causes it, nervous cough followed by eructations of wind. The limbs feel numb and ‘go to sleep’ on being pressed, even by putting one leg across another.

Another striking feature—presence of stranger aggravate symptoms. A case of a girl aged about 18 was reported to me that she passed urine while asleep in night and for this her parents could not arrange for her marriage. But if any stranger happened to stay in their house for a day or two, there was no urination of that type. The presence of a stranger gave a shock to the child. Thinking on this line, I prescribed one dose Ambr Gresea 200 and then 1m one dose which perfectly cured her. This case baffled all other treatments which her father, a highly placed Government servant tried for two years before reporting it to me.

Notes:—Aggr.—warm room, warm drinks, music, presence of other men.

Amel:—Cold in general.

Ammon Carb.

While writing about Ammon Carb. I cannot help recalling the case of a middle aged lady who was, as I was told, having excessive haemorrhage probably uterine, for a month and was on the point of collapse. Local allopathic doctors having failed to give relief, all arrangements were made to take her down to Calcutta where, as I was told, a house had already been engaged. The husband of the lady, who accidentally met me at this time,

appeared to be struck with some shock and said how he was in a hypnotised mood running after cart-loads of ice, consulting doctors from here and there, and entirely forgetting me who had even before this, made some brilliant cures in his family. Great anxiety was marked on his face and he, almost in a pathetic tone asked if I could do anything to stop the haemorrhage. I kept standing on the street and asked the gentleman to enquire if the patient had any difficulty about the heart. "Oh, most distressing"—that was what the patient said in reply to her husband's question about the heart. I prescribed one dose of Ammon Carb 200 which gave almost immediate relief and under the influence of which, the patient came round in all respects i.e, cardiac weakness with palpitation, habitual menstrual irregularities—"menses premature, abundant, blackish, often in clots, preceded by griping and colic." The remedy is full of catarrhal symptoms and cough, with much rattling of mucous in the chest and air passages. It is said to serve as a good palliative in the advanced stages of consumption. Dr. Younun of Calcutta very frequently used this medicine in coughs that persisted after attacks of Influenza. He considered himself to be a constitutional patient of Ammon

Carb, being often subjected to attacks of Influenza for which he used NuxV, Bry, Rhus Tox, Eupatorium Enp and in almost all cases, Ammon Carb was needed to complete the cure.

The remedy has bleeding of blackish coloured blood—often fluid—flowing from the nose, teeth, uterus, bladder and bowels. The appearance of the skin is a little dusky red with great pallor. Its action upon the heart is also great—the palpitation is almost audible and every motion aggravates it.

It has a state which looks very like blood poisoning and hence may be needed in cases of Erysipelas, Carbuncles of old men etc.—but the characteristic prostration and dyspnoea must be there.

Exhaustion comes at menstrual periods which are often attended with cholera-like symptoms which might as well call for Verat Alb.

The patient as a whole is a chilly patient though for palliation of heart symptoms, he might desire open air. Dry stuffed coryza—acute or chronic—for which the patient has to breathe with mouth open and in this respect it is comparable with Sambucus, NuxV, Lyco and Sticta Pulmonaria. Recently I cured the chronic backache of a gentleman who used to get Influenza very often with one dose of Ammon Carb 200.

Notes:—It is inimical to Lachesis. Aggr.—Cold weather and menstrual periods; Amel:—Warm weather and lying on painful side. 6th & 200th potencies. Its hæmorrhagic character and palpitation should be remembered.

Ammon Mur.

The patient—though generally sensitive to cold—feels a sort of boiling in blood vessels. Sensation of coldness in the back, between the shoulders. For burning sensation in the same location, *Lycopodium* and *Phosphorus* are indicated. It is used for constipation with dry, hard crumbling stools. Ammon Mur patient feels as if the tendons and muscles are contracted while with *Cirnex* and *Natrum Mur* and particularly *Causticum*—the parts are actually contracted. Menses too soon—and flow, particularly at night like *Bovista*. It is especially needed in bulky persons with thin legs.

Notes:—Not often needed. Potencies—30 and 200.

Anacardium.

Often needed in cases of dyspepsia or colic which is ameliorated by eating something. In constipation, there is the sensation of a plug, so in spite of desire for stool, he cannot pass stool. Its mental symptoms are peculiar—in decision and resolution. To add to it, the patient imagines

many things and labours under some fixed ideas—his mind and body are separated, he is being followed by some *evil spirits*, or police men. Working upon the last mentioned symptoms—in some of which the characteristic symptom of amelioration after eating was present—I cured several cases of insanity.

Notes:—For mental symptoms I have used 200th potencies rising up to 1M. For dyspepsia and colic, 200th and I had to follow it up by Arsenic, Lyco, and Puls. The sensation of the presence of a plug in the throat and ear, enabled me to use this medicine with very good results in the case of a man who was very hard of hearing, almost deaf.

Antim Crud.

It may be said to be a hot weather remedy—its troubles are often caused, or at least aggravated by heat, especially heat of the sun. But at the same time cold bathing causes or aggravates troubles. Thickly coated milky white tongue is its characteristic symptom. Often in hot weather. I have used this medicine in gastric or remittent fevers and such fevers as were suspected to be running into Kalazar and other types on two symptoms:—Very cross temper, does not like to be touched, or looked at even, and secondly milky white tongue.

Some particulars:—1. Sore, cracked nostrils and corners of the mouth 2. Finger nails growing in splits. These symptoms may point towards some constitutional defect.

A gouty and rheumatic state in which symptoms get worse from cold bath, damp cold weather, and are ameliorated by the heat of hot bath or applied heat but get much worse from radiated heat such as rays of the sun and warm room. *The medicine produces sweat at the least exertion* and if the patient gets slightly overheated, he is simply bathed in perspiration after which he takes cold. Soles of feet very tender, can hardly walk on them—on this symptom of tender feet, some cases of chronic rheumatism, have been cured by this medicine which had to be followed by Puls in some cases and by Medorrhinum in some cases, Puls and Medo having these symptoms. In Lyco, along with this symptom, the soles are swollen and painful. Baryta also has sweating.

Notes:—Potencies, 6, 30, 200. For vomiting—Aethusa (more severe and prostration), Ant. Cr. (milky tongue, loaded stomach), Specac (persistent nausea, tongue clean), Ant T (desire for cooling things); I have used it in cases of high fever with fluctuating temperatures esp. in hot weather with characteristic tongue.

Antim Tart.

The face is pale and sickly, carrying with it an expression of depression and suffering. It is said to be often called for in both ends of life i.e. childhood and old age. For its action upon respiratory organs, Bronchitis, Pneumonia, Cough, Asthma, it is a medicine that is almost daily needed. For loose rattling cough that does not come up, or rather, which the respiratory organs have not the strength to throw up—this medicine is very suitable. It is altogether unlike Aconite, Belladonna, even Bryonia and Ipecac—which come down with violence.

Complete relaxation, coldness, cold sweat, and now only a push either towards life or to death. Of course, this is an extreme picture. You may have cases in this extreme condition, or some modified form of it—but there must be the loose cough and relaxation and expectoration, if there be any. In Ipecac there is more of irritation than relaxation.

It has nausea, vomiting, loose stool, prostration, cold sweat and stupor—generally met with in cases of Cholera Mortus. The nausea of this remedy is as intense as that of Ipecac but in Antim Tart, there is relief after Vomiting and in Ipecac

it is persistent. Pustular eruption over the whole body, painful pustules with red areola—hence frequently needed in small-pox, specially when respiratory organs are involved.

Notes —6, 30 and 200th potencies. Aggr—generally spring and damp weather. Amel :=Sitting posture and cool, open air.

Apis Mel.

It is an extremely hot madiet — The patient always wants cool air and wants to remain dipped in cold water and the local symptoms, connected with Bright's disease, Dropsy, Intermittent fever, Meningitis, Skin affections, or any other disease are relieved by cold applications. Apis affects the things that are external. It affects the envelopes, the coverings of organs, heart, brain, ovaries etc., and the skin and the tissues near it. There may be rashes, eruptions, urticaria, erysipelas or inflammation of the coverings of brain (meningitis), Lungs (Pleurisy), heart (pericarditis), ovaries (ovaritis) stomach (peritonitis, etc. But whatever and where ever the symptoms manifest, it should be remembered that complaints of apis are attended with violence and rapidity—with a condition of swelling—with burning and stinging—all relieved to some extent with application of cold water. The

patient has an aversion to warm substances and drinks.

Mind—constant tearfulness and weeping. I cured several cases of insanity where I found the patients shedding torrents of tear and they like to remain dipped in water. Inflammation of eyes of erysipelatic character, inflammation in throat of diphtheritic character—diphtheria—Urinary trouble with scanty urine—voiding with a shrieking pain, inflammation of genitals—both male and female, right ovaries—in all these Apis is frequently needed --provided the symptoms are of an active character—attended with stinging and shooting and burning pains and relieved or at least soothed with cold application. Warm bath and warm applications always aggravate. Generally right side is affected. Intermittent fever at 3 P. M.

Notes :—Complementary—Nat Mur. 30,200, 1 M and 10 M.

Apis Mellifica.

It is a very hot medicine, the patient always wanting cool air and some patients want to remain dipped in cold water; and all local symptoms are relieved from cold applications.

While the patient is irritable, nervous and of weeping disposition, the skin is also very sensitive

as in Bell and Lach; and its acute complaints are attended with rapidity and violence.

It causes inflammation and swelling in the skin, in the coverings of the brain, heart, lungs, stomach, ovaries, eyes etc., and the condition looks grave or threatens to be so and in all cases, the modifying condition is relief from cold. In brain congestion, there is shrieking cry, often leading towards unconsciousness. There may be high grade inflammation of eyes, erysipelas with equally inflammatory condition, the throat too violently inflamed with burning stitching pain which is one important characteristic of Apis—and the general tendency is that the right side is affected and may extend towards the left. The right ovary and the right side of the pelvis come under its influence. The whole urinary tract may be irritated and urine is sometimes suppressed or comes out in drops which are very hot. The urine may contain albumen or blood corpuscles. It may be needed for diarrhoeic stool, generally yellowish with streaks of blood and mucus and the anus seems to remain open as in Phos. In a case of Typhoid with scanty urine and similar stool the patient running high temperature and in a drowsy mood, I got good results from Apis. Another

important symptom is that the patient feels tight and sore in the abdomen so that she is afraid of straining at stool or even coughing, lest something would be torn inside.

Dropsy, swelling, swelling under the eyes, thirstlessness, burning and stinging pains are prominent symptoms. Three cases of insanity I cured with Apis 1M—the symptoms being that the patients were shedding torrents of tear and wanted nothing more than ice—cold water. In fever the skin is alternately dry and perspiring and on this symptom, with tender liver and spleen, I cured a case which was suspected to be Kala—Azar.

Notes :—Potencies 30, 200, 1M, Complementary—Nat Mur.

Apocynum Cannabinum.

Under its influence all excretions are markedly diminished—particularly sweat and urine and dropsy prevails. In dropsy there is thirst as in Acetic Acid but water causes pain or is thrown off as in Arsenic. But generally it is not associated with any organic defect and is used in repeated doses of very low dilutions, sometimes IX.

While Apis is thirstless, Apocynum patient drinks much and the liquid helps distending cellular tissues. It has inflammatory rheumatism and the

swelling pits ~~On~~ pressure as in Apis—but Apocynum is chilly where as Apis is very hot.

Everywhere in the skin or in the kidneys or in the bowels or the uterus, the function is deranged and there is tendency to dropsy.

Potencies 6, 30.

Anthraxinum.

It is a nosode made of septic pus—anthrax poison. This anthrax poison is found in epidemic diseases amongst cattle and sheep and this medicine in 200th potency has been found very efficacious for animals in such cases.

For their action in malignant ulcers, Septic hæmorrhages, carbuncles—the following medicines may be grouped together—Arsenic, Secale, Euphorbium, Tarantula, Anthrax, Carb. II Acid, Lachesis.

In rapid and profound prostration, due to septic origin and not controlled even by Ars and Pyrog, Anthraxinum has been found effective.

Potencies 200.

Aranea Diadema.

Whenever we hear of chilly sensation, we think of Nux V, Ars, Verat, Hepar, Psor, etc., but the chilliness of any one of these is not so acute as

in Aranea. The chilliness seems to be driving into the bones and in cases of Malaria with this characteristic chilliness and coming at the same hour of the day, Aranea has been found very efficacious.

Argentum Metallicum.

Argentum is rather anti-mercurial and to some extent a chilly medicine. All cartilages in the body are affected by it. The Cartilageous portions of the nose, ears and of the joints get thickened and infiltrated and hard knots are formed. Even in serious affections of eyes in which the lids get thickened and infiltrated, Argent Met is the remedy. Several cases of hard ovaries and ovarian tumours with pain in the left ovaries and hard indurated testes, generally on the right side, have been cured by this medicine.

It produces weakness and relaxation throughout the body. In females, the pelvic regions engorge, the muscles that hold up the uterus relax and a dragging down sensation is felt. The uterus may become ulcerous and there may be horribly offensive discharge (sometimes very offensive Leucorrhoea) and may run into cancerous condition for which this medicine, will work as a great palliative, if the disease has progressed beyond radical cure.

Colds settle in the larynx and there is inability to speak loudly. There is something like paralytic weakness in the vocal chords, aggravated from and caused by prolonged exertion. In the middle of the chest there is a sensation of rawness and soreness and the cough is aggravated from talking, coughing and in a warm room just like Bry.

Notes :—Potencies 200 and higher. It has similarity with Rhodo for crushed pain in testicles, with Stanum for weakness of chest, with Alumina for hoarseness in singers and speakers.

Argentum Nit.

This oft-needed medicine often used in relation with gastric and eye-troubles, paralysis and many other deep-seated troubles, is basically a nervous remedy—the patient craving open air (not cold) and getting worse by mental exertion.

The patient is peevish, apprehensive and goes on dwelling upon some imaginary dangers such as roofs may fall, there may be crack in the Earth, etc.

Apart from mental symptoms, the nervous system is greatly affected and the nervous stage continues until there is disorder of all organs.

Constitutional headache with the sensation that the head is expanding and that it is full and

heavy and relieved by pressure and bandaging, trembling, paralysis, unsteady gait with weakness of lower limbs, dyspepsia with distention and pain, throbbing all over the body and palpitation, cold sensation when uncovered and yet cannot tolerate warm covers and wants cool open air—these are very prominent characteristics of this medicine.

Apart from the general characteristic in relation to heat and cold, the most important point is ulceration that may be present anywhere in the body; in the eyes, in the throat, in the stomach or may be somewhere else. In the eyes for which it is often needed, there are, with the ulceration, swelling and congestive condition which are relieved by cold application. The throat too may have swelling and tumefaction tending towards ulceration but even in this, there is relief from cold water.

Loss of appetite with aversion towards milk and great desire for sweets made of sugar which makes the patient worse. Flatulent dyspepsia with belching after every meal. Nausea and pain after meal. In diarrhoea and dysentery, casts are passed with stools. The stool in diarrhoea is greenish as in cham, Merc and Ars; and is mixed up with mucous.

In venereal disease, where the discharge remains yellow, thick and tenacious for many weeks and has been suppressed and thrown into internal struc-

tures, a few doses of Arg. Nit will re-establish the discharge and throw off the poison.

There is violent dysmenorrhoea attended with nervous excitement, hysterical manifestations, copious flow of blood. Aggravation during menstruation period is a strong feature of the remedy.

Argentum i. e., silver has great relation with the influence of the moon. So it is just natural that the Argentum patient has his consciousness mainly attached to the sex-centre and so as on one side, he will be going towards nervous breakdown, on the other, he will be deceitful and hypocritical in nature.

Potencies—200. 1 M. etc.

Arnica Mont.

Sore and brinsed feeling, all over the body or in any organ or part of the body—often after a fall or injury and as often attended with congestion of any organ, is the most marked characteristic of Arnica.

This feeling of soreness may be present in typhoid fevers, rheumatic attacks, or even in inflammations of liver, kidneys, bladder, ovaries etc., or after an injury when the man is really bruised all over.

The soreness is so great that he dreads any one coming near him. It affects his mental state as well. He remains sad and morose and is full of anguish with spells of fear as if he is going to die.

The Arnica patient bleeds easily, as if there is no strength in the fibres of the blood-vessels to hold the blood.

In advanced stages of typhoid, meningitis, apoplexy, septic and traumatic fevers etc., Arnica may have in its total picture,—weakness, prostration, echymosis, head and face hot with cold extremities, very offensive stool, and semi—consciousness or unconsciousness. In such desperate conditions, Arnica, if allowed to act sufficiently long, will be found very effective. In all acute complaints, the patient with a view to give relief to the parts bruised or lain over, turns this way and that and looks as if restless but the awful restless anxiety of Arsenic and the painful uneasiness which makes the Rhus Tox patient move about are different pictures.

Ailments with a history of mechanical injury, recent mechanical injuries, sore and bruised sensation, everything on which he lies seems too hard; in fevers, apoplexy meningitis, hydrocephalus—the

face and head hot and other parts comparatively cold, parts extremely painful to touch--haemorrhage in eyes due to hard coughing--these important points should be carefully remembered.

Notes :—I have used sometimes 30th, often 200th and sometimes I M potencies.

Comp :—There is sore bruised feeling in Arnica, Baptisia and Pyrogen. In typhoid fevers etc., along with soreness Baptisia and Arnica have both drowsiness and foul stools etc. But in Baptisia, the typhoid state comes more rapidly than in Arnica. In Arnica when it comes, it becomes gradually more profound and the hands and feet of Arnica are comparatively cold. Pyrogen's temperature is very high out of tune with pulse--beatings. Tongue is fiery red and the patient is nervous.

For injury, though it is the common remedy you may roughly say that Arnica is for the injury of the blood vessels, Rhus Tox is for the injury of the fibres, ligaments and tendons, Hypericum is for that of the nerves, and Calcarea etc., for the bones. Consult the description of Hypericum. After ordinary mechanical injuries with cuts and bleeding, you may, after cleansing the lacerated parts, bandage it up with low potencies of Ferrum Phos

(say, 3x or 2x) and give two or three doses of the same medicine, 3x or preferably 6x. This will save much trouble and pain and will prevent fever. When pus is formed Calendula or Calcarea Sulph may be necessary.

Arum Triph.

Raw bloody surface on lips, nose inside the mouth and yet the patient picks and bores into the bleeding surface and screams with pains. It is not very rare that we get to deal with such conditions in advanced stages of Typhoid; and for such stages in Typhoid or any other disease, one dose of Arum Triph 200, if allowed to act long—say at least, 24 hours, very remarkable improvement may be found. In most complaints, urine is scanty and suppressed.

Asfoetida.

It has been found to meet mercurial and syphilitic conditions on the one hand and some hysterical manifestations on the other, possibly both combined in one. Naturally the complaints are worse at night and in this respect resemble Mere, Sol, Nit. Acid, H.S, Staph, etc. The following are the main points:—(1) Discharges from nose and ulcer very offensive (2) Ulcers on eye-balls,

iritis, with stitching and burning pains, worse at night. (3) Hic cough-like contraction of the diaphragm. flatus passing all downward; (4) uterine ulcer, sensitive and painful (5) Nervous asthma and rheumatism in nervous patients.

Potencies 6—200.

Asarum Europaeum.

The patient is extremely nervous and oversensitive, the jamming of the door or the scratching of paper or friction of feet etc., he cannot tolerate. While studying, feels as if his eyes were being pressed inside and he finds cold air and cold water very pleasant to the eyes.

Potencies—6 and 30.

Asterias Rubens.

It has been found beneficial in cancer of the breasts which are swollen and distended and feel as if being drawn in with acute lancinating pain. Generally it appears in the form of a small pustule which invades the entire breast which becomes swollen and hard with reddish granulations.

The patient loses control over his muscles and he walks with unsteady gait. In Epilepsy there is twitching all over the body, some three or four days before the attack.

Potencies—6 and 200.

Arsenic Album.

It is a chilly medicine with low vital force, with anguish and anxiety, not liking cold air or cold water—though cold water is wanted just to moisten the dry tongue, lips and mouth and relief is obtained from warm drinks and hot application.

Restlessness, burning, prostration, mid-night aggravation—these are the fundamental characteristics of Arsenic which may invade the whole economy, affecting all tissues and all functions.

It may attack the blood causing septic changes, the veins which may burn like fire, the serous membranes causing effusions, the glands which indurate and suppurate, the joints causing swellings and burning pains, general dropsy with thirst, rapid emaciations, ulceration extending in breadth, skin which gets dry and scaly; but in all these, the characteristic symptom of relief from warmth and heat must be there and some mental restlessness and anxiety may be noticed.

Chronic Arsenic patients cannot get warm, they are always chilly. There are often anaemia, puffiness, dropsical condition as well as great emaciation.

Fear is a strong element in the mental state. He fears solitude and wants company, how unlike Nux Vom that hates company.

In ulcers, pustules, itches, etc., there is burning which is relieved by application of heat. In fluent coryza where we may have to choose from amongst Ceba, Mercurious and Arsenic, this characteristic symptom of relief from warmth, will be the guiding symptom for Arsenic.

The burning sensation may be found anywhere, even in lungs, stomach, the male and female organs which may get enormously swollen with burning and stinging pains. For spreading ulcers, particularly about genetal regions, Merc Cor is as good as Ars.

From mouth to anus, the whole alimentary canal may be affected. The lips and tongue are dry with great thirst but the patient can drink only in sips. The least food or drink causes distress and pain due to great irritation of stomach and there is vomit of all kinds, of water, mucous, bile or blood. Like colchicum and Sepia, the patient cannot bear the sight and smell of food.

Arsenic produces tendency to bleeding—it may be from stomach in the shape of vomit, from throat, lungs, bowels, kidneys, uterus, etc. The blood is blackish and offensive. But simply for bleeding, you cannot prescribe unless you get the characteristic adjuncts as described above.

In affections of lungs, there is oppressed breathing. Recently a case of dropsy was cured by me with two doses of Assenic 6 which I prescribed on oppressed breathing.

In Arsenic, generally the upper side of the right lung is affected. Long standing cases of Asthma, especially of nervous character and generally coming on after mid-night but relieved by hot drinks, palpitation of the heart aggravated by least exertion, pulse thread-like, patient pale and cold, covered with sweat and heart affected by rheumatism—in all such cases Arsenic is indicated.

In treating cases of Pneumonia or Typhoid, often you may have to begin with Aconite, Bry, Gels, Rhus Tox, etc. but yet if these cases progress towards more serious stages leading towards Carbo Veg, Ant Tart, etc. as in Pneumonia or Baptisia, Hyos, Arnica, etc. as in Typhoid, there may be in all probability, an intervening stage of prostration, and restlessness with dry lips and this is the stage when Arsenic can cut short the whole disease.

There is marked periodicity in Arsenic and in this connection, aggravation after mid-day or mid-night must be remembered. The attacks come on in cycles, every 24 hours, every 48 hours, every 72 hours and so on. This periodicity is marked chiefly

in China and Arsenic; so they are often needed in Malaria. In Malaria, violence of the chill, weakness, dry mouth, desire for hot drinks etc. indicate Arsenic—water does not quench thirst as he drinks in sips. Cold drinks increase shivering as in Caps, but in the sweating stage, he drinks a lot.

While you should remember the acute and sub-acute symptoms and the chronic aspects of the drug, you can successfully use it only if you base your prescription on the guiding symptoms.

Notes:—Potencies 6th, 30th, 200th, 1M etc. Comp:—Emaciation—Arsenic (rapidly developing and patient anxious), Arg Nit (slowly developing and patient nervous) Collapse—Ars (restless and patient wants covers), Secale; (with distortions and patient throws off covers), Carbo Veg (cold breath and tongue, lips bluish, yet feels relief from fanning), Veratrum Alb (cold perspiration on head and desire to drink cold water; Gangrenous ulcers—Ars (better from hog application) Secale (better from cold application), Lachesit (bluish appearance); Marasmus of children (Ars, Acetic Ae-Calc Phos., Iod Aethusa, Lycos, Phos. Arg Nit; Heart troubles due to using tobacco (Phos, Spig, Ars).

Arsenic Iod.

You have marked how profoundly Arsenic affects the system. Iodine is a deep acting medicine for emaciation, enlarged glands, emaciation etc. The combination of these two medicines

is expected to be a good anti-scrofulatic anti-tubercular medicine. Clinically used, it has been found very useful in Debility, chronic Bronchitis, chronic cold, Pthisis, Emaciation, Tumour, Syphilis, heart affection and worst forms of skin diseases. Some patients want heat as in Ars and some want cold as in Iodine, and some can tolerate neither heat nor cold. Mucous discharges thick yellow and "honey-like".

Much sneezing, mouth full of ulcerous patches, gums bleeding easily, ulceration in the throat, abdomen distended—livers, spleen and mesenteric glands enlarged—and if with these the patient be losing flesh and weight, he will present to us a picture of Arsenic Iod.

Chronic diarrhoea, diarrhoea alternating with constipation, constipation, Leucorrhoea with exco-riating discharge, tumours and cancerous ulceration of the uterus, asthmatic cough with hoarse voice, anxiety in the region of the heart with heat in the chest and some cases of chronic intermit-tents with chill at night—have been modified and cured by this medicine.

Note:—I have found some doctors using it in 3x potencies, $\frac{1}{2}$ grain for a dose. In many cases I used it in 6th potencies and in some forms of chronic skin diseases with dry scaly, burning eruption, I found 200th potencies very efficacious.

Aurum Met.

Aurum or gold as it is called in English brings out changes in blood, bones and nerves almost in the same way as mercury and Syphillis do. So in syphilitic affections of bones and allied and similar symptoms such as falling off of hairs, caries, otorrhoea with foetid discharge, oezena, foul breath, disturbances of the eye with ulceration and infiltration, photophobia and "showers of star-like bodies", Aurum is curative.

But apart from its action on the tissues of the body such as the glands in general, the mammary glands, the testes, and the ovaries, the liver, heart and bones, its action on the mind is markedly profound.

Terrible depression and melancholy take hold of the man and he is worried over trifles and is excited very easily. He is always uneasy, extremely hurried and incapable of sustained thinking. He is tired of life and often thinks how he can put an end to it.

Sometime back a tall young man, always brooding and listless in talks and actions, was taken to me by one of his friends for consultation. The young man presented to me a picture of complete nervous break-down and one dose of

Aurum Met 200 braced him up to such an extent that he believed that I used some psychic force. An educated man that he was, I explained that mind and matter are not so wide apart as people generally think.

The Aurum patient, though chilly and averse to uncover and though many of his complaints come only in winter, yet wants cool open air.

Notes:—Potencies 200 and higher. It is well followed by Syphilinum. In long bones, Fluoric Acid acts better than Aurum.

Aurum Muraticum.

Many symptoms of Aurum met are present in this medicine put whereas the chief prescriptive symptom of Aurum met is melancholy and depression with occasional out breaks of violence, Aurum mur has aggravation from warmth, suffocation in a warm room, from warm clothing and from exertion. If against an Aurum basis, you put up these characteristics, you get a picture of Aurum Mur. It has been found indicated in eye and nose troubles of various types, especially of syphilitic character and in liver troubles associated heart trouble with albumen in urine and dropsy of limbs. It has been as well indicated in dropsical swellings of lower limbs and restless sleep.

Potencies—6 & 30.

Aurum Muriaticum Natronatum. A famous doctor for bad liver with white stool, coated tongue and pain in right shoulder, used *Mere*, *Podo*, *Lyc*, *Leptandra* without any benefit, (of course, it is not known if he used *Chelidinium*). He was cured with Aurum Muriaticum Natronatum and in many cases of jaundice found it vety useful.

It has been found useful in ovarian dropsy and sub-acute inflammations of ovaries and uterus, and in sterility caused by weakness of ovaries and in habitual abortion due to the same cause.

Potencies 6x and 6

Baptisia.

It is a short acting medicine and all its complaints suggest a septic condition, be it *Diphtheria* *Typhoid* or gangrenous affections.

Baptisia in the first stage has chilliness, acting pains all over with a sensation of soreness, especially in head, back and limbs just as in *Gelsimium* but the *Baptisia* patient along with those symptoms rapidly grows weak, drowsy and confused. The patient falls asleep in the midst of a talk, the abdomen feels sensitive in the illiac region with rumbling and urine, stool and all discharges become very offensive.

But in Baptisia there is a little restlessness or rather nervousness underlying the drowsy condition of mind and prostrated condition of the body and this nervousness of Baptisia may grow into anxious restlessness of Arsenic or change into painful restlessness of Rhus Tox.

The offensive discharges of stool and urine and ulcerated mouth will foul smell must not be lost sight of. We have treated many cases of Typhoid and diarrhoea with stool of the above description with Baptisia in 3x, 6 and 30th potencies.

In diarrhoea, dysentery, Pnerperal fever etc. it has been found very useful, provided the abdomen is distended and painful and there is prostration and above all, if breath, stool urine, ulcers etc. are very putrid and offensive.

Stmetimes we may have to choose between Gels and Bapt, because both have prostration and dark red face with drowsiness but as a side suggestion, I may mention that Gels is pre-eminently a nerve remedy with trembling and muscular relaxation, with congestion to the brain looking in this respect like slow type of Belladona; whereas

Baptisia is septic in nature with confused mind, ulcerated or dry tongue, with offensive stool and urine and rumbling of bowels.

Note:—Potencies—When symptoms are fully developed, 30th and 200th; and in the beginning stage lower dilutions 1x, 3 and 6.

Baryta Carb.

It is a deep-acting medicine. The patient is chilly and sensitive to cold. The patient, generally a child or an old man, is mentally and physically weak. The child—due to the dwarfed condition of mind—is generally late in learning anything—to walk, to read or to behave properly. For tottering old people with weak memory, apoplectic fits or tendency thereto—it is almost equally suitable.

It affects the lymphatic glands all over the body. The glands of the neck, of the groin the lymphatic glands of the abdomen are affected, enlarged and hardened. It has enlarged abdomen with emaciation of all other parts. Children with tonsils, especially of chronic character, need this medicine. Knots of lymphatic gland down the neck under the ear. Cf. Baryta Mur which is hot and Tuberaubinum, often attacked with cold and growing emaciation).

Pressing headaches, with sensation of motion in the brain. Headaches are aggravated from heat, this is just the opposite of its general character. Hot weather causes the blood to mount to the head and may thus cause apoplectic condition. In several cases of apoplexy which I controlled at the first stage with such medicines as Glonoine, Bell and Opium, I had to give Plumbum in some, Baryta Carb in some where I found paralytic condition of both body and mind and such other medicines as Kali Iod etc., to counteract syphilitic miasms.

A constitutional weakness takes hold of the larynx and there may be entire loss of voice. Swelling of the glands—on the back of the neck. It cures warts and tumours. Offensive perspiration of the feet which causes soreness of the soles, Ulcers on the feet and checked foot—sweat.

Note:—30th 200th Potencies. For a dull boy I used it in 1M, 10M Potencies who under its influence learnt to speak in about 6 months. He was 4 years when he came under my treatment. For enlarged tonsils, it may be compared with Calcoarea—Psorinum, Hep Sulph, Merc Sol, Calc Phos. Calc Iod—but the selected medicine must fit in with the constitutional aspect of the patient.

Baryta Mur.

Having had a Baryta basis, Baryta Mur, in the matter of enfeebled mind, enlarged glands, tonsillitis, husky voice etc., runs almost parallel to Baryta Carb. But it has some symptoms of its own :—

- (1) Convulsion—convulsions with headache, deafness, vomiting etc. It has cured several cases of Epilepsy.
- (2) Dullness of mind and idiocy like Baryta Carb—the Baryta Mur patient being comparatively hot-blooded.
- (3) With glands etc., there are jerkings, twitchings ?

Potencies—200.

Belladonna.

Belladonna symptoms come on suddenly and with great violence with rush of blood to the head and causing the carotids throb; and the face, looks flushed that is, red and a little puffed. The skin is very red and hot and seems to be radiating heat but sweats on the covered parts. The mouth and throat are dry and red and in any local congestion the three characteristics are found, namely heat, redness and burning.

As Belledona is not a medicine of a slowly developing character, it is hardly needed in Typhoid.

One important characteristic is that pains—in whatever locality they may be—come suddenly and disappear suddenly. On this symptom alone, I have cured several cases of Colic, labour pain, hysteric fits etc,

Over-sensitiveness is another important symptom. In Belledona, along with congestion there is irritability and sensitiveness so far so that the least noise will startle the patient up whereas with Opium, the greater the congestion, the more of drowsiness will be there.

In inflammations which localise, no matter where, Bell may be needed, if the characteristics mentioned above are present. Some of them are:—(1) Face, red, hot, throbbing. The eyes are red and blood-shot as also in Glonoin and Melilotus. (2) Headache, carotids throbbing, aggravated by bending the head forward and relieved by drawing it backward and from rest (3) Vertigo when stooping or when rising after stooping (as in Bry), (4) Abdomen, tender and distended and pain in ilcoecoecal region—all aggravated by slightest touch (5) dryness in nose, mouth, throat, larynx, chest

with sensation of heat and pain and characteristic flushed face, but when the dry catarrh develops into muco-purulent or thick discharges, Merc Solh, Puls etc. are needed. (6) It has violent dysmenorrhoea, violent labour pain-but the pains are spasmodic in character, suddenly coming and disappearing and it has haemorrhage-the blood is bright red and comes out in gushes and feels hot. (7) In inflammation of the breasts and milk fever, Bell is often needed but when only the glands are inflamed, Phytolacca is the remedy. (8) In all inflammatory stages-of the head, of the chest, of the joints or anywhere else-there is shining redness, sensitiveness and painfulness.

Notes:—Potencies 6,30, 200. Calcarea patients often get Belledona symptoms. For congestion and delirium, Bell, Hyos and Stram are compared. In Bell, symptoms go towards congestion and inflammation, in Hyos towards irritation and blurring of sense and in Stram, there is more of excitement and violence. (2) In inflammation of skin, Rhus also has heat, redness and burning as in Bell but in Rhus there are eruptions whereas Bell is more sensitive. Red and flushed face, and pains coming and going are symptoms of first importance. "Cold feet and hot head" is an important point.

Berberis.

It is often used in kidney Colic and also sometimes used in biliary and liver disorders and often

used to meet after effects of fistula operation. Sensation of numbness, stiffness and lameness with painful pressure in Lumbar and renal regions. The pains often extend into the bladder and urethra and the urine itself is changed for turbid, clay-like etc. It is suitable in arthritic and rheumatic affections associated with back-symptoms and urinary symptoms. Characteristic symptom—Soreness in the region of the kidneys with a bubbling sensation motion, jarring motion.

A gentleman had his fistula operated upon and since then he was losing flesh and having fever with pain in the liver region and cough. Berberis 200 alleviated all pains and with a few doses of Calc Phos 30—1 dose daily, he was cured. Thus a case of impending pthisis was averted—In similar cases we have got to use Silicea 30 as well.

Notes:—Some doctors use it in mother tincture or in dilutions—three or four drops daily in one dose. I have used it in 6th and 200th potencies.

Benzoic Acid.

It often fits in with rheumatic and gouty constitutions the leading symptom being the very strong odour of urine. The odour which is very strong is felt during urination and remains

long after.

Notes:—6th, 30th and 200th potencies.

Borax.

The Borax patient is, by nature, restless, anxious, nervous with aggravation of all complaints from mental exertion, from noise, from excitement and from downward motion. It has strong action upon mucous membranes—causing sores and ulcerated patches on the tongue and in the mouth; acrid leucorrhoea with discharges like the white of an egg; crust in the nose, granulation and thickening of the eye-lids—eye-lashes sometimes turning inwards. All round the anus, you may find aphthous condition, making it difficult for are involved the child to pass stool. In violent dysmenorrhoea, in which membranes, Borax is very useful. It has cured cases of sterility caused by dysmenorrhoea of the membranous type. Milk of the mother is thick and salty—thus causing numerous troubles to the infants.

Notes:—6x (1 dose daily), 30 and 200th potencies.

Bryonia.

Almost daily you will have occasions to use Bryonia for acute and sub-acute complaints ranging from acting of limbs to congestion and swelling

from ordinary dry cough to pleurisy and pneumonia and many other complaints—the characteristic symptoms being, 1. aggravation from motion, 2. dryness of tongue, lips etc. with desire for cool drinks in large quantities at long intervals, 3. Constipation largely due to dryness of intestines, 4. and stitching pains in serous membranes and joints where there may be accumulation of fluid. Aggravation from motion, dryness and constipation are often simultaneously found, and yet if I am to say which is the foremost, I must say that it is aggravation from motion. You will find the patient liking lying still; any attempt to move will aggravate the pain; if he coughs, even that much movement will cause pain in head or chest or any other part; if he gets up from lying position, the movement involved in it will cause nausea and vertigo, and even taking food aggravates pain. Even though Bryonia is a medicine for constipation, yet diarrhoea which gets aggravated from motion is cured by this medicine.

In Influenza, cough and all sorts of fever, including Pneumonia, Typhoid, if you find the guiding symptoms mentioned above, Bryonia will be the remedy indicated.

Another important modality is relief from pressure. The patient wants to lie on the painful

side or affected part of the body (just opposite of Kali C and Bell).

The pains of Bryonia are of stitching and burning character and in this respect it resembles Kali C, which often follows it well but the two medicines are different in their modalities and generally speaking the action of Kali C is deeper and of a more chronic nature than Bry—but the modalities of the two medicines are different.

In keeping with the tendency of Bry towards dryness, there is suppression of menses, of lochia, of eruptions such as measles and the stools are dry and hard. The tongue is yellowish, white and dry. Thirst, drinking at intervals, and much at a time, is also an important symptom.

Keeping the total picture in view, you will find it easy to prescribe it in cases of cough, headache, constipation, fever, remittent and typhoid, Pleurisy, Pneumonia, Influenza, measles, Rheumatism and lots of other complaints.

In acute complaints, say, those that come on after taking cold, the attack is insidious and develops slowly, thus differing from Acon and Bell which are characterised by rapidity and violence :

Bryonia is particularly suitable for sluggish constitutions with sluggish liver, heart and circul-

ation and subject to gouty attacks from change of weather. The Bryonia patient will feel relief from free perspiration.

The mental state of Bryonia is relieved from cool air; and anxiety and confusion of mind are relieved from being cool, and the patient is generally cross and peevish. I will cite here an interesting case recorded by Dr. Lyle M. D. in the "Homeopathic Recorder".

Mrs. Mc. C. aged 34, had been suffering from Asthma for over eight years, generally feeling better in winter. While coughing, she felt her head as if bursting; used to feel chilly yet liked cold air; felt the head too big and better from pressure; liked sweet and salty things. One dose of Bryonia 30 kept her well for many days. After a month, she had three spells, each coming at 9 P. M.—(the usual aggr. time of Bryonia) with great tenderness of scalp. Bry 1M gave relief and possibly Nat Mur might be needed—the desire for salty things and cool air and drinks being the guiding symptoms. Bryonia though commonly known as an acute remedy could take hold of such a chronic case. Bry and Chelidonium can cure chronic conditions, though they are not deep acting remedies.

Notes:—Potencies, generally 30, sometimes 200, rarely higher.

Aggr:—Warmth, warm drinks, getting heated, least motion after taking cold. Amel:—lying down, quiet, dark room, cold things—food and drink.

Causation:—Anger, cold drinks in hot weather, fruits, vegetables, suppressed eruptions.

Comparison:—Bry attacks muscles, Rhus Tox attacks fibrous tissues and sheaths of muscles with opp. modalities Rhus has diarrhoea and Bry generally constipation. For liver troubles, Bry and Chelid are indicated but they differ in their modalities. Moreover Bry has constipation and the stool of Chelid, is loose and deep yellow or clayey.

Bovista.

Pre-eminently a hæmorrhagic remedy, Bovista has been found valuable in menorrhagia and excessive hæmorrhage at the climacteric period—the characteristic symptom being that the flow occurs at night in bed or at least gets worse at that time. The Liliun Tig flow continues as long as the patient moves about and stops while she is quiet. The flow of Kreosote starts as the patient goes to bed and remains stopped as long as she keeps moving about. But these are only partial symptoms and you will be justified to prescribe upon partial symptoms when the general aspect of the patient gives no picture of any other medicine. It has been reported to have stopped bleeding from other places, particularly after extraction of tooth.

It has constant itching, palpitation of heart and stammering of children.

Potencies—30th & 200th.

Bufo

It meets the psoric poison which in one direction creates imbecility, mental dwarfness, and in another direction, epileptic fits with spasms of muscles and foaming at mouth. The sexual organs are sometimes in a state of excitement and sometimes in a state of impotency.

Bufo has been a great palliative in cancer of the mammæ which has burning pains and blisters round about.

Warm room is unbearable and head symptoms are worse in a warm room or near fire and get better from bathing and cold air.

Potencies—3X, 6. 200.

Cactus

It has congestions and rush of blood to parts of the body—particularly the chest, the heart, the head, joints of the body; but no matter where they occur there must be a sense of tightness, constriction and contraction. In a number of cases affecting the heart, chest troubles, bleeding piles, this medicine has given great relief—the guiding symp-

tom in all cases being, the presence of the sense of tightness and constriction. 11 o'clock is a favourable time for Cactus; and intermittent fever with chill, congestive headache—usually leading one to think of Natrum—yields to Cactus, provided the sense of tightness is there.

Notes—In organic diseases, mother tincture is recommended—generally 6th potency. In nervous palpitations, higher dilutions are recommended.

Cadmium Sulph

Extremely irritable stomach with vomiting and with vomiting there are prostration and anxiety, thus simulating Arsenic in this aspect but differing from Arsenic in this respect that the patient wants to keep still.

Depending upon this characteristic aspect, I used it once in a case of stomach ulcer, once in a Typhoid patient whose vomiting was not checked by Arsenic, though fairly indicated, and once in a patient suspected to be suffering from Kala Azar.

Notes—6th. or 200th.

Calcarea Carb

Calcarea and its compounds, Calc Ars, Calc Fluor, Calc Phos, and Calc Sulph are regarded as deep acting antipsorics and are successfully applied in many forms of diseases, when the constitution of the patients indicate them.

The Calcarea patients have something (miasm) in their nature, which prevents them from assimilating calcium which is in their food and consequently the bones stop growing and the patient may either grow fat and flabby or run into marasmatic condition. You can well imagine what the condition of a floor will be, if you do not mix lime (Calcium) with the brick or stone chips that are made into the floor.

If Calcarea suits the constitution of your patient the whole economy—the life system—will be changed from abnormal into normal and all irregularities manifesting any where and in any shape will be rectified. This is true as much of Calcarea_a Carb as of other deep acting medicines.

The Calcarea patient is a chilly patients--ensitive to cold air. The sensation of coldness is general and local—subjective (felt by the patient) or objective (felt by others) - Often associated with determination of blood to the head. Thus when the feet are cold, the head may be hot.

Against this background which represents the constitution—the following local or particular symptoms may be present :— 1. Deformed teeth and nails. 2. Relaxation of muscles, veins and blood-vessels—thus causing piles, distended veins.

3. Slow development of bone-tissue; curvatures of bone. 4. Perspiration on head or on parts of the body. 5. The glands of the body—particularly the lymphatic glands are affected and cancers may be formed. 6. Abscesses in deep muscles with pyæmic character. 7. Slow digestion with acidity; cannot digest milk; has desire for eggs. Aversion to warm foods Sour vomiting, sour diarrhoea. 8. Formation of worms. 9. Profuse and lasting menstrual flow. 10. Excessive Leucorrhœa. 11. Painless hoarseness with a tubercular tendency. 12. Dyspnoea from going up stairs or from exertion. Chest-troubles—blood-spitting, expectoration. 14. Rheumatic conditions and gouty affections—caused from slightest exposure to damp and cold weather.

I had to treat hundreds of cases for each one of the particular complaints mentioned above and as the cases fitted with in general symptoms of *Calcarea Carb*, the medicine made brilliant cures.

Notes—Aggr.—Full moon; cold air, cold water; Amel—Dry weather; lying on painful side. It acts well after Sulph. Puls and Nit Acid. There is a warning not to use Sulph and Nit Acid after *Calc carb*. Lycopodium, Nux Vomica, Phos and Sil act best after *Calc Carb*. I had to give it in repeated doses in children and in cases of Pthisis in the 30th potency. Comparison:—*Calcarea* is sluggish, *Silicea* is nervous and excitable

It may be said that in Calcarea, abdomen is prominent and in Sil, the head is disproportionately large. Calcarea has partial sweating and Sil sweats all over. Used in 30th, 200th, 1 M up to C M.

Calc Arsenicosa

It is a combination of two deep acting medicines—Calcarea and Arsenic and is, as might be expected, a deep-acting medicine. The patient suffers from lack of vital heat and is sensitive to cold. Complaints are worse from slight exertion.

It has been found useful in vertigo caused by rush of blood to the head and in most stubborn cases of Epilepsy. It has cured dropsical conditions following attacks of Malaria and Albumanaria. It has been considered by some physician as very good for Infantile liver.

Notes—12th or 30th. potencies.

Calc Fluor

Often used to cure tumours, indurated swelling with stony hardness in glands, ligaments.

In cases of Tonsils where Bryta C. was indicated I have got very good results from this medicine in 12X or 200th, the former, one dose a day and the latter only once—followed up by some doses at long intervals.

Calcarea Phos

• Being a combination of Calcareum and Phosphorus—the medicine carries with it the nature of Phosphorus in so far so that its patients are lean and tall. It has as well the characteristics of Calcareum—because the bones are not developed, and children do not grow and become rickety.

In rachitis, in very painful menstruation at the time of puberty of girls who are lean and thin, in pthisis with rattling of mucous and stitching pain in the chest, in fluttering diarrhoea of weak children—I have often used this medicine in various potencies such as 6X, 30, 200 and 1000.

Notes—Aggr.—damp, cold, changeable weather

Amel.—Summer, warm dry atmosphere.

Calcareum Sulph

It is supposed to be acting along the line of Hep. Sulph. but Calc. Sulph differs from Hep Sulph in two fundamental respects :—

Calcareum Sulph is hot and it is not half so sensitive as Hep. Sulph. The patient wants to uncover and dislikes warm room; and warm covers aggravate distress. The patient likes cold air, but gets cold.

It is applicable in cases of abscesses after they have opened up and there is continuous discharge of thick pus.

The patient is sensitive to both heat and cold—He cannot tolerate heat and takes cold easily; this sort of symptom becomes prominent in chronic diseases of wasting types.

Note—The mixed character of Sulphur and Calcarea are noticeable in this medicine—So when it is used to meet a chronic stage, it is used in 200th potencies In cases of several blood dynestry by which developed into passing pus with stool, I have seen a friend of mine getting very good results in his patients from Calcarea Sulph 12X—two or three doses a day. In the invasive and inflammatory stage in which Acon, Bell etc are needed, Ferrum Phos 6X may do some good. For pains relieved from warmth, Mag Phos 3X or 6X is often needed.

Camphor

The true picture of Camphor is that in acute cases the patient gets prostrated quickly with cold and blue face without much sweat. But in proportion the patient is cold and prostrated, the more of cold he will want and throw off the covers. Sometimes heat and cold intermingle—now feeling hot, now feeling cold. Along with this state there is much of convulsion in it, convulsion with froth at mouth. Bronchitis of children and old people, in which there is the main symptom—the patient^t feels hot, though there is no heat. During hot stage, the patient wants heat and during cold

stages much of cold. It often meets the lingering effects of measles.

Notes—Camphor, Cuprum and Veratrum Alb have since long been recommended as medicines for Cholera. But though I have got thousands of cases of Cholera to treat, I had very few occasions to use camphor. But, however, you must not forget it in cases of sudden prostration and collapse, great coldness and blue appearance. Veratrum has sweat and Cuprum is spasm modic. In convulsions of children suffering from Bronchitis, I have used it in the 200th potencies—one dose for a case. In Cholera—spirit of Camphor in drop doses is recommended. It should be stopped when there is perspiration.

Amel : - Thinking of disease, drinking cold water.

Cannabis Sativa.

It has strong action on the urinary organs—the guiding symptom being that the urethra is very sensitive to touch or external pressure, so far so that the patient cannot walk with his legs close together. These starting symptoms of gonorrhœa—for which Cannabis Sat. is generally the only medicine—subside on three or four days' use of this medicine.—If thick green—discharge continues with burning, it is followed by Merc. Cor. or for bland discharges of chronic character, by Sepia and Pulsatilla.

Notes :—Sensation as of drops of water falling from some part of the body. Breathing difficulty—the patient can breathe by standing, tearing pains in urethra are also important symptoms. I have used it in recent cases in 3x dilutions—3 or 4 doses a day.—In Chronic cases, 30th, 200th, potencies have been used.

Cantharis.

Burning, intense burning, burning with a cutting sensation—attended with irritation and inflammation, inflammation such as develops rapidly into erysipelatic condition—this is Cantharis condition.

Retention of urine—passes none or only a drop or two with tenesmus—be the bladder empty or full. Burning when urinating. As to erysipelas—it may have some similarity with Apis, because of burning and rapidity in developing symptoms—but whereas Apis is œdematous, Cantharis produces blisters; for erysipelas in and round about the face involving the nose etc. Rhus Tox is often needed. For Cantharis the blisters even when touched burn and Rhus Tox is not so violent as Cantharis.

In Gonorrhœa with scanty urination attended with violent burnings, I had to use it on many occasions in the 6th and 200th. potencies (Cannabis is more painful than burning) and sometimes for suppression of urine in Cholera etc.

Capsicum

Plump and round persons with redness over the tip of the nose and cheeks are persons for whom Capsicum may sometimes be needed. They are extremely chilly patients, feeling better in a warm room and drinking cold water sends a thrill of chilliness. In dysentery with tenesmus and burning as also in piles of a very burning character, drinking of cold water creates a shudder. In chronic hoarseness with a sensation of hot pungent air from the throat—it may sometimes be used. Another peculiar thing about Capsicum is that when a man coughs—pain is felt in distant parts—particularly the head. One important point:—Every stool is followed by thirst and every drink by shivering. Painful and sensitive swelling behind the ear—on this symptom I had to use it several times and in Malaria I used it once or twice where I found the patient shivering after every drink.

Carbo Animalis

Carbo Animalis is a chilly medicine—the patient generally having the appearance of a broken down constitution. It has been found suitable in cancer of the breast, cancer, indurated gland, chronic induration of the uterus with ulceration, lumps in mammary glands etc. etc. The little veins infiltrate and instead of running into the

suppurative stage, they thicken and form into tumours and lumps. The sluggish lumps afterwards ulcerate. Now in such ulcers and fistulas where the tissues are hard and burn, Carbo Animalis is often the remedy.

With great prostration and weak and irregular pulse, there is a sensation that a current of steam is flowing through the body, the head and the chest. The Carbo Animalis woman sinks down at every menstruation period. A stitching pain remains in chest after recovery from Pleurisy. All discharges—menstruation, Leucorrhoea and diarrhoea—are very exhausting.

Notes—Potencies 30th 200th. Once I used it in 12th. potency, one dose daily for 3 or 4 days for big glands in armpits of a Mercurio-Syphilitic woman suffering from debilitating leucorrhoea.

Calc Phos is its complementary and both are glandular. but in Calc Phos, there is not the malignancy which you find in Carbo Animalis.

Carbo Vegetabilis

Carbo veg. is vegetable carbon and as may be inferred from its origin, it is a hot medicine and should be suitable for rotten conditions. While the inside of a person gets carbonised, he will, while growing externally cold, will feel a sort of internal burning and will desire cool air

blowing over his face. So we find desire for fanning as a guiding symptom of Carbo Veg.

The circulation of blood is feeble, the heart is weak and there is sluggishness all through—the hands are swollen, the veins are puffed, enlarged and relaxed; so naturally there is hæmorrhage of passive character from any part of the body, quite unlike the active and gushing flow of Acon, Bell, Ipecac, Sabina etc. The stomach is weak and distended with wind and acidity with sensation of burning and relief from eructation. Relief from eructation is as much an important symptom as desire for fanning. With this modality it is often required in tympanitis of Typhoid fever and other diseases as well.

The picture of Carbo Veg in desperate stages is—pulse thready, intermittent, surface cold, especially the extremities, breath cold, cold sweat on the forehead and limbs, body motionless, vital forces nearly exhausted, yet the patient feels relief from fanning. Arsenic in similar stages wants covers and is restless with anxiety.

It is often required in chronic Bronchitis esp. of old people with the characteristic burning on the chest and with blue skin. It has been found useful where mumps changed their abode to mammary glands in girls and to testes in boys. It has been

found to abort whooping Cough and very useful in septic conditions after shock and surgical operations; of course if parts are tender and sore to touch, we have to think of Arnica or Pyrogen or even Baptisia.

In intermittent fevers, there is violent chill, sometimes with cold sweat during the chill and with desire for cold water: After some low forms of fever, the patient does not seem to rally, there is no reaction and the patient remains cold.

Coldness of knees, even in bed, left hands and legs with blue finger nails is a symptom very often found.

Persons who have never fully recovered from previous illness such as Typhoid, Cholera etc. or from the bad effects of abuse of Quinine are benefited by this medicine.

Potencies:—30th and 200th. In some chronic complicated cases with wind in upper part of stomach, I have used it in 6th potency with good results. Lyco has wind generally in the abdomen. In chest complaints, it is complemented by Kali Carb. China is also a complementary in hæmorrhage, dyspepsia etc. in patients who are devitalised and flatulent. Bluish skin and cold extremities have led me to use it for some old people suffering from Asthma.

Carduus Marianus

A very important remedy for symptoms arising out of bad liver. Colic from gall stones, sick

headaches ending in vomiting of bile—biliousness, drawing pains from left to right, piles, blood vomit—aggravated by motion and sensitive to cold.

Notes—Potencies 3 to 30—One or two doses daily for a number of days. Comparison:—*Ptelea Trif*—3 to 30—a liver remedy with constipation or diarrhoea, with aching and heaviness in the region of liver, aggravated by lying on the left side. Other medicines having action on liver:—*Mag Mur* 30 (constipated, worse lying on right side) *Merc Sol* (characteristic tongue and loose stool). For *Chelidonium*, *Lyc* and other constitutional medicines, look up to their descriptions with total aspect in view.

Causticum

It is a deeping anti-psoric, often needed to meet a declining state of health, generally worse in a clear fine weather and better in damp wet weather.

The patient with a rheumatic diathesis, gets a faint-like weakness with trembling and muscular relaxation with heaviness of the body.

Paralysis of parts of the body and of the limbs—generally right-sided, contraction of ligaments, making joints stiff—are the two very important spheres in which *Causticum*, used in very high potencies and at long intervals, produces wonderful effects.

The *Causticum* patient is apt to look upon the dark side of everything. The depression might

have its origin in long-standing grief (e.g., Ignatia, Natrum Mur, Acid Phos)

The above symptoms describe the constitutional aspect of Causticum—which have as well some other complaints for which it is a suitable remedy.

1. Gradually increasing hysteria.
2. Rending, tearing, paralytic pains.
3. Convulsion and epilepsy—originated from fear or exposure to dry cold wind.
4. A sort of mild and low type of insanity due to fear or prolonged depression.
5. Suppression of eruptions and many diseases caused thereby.
6. Paralysis and paralytic heaviness of eye-lids with vision gradually growing weaker.
7. Paralytic condition of tongue, with a sensation of rawness in the throat, with thirst but aversion to drink.
8. Dyspepsia with a sensation that lime is being slaked in the stomach—eructations burning hot and some relief from drinking cold water.
9. Urine sometimes involuntary and sometimes retained.
10. Hoarseness or sudden loss of voice.
10. Hard racking cough relieved by drinking cold water.
11. The stool passes better when standing.

Notes—Potencies 30, 200 and higher. Comparison—Causticum has burning but with burning there is soreness. With burning of Sulphur there is itching as with that of Apis—there is stinging. For paralysis from cold, in the beginning stage, Aconite 30 or 200, one or two doses may be needed, after which

Causticum comes in. For hoarseness and nervousness, *Causticum* has morning aggravation and *Phosphorus* has evening aggravation.

Aggr.—Cold, dry, fine weather; amel—damp, wet weather.

Cedron

I had to use this medicine in 3X potencies—thrice a day in three or four cases of Malaria—in each case the attacks commenced with clock like periodicity—generally 3 P.M. It is said to be useful in neuralgic pains of this type, especially if associated with Malaria.

Notes :—Potencies Tincture to third attenuation.

Ceanothus Americanus

For pain, inflammation and enlargement of spleen, it has been used in X, 2X, and 3X potencies in a routine way and in some cases has been found useful.

Chamomilla

It is said to be the leading anger and pain remedy. In fact, the central point of *Chamomilla* is its sensitiveness :—sensitive “against”—persons, against surroundings, sometimes against himself—and sensitive to pain. He cannot bear the pain, he will not bear the pain. If he be a child, he will keep quiet only if you carry him about. The patient as a whole is better from heat and worse from cold but his teeth are worse from heat.

The mental state of Chamomilla is the decisive factor in the use of this medicine which is often used in :—1. Colic and bowel troubles of children with wind and “grass green” and yellowish-brown stool; 2. Labour pains with irregular contractions—the patient now cursing the nurse, now fisting her womb in rage; 3. Cough—sometimes aggravation begins at 9 P.M. and is better after midnight. 4. Violent neuralgia of the face with characteristic 9. P.M. aggravation, outer portion being relieved by warm application. 5. Ear ache generally of neuralgic character. 6. Tooth ache—worse in warm room and better in cold air and with cold application. Generally the pains are found to be absent from midnight to morning. You will often find this sort of aggravation in children. 7. Convulsions in over-sensitive children. 8. Irritating Cough 9. Pains—generally of a benumbing character—drive the patient out of bed at night.

Notes—12, 30 or 200. Complementary—Bell, Colocynth.

Aggr—Heat, anger, before midnight; eructations.

Amel—From being carried, warm weather, fasting.

Chelidonium

It has action on the whole system, particularly on the right side and in all its complaints, the liver is involved.

Both Bry and Chelid have aggravation from motion but while the Bry patient gets relief from pressure and likes to lie on the painful side, the Chelidonium patient cannot bear pressure.

The one most important symptom of Chelid is dull aching or sharp shooting pain under the right scapula through the back. The patient craves hot drink and hot food gives some relief.

With symptoms mentioned above Chelid is used in jaundice, bilious diarrhoea, sick head-ache, and chest troubles i.e. Pneumonia and Pleurisy.

Notes ;—6th and 30th—twice or thrice a day.

It is well followed by Lyco which has sour taste and rumbling in the abdomen. The taste of Chelids is bitter and the pain of Chelid is more acute than that of Lyco.

Cicuta

Being a cerebro-spinal irritant, it produces local and general spasms, distortion of limbs and even paralysis.

Convulsions of Cicuta extend from head and face and extend down wards; and from chest and heart to other directions, or to put it otherwise, it begins from the centre and runs to circumference. It seems to affect the system more deeply than Cuprum whose little spasms or cramps begin from the extremities, the fingers and the calves.

It is used in Epilepsy which leaves the patient in a weak state of mind.

It is often used in Hic-cough, convulsions of the worst type with loss of consciousness and brain affections caused by suppression of eruptions.

In convulsions during dentition or due to worms, if Bell or Cina does not help, Cicuta has been found very effective. If due to concussion of brain or spine, there are spasms which are not controlled by Arnica or Hypericum, Cicuta may be helpful.

Notes—Aggr.—Smoking,—Potency—200th.

China

A pale, debilitated man with irritated nerves and suffering from cutting tearing pains—represent the picture of China patient who gradually grows sensitive to touch, to motion, to cold air which he cannot tolerate. The debility is brought on by loss of vital fluid—haemorrhage from any part of the body, by nursing children, by seminal emissions etc. Such cases you will almost daily meet but only after questioning, you will hit the point.

Many other important points worth remembering :—1. Inflammation of the parts that bleed; for example, along with bleeding from uterus, there is pain. 2. Fullness of veins—for example, during

fever. the veins become full. 3. Periodicity—complaints come on exactly at the sametime—preferably at night, 12 O'clock. 4. Pains—particularly headache—sensitive to touch but relieved by hard pressure. 5. Weak eye sight and ringing and roaring in ears—due to debilitating causes. 6. Flatulent distension with no relief from eructation; vomiting of sour water, bile and blood. Fermentation after eating fruit. 7. Chronic diarrhoea with stool immediately after eating and *at night*. 8. Intermittent fevers—thirst during chill—no thirst during the hot spell, again excessive thirst during perspiration.

Notes—Potencies 6,30 and 200. Aggr. loss of fluids, draughts of air, night, touching parts softly; Amel :—Hard pressure, bending double, open air, lying down. For Malaria—See descriptions of Arsenic. Nat Mur, Ipecac etc. For diarrhoea—Acid Phos (not so debilitating, indifferent) Podo (morning, during day). For bleeding :—China (from any part—may be profuse—parts painful), Carbs Veg (continuous dark, oozing, passive, wanting fanning), Phosphorus (haemorrhagic diathesis, burning, comparatively profuse), Ipecac (bright red, nausea), Aconite (with fever, restlessness).

Clematis

In complaints traceable to suppression of Gonorrhoea hard painful swelling of testes which could not be removed by Puls which is

often needed, rheumatic conditions of limbs with painful jerking and twitching; and in cases of eruptions which look like the vesicular eruptions of Rhus Tox but are aggravated both by warmth and washing—I have found it highly useful.

Notes—30 and 200th potencies.

Cina

It is practically a child's remedy—though in several adult cases I had to use it. Boring the nose with fingers, glassy eyes, pale and sickly looking, blue rings about the eyes, urine turning milky on standing and above all, a very irritable and sensitive nature, not liking even to be touched or being spoken to—these are the general symptoms of Cina. Screaming out sharply in sleep, rolling of the head, headache before and after epileptic fits and intermittent fevers. Sudden attacks of very high fever with glowing red hot face alternating with pale face, convulsions and indigestion due to worm—abdomen hard and bloated yet the child always wants to eat something—sometimes copious watery stool, cannot sleep unless carried on the body or in constant motion; Whooping Cough with some or many of the symptoms mentioned above; these are the cases that call for Cina.

Notes—Generally 200th potency and doses in some cases have to be repeated every third, fourth day and in rare cases, more often.

Aggr.—touch, eating sweets, summer. sun, looking fixedly at any point.

Amel.—Rubbing eyes; motion; lying on abdomen.

Cocculus

Complaints of persons whose nervous systems had to suffer severe strain and had thereby the motor nerves rather than the intellectual powers affected—complaints aggravated by—or might be, originating from—riding in cars, carriages or boats,—offer fields for the action of Cocculus.

Vertigo, disposition to tremble—cannot stand firmly, dimness of vision, paralysis of facial nerves—most obstinate nausea, nausea attended with menses, flatulent colic and dysmenorrhoea—Epilepsy—all these implanted on or manifesting in patients of the above description.

Notes—30th. & 200th. potencies.

Aggr.—Smoking, carriage riding, open air, rising up, menstrual period.

Amelioration—Leaning backward, standing still.

Coccos Cacti

Is used in cough which is of the nature of a whooping cough—with thick ropy mucous—The patient is sensitive to cold but when the disease has already attacked—he gets worse from warmth and in a warm room.—The chronic cough lasts all winter and disappears in the summer.

Notes—200th. potency. one or two doses.

Coffea Cruda

All the senses become very acute—smell, taste, touch, hearing and vision. The affected part becomes extremely painful and in this matter, it is comparable with Aconite and Chamomilla. Coffea cannot tolerate noise.

Persons in excited mood and having no sleep may need this medicine. Such persons along with excitement, may have red face but that should not lead to Belledona—because Belledona is sleepy. I had to use Coffea-200, 1 dose one night for myself for sleeplessness caused by irritating circumstances.

Notes—200th potencies.

Colchicum

Colchicum is a chilly medicine, fitting in with a gouty state—having all sorts of complaints aggravated by motion.

Aversion to food—cannot tolerate even the sight and smell of food. This symptom has led me to use this medicine in various complaints, Malaria, gout and palpitations.

Notes—6th, 30th, and higher potencies.

Colocynth

Agonising and intense pain due to colic in abdomen, and along the nerves—which gets relieved

by hard pressure and application of heat, is wonderfully relieved by this medicine. Some twenty seven years back I, while at Muzafferpur, was requested by a friend of mine to give some medicine to a cook who had been declared to be in the last stage of Cholera. The man who was lying on his stomach—stiff and apparently unconscious (i. e. relief from pressure) inclined me to try Colocynth and only two doses of the medicine changed the whole aspect of the case and in a short time, he was given liquid diet.

Pains are of cramping and spasmodic nature—and hence sometimes are needed in dysentery and diarrhoea.

The patient is of an irritable nature and wants to be alone.

Potencies—30th. & 200th potencies. Similar—Bell, Mag Ph

Conium Maculatum

It is a deep acting medicine with increasing weakness in the patient; when that weakness attacks the physical side it ends in paralysis and when it goes towards the mental side, the patient loses reasoning powers and look insane. One thing which must be remembered with regard to its action is that it develops in a slow and passive manner.

It produces infiltrations, indurations and glands form under the skin all over the body, which may grow very hard.

In keeping with its paralytic character, this medicine has a sensation of numbness with all its pains and the numbness of the scalp is a very common symptom of it—The ulcers (generally such whose base is hardened and infiltrated) and paralysis of Conium—are painles: The mammary glands in some dwindle and in some, they enlarge. Because of its tendency to meet cancerous stage, it has checked the cancerous growth of the uterus, that at its origin might be associated with painful menstruation, burning pains etc. It has cured tumours.

It is good for vertigo that is felt when turning the head or turning the eyes .

Besides, there are two important general symptoms:—1. Profuse perspiration during sleep—a case of obstinate fever was cured with Conium which was indicated only by this symptom. 2. Better by letting the limbs hang down.

Notes—Potencies 3, 200.

Crotalus

Though very rarely used, I must keep a phial fo it in my box because it is one of the few reme-

dies that are needed when some grave symptoms appear and death seems very near.

In low forms of blood poisoning—such as Diphtheria, Typhoid or pureperal fever etc.—there are black and blue spots on the body as if bruised, bleeding from all the orifices of the body, with trembling of limbs.

In boils, carbuncles, eruptions with burning, violent pains and bleeding of dark blood—this is sometimes used though Arsenic (hot application), Secale (cold), Lachesis, Euphorbium and Anthraxium are often needed.

In yellow appearance of the face, (because of the breaking down of blood and in vomiting of great quantities of bile mixed with blood—it is sometimes used. Aggravation after sleep is an important symptoms.

Croton

This medicine has been used on occasional symptoms rather on the character of constitutional taint. They are:—

1. Yellow watery stool, coming out at all once in a gush—and aggravated after least food and drink. Suitable both for acute and chronic diarrhoea.

2. Troublesome eczema of the scalp in infants sometimes alternating with and sometimes simultaneously with diarrhoea of the above character.

3. Eczema, especially of the scrotum, itches intensely and is very sensitive to touch.

4. Excruciating pain—running from nipple to scapula when the child nurses.

Notes—Potencies—6th., sometimes 30th.

Cuprum Met

Cuprum is chiefly, if not solely, a spasm remedy and the spasms begin in extremities—fingers, calves, toes etc.—and the presence of spasm leads to its use in Cholera, whooping cough, and painful menstruation. In persons whose eruptions have been suppressed, sometimes Cuprum symptoms develop.

In Cholera for which Cuprum Met is often needed, three medicines are frequently mentioned as very important—Camphor, *Veratrum* and *Cuprum*, of which *Camphor* is extremely cold and dry, and Cuprum mainly convulsive.

Cuprum Ars—In patients showing combined signs of Arsenic (restlessness prostration and dry mouth) and of Cuprum (spasms), I often prescribe Cuprum Ars.

Notes—Cause—Suppression, fright, summer etc. Aggr.—lying, pressure, touch, movement, Vomiting Amel—Heat, stool, respiration.
Potencies—6, and 200th.

Digitalis

The leading characteristic of Digitalis is a "very slow pulse"; on the basic ground of slow pulse, intermittent and rapid beatings may supervene at times.

While surely it has bad heart, it has along with it, some symptoms related to liver—soreness, torpidity—bileless stool, jaundice, dropsy and some symptoms related to the stomach which has a great sinking feeling in it and deathly nausea.

Some fifteen years back while at Barauni Ju. where I had been for some time, a Ry Doctor whose quarters were not very far off from mine, brought to me a young boy with dropsy of the abdomen (ascites) and threw a challenge to Homeopathy saying that if the ascites could be cured, he would throw off his medical books—meaning his Allopathic books—into the Ganges. Quite indifferent to what others might say about the disease of the boy, I started to find out points upon which I could make a prescription. I felt a little embarrassed when questioning about thirst, stool, general sensations etc., I could not bring out anything suited to

my purpose. But as soon as I felt the pulse, I found the beatings to be near about 45. You may will understand what my feeling would be at that time—I must have cried out within me 'Found out' However I accepted the challenge of the doctor and gave the patient in two ounces of pure water—2 drops of Digitalis 6 x made into six doses which the boy finished off—taking one dose every four hours. When I saw hfm on the seventh day. I saw that two thirds of the volume had subsided. Then I gave three doses of Digitalis in the 30th potency and the volume went down still further. But there was still a trace of the disease left. I was again anxious and commenced searching out my points when the boy said that his stool appeared to be hot and there was some burning sensation after passing stool—on which I gave one dose of Sulphur 200 with instructions to report after a week. The boy was perfectly cured.

Notes: —Aggr.—sitting erect; motion; after meals excitement.

Amel—Empty stomach, open air, micturition.

Potencies—3X, 6, 200.

Drosera

It is used in whooping cough with violent paroxysms. following each other so rapidly that the child cannot get breath. In whooping coughs of

scrofulatic children and men with tendency towards consumption, I have found it very useful.

Notes—Potencies 30. 200—For whooping coughs, rather cough of a whooping nature Ipecac 30 in repeated doses, sometimes complemented by Cuprum, greatly palliates. Coccus cacti 200 has been found to abort the disease, if from the beginning, ropy mucous attends the cough. I get many times to use Carbo Veg. Tuberculinum and Kali Biebrum—all in 200th potencies. But Drosera is more often needed than any one of them.

Dulcamara

Hot days with cold nights—favour development of Dulcamara symptoms. It has a specific relation to skin, glands and digestive organs. Exposure to damp cold air and sudden cooling of the body while perspiring—have caused facial paralysis, rheumatism, itching eruptions on body, coryza and diarrhoea or dysentery, which I have cured with this medicine in the 6th. and 30th potencies. Frequent urination after exposure and urine in large quantities in the first stage of fever are important symptoms.

Dulcamara symptoms are caused by wet and cold, get aggravated from wet and cold, and during evening and night and rest.

Notes—Aggr—damp with cold: washing, suppressed menses. Amel—motion—warmth in general, dry weather.

Complementary—Baryta Carb, Kali Sulph. Antidotal—Bell, Lachesis. Follows and is followed by :—Rhus Tox, Calc. Bry, Lyco. Medicine with gout symptoms—Puls, Ledum, Guaiacum etc feel relief from cold application. One severe case with relief from hot application. I cured with Dulcamara 200. one dose every seventh day. Bry could not give much relief in this case.

Rhus and Dule have both aggravation from cold and damp exposure, yet simply by way of passing comparison, it may be said that Rhus Tox stands in relation to Dule in the same way as Bell stands with Glonoin—Rhus and Bell being comparatively deep than the other two and of much more frequent use. The action of Rhus goes towards fibrous tissues, muscles, tendons, blood etc. whereas that of Dule goes towards catarrhal stage with deranged mucus and watery secretion, resulting in diarrhoe, a dropsy, urticaria, gout etc. etc.

Eup. Perf

Intense aching in the limbs and back as if the bones were broken, stiffness and general soreness when rising to walk, these symptoms of Eupatorium—are found in Influenza, bilious or intermittent fevers and sometimes in Bronchitis of the aged. The chill commencing between 7 and 9 A.M. with violent shaking and violent headache, vomiting of bile between chill and heat, attacks coming on with periodicity say 3rd. or 7th. day indicate this medicine.

Notes:—Potencies 6th. & 200th. Regarding fevers, pains, and thirst, it is very similar to Bryonia but Bry. wants rest.

Eupatorium is restless and in comparison with Bryonia, has little sweat. In Malaria, it is well followed by Nat Mur. Eupatorium and Causticum are both worse in the morning and have hoarseness but in Causticum there is rawness with burning and Eup. is sore all over.

Along with soreness, bone pains and characteristic vomiting, there is insatiable thirst before and during chill as also during fever and this makes Eupatorium often useful in Malaria. In cases of lingering Malaria for which we often think of Nat Murs. China, Ars etc, Eupatorium may be useful because Eup. also has swelling of lower limbs as much as those medicines. Eup. is as sensitive to cold as Nux but it is not as irritable as Nux. In cases of gout with swelling and characteristic soreness—often attended with sick headaches, it has been very useful.

Equisetium Hyemale

Its sphere of action chiefly relates to the urinary tract with dull pain in the bladder and constant desire to urinate and this urge for urination does not cease even after passing a large quantity of watery urine.

As in Berb, Sarsa and Thuja, there is severe pain at the close of urination.

Paralysis of bladder in old women and passive flow of large quantity of urine.

Potencies—generally low.

Euphorbium Off

It has been used often in the 6th potencies and some times higher, in cancerous or poisonous

ulcers, gangrenes, whitlows and even in caries and necrosis where there was great burning, burning as if a lump of fire was there and could not be relieved even by Ars, Anthrax or Secale. Generally there is relief from motion and cold and aggravation when body is heated.

Euphrasia

Water flows profusely from the eyes with aggravation in evening and in warmth and moisture. There may be many cases with this symptom alone; or along with this symptom of profuse lachrymation, there may be stoppage of menses, measles, whooping Cough, or fluent coryza. This eye-symptom is the most prominent feature of Euphrasia. The patient is chilly and the eye symptoms and coryza and cough—all get aggravated in cold and windy weather.

Potencies 3, 6, 30.

Ferrum Metallicum

Debilitated constitutions showing want of blood i.e. want of red corpuscles in the blood—face extremely pale, cold* extremities—yet with a hæmorrhagic tendency such as menses too long-lasting—represent the constitutional aspect of Ferrum Met. The Ferrum patient has his pains and sufferings aggravated during night and finds relief

from gently walking about. Pulsatilla has also this particular symptom i.e. gentle walking on the floor relieves the pain. There have been some occasions when on the thready basis of this one symptom I gave Pulsatilla in some and Ferrum in some with very good results.

I had not had many occasions to use Ferrum Met, though Ferrum Phos 6x I give daily to many patients.

Notes:—30, 200. Com—For debility, it has similarity with China and these are antidotes to each other. Both have painless diarrhoea and anaemia but with China, there is flatulence.

Aggr.—At night, at rest: amel :—slowly walking about.

Ferrum Phosox

In all sorts of acute attacks of fever of inflammatory type Ferrum Phos 6X is given with good effects. It is equally useful in inflammation, injuries, bleeding etc. It is not so violent as Aconite or Belledona, nor the patient is as dull as Gelsimum For feverishness or a little fever with coryza or cold, it has been found to be very efficacious, Kali Mur has been recommended as useful in the secondary stage when the inflammation has subsided and there is exudation and the tongue is white and there may be constipation.

Fluoric Acid

A deep acting medicine which may constitutionally fit in with the whole man;—and as regards tissues, bones, nails, hair, and veins etc. have been found to be chiefly affected.

Sensation of heat—as of a steam coming out through the pores of the body—has led me to use this medicine in the 200th potencies in various diseases especially such as might need Pulsatilla for the first prescription on the same ground—sensation of heat.

A few years back an educated and highly placed gentleman came to me in a very depressed state of mind, and pointing to some marks on his face, said that he was mortally afraid that he might develop symptoms of Leprosy—of course he had many reasons to suspect so. From close observation, I could find no other prescriptive symptom except that he felt a sort of heat all over the body and that he felt very uncomfortable in a warm room. Pulsatilla 200—1 dose gave him great relief and good hopes. On the fifth or sixth day he appeared in a more desperate mood, saying that the sensation of heat had reappeared and that he was fearing that his nasal bone would be flattened down. His nasal discharge was very thick

almost looking like putrified pus. The sensation of heat and affection of the bone at once suggested Acid Fluoric. To a homeopath, the supervening of Fluoric Acid symptoms on a Pulsatilla basis—is only a natural procedure. But the text lays down that, as a rule, Pulsatilla is followed by Silicea which in turn is followed by Acid Fluor as usual complements. In many chronic cases, I have obtained very good results by following up Pulsatilla with Silicea. So in this case, the question arose whether or not, I should interpolate one dose of Silicea which is fundamentally a chilly medicine with lack of vital heat. However I decided to stick to the fundamental rule of Homeopathy, being guided by symptoms, and I gave one dose Acid Fluor 200 and asked the gentleman to report after a week. The gentleman, however, turned up the next evening in a very cheerful mood only to say that he felt he would be thoroughly cured. Though we met several times afterwards, I had not to give him any other medicine; only the gentleman expressed his sincere conviction that I know a very good medicine for Leprosy, which in the interest of humanity, I should publish to the world.

Will this humble book serve the purpose? I hope it will, at least to a great extent, provided

the readers do not lose sight of other deep acting medicines as well—Sepia, Natrum Mur, Arsenic, Graphitis, Mezerium, Anacardium Alumina etc. etc.

While the Fluoric Acid patient cannot tolerate warm air etc. he gets definitely worse from hot drinks—hot tea or coffee or etc. which may bring on diarrhoea besides adding to the general discomfort.

The hair grows lustreless and the nails are deformed and it produces warts and dry crusts on the skin and the scalp—suggesting the antisycotic and antisyphilitic character of the medicine.

In spinal affections—such as Paralysis, trembling etc. it often follows Silicea.

It produces varicose veins and varicose ulcers and is often needed for these as well as bone fistula, dental fistula, Lachrymal fistula, bone pains and syphilitic ulcers and for these things, it closely resembles Silicea which is complementary to Fluoric Acid. Its modality in respect of aggravation from heat and amelioration from cold should be remembered.

Potencies—200.

Gelsemium

It is used in acute troubles, the general aspect of the patient being one of dullness, drowsiness and

dizziness. The muscular system is relaxed and the legs, the hands and the tongue tremble—the eye-lids may droop and the fingers are not under control.

The above picture having furnished you with the basis of this medicine, you may often have to use it in (1) Nervous chills and first stages of Influenza and remittent fevers, particularly of children and first stage of slowly developing Typhoid with the characteristics of three “d”s (dull, dizzy, drowsy) with absence of thirst. (2) Headache with muscular soreness about the neck with desire to have the head raised on the pillow. (3) Double vision from paralysis of the muscles of the eye. (4) Paralysis that begins with fever; weak, slow pulse of old age; (5) Great coldness running up the back and the spinal chord usually found in some cases of fever and also in brain-complaints. (6) In brain complaints, in congestion to brains and congestion to other organs such as uterous, ovaries etc.—there are stupified mind, head hot, extremities cold, great heaviness of limbs etc.—but the congestion or inflammation is not half so violent or dynamic as in *Belledona*.

Notes—Often 200th. potencies and that also twice or thrice for one day. Sometimes lower. In fever, it is not as profound and foul-smelling as *Baptisia* nor as excited as

Aconite and Bell. For drooping eye-lids, compare with Alumina (paralytic constipation), Rhust T. (rheumatic, wet exposure), Sepia (with uterine complaints) Cansticum (rheumatic constitution); Gels—very good for nervous chill. Gels chill—up and down the back: chills in lumbar region—Eup Purp, Nat Mur. Chill between scapulae—Capsicum and Sepia.

Glonoinum

In sun-stroke or heat-stroke or allied conditions when the blood surges up to the head and the heart and a sense of intense glowing sensation is felt (may be in the head, chest or stomach), the face becomes red, pulse accelerated—rising and falling rapidly—this is the remedy to be thought of in preference to any other. Recently I used this medicine—once in a case of heat-stroke and once in apoplexy—both in 6th. potency—4 or 5 doses one dose every 2½ hours.

A case of head-ache in places of menses was cured by me with Glonoine 200—1 dose every half hour; four such doses on the first, second and third day. There was bursting sensation throbbing and redness. Comp—Glonoine is more severe than Bell; secondly Glonoine wants uncovering and open air, Bell wants to keep the head covered. Bell cannot bend the head forward, Glonoine feels better by bending head forward.

Graphites

It is a deep acting remedy, suitably applicable to flabby fat people or people who were

once fat but have now emaciated. It is essentially a chilly medicine—though the person desires open air. Its action upon the skin has often been its guiding symptom. Its chief clinical uses are:—(1) Eruption on the skin, oozing out a thick, honey-like fluid (2) Eyes inflamed with pustules; Moist sore patches behind the ears, mouth cracked in corners; anus fissured with itching and eruptions. (3) Nails—deformed and crumbling (4) Induration and burning in the base of ulcers, inflamed tissues and old cicatrices (5) Discharges offensive and excoriating—in ulcers and Leucorrhoea (6) Constipation—hard, knotty stools mixed up with mucous—causing fissures and soreness in the anus (7) Diarrhoea—brown watery stools with intolerably bad smell. (7) Recurrent herpes, especially about anus and genitals.

Two peculiar symptoms are:—(1) Sensation of cobweb on forehead—wants to brush it off (2) Hears better when in a noise.

In chronic fevers, it has been recommended provided the patient is chilly through all stages, begins with violent chill, extreme heat during hot stage—and the sweat is offensive, sometimes stains the linen. On these symptoms, I cured a patient who was suspected to be running into Pthisis.

Notes—Potencies 30, 200. 1 M, 10 M. Pain in the stomach is relieved after eating. Many cases of eczema and herpes with glutinous moisture and in many ailments—particularly Leucorrhoea, and offensive loose stool of chronic character in which there is a history of eczema of the above description, Graphitis has been used in 200 and higher potencies.

Guaiacum

A very deep acting remedy—generally believed to be highly beneficial in rheumatic, gouty and pthysical conditions. The rheumatic and gouty pains are aggravated from application of heat (Puls, Led, Lac Can) and increased by motion or exertion. Hot hands, night sweats, copious perspiration—hectic fever attended with thick fetid cough are modified by this medicine and hence has similarity with Tuberculinum. Aversion to food and drink and morning diarrhoea like Sulph.

Rheumatism of joints, often with stiffness, shooting pains in legs from feet to knees and paralytic weakness of lower limbs with shortening of hamstrings—aggravated from motion and heat.

Potencies—200 and 1 M.

Hamemalis

Veins full, enlarged and sore to touch—with venous haemorrhages—(generally of dark colour)—indicate this medicine. The soreness and the colour of blood have sometimes led me to

use Hamamelis in piles, bleeding from nose, bowels, bladder and sometimes in inflammations of the spermatic veins and orchitis.

Potencies—1, 2X6.

Hepar Sulph

Extremely sensitive to touch, pain, cold air, feeling as it were that the touch or the air was piercing through the body. The mind also becomes almost equally sensitive and irritated. On the foundation of this general aspect, you will mark its general tendency towards suppuration. The general practice for treating all abscesses with Belledona at the first stage, Merc Sol at the intermediate stage and with Hep Sulp at the finishing stage to help suppuration and bursting out is right only in cases where symptoms justify their use; but in many cases, it has been found to be absolutely wrong—bringing discredit to Homeopathy and suffering to the patient. I will cite two cases here to bring out the point :—

1. A hospital assistant—attached to some hospital near about Dhanbad was in a very wretched condition when he was brought to me—his trouble having originated from a whitlow for which there had been several operations and no end of antiseptic drugging and applications. The whole palm was perforated through and through in several places and thick bland pus was coming out—the patient

himself suspecting that the bones were affected and fearing that amputation might have to be resorted to. When his anti-septic bandages were opened rather thrown off on my advice, the patient felt some relief from the cool air blowing upon the affected part; on applying pressure, I found there was no marked sensitiveness to it. I simply wondered how one could think of Hepar Sulph which the gentleman used for three or four days just before his coming to me. Hepar Sulph to drain out the pus was thoroughly misconceived. It needed no keen judgment on my part to prescribe Calc Sulph—three doses of which I gave in the 200th. potency—one dose to be taken every one hour. The gentleman saw me on the fourth day as advised and satisfactory is the least word that could have been said about the result of this medicine. After about a week from then the gentleman came and I found that the portion round about the original incision was inflamed and there was intense burning which was partly relieved by dipping the finger in *cold* water (just opposite of Ars.) The gentleman suspected it to be gangrene and one dose Secale Cor removed his fears and the “gangrene” as well. Sometime after, for his lingering weakness, he had to be given a few doses of China 30.

2. A poor Brahmin lady—aged about 30—15th day of her illness—treated so long with Allopathic medicines for Typhoid with Pnenmonia. Found her in very prostrated condition, semi-conscious stage, unable or rather unwilling to speak or to move, abdomen bloated—temperature rising towards evening. Gave two doses of 'ycopodium 30 one of which I gave in the afternoon when I saw her and asked the other dose to be given the next morning. When I saw her the next afternoon, the patient spoke to me in a whispering tone and showed me some swelling on the right side of her back, for which she had been lying all those 14 or 15 days on her left side and had bed-sores. She asked some one to keep the door closed as she could not tolerate the air which was moderately cold and would not allow that portion to be touched. I thought of giving Hepar Sulphur but I was afraid, if it would cause bursting, we did not know what consequence might follow. But all the symptoms—including the temper of the patient suggested Hep. Sulph and I thought I should be untrue to my science, if I ignored its direction. So Hepar Sulph 30—two doses I gave—to be taken every three hours. The next day at about 12, the husband of the patient came running to me with the information that she was vomitting

“bucketfuls” of pus and requested me to give some medicine, so that she might not collapse. When she had the vitality to respond to my medicine so quickly, she would survive this drainage as well—so I thought and advised the gentleman to give to the patient—warm milk—three or four times—each time about 2 ounces of it. For the pus, I was afraid there might be septic fever for which I might have to use Pyrogen or Arsenica or Arnica or Lycopodium—but no, I had to use none. Only for lingering cough and weakness, I had to give to her Kali Carb 200 one dose being followed up by one dose of Carbo Veg 200. You may ask if by Kali Carb, Carbo Veg, I helped warding off Pthisis.

The above two cases should serve as a pointer to—as well as a warning against, the use of Hep. Sulphur. But I must as well say that in many cases of abscess, near about the suppurative stage I had to use Hep. Sulph which in some cases helped absorption, in some cases helped bursting out.

In catarrh of the nose, ears, throat, larynx and chest—it is sometimes needed; but in all cases there is pain with sensation as being full of splinters and aggravation from cold. The throat pains are acute, sensitive to touch—the hoarseness

aggravated in the morning and evening; slight exposure causes the cough. In cough of croup nature or paroxysmal cough--it is sometimes needed to complete the action of Aconite and Spongia.

It has been useful in chilly patients with gleety discharges of long standing. Likewise it is useful in Leucorrhœa where the flow is profuse and the odour is extremely offensive.

There is a tendency to enlargement of glands--the glands get enlarged and hardened.

But in all cases the fundamental aspect--aggravation from exposure to cold air, from touch or pressure, painfulness--the sensation of being full of sharp sticks--must be the decisive factor.

To counteract the effects of mercurialisation and prolonged use of Potash Iodide--it is often needed (Allopaths very extensively use Calomel which is a mercury preparation for constipation, vomiting etc. etc. Potash Iodide is used by them in Rheumatism, Paralysis etc. and it often forms an important ingredient in the so-called Blood-purifiers and Sarsas that are sold in the market.

It is anti-syphilitic and anti-sycotic medicine. In mercurialised syphilitic patients, the nasal bone and the osseous portion of the roof of the mouth are eaten away and in cases of sycotic origin

warts and excrescences form, which Hepar will cure or modify. For the anti-syphilitic condition it is related to Kali Bi, Lach, Merc S, Merc Cor and Nitric Acid (sometimes Aurum and Kali Iod); and for anti-sycotic symptoms, it is related to Thuja, Nitric Acid, Sepia, Arg Nit etc.

If it helps ulcers bursting out, how can you prescribe it in advanced stages of Pthisis? It is often indicated in Croup, tonsillities, tonsillities with defective hearing, all respiratory complanits when discharges are of purulent character (but in consumption, it must be in low potencies say 6 or 30), eye diseases and glandular diseases at the stage of suppuration. The cough of H. S. and Phos are not as dry as in Bry nor as loose as in Ant T and Puls etc.

Notes :—Potencies 6, 30, 200, 1 M, 10 M.

Aggravation and causation :—Cold dry wind, abuse of Mercury, suppressed eruptions, drinking cold things flowing air and pressure.

Warmth—Warmth and damp wet weather.

Helleborus Niger

We had several occasions to use it in advanced stages of inflammatory diseases of the brain, such as Meningitis.

Rolling of the head, great stupor, great thirst for water, mind not functioning at all, eyes lustre-

less and partly open, staring and semi-idiotic condition of the mind, tongue dry. urine very scanty or suppressed, one side paralysed, the other moving; for such a desperate condition, Helleborus is needed. It has also a sharp scream and hence may be confused with Apis, but Apis being very hot and active, there should be no difficulty in differentiating. The only medicine which has a great similarity with Helleborus in the matter of brain-affection is Zincum and the line of demarcation between the two is rather thin. Zincum comes in when symptoms look more grave and the patient lies as if dead. At the onset, for the flushed face, rolling of the head and throbbing carotids, you should give Belledona. If it starts in a more mild form and if the patient wants quiet and does not like to be disturbed, you may have to give Bryonia and if it starts with chill, pain in the back of neck and develops into congestion of the brain with cold extremities, you may have to give Gelsimium. But Bell, Bry and Gels are medicines suited to the first stage and applied at that stage, they may abort the disease. Hyos does not come into this line as it grows delirious with symptoms of nervousness and excitement rather than congestion and stupor. When in the brain trouble as described above, Bell etc. could not meet the situation, and symptoms became

grave, Helleborus and Zincum were to be thought of.

Though often needed for acute cases, Helleborus has a chronic aspect as well. The mind is inactive and the patient looks and stares and seems as if trying to understand and trying to answer, but the fact is that he is unable to concentrate and think. Such a case of "insanity" of several years' standing was cured by one dose of Helleborus 1 M, followed by another dose of the same in 10 M potency.

Aggravation :—Generally 4 to 8 P.M.

Hydrastis Canadeusis.

On the recommendation of the eclectics, I used—often with good results—this medicine in mother tincture and low dilution forms in malignant and indolent ulcers, gonorrhoea, Leucorrhoea and uterine cancers; and ulceration of mouth, gums, tongue etc.

Empty, faint feeling in stomach with loathing of food; and obstinate constipation with no desire for stool—has been its guiding symptoms in bowel complaints, liver troubles, piles and obstinate constipation. Sometimes used in ulcerations and ulcerative eruptions which are aggravated by warmth and washing.

Notes:—From tincture to 30th potency. For stomach complaints, generally lower delutions are used.

Hyoscyamus.

Many cases of Pneumonia and many cases of Typhoid run into a stage that requires Hyoscyamus. When brain troubles set in in these fevers or in other fevers with toxic condition and unconsciousness supervenes and there is trembling and jerking of the muscles—Hyoscyamus is needed. Convulsion, jerking, delirium of a muttering type are the symptoms of Hyoscyamus. Hyoscyamus is not so hot and violent as Belledona or Stramonium; in comparison with these very active and dynamic medicines—Hyoscyamus is a passive medicine and its delirium grows increasingly passive and ultimately passes into stupor. He may remain in that stupor condition for a long time.

But along with that mental condition, there is twitching of the muscles and trembling of hands and fingers which the patient, in his delirious or insane condition, spreads out to catch things which he sees by way of hallucinations.

The mouth is very dry—the tongue is cracked and bleeding and there are sordes on the teeth.

The *Hyoscyamus* stool is watery, offensive and sometimes bloody.

The urine remains in the bladder with no desire for urine.

Its cough is dry, harassing, of spasmodic character, worse lying down.

Notes:—Potencies 30, more often 200 and sometimes higher.

Hypericum.

For developments arising out of injured nerves originating from nails splinters, pins, animal bites or from severe concussions of the spine and brain—*Hypericum* is particularly suited. So *Hypericum* is related to *Ledum* to some extent.

When the muscles, bones and blood vessels are involved in an injury, *Arnica*, *Rhus Tox* and *Calcarea* are needed. For the sore-bruised feeling in the muscles and blood-vessels, *Arnica* is needed. *Rhus Tox* is for the tendons and ligaments, decision is to be made upon modalities. *Calcarea* is used to remove the weakness lingering after *Arnica* and *Rhus Tox*(Esp. of bones).

But in *Hypericum* the pain is all along the nerves. A nail pricks your fingers or palms or soles—*Ledum* may abort any untoward develop-

ment—But if inflammation has already set in, with pains shooting up or something like lock-jaw or tetanus seems impending—Hypericum is the remedy.

If an old scar coming in contact with some hard thing gets inflamed and severe pains along the nerves are felt, Hypericum is the remedy. It is especially indicated in injuries on the spine.

Notes :—Potencies 200 and higher.

Iris Vers.

It is very markedly associated with acidity and also, almost to the same extent, with biliousness, causing watery diarrhoea and more often with acid vomiting—there being a burning sensation in the stomach and from the stomach right up to the throat. The burning sensation is very prominent and the secretion from the mouth looks like ropy mucous. There may be headache as well, attended with acidity. Attacks of diarrhoea of this type generally commence at about 2 A. M.

Notes :—Potencies 3, 6 or 30.

Ignatia.

Patients basically sad, moody and tearful but at times swinging back to the other extremes of glee and merriment, prone to attacks of hysteria

and hysterical affections, represent the picture of Ignatia. "Sighs much and looks sad"—has led me to prescribe this medicine in many diseases—hysteria, convulsions, pains and even in malaria. In pains, Ignatia is almost as sensitive as Aconite, Chamomilla and Coffea.

Affections arising out of fear, vexation or punishment such as sleeplessness, convulsion, fits and general nervousness are often met with by this medicine.

Ignatia is said to be a medicine of contradictions :—(1) In Malaria, thirst only during the period of chill, and none at the hot stage. (2) The inflamed part which is red and hot gets relief when pressed. (3) The cough is aggravated by coughing. (4) Sore throat relieved by swelling something hard; and so on.

Cannot tolerate tobacco in any form—snuff, smoke etc. So Ignatia patients are affected by the use of tobacco, as Pulsatilla and China patients are adversely affected by the use of tea and Thuja and Lyco patients are affected by the use of onion.

Natrum Mur which is more choronic, comes in generally as its complement. Due to least excitement, the Ignatia patient loses her balance

of mind—at times she is silent and at times, she talks aloud. Natrum Mur patient, too, is highly emotional, her nervous system is in a state of fret and irritation—both aggravated, in the cases of females, at the time of menstruation; but Natrum Mur is rather a constitutional remedy.

Notes :—Potencies 30, generally 200 and 1M.

Aggr.—Tobacco, strong drinks, menstrual periods, excitement.

Amel :—Hard pressure, Heat etc.

Iodine

Warm-blooded, wasting, wanting food always— with tendency towards affections of gland or of running into Pthisical conditions—that is the general picture of a typical Iodine patient. About ten years ago, I was called to see a one-year child who, at the time of my visit, was lying on the stomach on the floor and was crying for something to eat. The child would, as I was told, keep quiet as long as he would be eating something. Ofcourse I was not called in for this abnormal hunger which the guardians mentioned only as a passing remark. But to me as a Homeopath it was a very important symptom, especially important as it was a general symptom relating to the whole patient (and not a local symptom relating to any particular organ.) The child looked like a skeleton.

dried and withered up and was passing slimy stool for several months. On asking why the child was lying on the floor, I came to know that it felt relief in cool places. Thus warm-blooded, emaciated and always hankering after food, the child presented a true picture of Iodine and one dose of Iodine 200—followed up by another dose on the 17th. or 18th. day changed that puny dried up creature into a blooming healthy child in course of two months. The child, as I was told, was given lots of Allopathic medicines—(various kinds of Calcium preparations etc. with lots of vitamin foods) which did no good. But the pity of it is that when the child was made over to a Homeopathic doctor who was a reputed Allopath sometime back, he fed it with dramfuls of Calc Phos 6X with a view to curing it of its ricketty condition. Was it not abusing Homeopathy to give Calc Phos to such a warm-blooded child that was crying for food, and to a Homeopath's ear, for one dose of Iodine ?

Now I prescribed Iodine to meet the total constitutional aspect of the child and having held in mind the constitutional state of the medicine, you may as well apply it for some other defects :—

(1) Dwindling of mammary glands and tumours in various places—Esp. uterus and ovaries.

(2) Chronic diarrhoea, particularly of children with aggravation in morning.

(3) Enlargement of heart, liver, thyroid glands and protruded eyes.

(4) Scrofulous affections of the eyes with ulceration.

(5) Distressing cough of a suffocating and croupy nature.

(6) Ulceration with bloody crusts in the nose and throat, mouth, tonsils affected.

Ps.—You have read about Arsenic and Calcareo as medicines with wide range of action. Now it is for you to understand and imagine what sorts of medicines their combinations with Iodine would make.

Notes—Potencies 6, 30 and 300.

Comparison—Like Iodine, Puls also has a sensation of heat but Iodine is associated with emaciation and Puls is rather fat. Puls has loss of appetitic and Iodine suffers from hunger. Even in diarrhoea with enlarged mesenteric glands, or enlarged liver and spleen, there is this hunger

Ipecac

Ipecac is not a constitutional remedy but it has a very wide sphere of action in acute diseases. You will daily meet with cases of cough of spasmodic and convulsive character, for which

Ipecac will be needed. Many cases attended with a tendency to vomit will come to you in which you can give relief with a few doses Ipecac 6 or 30 at the interval of, say, three hours or the violence may need repetition of the medicine at shorter intervals.

All complaints of Ipecac such as pain in the stomach or wheezing cough—is attended with nausea—Nausea may be said to be an absolute symptom of Ipecac. Ipecac is as a rule thirstless and its tongue is comparatively clean. In cases of mild bronchitis, the tendency of nausea is sometimes partly subdued. So with the wheezing sound, there is only sensation of heaviness which is just one step short of nausea. Its stools are generally fermented or grassy green mixed with mucous of slimy and of dysenteric character mixed with more or less of blood.

It is useful in haemorrhage—blood coming out from kidneys, bowels, stomach, lungs and nose, but even in this, my guiding symptom has been the persistent nausea mentioned above.

It is sometimes needed in repeated doses to palliate old incurable cases of Asthma.

Intermittent fever with gastric symptoms—short chill, long fever, no thirst during chill, but

heat stage usually with thirst, severe headache, nausea, indicate its use. Abuse of quinine or irregular cases, attended with nausea may call for it. In "dumb Malaria", giving out no particular symptom, except subdued nausea and in eruptive fever, Specaca, after checking In eruptive fevers Ipecac after checking nausea or vomit, helps bringing out the eruptions.

In convulsions, spasms, and rigidity of the body—it may be needed.

Except when mechanical means are needed for mechanical injuries, Aconite Bell, Ipecac. China, Secale, Sabina, Phosphorus etc. will stop the haemorrhage.

Ipecac, (bright red, with heavy breathing or nausea).

Phosphorus (hot head with great thirst for cold water) Secale (patient rather lean, haemorrhage not active, but rather oozing dark liquid blood—patient not liking any cover.

Aconite—(Restless, overwhelming fear of death, blood very red.

China—generally after Ipecac, when due to haemorrhage the patient has grown, anaemic; or along with haemorrhage there is extreme weakness with ringing in ears. The parts are painful to slight pressure but hard pressure relieves.

Sabina—Patient hot, haemorrhage in gushes.

Ferrum—Face reddish, blood partly fluid partly solid.

Nitric Acid—Blood red, patient chilly etc.

Crotalus, Lachesis, Sulphuric Acid—Blood blackish & fluid.

Notes :—Potencies 30 and 200.

Kali Medicines

Before mentioning the particular symptoms of any medicine of Kali group, I should like to give a hint as to how the Potassium preparations generally act (Kali bring the Latin name for Potassium). The Kali patients are generally inclined to fatness, suffering from catarrhal, syphilitic, or psoric affections with erosions and ulcerations in nose, throat, lungs, stomach or any mucous membrane; and for these, the Kali medicines especially Kali Bichrom and Kali Carb, are very often needed. Aggravation time about 3 A M.

i Kali Bichrom

(a) Ropy. Mucous discharges of a tough stringy and adherent nature, from any mucous membrane such as from mouth, throat bronchi, vagina and uterus—have led me to use this medicine in hundreds of cases.

(b) Round, deep ulcers looking red and punched out as it were, very strongly indicate Kali Bichrom which I have used in thousands of cases, ordinary and malignant, so far so that my assis-

tants might think of my using it in a routine manner, though they have sometimes found me using Arsenic, Hep Sulph etc. when indicated in similar ulcers.

(c) In pains—generally of a severe nature—which are confined to a small spot that can be covered with the thumb. Headaches are generally associated with catarrh of nose and are relieved from pressure and warmth—warm application and warm drink, and are aggravated from motion.

(d) Obstinate nausea or pain in the stomach—suddenly coming soon after eating or while eating; Ulcer of the stomach, nausea of drunkards, stomach very tender to touch.

(e) Throat—high degree of ulceration with ropy mucous. So for Diptheria, too, it is very often needed. Some people consider it absolutely necessary for Diptheria in which the nose and the larynx are involved.

Membraneous croup: I had several occasions to use it in syphilitic sore-throat.

(f) Pain in the liver—pain aggravated from motion—the stool being clay-coloured.

(g) It has both diarrhoea and dysentery in alternation with rheumatism—rheumatic symptoms appear in the cold and digestive disorder in the summer season.

(b) Dull ache in the back associated with kidney trouble or rheumatism.

Notes—Potencies 30 and 200.

Agg.—Hot weather etc.

I have found it indicated in Asthma, Bronchitis, Dyspepsia, Gastric Ulcer, Nose affection etc..

Amel—Skin affection in winter.

ii Kali Carb

Irritable to the highest degree and full of imaginary fears, the Kali Carb patient is never at peace. He is extremely sensitive to atmospheric changes, cannot tolerate heat and is definitely worse in dampness and cold. The nerves are extremely painful when exposed to cold draughts. The pains which fly round from one place to another are of stitching and burning character. 3 to 5 A. M is the usual time of its aggravation. With its tendency to get bloated in the eyes, especially upper-eyelids—there are backache, easy sweating and very great weakness.

The above description gives you fairly the general aspect of the medicine, which you are to hold in memory whether you prescribe it for chest trouble, liver troubles, dyspepsia, heamorrhoids, cardiac troubles and troubles relating to kidney, bladder, urethra, genitals or anything else.

If a percentage is taken of the complaints for which I have used Kali Carb, I think over fifty percent would relate to chest troubles—some in sub-acute and many in chronic cases and few in the invensive stage.

In Pneumonia or Pleuro pneumonia stitching pains—coming on independently of motion, is a symptom of Kali Carb. Even after the acute symptoms have disappeared and there remain some lingering traces which you may suspect to be some day leading to pthisis, Kali Carb will clear up the catarrhal state and ward off the attack. ycopodium, Sulphur and Phosphorus may be needed in similar conditions. Should I repeat that only by looking into the constitutional aspect, you can decide which medicine to give?

As to digestive troubles, excessive flatulence, soreness of the stomach muscles with a little puffiness in the face in broken down patients with pale appearance will call for Kali Carb which under similar conditions in similar patients will correct liver and kidney troubles aswell. A chronic coldness is felt in the abdomen.

Hæmorrhoidal tumors (piles) and bleeding uterine tumours that burn and bleed copiously and are extremely sensitive so that the patient cannot bear the least touch or pressure will need Kali Carb.

It has action on the heart as much as on the liver, so in dropsies due to the irregularities of these two organs, it is highly useful. In chronic Asthma when the patient cannot lie down, it is generally indicated.

To sum up:—Weak, sensitive to changes of wheather, sensitive to cold, debiliated following labour, miscarriage, anaemic, dropsical, weakness and aching in back, sensitive to touch and motion, stitching pains in chest and stinging pains in internal parts; hectic fever, internal heat and external chilliness in fever, chronic liver troubles with soreness, jaundice and dropsy, large painful haemorrhoids with extreme pain and stitches and burning, cough worse from 3 to 4 p.m. and sometimes hoarseness; toes very painful on walking, heaviness or paralytic conditions of feet; these conditions for which Kali Carb is needed, should be remembered.

Potencies—30, 200, 1 M, 10 M.

I have found it indicated in Pneumonia, suspected T.B. Dyspepsia, Lumbago, Dropsy, Tumour, Pleurisy. Painful piles, etc. etc.

Kali Iod.

I have written before that Kali preparations in general have a tendency towards catarrhal,

syphilitic and psoric affections causing erosions and ulcerations in nose, throat, eyes, lungs etc. and a tendency towards chilliness. Writing about Iodine, I have pointed out how intensely hot Iodine is and how it has a tendency toward glandular affection. Now you can, to some extent, understand what character their combination i.e. Kali Iod, is likely to have. Naturally, the Kali Iod patient gets no quarters for relief. Heat aggravates and heat relieves; cold aggravates and cold relieves. The fact is that the patient, as a whole gets relief from cool things and open air. In fact, the more he walks in the open air, the better he feels. But his local complaints such as headaches which are violent and of syphilitic origin, his eye troubles of serious type, his nose and throat troubles with thick green discharges, his gouty swellings are relieved by application of warmth.

For its strong antidotal relation against mercury and syphilis it is often needed in various complaints such as mentioned above which had had their origin in, or had been mixed up with, these two poisons.

Some details:—

(1) Glands enlarged all over; (2) Deep ulcers in the throat; (3) Green mucous discharges from

any part of the body; (3) Old gouty troubles; (4) Sciatica, better while walking in open air; (5) Old nodular manifestations all over the body; (6) Severe bone pains; (7) Advanced stage of Pneumonia, Pneumonia meningitis.

Potencies—30 & 200.

Kali Phos.

- Used on the Biochemic method in 6x potencies—sometimes with a little variation in potencies—it is often used in cases where there is apprehension of vital force collapsing, as also in cases where mind and heart are weakened, and in septic and erysipelous conditions where symptoms are grave and discharges very offensive. It is highly useful in Cholera and is very often given almost as a specific to ensure safe delivery.

Kali Sulph.

Having had two important elements—Kali and Sulphur—coming into its combination, Kali Sulph may be expected to be a deep acting and important remedy;—but for want of proving on strictly homeopathic principles, it has got rather a restricted use.

The evening aggravation of the medicine and its aggravation in a warm room and from warm coverings and amelioration in open air, make it

very similar to Pulsatilla but the two medicines part company in respect of their tempers. Pulsatilla is mild and Kali Sulph is harsh and irritated. In many females, looking otherwise like Puls, I used Kali Sulph for harsh temper.

In respiratory troubles with rattling of mucous and loose cough, in evening fevers with yellowish tongue, in rheumatism with pains wandering about and in many *forms of skin diseases* I have found it very useful.

Recently I cured two cases of Chronic Asthma—one in an old Bengali lady and another in an old Marwari gentleman who used to get their paroxysm towards the evening—with loose rattling cough with Kali Sulph 200. In the case of the Marwari gentleman, I had to follow up Kali Sulph with several doses of Kali Iod for his gouty troubles and to prevent Asthma recurring I had to proceed on anti-sycotic line with Thuja. One year back, I had to palliate his asthmatic fits with Ipecac or Arsenic (I do not definitely remember which one I used).

Potencies—6x, 200.

Kalmia Latifolia.

It is indicated in neuralgia, rheumatism and gouty complaints which progress towards involving

the heart. Rheumatic pain is felt in the region of the heart, extending down the left arm. Pulse at times becomes very slow and feeble (say 45) and pains go in a downward direction—attended with numbness of the painful parts.

Neuralgic pains—mostly on right side of the face begin at sunrise, reach maximum intensity at noon and grow less or disappear at sunset.

It is sometimes used in acute inflammatory rheumatism, gouty complaints and secondary involvement of heart.

Potencies—6, 30.

Kreosote.

It chiefly affects the mucous membranes producing very offensive and acrid discharges with greatly depressed vitality. I have used it in many cases of Leucorrhoea in which the discharges were corrosive, making the parts coming in contact, burn and itch. Eye erosions and ulcerations of the uterus and uterine parts, are attended with very offensive discharges.

Kreosote has a tendency towards haemorrhage and a Kreosote patient throbs all over.

Throat, eyes, kidneys, tumours or any other affected part bleed very easily even on the slightest pressure. Even at the close of Typhoid fever, it

is called in to check hæmorrhage. In decay of—teeth, where the gums bleed easily, I have found it highly useful. But in most of these cases the patients, particularly the child or the lady, as also the parts involved, seemed to me to be in a rotten condition.

In diarrhoea and cholera of infants and even in their urination, you will observe that the parts over which the fluids pass are red, raw and excoriated.

Due to some ulcerative condition—stomach troubles begin after eating, with burning sensation and nausea persists even after vomiting. In desperate cases, Kreosote serves as a great palliative.

For reference, I mention here some medicines which have allied symptoms. But the total aspect will decide the selection:—

Gums bleed easily:—Merc Sol, Nit Acid, Phosp, Carbo Veg, Kreosote.

Small wounds bleed easily:—Kreosote, Bovista, Crotalus, Lachesis, Phosphorus.

Offensive urine:—Acid, Nit, Calcareæ, Benzoic Acid, Acid Sulph, Kreosote.

Glands of the neck:—Baryta, Calc Carb, Heps,
Iodum, Merc Sol, Kreosote,
Tubereulinum, Prorinum.

Wetting the bed, first sleep:—Kreosote, Sepia.

Potencies:—30 & 200.

Lac Caninum.

Some twelve years back an aged lady—com-
plaining of a shooting pain in the right ovary and
equally painful throbbing on the left side of the
forehead—had her troubles immediately removed
by one dose of Lac Can 200. In fact this was the
first time that I used the medicine and subse-
quently on two or three occasions I used this
medicine with equally good results—the guiding
symptom in them all being the cross-wise and
diagonal direction of the pain. In complaints
following badly treated diphtheria and in complaints
having had their origin from some diphtheritic
attack, it produces wonderfully good results. It
is considered by some as curative and prophyl-
actic for Diphtheria.

It is a deep-acting medicine, making the
patient nervous and the skin hypersensitive. One
most important symptom is that its complaints—
neuralgia, rheumatism, headache, or whatever it—
may be—changes sides—now on the right side

and afterwards on the left and so on. The rheumatic symptoms are ameliorated by cold and cold application just like Puls and Ledum—In throat troubles with exudation of milk-like substance and great sensitiveness and in ovarian troubles ameliorated by menstrual flow (just like Lach and Zinc), it is used.

Lac Can. like Puls dries up milk of the mother.

Its action on the mind is great—The patient is full of all sorts of imagination and fears—One peculiar sensation is that he feels like flying in the air.

Potencies—200 and higher.

Lachesis

Left-sided attack, tendency towards decomposing the blood, making the surface look bluish and darkish and the parts extremely sensitive, great weakness with trembling, cannot tolerate sun rays and gets definitely worse in warm atmosphere and with warm drinks and warm applications and sometimes getting hot flushes breaking out into hot sweats, pains relieved by discharges, all symptoms definitely worse after sleep:—these general symptoms, individually and collectively, represent the character of Lachesis. It is not likely that in all cases calling for Lachesis, all symptoms

mentioned above will be present in an equally marked degree; but when one or two symptoms will be found very prominent, the stamp of the whole medicine as indicated by symptoms mentioned above, may be marked out on close observation. However each one symptom must be thoroughly grasped and remembered.

This medicine is often needed in:—(1) Complaints of throat—such as diphtheria when it becomes very sensitive etc. (2) Typhoid, Pneumonia etc, which along with other symptoms get characteristic complications in throat and possibly trembling all over—esp. the tongue which the patient cannot put out. The patient wants to have the clothes round the neck and throat loosened; (3) In ovarian pains—particularly left-sided with symptoms mentioned above; relieved by flow of blood. (4) Palpitation of heart, enlargement of viens, a prominent condition. (5) Climacteric troubles.—hot flushes, bleeding.

(6) Ful of inflammation of glands and cellular tissues—purple, mottled appearance.

(7) Liver troubles with jaundice.

(8) Nose bleeds.

(9) Abscesses and eruptions with bluish surroundings. Traumatic gangrene, malignant erysipelas, putrid sore-throat.

(10) Haemorrhage of the optic nerve and retina with impaired vision.

Notes—Potencies 30, generally 200 and sometimes higher.

Aggr.—During and after sleep, from 12 A.M. to 12 P.M. spring. Sun rays, touch, heat, abuse of mercury and acids.

Amel:—Loosening clothes, slow motion, discharges. I had to use it in apoplexy, Septic ulcers, Heart disease, Throat affection, Uterine disorder, mania, Typhoid etc.

Lanrocerasus

In diseases of the heart and lungs, I have sometimes used this medicine by way of interpolation when symptoms appeared to me to have come to a stand-still and there seem to be reaction.

Ledum

An antidote to animal poison as it is—it antidotes Apis, Lachesis, and also counteracts bad effects arising out of bee-stings, rat bites.

Though Ledum is generally known as the surgeon's remedy as Arnica, Hypericum, Rhus Tox yet, yet for ailments arising out of continued use of alcoholic drinks with haemorrhages and gouty and rheumatic swellings which are relieved with cold applications, it has been found useful—Its complaints begin in the circumference and go towards the centre i.e. from the extremities to the heart. It has a bloated condition of hands, face and feet

Ledum patients like Pulsatilla patients want to keep their feet dipped in cold water.

When a portion gets just puncture--Ledum; when as a result of the puncture, the nerves are affected—sometimes violently and with shooting pain—Hypericum; for bruises and 'bruised' sensation—Arnica; for open Laceration and Cut--Calendula; for lingering effects—Arnica which may need to be followed by Rhus Tox. and Calc. C.

Potencies—6 and 30.

Lilium Tig

Extremely irritable and nervous women suffering from uterine troubles with a dragging down sensation as if everything would be forced out—offer scope for the use of Lilium Tig.

In the matter of the dragging down sensation, it very closely resembles Sepia which is more constitutional. Unlike Sepia, Lilium is warm-blooded always desiring cool air and cold things, with a feeling of suffocation in a heated atmosphere like Apis, Iodine, Puls, Kali Iod and Lyco), and Lilium is more active and painful than Sepia.

It often has flutter in the heart and palpitation and many nervous manifestations. With uterine displacements, she may have frequent desire for stool and urination. This desire for

urination may suggest Cantharis but Cantharis has burning sensation.

It should be remembered that at the bottom of these heart, urinary and rectal symptoms, the uterine trouble is there.

Notes—Potencies 30 and 200.

Lycopodium

It is a deep acting medicine, meeting all miasms, psoric, syphilitic and sycotic and affecting soft tissues, blood vessels, bones, liver heart, joints and creating a chronic depressed state of vitality with a weakened and irritated mind, poor digestion and dirty skin.

Most complaints whether of inflammatory or catarrhal nature, affect the right side or travel from the right to the left. Even Lycopodium eruptions are apt to begin on the right side of the body or at least are worse on the right side.

A symptom upon which many prescriptions for very chronic patients have been based, is that there is a sensation of fullness in the lower abdomen with flatulence. The Lyco patient generally has a poor appetite and a few mouthfuls fill him up and in some rare cases a ravenous hunger at night is also seen. One most important point is that the eructations of Lyco are sour.

Lycy will come in, in Diabetes, Brights diseases etc. etc. when there is copious urination at night and scanty by day. There are also sandy deposits in the urine. But if the sandy deposits do not come out fully with the urine, there will be gouty deposits causing gout, or calculi will form in the kidneys. Thus for both gout and renal calculi—Lycy comes in as a curative and a preventive.

The gouty and rheumatic symptoms are relieved by warmth and motion and you may at once think of Rhus Tox but the action of Rhus Tox not being deep, in many cases the action of Rhus Tox will be superficial while Lycy will take hold of the case in its entirety.

Another important symptom—"Pain in the back, relieved by urination", has led me to prescribe it in many cases. The only other medicine which has this symptom in a marked degree is Medorrhinum. In cases of children, you will find them crying before urination which gives them relief.

In cases of Pneumonia—especially of children—which have developed towards worse inspite of well-selected medicines and the patients have come to a stage when their chests are completely filled with mucous and there is rapid and laboured

breathing and every respiratory muscle seems to be working to the limit and the *alae nasi* have a fan-like motion, Lyco comes in as a saviour.

Even when this stage is passed and the patient still coughs and expectorates much thick, yellow or greyish yellow matter with much rattling in the chest, Lyco is indispensable. Sulphur and Kali Iod may also be needed at this stage. Such cases if not properly treated may run into Pthisis for which, too, Lyco is useful. Emaciation begins in the upper portion and from there it extends downwards. Thus you will often find Lyco patients with bloated legs but shrunken faces.

Lycopodium is indicated some times in Diphtheria. It corresponds to very severe cases just as devitalised state as Lachesis. The trouble usually begins on the right side and there is amelioration from warm drinks. You might have thought of Lachesis for similar states but the symptoms are just opposite,—Lach begins on the left side and is soothed by cold drinks. May I add that with these two symptoms just opposite to Lyco, the darkish or bluish red colour of the parts and their oversensitiveness have served as a definite guide to Lachesis. Here I should as well mention that though the Lyco

patient as a whole and most of his complaints are relieved from warmth and warm drinks, but the headache and skin symptoms are worse from warmth and are relieved by cold applications

By way of recapitulation and enumeration of conditions, I think, I should mention the important characteristics of this medicine:—(1) Right-sided affections (2) Aggravation from 4 to 8 P.M. (3) Flatulence in the lower abdomen with a sensation of fullness and tightness, a few mouthfuls satisfying hunger which is generally poor (4) Rheumatic and sciatic pain relieved by warmth and motion (5) night blindness (6) Impotence (7) Liver troubles (8) Typhoid, Pneumonia (9) Neglected Pneumonia, etc etc (10) uterine and ovarian complaints—generally on the right side (11) dryness of vagina (12) Intermittents with flatulence and sour vomiting between chill and heat; and sometimes perspirations immediately following chill.

For a medicine of such wide range of action, you should understand the general tendency of the medicine and carefully remember the general symptoms.

For chronic cases, Sulphur, Calcarea and Lyco are said to be forming a trio, one following another as a natural complementary used in the

order as mentioned. So is the case with Pulsatilla, Silicea and Acid Fluor, so with Arnica, Rhus Tox and Calcerea Carb.

Notes:— Potencies 30. 200, 1M. 10M & C.M. Constitution—weak but intelligent, upper part thin, lower part bloated, predisposition to lungs and liver troubles and dyspepsia etc. Aggr—4 to 8 P.M., after eating, eating cabbage, cold food and cold drinks etc. Relief—warm drinks, erustations etc. Very often indicated in Dyspepsia, constipation, Colic Liver affection, meningitis, paralysis, Rheumatism, Sciatica and Right sided Filaria.

Magnesia Carb

Magnesia medicines in general have relation to pains of nerves—Of the three medicines of the Magnesia group (1) Mag Phos is very frequently needed for violent cramps in dysentery, cholera, colic etc as also in spasm and jerkings of the various parts of the body and all sorts of neuralgic pains. Relief from warmth, pressure and rest is the guiding symptom and emphasis is to be given to relief from warmth while in Colocynth emphasis is given to relief from pressure.

(2) Mag Carb: Though chilly and cold and wants to remain covered in all stages, particularly in all stages of fever, yet intensely wants open air; and hot food and drinks cause perspiration. Such contradiction in desires and sensations

often indicate the presence of a bad miasm, deep in the system and a tubercular background—the patient losing flesh with an unusual craving for meat. Magnesia Carb helps changing such a constitution.

In marasmatic children, with whitish, clay-like stool and in children with sour stool and sour vomit or in cases where the stool is lumpy and liquid—the lumpy portion falls at the bottom of the pot and greenish substance like the scum of a “frog pond” floats on the surface—it is often needed.

In chronic cases, the appearance is pale and waxy—the muscles are lax and tired and the nerves are painful. If ladies of this description are disturbed by changes of weather and they get cold before menstruation—Magnesia Carb will change the constitution.

Magnesia patients do not feel relieved by sleep

Potencies—Mag Phos, 3x, 6x

Mag Carb, 30, 200

(3) **Magnesia Mur:**—Chilly and sensitive to cold yet desiring open air, extremely restless—particularly restless on bed and on closing the eyes, the whole nervous system is in a state of irritation—with vertigo and sometimes enlarge-

ment of glands—this is the constitutional aspect of Magnesia Mur.

It is suited to nervous and hysterical girls and women with constitutions as described above and in (1) constitution with knotty stools like sheep dung, crumbling at the anus, (2) nervous headache which is relieved from pressure like Puls and on wrapping up the head with warm clothes like Silicea, (3) palpitation of heart which is relieved when the patient moves about (4) no power to expel the contents of the bladder, so with pressing on the abdomen, some urine is thrown out, (5) chalky stools like Magnesia Carb (6) enlargement of liver.

Potencies—30, 200

Manganum

I have great respect for this medicine though I had only a very few occasions to use it. When a pale and sickly patient gets frequent attacks of laryngitis with a feeling of soreness all over the body or when bones are insidiously and progressively getting affected,—the former threatening onset of Pthisis and the latter of necrosis this medicine judiciously used often changes the whole aspect. (I have used it in the 200th. potencies in graduated doses at intervals of ten to fifteen days).

This medicine has a tendency to chronic eruptions and small ulcers.

Medorrhinum

Made of gonorrhoeal virus, this medicine will cure all complaints arising out of suppression of the disease. In the process of its cure, the discharges, the suppression of which brought about many complaints, might reappear and this reappearance should not be interfered with.

It is especially suited to chronic forms of gout, rheumatism, nerve pains and diseases related to the spinal chord.

It has as well a very decided action in the ovarian region. Enlargement of ovaries, sterility, painful menstruation and violent itching.

Another region where it has a decided action is the testes which may get enlarged. Pain in the spermatic cords and left sciatic nerve and lumbago—from every exposure to draft.

Children of sycoitic parents—dull, dwarfish and marasmatic will thrive after a dose or two of Medo very high.

General condition:—Trembling, quivering—losing flesh—Exrteme languor as if running into Pthisis—yet wants open air; Drawing pain in back and limbs; wandering neuralgias worse in

damp and wet weather and on motion; Eyes feel as if pulled inward and sometimes double vision; impaired hearing; obstinate nasal discharge, pains in liver, albuminous urine—renal colic, loses urine in bed—nocturnal emissions, suffocation and short breath—all come within the curative influence of this medicine, provided the patient fits in with the general aspect of the medicine.

Millefolium

An anti-haemorrhagic remedy. The blood is bright red, as in Aconite, Ipecac or Sabina but there is neither pain, nor fever nor nausea.

I used this medicine in several cases of blood coming out from lungs and nose, and it is used to stop blood from any other outlet.

After a fall or mechanical injury, after abortion or delivery, in protracted menses, in suppressed menses or piles, or for any ruptured vessel and in incipient Pthisis—in which there is not much excitement in the patient and the discharge is comparatively painless, I use it in 3x and 6th. potencies with very good results. Follows well after Acon, Ferrum Phos and Arnica.

Merc Sol

Mercury having profound action on the entire organism, particularly the mucous membrane,

glandular system—chiefly salivary glands—the skin and osseous tissues—it is expected to meet various ailments of man.

Its leading characteristic is found in the mouth—the tongue looks swollen, flabby. ulcerated gums also swollen—and there is salivation. The mouth is very offensive.

The second characteristic is that he can tolerate neither heat nor cold—worse from extremes of temperature, with aggravation from warmth of bed.

The third characteristic is—Perspiration without relief: in sore-throat, bronchitis, cough, fever, rheumatism etc. if there be perspiration without relief, Merc Sol is to be thought of before all.

Other symptoms:—Bone pains, esp, where the skin is thin; Glands inflamed and swollen; Ulcers—tendency towards spreading; Syphilitic ulcers; general aggravation in night; dysentery—with blood and tenesmus, no relief from passing stool—the patient feels that he has not finished as yet; tendency toward formation of pus—abscesses, burn and sting but not relieved by warmth or cold; discharges from the abscess, gonorrhoeal discharges, and nasal and eye and ear discharges, are thick and a little greenish yellow.

It is often needed for liver with jaundiced condition and as often needed for inflammatory rheumatism and gouts.

The disease for which it is often needed and more often misused is dysentery or blood dysentery. Slimy bloody stools with much straining which is not relieved even after passing stools indicate Merc Sol.

In the invasive stage of dysentery in the hot weather, I have often needed Aconite (violence), Ipecac (nausea) and Merc Sol (characteristic straining) and in the winter Dulcamora, Ipecac and Mercurius. This statement you can only treat as a suggestion—symptoms are the only guides. Nux V. and Rhus Tox have relief after passing stool; but Merc S. and Sulph will be straining and straining.

Smarting and burning eruptions of vesicular character—discharging pus.

But I should repeat that the general aspect and characteristic must always be held in memory when you have got to prescribe this medicine:—Worse at night; aggravation from both heat and cold; aggravated from warmth of bed: foul and offensive smell; easy perspiration which does not

relieve; tongue flabby and moist, yet thirst; suppuration—the patient as a whole growing weak and emaciated.

Notes—Potencies 6, 30, 200, 1M & 10M.

Merc. Vivus is only another form of Merc Sol and some prefer using it in the Vivus form in Albuminuria and dental diseases in the 200th potencies—one dose in a week or a fortnight.

Mercurious Corrosivus

Mercurious Cor as well as the other preparations of mercury—Mercurious Cyanatus, Merc Dulcis, Merc Bin-Iodide and Merc-Proto Iodide carry with them, atleast to some extent, the general character of mercury i.e. foul odor, aggravation from warmth of bed, night aggravation, sweat without relief and flabby tongue; but these preparations along with the basic symptoms as described above, carry some specific symptoms:

Mere Cor—The symptoms are more rapid and violent than of Merc Sol which is comparatively slow. The ulcerations in the eyes or throat which are of a burning and painful character and have an angry and violent appearance will need Merc Cor in preference to Merc Sol—In dysentery, there is violence and more blood; in later stages of gonorrhoea when the discharge is greenish yellow with violent urging to stool and urination.

It has been found useful in retinitis of Bright's disease, in albuminuria, particularly in stage of pregnancy; and also the syphilitic tumours growths inside the brain—

Notes—Potencies 3, 6 and 200.

A case of syphilitic chancre in the primary stage attended with swelling and fever was cured by one dose of Merc Cor 200 in course of one week. Cases of blood dysentery in which it has been used, are many.

Mercurious Cyanatus—of great value in diphtheria when a large space is involved, the membrane looks greenish and there is great prostration.

Potencies 6 and 200.

Merc Dulcis:—Some eminent doctors used to prescribe this medicine in 3x potencies in repeated doses in cholera with a view to induce secretion of bile, and bile, it should be remembered, is a great internal antiseptic; on that basis, once or twice I used it in Bacillary dysentery in lingering stages with very good results.

Catarrhal inflammation of the Eustachian tube and middle ear and hence deafness.

Potencies—3x, 6.

Merc Proto-Iodide:—Tongue thickly coated and yellow at the base and worse during rest and in a warm room—has led to its use in sore-throats and diphtheria when the right side was affected.

Merc Bin-Iode:—The same as Proto-Iode, only it affects the left side.

Potencies—6 and 200.

Merc Sulph:—It has been recommended in hydro-thorax (dropsy of the chest) with quick and short-breathing.

In an eczema in with the patient showed combined symptoms of Mercury and Sulphur, I used this medicine in the 6th. potency with wonderful results. Under similar conditions, it has been used in cases of liver complaints.

Cinnaberis—Red Sulphide of Mercury.

Carrying with it all the basic symptoms of mercury, it meets all the after-effects of syphilis and Gonorrhoea with warts and indurated chancres. Neuralgic pains of eye-lids and iritis of Syphilitic patients and weak vision and excessive burning inside ears. Pustules on the eye lids.

It is related to Thuja. I always think of this medicine when I find a mixed symptoms of Thuja and Mercury.

Mezereum

Its action is very prominent on skin and nerves. Violent itching developing into eruption that dries up into crust, possibly with a little pus inside and then disappearing, giving rise to a fresh crop of such itching eruptions, appearing anywhere on the body—particularly on the head shows the action of Mezereum.

Now as to nerves, there may be neuralgic pains, Sciatica often associated with suppression of eczema and other skin diseases.

The skin symptoms are relieved by cold and aggravated by warm thing and the nerve symptoms are aggravated in cold and are relieved by warm applications.

Here just as a reminder, I place one case before you. A patient comes to you and shows a big patch of eczema which, as he says, disappears in the winter and comes out in summer. The eczema looks like one as described above and you give him Mezereum 200—two doses to be taken, every two hours and then you ask your patient to report after a week. It is possible that your prescription is right but even then, I would not approve your procedure if you have not taken the whole constitution of the patient into

consideration—Suppose the constitutional aspect suggests some other medicines, such as Sulph, Calcerea, Graphites, Lyco, Nat Mur, Sepia, Silicea—in that case all that your Mezereum can do, is palliation. For real cure, Mez must be followed by a medicine just fitting in with the constitution.

Skin diseases after vaccination, and bone pains—worse at night and caused by use of mercury; inflammatory redness of face with itching and scratchings. Indicated also in Rheumatism. Facial neuralgia, bone affections:

Potencies—200 and higher.

3 Moschus

Hysterical girls—most obstinate and selfish by nature—complaining of many imaginary sensations—with the sensation of a ball rising to the throat etc. Generally sensitive to cold—one cheek red and the other pale and hot (often found in hysteric subjects)—tympanitic distension of abdomen—menses too early and profuse—need Moschus. Fainting with unconsciousness.

Potencies—6. 30 and 200.

Muriatic Acid

Useful in all septic conditions of blood when the patient with a high temperature is greatly

prostrated; in typhoid fevers, the stools are fetid and involuntary when passing urine; the patient is so weak that his head slides down the pillow—and remains in an unconscious state in a state of stupor: with Phosphoric Acid, mental prostration comes first, then follows muscular prostration. But with Muriatic acid, the mind becomes involved afterwards. Pulse weak, intermittent, tongue dry.

It is useful in piles—swollen, blue and extremely sensitive to touch. Dysentery with typhoid symptoms.

Potencies 30, 200.

Naja

I have already dwelt upon two snake poisons—Crotalus and Lachesis. Naja is another. There is one thing that is common in them all, which is their action on the heart. Of these Crotalus, as has been described before, is highly septic. Lachesis though not as septic as Crotalus, is more septic than Naja and comparatively speaking, Naja is more nervous.

In common with Lachesis—its direction is from left to right, cannot tolerate any tight cover around the throat. The chest is in a stage of congestion. Inability to lie on the left side. Cannot go to sleep.

It is useful in palpitations where other symptoms are few. It is useful in cases where the heart has been damaged by acute inflammation.

Potencies 6, 30.

Natrum carb

Extremely nervous—upset at the slightest noise—trembling both internally and externally—very sad—sensitive to cold yet unable to tolerate the rays of the sun, which aggravate all complaints—the Natrum Carb patient has his body troubles aggravated in the winter and brain troubles aggravated in the Summer.

Intolerance of milk is a strong symptoms in adults and children as well—Debility caused by heat of summer, exhaustion from least effort—mental or physical acid dyspepsia, offensive leucorrhoea preceded by colic, headache in hot weather or lingering effects of sunstroke, ulcerations in the mouth with white aphthous patches, in extremely nervous children and mothers sterility in nervous women with above description—for them Natrum Carb is needed.

Potencies 30, 200.

Natrum Mur

Instead of trying to write in full details all about this medicine which has been responsible for the cure of thousands of choronic patients. I would request, my readers to thoroughly re-

member the following general symptoms—individually and collectively, so that they too with this medicine in high and higher potencies may as well cure long-standing chronic cases:—

1. Melancholy, sad and depressed; consolations aggravates.
2. Great emaciation, even while living well.
3. Anaemic with bursting headaches, esp., at menses and in fever. The skin is shiny, waxy, pale and looks as if greased; sometimes waxy and dropsical.
4. General aggravation from 10 to 11 A.M. particularly of headache which is a bursting and hammering type.
5. The nervous system is in a state of fret and irritation, aggravated from noise, music. The patient is warm-blooded, worse in the house and better in open air.

Emaciation takes place from above downward i.e. like Lyco, the lower portion looks comparatively bloated.

Like Arsenic and Psorinum, all the complaints of Natrum Mur are relieved by perspiration except headache. The headache may be relieved by wrapping it up warmly and walking in the open air. Headache due to defects in eye.

Troublesome menstruation and many complaints associated with it.

In intermittents there are chills which commence at 10-11, with congestive headache, heat and perspiration.

Thirst in all stages. In anaemic patients there is a great deal of fluttering, palpitation and even intermittent action of the heart.

The lips and corners of the mouth are dry and ulcerated. There is a feeling of numbness and tingling of tongue, lips and nose.

Abnormal craving for salt—the patient salts everything he eats.

There is slowing down of the action of the bowels—the stools being hard and lumpy. There is slowing down of the action of the bladder, so that he must wait before the urine is passed and even then there is sensation that all the urine has not been voided and there is continued urging. Cannot pass urine in presence of any.

In the female there is bearing down sensation just like Sepia—as if everything would come out.

It would be first with a view to understand this medicine more thoroughly to know its relationship with other medicines:—

- (1) Apis is hot blooded, requiring cold applications—hence related to Natrum Mur which is complementary.
- (2) Ignatia is suited to hysterical patients. Whereas Ignatia meets the occasional attacks, Natrum Mur corrects the system and hence is used as complementary to Ignatia.
- (3) Pulsatilla is equally hot blooded and of chlorotic appearance (pale)—but Pulsatilla is gentle and tearful whereas Natrum Mur is irritable and tearful.
- (4) Blisters on month (esp. in fever)—Nat Mur (hot), Rhus Tox (chilly), Hepar (chilly) Ars (chilly).
- (5) Headaches of girls (students) — Calc Phos (chilly).
- (6) Headache Nat Mur (hot) corresponding with the sun: — Spigelia (left side, severely neuralgic), Glonion (congestive, throbbing, red appearance,--acute). Sang (Right-sided, the patient feels a sensation of heat coming out, associated with cough) etc.
- (7) It is used before and after China whose appearance highly resembles that of Natrum Mur. Thuja and Sepia are used after it.

Potencies—30, 200. 1M. 10M. CM.

Natrum Phos

On Biochemic principles, it is chiefly used to counteract acidity, worms in children and in Cholera where Mag Phos is used for spasms, Kali Phos is used for prostration, Natrum Phos is used to produce urination. The Biochemic medicines are generally used in 6x potencies though at times higher and lower potencies may be used.

Homeopathically it is recommended for nervous patients—highly sensitive to noise and pain—weak memory, congestion in the head, to-wa evening, various sorts of ear and eye complaints and various other complaints — and in these cases, the guiding symptoms are—nervous constitution with acid dyspepsia or acidity and the tongue yellow at the base, sometimes the roof of the mouth looks golden yellow. For example, a lean thin child suffering from worms or acidity may, on Biochemical principles, be given Calc Phos 6x one dose in the morning and one dose of Natrum Phos 6x in the evening. If such a child be suffering from constipation, then Silicea 6x instead of Nat Phos is indicated.

Potencies—Generally 6x, 12x and 30.

Natrum Sulph

Biochemically it is known as a bilious remedy and is used in 6x and other dilutions in cases

which show excess of bile and for cases which call for absorption of excess of water in the system.

Homeopathically the above-mentioned symptoms are equally taken into consideration and has been found useful in Sycotic patients, patients who live in damp atmosphere and water-logged places and those who have suffered from Malaria and used Quinine whose bad effects this medicine counteracts and in dropsical conditions. Complaints from injuries to spine and head. Sore and congested liver—it has cured many cases of gall-stone colic and enlarged liver.

I have cured several cases of humid asthma with morning aggravation with Nat Sulph 6—two or three doses.

Several cases of morning diarrhoea, too, with excess of wind, I have cured with this medicine in 6x, 6, 200 and 1M potencies.

Nitric Acid

It is a deep-acting anti-sycotic and anti-mercuro.—syphilitic medicine—suited to patients broken down by suffering, pain and sickness, more physical than mental.

Salivated tongue, foul—smelling mouth, perspiration, bone pains night aggravations etc. being, common in both Merc Sol and Nitric Acid, it some-

times becomes very difficult to differentiate one from the other but in general aspect, Nitric Acid is more deep-acting than Merc Sol.

Some special characteristics—(1) Nitric Acid patients are more subject to diarrhoea than constipation; (2) cracks, ulcers and pustules in places where skin and mucous membranes join—such as anus, corners of lips, eyes, nostrils etc. with sticking, pricking pains as from splinters (3) chronic enlargement of liver with clay-cloured stool (4) urine smelling strong like horse's urine—a very conspicuous symptom (5) Intermittent fever with want of thirst at any stage and characteristic urine and sweat, (6) ulcers easily bleeding. Haemorrhage from bowels in Typhoid or sometimes in cases of Pthisis, from lungs or from uterus; (7) warts, condylomata—ragged, moist.

Notes:—Potencies 30, 200, 1M. 10M.

Follows—Merc, S, Hep S Thuja, Calc Carb,

Very suitable after Kali Carb.

Nux Moschata

Essentially a medicine for hysterical patients, Nux Moschata is used for complaints attended with sleepiness and dazed condition of mind which may supervene in any disease, even typhoid and intermittent—in which one more characteristic symptom

is that the tongue is as dry as leather—the tongue, as it were, for dryness clings to the roof of the mouth; just to relieve the dryness, the patient will like to hold water in the mouth but will not like to swallow it—symptoms are aggravated from cold; damp weather.

Under these general conditions, the medicine may be needed in Epilepsy, hysteria, hysterical cough, flatulent dyspepsia, suppression of menses, toothache during pregnancy.

Potencies—30, 200.

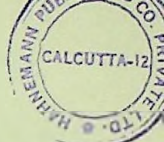
Nux Vomica

Should I say about Nux Vomica that it straightens out? Bad living and over drugging have created an abnormality in the person, which needs clearing up; or the patient holds something (some disorder) in his system which makes him inclined, to throw out in vehemence of temper, or physically to throw out stool or urine which may be give him some relief.

Mentally irritable and sensitive, he is physically chilly, dys-peptic, with ineffectual desire for stool. Perfectly alone and perfectly quiet and covered up—that is how he wants to remain.

Against this background upon which alone you can prescribe for hundreds of cases—I mention some particulars:—

- (1) Vertigo or headache, worse after eating, with nausea and sour vomiting.
- (2) First stage of coryza or ordinary catarrh with dull frontal headache and chilliness. It has been found to ward off Influenza and ordinary cold; atleast straightens out the case for speedy recovery.
- (3) Bad taste in the mouth, sour taste; tongue, of which front position may be clear, but the rest is cracked and coated; ulcers in the mouth.
- (4) Hunger with aversion to food—vomitting of sour mucus and drink; disordered stomach from over-eating; liver engorged with stitches and soreness.
- (5) Constipation with frequent and ineffectual desire for stool—Dysentery in which the stools give relief for a time.
- (6) Urine—cannot throw out all at a time, passes in drops.
- (7) Menses last too long—always irregular, black—blood with fainting spells.
- (8) Asthma with disordered stomach—aggravation in morning or after eating.
- (9) Backache with general characteristics of the medicine.



- (10) Better after a short sleep—cannot sleep after 2 A.M. or 3 A.M. .
- (11) Fever—great heat, whole body burning hot, especially face red and hot, yet the patient cannot move or uncover without feeling chilly.
- (12) Oversensitive to external impressions, noise odour, light etc.
- (13) Nausea or vomit, relieved after vomiting.
- (14) Violent labour pains with urging to pass stool or urine.

Note—Potencies:—often 30, sometimes 200 or higher

Aggr—Morning, waking at 4 A.M., after eating, cold air.

Amel—Quiet, rest, covers,

Opium

In material doses Nux Vomica strengthens the nerves and Opium soothes. Now when their actions go the wrong way, Nux Vomica instead of strengthening, irritates and Opium creates stupor and paralytic condition in place of soothing—Opium creates stupor which looks like sleep and renders the patients unconscious to pain.

The typical Opium picture is:—comatose sleep with rattling and stertorus breathing—with red and bloated face, eyes red and half open and face covered with hot sweat.

You will come across such pictures in many diseases—Typhoid, Pneumonia particularly Apoplexy etc.—

The sluggishness and painlessness are most striking and invade the whole economy—the patient does not respond to well selected remedies, he wants to remain alone and does not like to be disturbed, the intestine and the bladder do not move, so there is obstinate constipation and retention of urine—; even in the mental region, the patient cannot throw out the frightful images which gave him a shock of fear which had upset his nervous system.

There may be very high temperature—covered with hot sweat, not passing any stool or urine—yet the patient makes no complaint about pains and aches.

Sometimes there is a swinging back to other extremes:— great sensibility to sound light and faintest odours.

Notes:—Potencies 6, 30, 200 and higher

Absence of irritability, even in congestion will make differentiation easy.

Petroleum

It is a deep anti-psoric medicine and may be classed with Graphitis, Sulphur Causticum and Lycopodium.

Eczemas on scrotum scalp or anywhere in the body that come out in the winter and disappear in the summer—need Petroleum.

Diarrhoca and dysentry—particularly diarrhoca—appears in the day time. There may be pain in the stomach—of a colicky nature—which is relieved by eating.

It has vertigo which is aggravated by motion—such as riding on a car. There may be occipital headache attended with vertigo.

But even at the bottom of these complaints, the anti-psoric nature of the medicine is there.

Notes:—Potencies—200

For relief after eating. compare it with Chelidonium and Anacardium.

Phosphorous

The typical Phosphorus patient is tall, thin, narrow chested, nervous and slightly anaemic. The one general symptom that, I think, should be given the first place is that though the patient is externally chilly and wants to remain covered, he has strong craving for very cold drinks and cold things. In many serious cases I have used Phosphorus simply on the basis of this general symptom, A glass of Sarbat (cold syrup) the Phosphorus patient wants just as a cup of hot tea or milk the Lyco patient will want. The cold

liquid that the Phosphorus patient drinks, he cannot retain for long. The liquid is thrown off as soon as it gets warm in the stomach.

All his complaints are worse from cold and cold applications and better from hot applications excepting complaints of head and stomach.

Again the sensation of burning is to be found everywhere, in skin stomach, chest etc. etc.

As it has a strong action on the nervous system, the brain and the spinal chord are affected and as such, there are prostration, trembling, numbness and ultimately paralysis. He may be extremely sensitive to noise, odors, touch, light or he may be at the other extreme—loss of motion and all sensations.

On the mental side he is anxious, gloomy or sometimes with over active mind : on the nervous side, he is oversensitive with trembling etc.—and the patient as a whole wants rest. He feels much refreshed after sleep. Another important point is that the Phosphorus patient likes very much to be tubbed, to be magnetised.

Headache—violent and throbbing neck muscles stiff attended with falling of hair in chronic patients ; is better from cold application ; Eyes—various kinds of affections—even with impaired vision ; with burning and swelling all around

—particularly if caused by excess of brainwork and exposure to strong light. Ears—deafness,—burning and itching.—Nose—nose-bleed—colds with tendency to extend to the chest, coryza with sore-throat. Due to spasmodic stricture—the food swallowed comes up immediately without reaching the stomach.

Very dry, rough, raw, and with a tendency towards bleeding, and cracked—that is how I should describe the lips, the throat and mouth of of the Phosphorus patient. The face, pale and waxy, is bloated, esp, about the eyes.

The Phosphorus patient is very hungry—often wants to eat something; often has a sinking feeling in the stomach—against this general symptom—there may be at times aversion to food.

Stools—profuse, watery, coming out with force, with particles of white mucus floating or stools may be involuntary, coming out from open anus or dysenteric stools with wide-open anus and great tenesmus. There many be just the reverse state—Constipation with dry long and hard stools,

There many be various sorts of pain in the stomach with even suspicion of ulceration or cancer—but the general symptom of desire for ice—cold water is to decide the selection.

Fatty degeneration of the liver with jaundice and the kidney similarly affected, with no desire for urine or copious pale urine and albuminous urine. Against violent sexual desire—there may be absence of any desire. In females, it causes sterility and inflammatory condition of the uterine which causes excessive haemorrhage—either during menstruation or some other time—Fibroid tumours with copious haemorrhage. As regards menses, there is excess or there may be suppression in consumptive patients with bleeding from other parts of the body. During pregnancy, it is required for excessive backache or persistent vomit and bloated limbs.

In chest and heart complaints it is needed very often. Along with a sensation of tightness and heaviness, with a sensation of heat in the chest mounting up to head, blood-tinged cough—but the underlying symptom of desire for ice-cold water would make the selection easy. The lower half of the right lung is the special location for Phosphorus—Arsenic for the right upper half Natrium Sulph and Sulphur for the left. Lying on the left side causes anxiety and pain in the heart and palpitation.

Spinal affections—hot spine, coccyx sensitive to pressure—stiffness in the back.

Pre-eminently a hæmorrhagic medicine it is useful for various sorts of eruptions and ulcers, fistulous openings and ulcers—simple and malignant, which in their beginning were of a bleeding nature. Let mesum up:—

Tall thin person, nervous weak, growing too fast, sensitive nature, sensation of emptiness head, chest and stomach—vertigo, burning along the spine and everywhere else—with desire for ice-cold water, hæmorrhagic eruption and ulcers.

Note—Potencies—30, 200 and higher.

Phosphoric Acid

In Phosphoric Acid complaints, the mental side is weakened very much from the beginning and this weakness may develop into stupor, as it often does in Typhoid. The patient wants to remain all alone and has his complaints aggravated from mental and physical exertion and does not like to be talked to. He cannot tolerate cold, though he feels very uncomfortable in a warm room. Due to prolonged grief, business cares or sexual excess—he may have complaints originated or aggravated.

Such patients for their nerve pains and pains along the long bones will need Phosphoric

Acid. The pains are relieved from rest and warm applications.

One marked feature of Acid Phos is milky urine.

Thin, watery, painless stools--whitish or sometimes faintly yellowish with rumbling and gurgling indicate Phos Acid—But one peculiarity is that these stools do not debilitate the patient, rather they relieve all other symptoms, particularly chest troubles; and hence its difference from China which debilitates the patient.

A patient suffering from great weakness, not liking to move or think, passing large quantity of sugar with urine, loss of sleep and appetite with rumbling of wind in abdomen was cured by Acid Phos 200 1 dose.

Potencies. 6, 30, 200.

Phytolacca

It is chiefly a glandular remedy, often affecting the mammary glands with soreness and lumps from each cold or from any excitement. There may be inflammations of old cicatrices or spreading ulcers with high fever and aching pains all over. When the child nurses, the pain radiates all over the body. Phytolacca very high may thoroughly eradicate the tendency.

It has a strong action on the throat, The throat becomes inflamed, the tonsils and the glands round about the neck swell and then patches of diphtheric appearance form—attended with sharp pains running up into the ears.

Inclination to bite the teeth or gums together—If you ask mothers, on this point, you will very often meet with cases of children suffering from all sorts of bowel complaints, who have a tendency to bite the breasts of their mother. *Phytolacca* acts very well in such cases.

Potencies—200 and higher

Picric Acid

A complete picture of nervous break down—no desire to move, to talk or to do anything. Neurasthenia and headache from mental overwork. Burning heat in the spine from mental and physical exertion and loss of sleep—The patient feels relief from lying down and desires cold air and cold bath.

Rumbling in the abdomen with thin oily stool—urine contains sugar and albumen. Pustule-like eruptions with sensation of so many needles pricking.

Potencies 200.

Calcarea Picrata :—Itching pustules inside the middle of the ear.

Potencies—6 and 30.

Platinum

Only a few months ago a highly placed Government officer wrote to me that every night at about 9 P. M. his son looked like one dazed and possessed and seemed to be in a fit of trance and bewilderment which lasted for about an hour. I could not get any other peculiarity upon which I could prescribe any medicine—However, basing on sudden appearance of complaints (even hysterical attacks) and their sudden disappearing, I had previously prescribed Belledona in many cases, but in this cases Belledona gave, no relief. However the boy said to one of this companions that at that time all things looked very small, as if he could squeeze everything inside his fingers. This information I got in an off-hand manner and I decided to give one dose of Platinum 200 which I had never before given for similar symptoms. From the very first day of its use, the boy became quite free from that symptom and behaved quite like a normal boy.

The general symptoms are :—

- (i) Pride, over-estimation of one's self; things look small to her.
- (ii) Genitals very sensitive—excessive sexual desire, with ovarian troubles and profuse menses.

- (ii) Pains increase gradually and decrease gradually like stanum (how unlike *Belladonna*).
- (iv) Sensation of numbness.
- (v) Haemorrhagic.

Potencies—6, 30 & 200.

Plumbum

All functions are slowed down and develop towards getting paralysed—chronic constipation, chronic retention of urine and chronic weakness of the functions of brain.

There is pain along the nerves and the painful parts gradually wither.

The sensation of the abdomen being drawn in towards the spine—has led to the use of this medicine in colic, and various other chronic forms of complaints.

In cases of apoplexy, after Opium has removed the acute congestion, Plumbum is needed to meet the paralytic condition.

I cured with Plumbum 1M, 10M two desperate cases in which the patients had their eyes congested; with a feeling of pressing pain and eye-sight almost gone.

Potencies—200, 1M.

Podophyllum

Profuseness of stool which makes the patient very weak, offensive smell of the stool and aggravation in the morning, hot weather and dentition: these are the characteristics of Podophyllum stool. There is rumbling in the bowels which become very sensitive and this sensitiveness extends to the region of the liver. Prolapsus ani is as also a prominent symptom of this remedy. Sometimes constipation alternates with diarrhoea.

It has equally strong action on the ovaries, especially the right ovaries. Along with sensitiveness of the abdomen, the whole uterine region becomes sensitive and sore to touch. Along with this, there may be occasional outburst of diarrhoea.

It is a bilious remedy, with liver out of order. Chronic headaches in such cases, alternating with diarrhoea and constipation. Sometimes stools—formed or watery, are bileless. Sometimes the child rolls his head in sleep as in Apis or Belladonna; or presses his gums together as in Phytolacca.

Potencies—30, 200.

Psorinum.

Psorinum is very similar to Sulphur but while Sulphur is hot, Psorinum is chilly.

Sadness, weakness, chilliness, want of reaction, perspiration and offensiveness pervade the whole economy of a Psorinum patient.

The following aspects should be remembered collectively so as to get an impression about Psorinum:— (1) Psoric and scrofulatic miasm (2) Sad and despondent (3) Weakness-wants to lie down (4) Least exertion causes perspiration which gives some relief. (5) cannot stand cold drafts and always wants cover. (6) Dry and scaly eruptions which come out in winter and disappear in summer. (7) Headache with hunger. Eating relieves. Hungry in midnight.

(8) Itching aggravated in bed.

(9) Aggravation in cold air, sitting or walking. Lying with arms extended, gives relief.

(10) Most important point-secretions are very foul-smelling.

(11) Lingering effects after acute attacks.

(12) Even well-selected remedies fail to act.

• Potencies, 30,200, 1M, 10 M.

Ptelea Trifoliata

It is, like Carduus Marianus, chiefly a liver remedy. But white carduus Marianus has no guiding symptom and is given-sometimes with

very good results in cases of liver pain with jaundiced skin or gall-stone colic, the liver pain of Ptelea is aggravated by lying on the left side and turning to the left causes a dragging down sensation. This aggravation is very like that of Bryonia—but the other characteristics of Bryonia i.e. relief from pressure, dry tongue, etc. should be the decisive factors. Mercurious has action on the liver—but its salivated tongue and loose stool should be remembered and like Mag. Mur. another liver remedy, it is worse when lying on the left side.

Potencies—3 or 6.

Pulsatilla

Hot-blooded and rather soft-hearted; that is how I should describe the fundamental character of Pulsatilla which is needed almost for daily use. By 'hot blooded' is meant that a closed warm room oppresses and the patient will want cold and cool open air. Warm applications, warm covers and even warm bed will aggravate or will be disliked. This aggravation or amelioration will apply to the patient as a whole or to all local complaints—head, eyes, ears, colic, labour pains, Sciatica etc. etc.

Mild, gentle, despondent, tearful—through at times, prone to getting easily mortified—the

Pulsatilla patient wants nothing more than gently walking in the open, cool air.

The patient is not thirsty though at times she desires cold water or cold things because their cold touch is very grateful.

The skin feels, feverish and hot even without temperature.

It is a venous medicine (and venous medicines such as Lachesis, Carboveg etc. are generally hot) and ulcers are surrounded by varicose veins. (The fundamental cool application should not be forgotten.)

Discharges as a rule from eyes, ears, nose and chest are bland and thick though the leucorrhoeal discharge is not bland but excoriating.

It has a special relation to the pain in the ear and is possibly more often needed than Chamomilla or any other medicine, you will have to find out the difference between the fretful cry of Chamomilla and the pitiful cry of Pulsatilla.

“Metastasis of mumps to mammae or testes”-- Pulsatilla is often needed for mumps and very often the swelling shifts to the breasts in cases of women and to testes in case of males.

Jaundice with chronic liver troubles and loose bowels has been cured by this medicine.

Fat and rich foods cause troubles or aggravate them. The abdomen is bloated and there is much rumbling. The whole abdomen looks distended. This bloated appearance may be almost general and the female patient feels a sort of dragging down sensation.

As a general symptom, it may be said that Pulsatilla is a changeable remedy, pains travel from one joint to another, haemorrhages stop and flow and stop again, no two stools alike, no two chills alike and often in these details you will not be able to make out what your tearful patients want to make out.

Another very important point is that though the patient is by nature hot-blooded his pains are accompanied with chilliness and the more severe the pain, the greater the chill. These chills are all of nervous type.

Violent menstrual colic causing the patient to bend down. Want of menstruation or menstrual difficulties at the time of puberty.

Sleeplessness on account of flushes of heat. Intermitent fevers generally associated with

stomach disorder and fitting in with general symptoms of the medicine.

Note—Potencies 30, 200, 1M and higher.

Silicca is the chronic of Puls—In many cases, Puls looks Very like Sulph—but you should distinguish between sensation of heat as in Puls with sensation of heat to the extent of burning as in Sulph.

Aggr :—Evening, warm close room, rich food warm applications.

Amel :—Open air, cool air, cool room, cold things and applications

Pyrogen

I have used it in many forms of septic fevers and their lingering effects and in complaints associated with formation of pus.

Violent heat intermingled with intense chill, aching in the bones, restlessness—relieved by motion and heat.

The tongue is shining red and the pulse beatings do not correspond with temperature—these two have been my guiding symptoms in many cases Septic fever following abortion or delivery ; and very high temperature in Typhoid.

Potencies—30, 200, 1M.

Rhododendron

Very useful for pains of gouty and rheumatic nature with swelling of joints and stiffness—aggravated before and during storm and in cold and

wet weather and ameliorated from warm covering. It may be difficult to understand why this medicine should have any connection with storm and thunder; but whatever may be the explanation, it is a fact that all complaints are aggravated before and during storm and thunder.

This medicine has particular affinity for the testes—orchitis with much swelling in rheumatic patients from taking cold, with great pain in testes cord, hips—ameliorated from motion and heat.

The medicines having special affinity for testes are—Aurum, Clematis, Pulsatilla—Argentum met and Spongia. If it has been originated from syphilitic origin and mercury has been used, Aurum met may be necessary, if caused from suppressed gonorrhoea—Pulsatilla or Clematis, if of rheumatic origin—Rhododendron and for general tendency towards affection of glands—Spongia.

Potencies—30 & 200.

Rhus Tox

The complaints of this remedy originate from cold, damp weather or cold bath or exposure to cold damp air during exertion or perspiration: Even when the origin may not be traceable, the general modalities must be present:—better from warmth and motion.

The most common manifestation of Rhus Tox is pain—pains in bones, muscles, tendons, ligaments and joints, with or without fever.

Besides pain, there may be inflammations as well—inflammation of glands, mucous membranes and muscles and even abscess which are hot and painful.

There may be pustules and vesicular eruptions which are very common (even in eczema). There may be erysipelas—erysipelas with swelling and blisters all around and there may be cellulitis. Now erysipelas, cellulitis or septic fevers are all dangerous things—but Rhus Tox meets these conditions admirably, provided the qualifying conditions of restlessness and relief from warmth are there.

It is pre-eminently a rheumatic remedy with pains, swelling or stiffness and the patient, for relief, likes to move about and wants to remain covered.

Leading points:—(1) Tongue, coated inside but edges red i. e. triangular shape which is often found in fevers of enteric type. (2) Restlessness. Motion gives relief. (3) Aching and bruised feeling all over the body. (4) Influenza, and remittent and intermittent fevers—Cough before commencement of chill is as peculiar as important

a symptom (5) Thirst is sometimes violent. (6) Dysentery with bloody mucous stool-or in copious, watery, bloody stools, generally aggravated during the night and better during day. Sometimes there is haemorrhage from bowels; (7) often needed in:— Small-pox, paralysis of children; Typhoid and remittent fever generally with loose stool; lumbago and sciatica; Lachrymation and suppuration about the eyes; with general swelling; after surgical injuries or sprains; urticaria or herpetic eruptions with itching and burning.

Notes—often 30, sometimes 200, Bathing interferes with its action. Apis is inimical and Bryonia complementary, Calcarea acts well after it.

Rheum

Sour stools—even the whole child smells sour.
Potency—3 or 6.

Rumex.

(1) Tickling in the throat, causing cough, aggravated from cold, with sensation of soreness and rawness. Every breath of air causes a spasmodic cough. Covers head with bed-clothes.

(2) Morning diarrhoea—driving the patient out of bed like Sulphur, attended with tickling sensation in the throat.

Note—Potencies 6 & 30.

Aggr—Cool or cold air

Amel—Warmth and cover

Ruta

Its pains and modalities being very like those of Rhus Tox—it is generally overlooked. But it has some particular locations.—periosteal pain where the flesh is thin over the bone, over the tibia joints, and especially the wrist joints.

Complaints brought on by over-straining or over-exertion specially for a continued period. Due to over straining, eyes may be inflamed. But it should not be confused with such short acting medicines as Aconite, Belledona or Euphrasia which have simple inflammation. Eyes ache and feel hot.

Lameness after sprains of the back and especially of the wrists and ankles. Prolapse of rectum. Pressure on the bladder as if always full, even after urinating.

Potency—200

Sabadilla

An extremely chilly patient, always wanting covers and hot drinks. For such chilly patients in many of their complaints arising out of worms and in frequent attacks of coryza and in intermittent fevers in which the patients were always shivering, this medicine has been used with great benefit.

Potencies—6 & 30.

Sabina

A hot blooded anti-Sycotic medicine—very often needed for profuse bleeding from uterus at menstrual periods, during abortions or after labour. Haemorrhages are apt to occur in paroxysm, worse from motions and pains extend from back to pubes. If with this sort of pain, there is apprehension of abortion at the third month, Sabina is used.

Sabina has genty pains in joints.

Sabina is also used for wart—like excrescences and bloody leucorrhoea.

Potencies—30 & 200.

Sambucus

Dry heat when asleep and profuse sweat when awake—this is an important symptom of this medicine. As it has a drying up action, the nostrils get obstructed and the child is compelled to breathe through the nose

Potencies—3 & 6.

Sanguinaria

One susceptible to attacks of cold and bronchitis or chest troubles with burning in chest, and palms and feet burning, with hoarseness or dryness and burning in nose and throat require this medicine. The headache generally begins in the morning. It begins at the back of the head. travels upwards and settles over the right eye.

Headache followed by chills, nausea, vomiting of food or bile—must lie down or remain quiet; better after sleep. Burning in the stomach.

Drynes in throat or burning in chest in many complaints, even pneumonia. Bile, acid eructations, burning—along with these, liver complaints.

Ulceration of os uteri and corrosive leucorrhoea.

Note :—Potencies 30 and 200.

It is often required for latent Pneumonia, chronic Bronchitis, affections, with flushes of heat & sick headache.

Sarsaparilla

This medicine has many times dissolved stone in the bladder and prevents stones being formed in the bladder.

Much pain at the conclusion of passing urine and jerking sensation along the male urethra and air passing out of the urethra in case of females are its important symptoms.

Moist and itching eruptions appearing in summer and disappearing in winter.

It is an anti-mercurial and anti-syphilitic remedy and emaciated children of syphilitic parents thrive under the influence of this medicine, very high. Gouty nodes with extreme soreness. Old, dry sycotic warts.

Potencies—200.

Secale

1. Burning with relief from cold application—has led me to use it in various disease; particularly in gangrenous ulcers, whitlows. Extremities prickle, burn and tingle : cold touch gives some relief.

Though the patient is cold, he cannot tolerate covers, he wants the window open ; he wants his ulcers to be uncovered.

2. Passive haemorrhage—flowing more on the least exertion. This sort of haemorrhage is found in thin and scrawny women.
3. Convulsions of single parts. Asiatic cholera, with collapse, sensation of ants creeping over, restless, kicks the covers off. Chronic diarrhoea Cramps.
4. Violent inflammation of any part, the inflamed part is sensitive, burns like fire, violent thirst ; horribly offensive bloody discharges.
5. Delayed labour pain. Scale and China have helped forcing out placenta.

Selenium

Very weak consequent upon an attack severe disease such as Typhoid or excessive seminal discharges or without any traceable cause—the weak-

ness pervading the spine and the nervous system so that he becomes extremely irritable after emission, stammers, forgets everything, has vertigo, impotence and hoarseness of rather a paralytic type, with severe constipation and retention due to want of expelling force.

There is at the same time a morbid head and the patient has in spots burning and itching, syphilitic eruptions on the palms.

The patient has an irresistible desire for strong drinks.

Several cases of piles, constipation and other ailments attended with impotence have been cured by this medicine in the 200th potency. The patient is generally hot-blooded.

Potency—200.

Senega

This is said to be pre-eminently a chest remedy. In a violent attack of Pleurisy associated with Pneumonia where there are mixed symptoms of Bryonia and Rhus Tox'i, e. pain aggravated during rest, and cough aggravated during motion—it is found suitable.

In cough which becomes worse in cold weather and is of a violent character and aggravated from inhaling cold air; in chronic coughs with

thick, rough and ropy mucous and in such coughs of old people—it is very suitable.

I have also used it several times in case of serious eye complaints with paralytic weakness of eye-muscles, severe aching over the orbits—Iritis with spots on the cornea.

Great soreness in the walls of chest.

Sepia

Tall slim figure, sallow and yellowish tint of skin, constipativeness—Yet with a gnawing hunger, mind extremely indifferent, irritable not liking company nor tolerating opposition, a dragging down sensation as if everything inside the womb would be forced out—that represents the figure of a Sepia lady who is generally cold—cold both physically and mentally. In patients of the above description it has been very often used in chronic cases with uterine troubles—ulceration and congestion, misplacement of uterus of any kind, leucorrhoea from pelvic congestion in gonorrhoea of females and hemicrania and lots of other diseases.

Sepia is a deep acting medicine of anti-sycotic character and its use cannot be confined exclusively to females, though its direct sphere of action seems to be in the abdomen and pelvis of women.

For both sexes, it has eruptions of the character of herpes about genitals, lips and mouth ; ring worm upon the face and body ; eruptions between the fingers and upon the joints ; moist eruptions with watery fluid or crusts forming - Scaly eruptions that look like epithelioma—Infiltrations and tumours.

Cartarrhal discharges thick, yellowish and green—may be, with vesicles and pustules all around; so from the nose, the ears, the eyes; particularly so with leucorrhoea.

Mind in a stupid and indifferent condition—sometimes benumbed tendency towards apoplexy. Severe headache, gentle motion relieves, warmth aggravates. It is sometimes indicated for falling of the hair after chronic headache or at the climacteric. Liver enlarged with jaundiced skin ; disordered stomach—considerable amount of mucous with stool—diarrhoeic or dysentery. General tendency towards constipation, with no desire for stool for days together.

Worms—hemorrhoids, sore and oozing rectum ; Scanty urine or pain during urination, chronic gonorrhoea that has resisted injection ; yellowish discharges, Milky leucorrhoea.

In violent dysmenorrhœa of delicate girls; and if considerably after child-birth, menses do not reappear.

Its pains, menstrual or labour, are attended with shudder as in Pulsatilla, which though a hot medicine, pains are attended with chilliness.

There may be flushes of heat from the least exertion followed by perspiration over whole body, especially, at the climacteric period. In Lachesis, Sanguinaria, Sulphur and Tuberculinum also there is this flush of heat but in Sepia, the heat seems to be rising from the pelvic region.

It has been often indicated in disorders of pregnancy with constipation or persistent nausea, dysmenorrhœa, Hysteria, mania (recently a lady was cured with 1M—one dose every one month) Dyspepsia, Liver affections, Ringworms etc.

Notes—Complementary. Nat Mur

Inimical—Lachesis

Antidotal—Pulsatilla

Works best after—Nux, Sulph and Silicea

Potencies—200. 1M, 10M.

Silica (or Silicea)

You might have noticed masons laying out iron rods or nets on which they spread out mortars, composed of stone chips and cement to

make strong slabs. Now the function of the cement may be compared to that of Calcareo and the iron wires which serve as so many connective tissues, to that of Silicea. So where there will be want of Silica properly functioning, there will be no firmness or grit—both physical and mental—in the whole system. There will be no strength to suppurate out any ulcer or abscess, no force to expel the stool and there will be want of vital heat so that the person becomes chilly; the child will be sickly with big belly and large head with sweats on it, and the man will not have the nerve power to resist depressing influences of weather or of circumstances requiring mental strain. Silica is a constitutional remedy to meet this sort of abnormality, rather subnormality.

Now keeping this constitutional aspect in view, you may proceed to know some particular and local symptoms :— .

(1) Offensive otorrhoea—Secretion thin (2) Lachrymal fistula (3) Scrofula, rachitis and carcinoma (4) Promotes expulsion of foreign bodies. (5) Complaints caused after being overheated. (6) Complaints arising out of suppression of sweat, especially foot-sweat. (7) Chronic sick headache attended with nausea and

vomitting—sweat on head and face; wants to have the head wrapped up in warm clothes. (8) Copious muco-purulent discharge from any part of the body. If it be from the lungs, Silicea may be used in comparatively low dilution—12x, 30. (9) Glandular swelling. (10) Infantile hydrocele and hernia. (11) Tumours. (12) Bad effects of vaccination. Thuja and Antim Tart are equally good in that respect. Sometimes Merc Sol has also been found useful. (13) Constipation generally, and in females particularly during menstruation period (for diarrhoea at that time, Ammon Carb, Verat Alb and Bovista) (14) Long standing headache rising from the nape of the neck to the top of the head,—Vertigo of the same type.

While it will be needed for each one of the conditions mentioned above, prescriptions shall have to be made often on the general character of the medicine.

Aggr—Cold, during new moon, uncovering.

Amel—Warmth—yet desire for cold food.

It is said to be the chronic of Pulsatilla and acts best after Hep, Fluoric Acid, Lyco and Sepia.

Potencies—30, often 200, 1M and 10M.

7

Spigelia

- (1) Shooting, tearing pains of neuralgic character of head, and eyes; cannot even turn the eyes.

- (2) The pains in the heart are very severe—far more than in *Cactus* or *Digitalis*—with violent palpitation.

The neuralgic pains are aggravated from the least motion, even moving the eyes, from light or noise. So they are worse with the sun rising. The neuralgic pains are as a rule left-sided. The pains are so severe that they make the patient prostrate and even vomit.

Due to the heart being affected, there is an appearance of tenseness and bloatedness in the limbs.

Potencies 6, 30 & 200.

Spongia

Its action on glands, heart and larynx is most marked :—

- (1) Inveterate cases of enlarged testes, orchitis from suppressed gonorrhoea, goitre etc.
- (2) Sense of fullness in the cardiac region and in the chest, with great anxiety and fear.
- (3) Cough with sudden onset, generally commencing in the evening with cold, and may be, with high temperature—the characteristic sound is described as metallic or rather that of a saw being driven through some thick plank of wood. The

patient awakens out of sleep with a sense of suffocation, with violent loud cough and anxiety. It looks very like Aconite, so some times in such cases a dose or two of Aconite 6 is usually given before Spongia, a few doses of which very largely modify the attack. Hep. Sulph whose cough is also of a croupy nature, is needed to complete the cure.

Spermatic cord is painful with squeezing pain in the testes. A case of this character was cured with Spongia, in which Pulsatilla and Clematis did only partial good.

Potencies--6, 30 & 200.

Squilla

It attacks the mucous membrane of the lungs abdomen and kidney from which there is abundance of secretion, resulting in cough, copious colourless urine, Pneumonia or diabetes which if suppressed, causes dropsy. Cough is loose in the morning when it is aggravated and dry in the evening.

Potencies—6

Stannum

Extreme weakness and emaciation, specially if related to chronic forms of bronchitis or other

pulmonary affections, expectoration sweetly or of foul taste and thick, with sensation of emptiness in stomach and chest.

Another symptom is that its pains gradually increase and then air slowly decrease. The pains are generally of neuralgic character and are relieved by pressure. Thus in chronic cases it is sometimes given after Colocynth than which it is more deep acting.

Leucorrhoea with great debility, feeling as if the discharges were coming down from the chest—Leucorrhoea which, if not checked, might lead to chest complications. Sometimes menstrual flow is excessive.

Potency—200.

Staphisagria

- (1) Ailments from indignation, vexation—causing sleeplessness, brainfag etc.
 - (2) Ill-humoured children, always crying, with teeth decaying.
 - (3) Styes and nodosities—appearing one after another.
 - (4) Burning in the urethra when not urinating.
- Patient very sensitive, so far as mental condition is concerned.

Potency 30, 200.

Stramonium

The first- impression is of violence. Full of rage, excitement, eyes wide open and prominent, (opp. of Bell), face red and hot, mouth and throat dry, desiring light and company, fear of water and aversion to all fluids. not complaining of any pain—these symptoms combined together, will give a picture of Stramonium. Convulsions—hysterical, puerperal, convulsion, involving every muscle. Sometimes needed in Typhoid.

Potencies 30. 200.

Sulphur

As Sulphur penetrates deeply into every recess of the human body, it may be needed in all forms of disorder—acute (certain stage), sub-acute or chronic,

I should like to put *burning* as the most important of its characteristics. People have to put feet out of bed to cool them and desire cool open air for some relief.

The second point almost as frequent as the first is the *redness* of all orifices—lips, ears, nostrils, eyelids, anus etc. The parts look as if pressed full and consequently look as if congested.

(Upon this symptom, some times combined with the first, I have used Sulphur with great success in Kala-Azar, Typhoid, Pneumonia and hundreds of other cases),

After you have given medicines generally Bryonia or Kali Mur to clear up effusion of liquids, after the first stage of inflammation, which you will find in enlargement of joints, pleurisy, meningitis, peritonitis etc. Sulphur is given to clear up the stage, because it meets the underlying condition which prevents symptoms coming out or medicines doing their work properly. Sulphur itself may clear up the whole case or will prepare the field for other medicines to work more fully. Sulphur arouses or excites defective reaction.

Whether in burning or in congestion as described above when it goes toward chronicity or prolongation of disease, Sulphur is the remedy.

As there is irritation on the mental side, there is itching on the skin which becomes worse from warmth of bed.

Sulphur patient wants an even temperature. He desires cool, open air but cannot tolerate cold as much as he does not like heat.

Complaints come on periodically with aggravation, generally at 12 A.M. or 12 P.M. but diarrhoea generally comes early in the morning. The patient feels that his stool is very hot (on this symptom I have used Sulphur in many cases).

The patient at times feels hot flushes, followed by sweat. The patient feels weak and empty

sensation in the stomach at 11 A. M. The tongue is white, with tip and borders red. Having this fundamental character of Sulphur firmly imprinted on your mind, you should remember the following particulars:- (1) It is a general antidote and a great anti-psoric, (2) A venous remedy-useful in haemorrhoids, varicose vein, Filarial swellings, (3) constant heat on top of head 4) mind irritable and indolent (5) Dry, burning and smarting sensation in eyes, particularly in eye-lids (6) congestion of liver (7, Tuberculosis and tubercular hydrocephalus—the medicine should not be repeated (8) the patient himself is untidy, unclean—yet with a sense of exaggerated idea about himself, he does not care how things are going about. (9) He is over sensitive to filthy odours though filthy smell comes out of him--in his breath, sweat,--stool etc. (10) Small and large abscesses any where, even involving glands (11) corns, nodules caused by continued contact and pressure, when they burn and grow malignant (12) Emaciation of limbs with distended abdomen (when under similar conditions, the abdomen becomes hard, Calcarea Carb is needed (13) Disturbed and restless sleep (14) People working in coal may need Sulphur as people working in stones may require Calcarea and Silicea (15) a purplish colour of the inflamed parts as may be seen in measles

and Erysipelas and for which condition, Pulsatilla may be thought of.

It will not be possible to mention all particulars but if you prescribe upon the general aspect, the organs and the local symptoms will all come into order.

Potencies—30, 200 and higher.

Sulphuric Acid

I have used it in some desperate cases of hæmorrhage—some piles, some uterine hæmorrhages of chronic character with wonderful results. Some symptoms :—

(1) Echymosed spots under the skin—hence used after Arnica.

(2) Aphthous affections of mouth, with sour stomach and with marasmus in children.

(3) Flushes of heat in climacteric years.

(4) Extreme weakness with sensation of trembling.

Potencies 30, 200.

Symphytum

In material doses, it has been found to facilitate union of fractured bones and lessens the peculiar pricking pains at injured bones.

Syphillinum

Made up of the virus of syphilis, it restores order in patients suffering from lingering

after-effects of the disease, which are not controlled by Merc Sol, Acid Nit, Aurum Kali Iod etc

Aggravation in the night is a general symptom of Syphilinum inasmuch as aggravation in the day is a general symptom of Medorrhinum.

Sleeplessness, caries and curvature of bones, curvature of spine, obstinate ulcers in throat and anus, various forms of ulcers in the eyes, nodules over the head, deformed teeth, marasmus of children and gushing leucorrhœa—have been cured by me with this medicine.

Obstinate constipation, rheumatic pains, especially in the deltoid region, eruptions looking red and copper-coloured have also been cured.

Potencies—200, 1M.

Tarentula

Tarentula Cubens, Tarentula Hisp, Mygale, Aranea, Theridion etc. are spider preparations and though their use is limited, they have been found to produce wonderful results:—

1. **Tarentula Cub**—In boils, abscesses, whitlows etc. where the pain and the burning are excessive and a faint bluish colour is marked. Arsenic and Anthraxinum are generally indicated, but even in cases where these two medicines are not found suitable, Tarentula Cub has been found very useful. In cases of whitlow, I have

found *Euphorbium* producing excellent results (burning and pain).

2. **Tarentula Hisp**—A deep acting medicine—Excessive restlessness and oversensitiveness to excitement, particularly music—along with this characteristic, there is congestion of the female sexual organs, ultimately leading to hysterical conditions, neurasthenia and painful back.
4. **Mygale**—Chorea of violent character—twitching in facial muscles.
3. **Theridion**—Vertigo, on closing the eyes, with nausea or from any least noise. Every sound seems to penetrate through the whole body. Another important symptom—Pains run through the left chest to the shoulder.
5. **Coccus Cacti**—Whooping Cough with expectoration of much tough, ropy, white mucus. In a case of whooping cough whose violence was partly mollified by *Ipecac*, I was thinking of giving *Drosera* or *Carbo Veg*—but more as a matter of curiosity, I tried *Coccus C.* and the result was marvellous.
6. **Cimex (bug-bear)**—Sensation that the tendons are too short. Sometimes there is actual contraction. This condition may be found

along with fever or after injuries. I had one occasion to use it and the result was marvellous.

Tellurium

I have used it on several occasions in 6th potencies in old cases of otorrhoea with itching pustules all around.

Terebinth

In various sorts of acute urinary complaints—suppression, scanty, highly albuminous—resulting in congestion of blood in various parts, particularly in kidneys and ascites (dropsy in belly).

Potency—6, 30.

Teucrium

A sensation of tickling in the nose with polypus and worms. Has been found useful in cases where Cina failed.

Potency—6, 30.

Thuja Occidentalis

Thuja is Hahneman's chief anti-sycotic, as much as Sulphur is the chief anti-psoric and Merc. Sol, the chief anti-syphilitic. Now Psora creates only functional disturbances. It is only the other two miasms that cause structural changes. Throwing out condylomata, polypi, warts, tumours etc. come within the range of Sycosis and for these things, Thuja is the remedy.

We had many occasions to use it to counteract the bad effects of vaccination and ailments arising out of suppressed gonorrhoea.

Wherever there is the history of animal poisoning—Snake-bite, Vaccination, pox, gonorrhoea etc. Thuja is the remedy to meet ailments arising as after-effects of them.

When pain extends from back and loins to knees and feet and along sciatic nerves, Rus Tox is often indicated but Thuja and Medorhinum meet these conditions, if the disease is deep-seated. It has strong action on glands where there are tearing pains. Ovaries, particularly the left ovary, are often affected.

Pain localised in small spots and sweat upon particular area also indicate Thuja. The patient as a whole gets relief in cool open air, though pains in head and eyes are relieved from heat.

Potencies— 200, 1M, etc.

Tuberculinum

As a deep-seated anti-psoric, it is as good as Silicea, Psorinum and Sulpur, but I have found it acting a little more slowly, possibly more deeply. Wherever there is history of Tuberculosis in the family—this medicine is used to eradicate the taint from the system. One particular point is that the

patient desires something which does not suit his system—particularly cool open air. In such a patient who used to get cough every winter, I gave T.B.IM—once a month and the constitution of the patient was thoroughly changed. Emaciation though with hunger, predisposition to catch cold very often and dry hacking cough before chill are definite symptoms of Tuberculinum. I have used it several times (1M-one dose every month) in cases of insanity where there was history of consumption in the family.

Various sorts of skin diseases have been reported to have been cured by this medicine.

Potencies — 200, 1 M, C. M etc.

Veratrum Album

Profuse discharges—stool and vomit ; profuse sweat, particularly on forehead—and “profuse” coldness—these symptoms have led to the use of this medicine more than any other medicine in cholera. Cuprum is more crampy, Camphor is blue and spasmodic with coldness. Cold and dry is Camphor, cold and copious discharge is Veratrum Alb.

I have used it in Insanity, Malaria, Typhoid and even constipation. when my guiding symptom was “cold sweat on forehead” and the patients had a feeling of excessive coldness.

Chill and heat sometimes alternate. Violent rush of blood to the head with cold extremities. Violent rheumatic and neuralgic pains in the extremities aggravated from warmth of bed.

Potencies 12, 30, 200.

Zincum Met

Zincum is pre-eminently a nervous medicine and it is said that what Iron (Ferrum) is to the blood, Zincum is to the nerves.

Great weakness—sometimes to the extent of prostration—pervades the whole economy, so far so that the patient has no power to throw out eruptions or even menstrual flow; hence its applicability in persons with feeble mind, feeble memory, and in feeble children and feeble girls. You may think of Cuprum when eruptions have been suppressed but when due to lack of sufficient vital force, eruptions have not come out and more vital parts are on way to being involved, Zincum Met will come in as a saviour; the convulsion, the rolling of the head, the stupor, the unconsciousness will disappear under its use and the suppressed thing—eruptions, urine, menses etc. will come out.

Twitchings and jerking of various muscles, with trembling and incessant moving of the lower

limbs, particularly the feet—is one of its most important symptoms.

In brain-troubles say, Meningitis, we may have to start with Bell, Bry or Gels; but if such patients grow unconscious and prostrated Zincum or Helleborus may be needed. After giving one dose, you will have to wait, so that your medicine may have sufficient time to work.

Potencies—200.

Realistic Materia Medica

CHAPTER III

Repertory

This repertorial chapter need not be taken as a thorough-going repertory, as its scope has been purposely limited only to important details, such as are included in big-sized books on *Materia—Medica* and are very often met with in day-to-day practice.

By sifting out these details from the body of this book and putting them under a separate category, two distinct advantages have been sought to be achieved.. First, saving of space ; secondly not allowing details confuse the fundamental character of a medicine. Hence there can be no justification for the book being looked upon as scrappy or inadequate.

Necessarily this chapter should be read over and over again with the view of utilising it in daily practice and not merely for occasional reference, as is done in cases of other books on repertory.

It is hoped, the psychology behind the arrangement would be appreciated and any suggestion for improvement will be thankfully accepted.

Repertory

Mind

Alone, wishes to remain—N. V. (irritable),
Actea, Hell, Ign, Hyos.

Aversion to company—Ambr. Bary C C.V,
N. V.

Anxious and restless—Aco, Ars, R.T.

Disinclination towards word or diversion—
NV, chin, Sulph, Phos, Cheli, Jod.

Eyes, closing of, when talking—Sep.

Derangements — 1. Violent—Bell, Stram,
V.A. ; 2. Fearful—Acon ; 3. Terrified—Stram ;
4. Melancholy—Aurum, Ars. 5. Impulsive and
agitated—Arg N, Puls. 6. Melancholy and ap-
prehensive—Actea, Nat M. Sep, C. C ; 7.
Anac, Ign, N.V,— Phos Ac, Jod, Alum—can
I, Agar, Lach, Plat, Bapt, Staph, Coloc,
Bry, Ars.

Fearfulness—Ars, Bell, Carbo An, Caust, Phos,
Puls, V. A. etc.

Hysterical—Anac, Asaf, Con, Great, Ign, Mosch,
Nux M, Puls, Sep.

Inclined to weep—Puls, Apis, Nat M. Sep,
Caust.

- Insensibility, mental—Hyos, Phos Ac, Stram.
Memory, Weakness Anac, Kreos, Lach, Nat
M, Stram ; (2) Sudden and periodical—C.V.;
for things and names—Lyco, R. T.
- Mental relaxation, prostration—N. V. Stan,
Sulph ; C.C, Lyco, Nat M, Op, Puls, Sel etc.
Nature, restless—Cham, Ign, N. V, Sulph.
(2) Indolment Caps, Puls, Sabad, Seneg.
- Sighing—Bry. Hell, Ign, Lach, Puls, Plb,
R. T.
- Shrieking — Bell, Caust. Cham, Coff. (2) In
children—Bell, Borax, Cham, Cina, Jalap,
Rheum,
- Sorrowful thoughts at night—Caust.

HEAD

Headache :—

- Congestive, bursting, throbbing, face flushed
 - Bell (Sensitive, prefers sitting), Glonoin (not so deep as Bell, aggr. bending head backward). Melilotus (Eyes red-shot, nose-bleed). China, Nat M, Bry.
- with intolerance of light in the eyes—Apis, Ars, Sep, Bell, Caulo, Medo, Nat S, Phos, Puls, Spig.
- with cold sensation at vertex—Sep, Bry, Nat Mur; very cold—V, A.
- with hot sensation at vertex—Sulph, Glo; Hyper, Medo.
- due to heavy and fat food—Puls, Ipe, NV, Ant C.
- due to disorders of digestive and nervous system—Arg, N, N, V, Bry, Anac.
- neuralgic—Spig (left side sensitive), Sang. (right), Actea (with uterine disorder).
- sharp, nail like pains—Thuja (frontal), Ign. (hysteric, around ears), Coff., Arg Nit (feels head growing large and hence wants bandage as Psor and Sil wants for warmth.

—with partial blindness—Gels (occipital, eye-strain). Iris. V (gastric or bilious), K. B. (settles at a spot), Nat M. (hammering, 10 A. M. aggr.).

—occipital—Gels, Sang, Cocc, China etc.

(1) Caused from cold air—R. T, Puls, Camph, Caust, F. P, Nat M, Rhod.

(2) Relief from cold air—Phos, Nit Ac, Dros, Euph, Senega.

(3) Relief from cold application—Bry, Bell, Glon, Aos, Aloe.

Bends backward during epileptic fits—N. V. Feels drawn backward—NV, Ign, Cicuta, Cup, Tabacum.

Crusta Lactea—Olean, Mez, Psor, Bacillinum, Rhus Ven, Viol—Croton, Sepia.

Feels like ants creeping—R. T., Ant. C., Fer, Acid Pic.

Hairs, untimely gray—Lyco, Graph, Acid Ph, Acid S, Camph.

Hairs falling out in tufts—Sepia, Ambra; Graph, H. S, M. S, Nat M, Acid N, Petrol, Phos; after protracted suffering—C. V, Nat M. Lyco, C. C.; dry, rough, and falling—Sulph, Thuja, Medo, Psor, Acid Fluro.

Inflammation of brain, associated with eruptive fever—R. T, Bry, Apis, Stram.

Pains—bone, Arg, Aur, NitAc, Mez, K.B. Ruta.

(2) to touch—Chin. Ambr, Agar, Mez,
Bry, Sars, Puls, R.T.

Rolls head—Podo, Bell, Hell.

Periodical headache—Ars (better from cold application). N.V (acidity, bitter vomit), Bry, (dull, stupefying), Phos (roaring in head), Coff (as if nail driven) Cedron (clock-like regularity), Sulph, Sang, Iris (one sided).

VERTIGO.

1. Nervous :—Ambra (old people), Theridion (agg-closing eyes with nausea). Phos (debility).
 2. With anaemia—Chin, Ferum, K. P.
 3. With dyspepsia—N.V, Puls, Arg Nit (with mental confusion), Cocculus (with nervous weakness and spinal irritation), Bry.
 4. Old people commonly—R. T., Iod (chronic congestion), Ambra, Conium.
 5. With bluish face—Tabacum, Puls, Lach;
 6. Aggr. on rising—Bry, Nat M, Caust, Op, Ham.
 7. Relieved, cool air—Camph, Caust, Gratio.
- Head large of children**—C.C, Sil, Sulph.



MOUTH

Apthae—Borax, M.S, N.V, Sulph, Sulp.Ac. Ars.

Cancerum Oris (gangrenous ulcer)—Arg. N,
M.C, Acid S, Ant Cr.

Corners ulcerated—Acid Nit, R.T, Nat M, Psor,
M.S, H.S,—Graph, Staph. Pultules round
about—R.T., Nat M, H.S.

Dental Fistula—C. Flour, Acid Flu, Sil, C.C,
Nat M, Lyco, Staph, Aurum M. Caust.

Diphtheria—Merc Cyan, Apis, Lach, Lyco, Lac
Can, Mur Ac, Phyto, Ars, Acid Nit etc.

Dryness in mouth—Acon. Bell, Bry, C.V.,
Caust, Cham, China, Hyos, Igt, Lyco, Sulph,
Sil, V.A, Mur. Ac.

Laryngeal affection—Hoarseness—Caust, Sulph.
Phos, F.P; Acon, Bell, H.S; Spong, Dros,
Iod; Gels, Eup Perf, Baryta C, Arg N, Graph,
M. S, Plumb.

Gumboils, proneness to—Acid Nit, Ars, C.V,
K.M,—Staph.

Gum presses against gum, teeth against teeth
—Phyto, Podo.

Lips Swollen—Bell, Lyco, M. S, Nat M, R.T.

Lump, obstructing the throat, feels like—C.C,
Caust, Ign, K.C, Sep, M.S.

Taste—1. bitter—Bry, Nat S, Puls, N.V, Sulph,
M. S;

2. Acid—N. V, Lyco, Igt, Acid Sulph, Sulph, Arg N.
3. With thick cough, sweetish—Stan; Saltish-Kali Iod; foetid-Sang; extremely foul-Psor, C.V, Sep.
4. desire for Salty things-Nat M, C.C, Caust.

Tastelessness—Colch, Stram, Cor. R, Puls, Ars. etc.

Teeth crumble and decay—Acid Flu, C. Flu, C.C, Plant, Thuja.

Teeth crown decay—Syph, Staph; roots decay-Mez, Thuja.

Teeth decayed, black lines across—Staph, Arg N, Kreos, M.V.

Tonsils swollen—Particularly right-Bapt, Baryta, Merc Bin, Phyto, Rhus R.; left side-Lacn, Also painful-Apis, Bell, F. P, Lac. Can. Phyto-also Spong, Con, Iod, Lyco.

Sensation as if acid has passed over or due to use of strong drugs—N.V.

Thirst—Acon, Ars, Aurum, Bell, Bry, Chin, H. S, M. S, Nat M, Op, Plb, Spig, Stram, V. A;—Vehement-Acon, Aur, Bell, Bry, C.C, CV, Op, Plb, Sil. Stram, V.A; constant-Bell, C.C, Nat M, Ars, Sulph; with aversion to

drink—Bell, Canth, Hyos, Stram, N.V. etc.
 thirst for cold water—Ars, Bry, C.C, Dulc,
 Phos etc.

Thirstlessness—Gels, Puls, Ipec, Ant Cr, Bell,
 Ars. etc. etc; with inclination to drink—Ars,
 Nux M. Coloc.

TONGUE.

Coated with mucus, rough, red or white and too
 thick to put out—M. C. Apis, C. V. Lach.
 Sabad.

Coated, black—Ars, C. V, Chin, Lach, Lyco,
 M. S, Op, Sec, V. A.

Coated, yellow—Alocs, Aur, Mur, C.C., Caust,
 C.V. (brown) Chelid (with red margin), Chin,
 Coloc, Gels (dry, raw, paralysed, Ipec
 (smarting) Nat Phos, Plb, Psor, Puls (tough
 mucous) etc.

Coated white—Acon (dry), Anac (swollen,
 impeding speech), Ant C. (thick), Apis dry,
 inflamed), Arn (dry, bruised), Borax (dry,
 apthous), Bry (red edges, middle white), C.V.
 (sore), Caust (white on both sides), Chin
 (dirty, burning), Dig (swollen, ulcerated),
 Hell (dry, swollen pimples; sensitive or in-
 sensibility), Hydr. Ac (cold, stiff. lame), Ign
 (moist), Kali Mur, Lyco (heavy, dry), Mag M,
 Merc C, Nux M (dry, paralysed), N.V (heavy,

cracked edges), Oleander, Phos, Fodo (dry, furred), Psor (dry, scalded), Puls, R. T., Sarsa (aphthous), Sepia [root rough], Sulph [red tip and borders].

Cracked tongue—Ars, Chan, V.A, K.B, N, V, Lyco, Bell.

Dark coloured—Ars, Cham, Elaps, Lach, M.S, Pos, Sec, V.A.

Gangrene—Ars, Secale.

Paralysed—Caust, Dulc, Gels, Hyos, Nux M, N.V, Opi.

FACE

Bloated, wax-like, dropsical—Acetic Ac, Apis; China, K. C. Lyco, Ars, Nat M, Op, Plat.

Bloated about eyes—Apis, Ars, R.T. Phos, Ferr. M. S. Bluish—Ars, Cina, Samb, Camph, Acid Hydro, V. A. Lact.

Bluish red or dark—Bell, Bry Op, Puls, M.s, C,C., Dark edged eruptions over face, lips—Sulph, Sepia, Nat M, Bell, Graph.

Eruptions at corners of mouth—Ant C, Ars, Sulph.

Erysipelas or such eruptions—R.T., Apis, Canth, Graph, Carb A, Cham. Euphorb.

Flushed—Bell, Stram, Op, Gels, Bapt, Hyos.

Heat with burning sensation—Bell, Sang, Igt, N.V, Bry, Arn, Bapt.

Neuralgia (tooth, ear, face etc—due to tobacco)—
Plantago,

Roughness of skin of face—Alum, R.T. Sep, Sulph.

” ” ” every summer—Kalm.

” ” lips—M.S, Sulph, Tabac.

” ” about mouth—Anac, Ars.

” ” ” red— Sep, Sulph.

NOSE

Epistaxis—Bry, Amm C, Arn, Chin, Creos, Ip,
Bell, Dulc, Lyco, Led, M.S, R.T, Sec, Sulph,
Sep, Puls, Phos etc.

Flows in the day, dries at night, worse from
warmth—N.V.

Itching—Agar, CV, Spi; Cina, Sabad, Caust.

Inflammation—Bell, O, H. S, R. T, Sep, Sulph,
Acid Flu.

Liquid comes out through nose—Lach, Lac C,
M.C, M.S, Merc Cyan.

Polypus inside—Phos, C.C, Sang, Teucr, Thuja.

Plugs of dried mucus—K.B, Sep, Sil.

Smelling—(1) Sensitive—Bell, Cham, Colch,
Lyco, Sulph, H.S,
Sang, Graph.

(2) Acute, Agar, Bell, Coff, N.V, Phos.

(3) Wanting—Puls, Sil, Anac, Nat
K. Jod, Hyos, Op etc.

EYES

- Acute inflammation—Acon, Bell; M.S; Sulph (tardy); Apis, Puls, Euphr etc.
- Boring sensation in eyes—Puls, Spig.
- Cataract—Calc flu, Caust, Con, Phos, Sil, Nat M. etc; incipient—Puls; after contusion—Con.
- Ciliary neuralgia with iritis—Mez.
- Conjunctivities of new-born children—Arg N, Puls, Syph, Thuja, Acid Nit.
- Contracting sensation—Croton, Plb, Ruta, Euph etc.
- Congestion of blood to eyes—Plb, Senega, Bell, Aloes, Alum, Gels.
- Corneal ulcers—C.c, Hep, M.s, Ruta, Sil, Sulph; after Pox—Sil, Variol.
- Day-blindness—Con, Sulp.
- Dryness, causing uneasiness, as if sand particles are there—Bry, Caust, Hep, Puls, R. T., Prun. Asaf.
- Gonorrhoeal—Acon, Puls; Nit Ac, Merc, Thuja, Sulph.
- Granulations—Ars, C.C., Caust, Cinnab, H,S, Puls, R.T., Sep, Sulph, Th.
- Iritis—Terebinth, Thuja, Merc C, Aurum, Clem; Syphilitic, *Severe pain, red with albumin passing—Merc C.

Lachrymal fistula—Acid Flu. Puls, C.C., Petrol, Sil; pus comes out when pressed—Puls, Sil, Fluor Ac.

Lachrymation—Euphr, Ferr. Ph, Graph, Led, Lyco, M.s, Phos, R.T., Seneg, Sep, Sil, Spig, Stram, Sulph Ac, Thuj, V,A.

Lids—1. twitching—Cic, Ars, Sulph, Puls, Agar.

2. heavy—Apis, Sepia, Gels.

3. Swollen with pus—Syph, Lyco, Ferr Iod.

Ophthalmia—Acon (sudden exposure), Bell (inflammation, congestion, dry, intolerance of light), Spig (sharp pains but no congestion); R. T. (swelling, redness, tendency towards pus formation)—Puls, Arg Nit, Syph.

Red like raw meat—Arg N, Puls, R.T, Euphr, Lyco, F. Iod, M.S.

Reddish pustules—R.T., Nat M, M. S, C. C, Alumnia.

Stitch, watch repairing, caused by—Ruta, Nat M, Physos.

Syphilitic—Aur, Merc, Nit Ac. Thuja, Lyco, Phos, Phyto

Vision—(1) occasional loss—Phos, Lach (for a second); due to inflammatory conditions—Cic, Arg N; as if preliminary to fainting—Hyos, Nux M, Olean.

(2) feels as if seeing through screen—Sulp, Caust Phos, Nat M, Petrol, Puls.

(3) Dim—Phos, Bry, Lac. C, Colo, Colch, Prun.

EARS

Air passing into ears, feels like—Graph, Mez.

Dryness of ears—Graph, Acid Nit; feels so—Phos, Petrol.

Eustachian tube, Stoppage—C.C, Con, Gels, Grap, Iod, Lach, Nit Ac, Puls, Sil, Sulph.

Ear drum, pimples or near about—Tell, K.B, K.P, Hyd; affecting power of hearing—Tell.

Inside—(1) fluttering—Bell, C.C, Cham, Graph, Puls, Sil Spig.

(2) ringing—Chin, Led, Ambra, Sang, Sil, Sulph Acid.

(3) whistling—Creos, Graph, Teuc, Sil etc.

(i) Otalgia (a) Inflammatory—Bell Bor, Bry, C.C, M.S, N. V, Puls; (b) Rheumatic—Arn, Bell, Chin, Curar, H.S, K.B, M.S, N.V, Plant, Puls, Sulph, Tarent.

Polypus inside ears—Phos, C.C., Lyco, Lach, Petrol; with deafness and yellow discharge—Phos.

Pus flowing from—Carbo A, Acid Nit, Psor, Lyco.

Hearing diminished—Chin, Caust, Lyco, Graph, Hyos, Lauro, Ambra, K.B.

Scabs from ulcers near about ears—Sil, Graph, C.C, Psor, Sepia, Lyco.

Swelling of ear-bones-Puls, constitutional-CC,
Aurum, Sil.

Digestive Functions

Acid or empty eructation-Ambra, Phos, Sulph,
C.V, Bry.

Acid risings up to throat-Iris, Robinia, C. V.,
Chin, Ign, Lyco, MagC, N.V, Acid S, Sulph,
Phos.

Appetite, loss of-N.V, Ars.

Anus ulcerated-Graph, Acid Nit, Paeonia, Sep, Sil.

Burning at the time of passing stool-Sulph; after
passing stool-Sulph, Nat S, Phos-in intestine
-Acid Nit, Ars, Sab, Hydras, Ign, Ratan.

Colic of children with distended belly-Senna.

Constipation-N.V. (fitful), Alumina (dry), Bry
(dry and want of action in intestine as also
in Opium and V.A), Sulph (constitutional with
tendency towards piles), Lyco, Nat M, Graph.

Ammon M. (in crumbs), Platina, Sil, V.A, Podo
etc.

Diarrhoea-(1) Chin, V.A., Ars, Crot, Aloes, Podo,
M.S, C.C., C.P, Sulph, Phos, Phos Acid, Arg
Nit, Puls, Dulc etc.

(2) Chronic-(a) morning aggr-Sulph, Podo, Nat
S, Phos, K.B. (b) night aggr-Ars, Chin, Puls,
V.A.; painless, morning-Rumex, Sulph, Podo.

(3) diarrhoea in Typhoid, commencing with delirium—R.T. r

Faints while passing stool—Spig, Acid Oxal, Sulph;
after stool, Podo, Lyco, Phos, Tereb, V.A.

Flatulency, excessive—C.V., Chin, Lyco, N. V.,
Phos.

Fistula—Aurum M, Berb, C.C, C.P, C.K, Sil, Caust,
Acid Flu.

Fistula alternating with chest troubles— C.P, Sil,
Berb, Lach, Phos.

Feels there could be relief after vomit or stool—N.V.

Liver affections—Bry, Cheli, Lyco, M.S, Mag M,
Myrica, Podo, Carduus, Dig, N.V, Iris, Aloes,
Sulph, Phos, Ammon M, Mag M, Chianothus,
Ptelea, Berb, Hydrastis.

Piles—(1) blind but painful—Anac, Acid Nit, Hyper,
Ratan.

(2) Suppressed, causing flow of blood to chest,
palpitation—Sulph,

Stomach, sensitive to pressure—Ars, Bell, Bry, K.B.
Phos.

Stool:—(1) while passing urine— Oleander, Aloes,
Caust, Nat C; (2) unconsciously—Apis, Phos.
(3) just after drinking—Arg N. (4) Vomits
stool and urine—Opium, Bell, Plb, N.V. (5)
diarrhoea during day time only—Nat M, Petrol.

(6) Bileless, liquid whitish stool, passing unconsciously—Puls, Ant Cr, C.C., M.S, Podo: clayey stool—C.C., Cheli, Podo, Acid Ph., Acid Nit, Myrica, Lept, K.B., H.S., Berb.

(7) stool very hard can be passed with mechanical aid—Aloes, Alum, Anac, C.C., Sil, Sep, Sel, sanic.

(8) hard stool during pregnancy—Sep, Alum, Collin, Plat.

Stomach—(1) throbbing pain—Ham, Bell, Cheli, Puls, Cicuta, Asaf etc (2) upper part throbbing—Sepia, Cina, Chin, Glon, Hydras.

(3) empty sensation—Ign, Sepia, Phos, Sulph Stan, Nat M, Lac Can etc; relieved after food—Cheli, Phos etc.

RESPIRATORY SYSTEM

(A) Coryza :—

1. general—N.V, M.S., R.T., Amm. C, Ipe, Lyco. Sang, Sulph, R.T. Euphr, Mez, Puls, etc.
2. with dryness in evening—C.C., N.V, Euphr.
3. with pain in chest—Acon, Bell, Mez, Phos Ac, Sang, Sulph, Zinc.
4. with obstruction of nose, chronic—Bry, Con, Sil, Sulph ; at night—Amm. C, Lyco C.C., N.V.

(B) Throat :—

1. constant tickling, aggr, cold wind—Rumex;
with morning diarrhoea—Rumex.
2. dry cough with ticklishness in throat and
pain in chest—Sang, Sepia, Rumex, H.S.,
Phos.
3. collection of thick mucous in throat with
constant attempt to throw out—K. B.,
Phyto, Sabad, Cepa, Caust, Arg Nit, Iris,
Croton.
4. Catarrh—C.C, Camph,⁵C.V, Cham (in children
and after a cold). C.V. (after measles and
with sore throat), Coffea (with suffocative
fits), K. C, Nux M, N.V, Rhodo, Dulc.
Lyco, M. S. etc.
5. Hoarseness—Amm. C, Am. M, Baryta C, Bry,
Canth, C.V, Cham, Chin, Dig, Dros, H. S,
K. C., Lach, Lauro, Lyco, M.S, Nit Ac.
Op. Phos, Phos Ac, Plb, Puls, Rhodo, Sep
Spong, Sulph, Thuja, Zinc, etc.
6. Painfulness—Bell, Cist, Dros, H. S. Iod,
Phos, Puls, etc.
7. Plug, sensation of—spong; Ant, Bell, Dros,
K. C., Lach, Sulph.

(C) Cough & Chest :—

1. Burning sensation over chest—Phos, Ars, Sang,
Canth; burning all over—Phos, Ars, Sulph.

2. Cough thick, stringy—K. B., Hyd, Phyto, K. C, Cocas, Phos.
3. Cough (a) with diarrhoea—Sang (b) with emaciation—H. S., Iod, Lyco (c) with earache—Caps (d) Swollen face Mephitis swollen and blue—Dros, Ipec, Op., V. A ; swollen and flushed—Eup; swollen and hot—Amm C, Bell, Ipec, Sulph; swollen and pale—Chin; swollen and red—Bell, Ip, K. C., with red spots—Sang; with evening fever—Lyco, Sulph, Con, Creos, H. S, Iod; with heat and sweat—Ant T.
 - (e) in pregnancy—Con, Nux M.
 - (f) with stitches in side—Acon, Bry, Phos, Scill, K. C. (right side, lower part) Nat M (liver).
 - (g) the more irritation, the longer cough—Igt. Teucr.
4. Pain in chest—Phos, C. V.—rending, tearing—Berb, Colch, K. C., Phos, Puls, Spig, Zinc.
4. Expectoration of cough with blood—Arn, Ferr, Ipe, Ledum, Phos, Puls, Sulph, R.T; bright red blood—Bell, Dulc, Acon, Acalypha, Hyos, Sabina; due to exertion Mill, Ipec, R. T.

Sputum with blood and very foul smell
—Guaic, C. V, Lyco, Acid Nit, Creos.

Sputum:yellow—K. S., Lyco, Puls, K. B.
Stan, C.V., C.A;

Feels presence of a heavy thing in chest—N.V.,
K. B, Acthusa, Stan, Stram, lil Tig, V. A.

Feels suffocated during sleep—Lach, Lac. C,Gels,
Opium Grindelia.

Feels a needle piercing upper breast—Spig,
same feeling, slightly larger area- Bry, K. C.
Nux M, Ranan; right side—Chel, K.C, Merc.
V, Phyto.

Feels there is not enough room for lungs to
expand—Nat M., Phos, Lob.

Lungs :—right lung, upper part affected, pain-
ful—Ars, C. C.

right lung. lower part affected painful—M. S.
Cheli, K. C.

left lung, upper part affected painful—Nat S.

left lung, lower part affected painful—Sulph.,
Theri.

Paroxysms of cough :—

Occasional—Badiaga

two coughs—Puls

In quick succession—M. S., Sulph

In rapid succession—Dros., H. S., Ip., Sep., Sulp
T., Ant. Chronic cough—Iod. Lyco.

(D) Respiration :—

Breathing difficulty when lying - Ars. Kali N.
Spong. Lach, Naja, Phos, Spig.

Breathing difficulty caused by least exertion
—Ars., Phos., Nat M., Sil., Staph, Nit Ac,
Sarsa.

Obstructed respiration as if in back—C.C., Sarsa;
from constriction about abdomen—K. B.;
at night—K. C., Selen, Stan: from flatulency
C. V., Zinc., with anxiousness—Puls.

Paralysis of lungs—Ars, Bar, C. C, V, Lauro, Ant
T, Lyco, Op, Phos

Suffocative Catarrh—Ant, T, Ars, Aur, Cupr, Coff,
Graph. H.S, N.V, Puls, Samb, Sulph, V.A, etc.

Suffocative at night—Graph N V Samb Sulph

Suffocative from mucus in air passage - Camph
—Chin

URINE

Albumen, with—M.C. (with tenesmus), Phos, Plb.

Bladder, Clogging of—N.V, Bell, Camph, Gels,

Acid Nit, Plb,

Burning:—1. With tenesmus, uring to urinate—

Canth; tenesmus greater than burning—M.C;

tenesmus and burning less but with mucus—

Berb (with back pain), Pareira etc.

2. at the time of urination—Sulp, Acid Nit,

Canth, M.S, N.V, Caunab, Sat.

Diabetes—Insulin 6, Uranium Nit 3x, Phos, Acid Phos, Acetic Acid, Lactic Acid (with dyspepsia), Nat S, etc.

Drawing sensation with burning—Berb, Canth, Cannab, Tereb.

Urine:—(1) profuse with headache—Gels, Ign, Ol. Ani.

(2) turbid—Sulph, Phos, Sepia, Chaneo, Bry, Apis.

(3) mixed with blood—Tereb, Canth, M.C, Puls, Ham.

(4) Retention of—op, N. V, Stram, Camph (spasmodic).

(5) with sediments, (a) Sepia—clay coloured (b) Lyco—red, screaming; (c) Sarsa—with jerking at the close of urination; (d) Nat M, Ocimum.

(6) Involuntary—Caust, Zinc, Scilla, Nat M, F.P.

(7) close of urination, Severe pain—Sarsa, Thuja Nat M, Canth, Couium.

(8) Has to wait long before urine starts—Lyco, Sepia.

Pain—Kidney—(a) right side—N.V, Lyco etc.

(b) left side—Berb, Tab, Agar..

MALES

Gonorrhoea—Atropine (low), Cann. Sat, Gels, Acon, M.S;—Puls, Arg N, Canth, Caps; Tuja, Nat S, Sep, Sulph, AgnC.

Orchitis—Puls. Ham, Gels, Clemat, Spong; Chronic—Aurum, Rhodo etc.

Pustules on Penis—R.T., Croton, Nat M, Rush R. Spermatorrhoea—N.V, Phos Ac, Sel, Staph, Sulph, Zinc, Agn. C.C, Con, Lyco; Involuntary—Dig. Weakness with diminished sensation—Gels, Dios, Caladium etc.

Syphilis—M.S, M. Iod, Merc Bin Iod, M.C, Cinnabiros Merc D, Ars, K. Iod, K.B—H.S, Acid Nit Lyco, Aurum, Mez, C.A, Thuja, Staph, Sil, Phyto.

Testes:—(1) Sore to touch—Aurum, Phyto, Puls, Rhodo; when pain extends upward and downward—Rhodo, Iod, Bell.

(2) Swollen and hard—(1) due to suppressed discharges—Clemat, K.M., due to other cause—Con, Sil, Spong; Baryta M, C.Flu.

(3) water accumulated—Rhodo, Puls, Iod, Graph, Sil etc.

FEMALES

Blood vomit, due to suppression of menses—Puls, Ammon Mer, K.C.

- Burning sensation in Vagina—Berb, Canth, Acid Nit, Sulph.
- Cholera—like diarrhoea during menses—Amm C, V.A, Bov, Staph, Sulph.
- Discharge, black clots, thick, bad smell—Plat Cham, Croc, Sabin.
- Dryness of vagina—Bell, Lyco, Nat M; of uterus—Murex.
- Dysmenorrhoea—Actea, Aurum M. N., Caulo, Xanth, Puls, Cocc, Gels (IX), Cham—Mag P, C. P., Nat. M.
- Dropsy of ovaries—Apis, Ars, Iod, Lach, Plb, C.C. Lyco.
- Fits, frequent during labour pain with constant desire for stool and urine and better in Warm room—N, V.
- Labour—Actea, Caulo, Gels, Bell, Cham, K. C., Coffea, Puls, N. V, Sec.
- Lencorrhoea, profuse—Alum. Syph.
- Milk in breast without pregnancy—M. S, Lyco.
- Menstruation :—(1) Late and Scanty—Puls, Con, Dulc, Phos, Sulph; (2) Early and scanty—Con, Nat M, Phos, Sil.
- (3) Late and profuse—Caust and Iod.
- (4) Early and profuse—Amm C, Bell, C, C, Plat.

(5) With intense pain—Acon, Actea, Caulo, Mag, Phos, Xanthax, Puls, Sep; Sulph, Vib, Coca, Gels.

6) blood comes out in gushes—Puls, Sabina, Cham, N. V. Lach etc,

Mastitis, affected breast red, enlarged, little bluish
Phyto, Carb A, Phos. C. S, Sil; glands hard and painful.

Nodules—Phyto, Con, Lyco, Acid, Nit; Erysipelatic, swollen—R. T. Sulph.

Ovaritis—Right side—Apis, Bell, Lac Can, Lyco; left side—Thuja (with pain), Lach, Lac, C, Podo, Grap, Arg.

Pain shooting backwards while suckling—Croton; towards uterus, Puls. Sil; all over—Phyto.

Placenta, adherent—Sec, Caulo, Actea, Bell, Puls, Sabina, Sep.

Suppression of menses, insanity due to—Puls; due to excess—Sep; during—flow—Bell, Actea.

Swelling of legs during pregnancy—Puls, Bry, Lach, Nat S, R. T.

GENERALS.

Affected part, stiff and painful. Aggr, motion—Ammon Mur, Caust, Cimex, Nat C; does not tolerate heat—Guaicum.

Anger, Aggr. from—Staph, Colocy; N. V. Cham, Bry, Acon, etc,

Arthritis—Bell, Bry, Carbo An, Caust, Led, Lyco,
Puls. Sab, Rhodo, R. T. Sarsa, Spig, Steph,
Thuja, Aurum, Benz Ac, C. C. etc.

Axillary glands, swollen and painful—R. T. Amm.
C, Staph: with Pus—R. T, H. S, M. S, Merc,
Bin, Sil etc.

Bathing, in cold water, Aggr. from :—R. T, A. T.
Bell, Nit Ac;

Bed sore in Typhoid etc—Bapt. Arnica, Pyrog,
Acid, Mur,

Belly of child enlarged—C. C, Sars, Baryta, Sil,
Iod, Cheli, Sanic, Ol. Tecor,

Bilious complaints—Acon, Arn, Ars, Ant, Bry,
Cham, Chin, C. C, Igt, Ipe, Mg. M, M. S.
N. V., Puls Staph, Sulph.

Body icy cold but throws off covers—Sec C, Camph.

Bones—(1) Caries—Arg. Asaf, Guai, Lyco. M. S.
Mez, Nid Acid, Phosph, Phos Acid, Puls,
R, T. Sil, etc.

(b) Curvature—Asaf, CC, M. S. Puls,
R. T. Staph etc.

(c) fractures—Arn, C. C. Lyco, Ruta, Sil, Sulph
Symph.

(d) Inflammation—Asaf, Aur, Mez, Nit Acid,
M. S, Sil. Staph, etc.

Catarrh :—(1) Agg. from—Ars, Cham, M.S, N.V,
Puls; Anm: C, C. C, C. V. etc.

(2) Suppressed—Bry, C. C, N. V; Puls, Sep, Sil. etc.

Cholera—V. A, Ipe, Ars, Cup. Camph, C. V, Phos, Phos Acid, Sec. C, etc.

Cicatrices—(1) burning—Ars, C. V, Graph, Lach
(2) itching—Fluor Ac, Iod.

Cold, predisposition—Bary, C. C, Dulc, K. C, Lyco, Nit Acid, N. V, Sepia, Sil, Sulph; Acon, Anac, Bell, Bry, R. T. etc.

Contortious—Bell, Cham, Cic, Cup, Hyos, Opium, Plat, Sec, Stram.

Cystic tumours—C. C, Graph; Bary, H. S, Spong, Sulph, Sil, etc.

Convulsive fits or ulcers, after vaccination—Sil, Thuja, Vacc, Variol, Malaud.

Discharges extremely rotten—Acid Carbol, Anthrax, Psor, Pyrog.

Disability of limbs—Ammon-C, China, Mez, Plat, Puls, Rhodo, R.T., Sil; after Sprain—Ruta.

Drink—(1) aggr. from cold drink—Ars, Canth, Caps, N.V, R.T, etc.

(2) amel. from cold drink—Aloes, Apis, Camph, Caust, Phos, Puls, Sep.

Dropsy—Apis, Ars, Aur, Chin, Cols, Dig. Dulc, Graph, Hell. Lyco, Op, Plb, Scill, Seneg, Sulph etc.

Dyspnoea, cannot labour—Phos, Ars, Nat M, Sil,
Staph, Nit Acid.

Epilepsy:—(1) with consciousness—Cina, Stram;
Canth, K.C., N.V, Nux M.

(2) without consciousness—Bell, G C, Camph,
Canth, Cic. Hyos, 1 lb. etc.

(3) in children—Bell, Igt, Stann.

(4) with headache—Cina, with rigidity—Cina.

(5) from suppressed menses—Millef, Puls,
Nat M,

Emaciation, wasting—Oleum Jecor, Iod, T.B.,
Lyco, Sil, Stann, Syph, Sarsa, Ferr, Phos.

Epithelioma—Alum, Thuja, Hydr, K.I., Lyco,
Ars, Iod.

Erysipelas:—(1) inflamed—Acon. Bell, Bry,
Cham, H.S, Lach, M.S, Phos, Puls, R.T.,
Sulph.

(2) itching, burning etc.—R.T.

(3) Right side—Aum, C.; from right to left
—Apis.

(4) Left side—Arn, Graph, Lach; from left to
right—R. T.

(5) Swollen—Arn, Bell, M. S, R. T.; Ars, C. C,
Chin, H. S, K. C., Lyco, Sulph.

Fainting—(1) with coldness of limbs—Acon, C.C,
Coloc; (2) with convulsions—Lach; (3) with
pale face—Acon, Berb, Lach, Nat M, N. V.;

(4) with tremor of feet—Borax, (5) at fixed time in day—Lyco, (6) hysteric—Ars, Cham, Cocc, Igt, Mosch, Nat M, Nux M, N. V.,

(7) with heart-pain—Lach; palpitation Nux M. Feels as if a tight bandage were on—Anac, Cact, Acid, Carb, Sulph.

Feet sore and painful—Ant, Cr, Puls, Lyco, (Lyco also a little swollen).

Fruits, Aggr, from—Ars, Bry, Chin, Puls; C, V. V. A. etc.

Fullness, sensation of :—Acon. Chin, Phos, Sulph, Bell, Canth, Hell, A. T, Sep.

Glands—(1) Various preparations of Iodum. Baryta Iod, (with tonsil). Arsenic Iod (with anaemia), Ferr. Iod, Cale, Iod.

(ii) Graph (painful), Calc Fluor, (indurated and chronic).

(iii) M. S., H. S., Sil—Suppurating; Ulcerous—Ars, Phos, Sil.

(iv) Sulph—constitutional.

(v) other medicines—Con, Badiaga, Spong, C. V, Carbo, A; Bell, R. T, Thuja, Lyco, Dule, etc.

Groins swollen and painful—Merc I, Bell, Clemat, Thuja, .

Hydrophobia—Bell, Canth, Hyos, Stram.

- Inactivity of skin—Anac, Con, Lyco, Phos Ac;
Ars, K. C. Meand, Sec, Sulph, Sil,
- Influenza—Gels, R. T., Bry, Eup, P, Ip, Euphr,
Nat S, Ceba.
- Itching pustules at the root of hair—K. B., R. T.
- Itch. Scabies—C. V., Selen, Sep, Sulph; Aⁿt, Ars,
Caust, Creos, Dulc, Lyco, M. S, etc.
- (a) dry—M. S., Sulph, C. V., H. S.
- (b) Pustular—Lyco, Sulph.
- (c) ulcerous—Clem, R. T., Lach.
- Joints—(1) chronic pains at night, without swelling—Iod; pains in general—M. S., Puls, Lyco; Colch, Guaicum, Rheum etc.
- (2) contraction of—Auac, Aur, Graph, Nat M. Nit.
- (3) paralytic—Arn, R. T. Sulph.
- (4) rheumatic, with pains—Arg, Bry, Colch.
- (5) stiffness—Bell, Bry, Caps, CarboAn, Colch, Lyco, Petrol, Puls, Sep.
- (6) swelling—Led, Mang, Rhodo, Sabin, Sil, Sulph.
- Labour pains—Acon, Bell, Caulo, Actea, Cham, K. C, Puls, Sabin, Sec. K. P, Mag, P, N. V. etc.
- Lifting, Aggr. from—Arn, C. C., CarboAn, C. V. Graph R. T., etc.

ight, Aggr. from—Bell, C. C. Con, Euphr,
Graph, Phos, Puls, Sil, etc.

Marasmus—C. C., C. I, Ars, Phos, Iod, Nat M,
Mag C, M. S, Sulph. Psor, Baryta, Syph.

Milk, aggr from—Arg, Ars, C.C, Chin, Cic, Con,
Nat C, Sep; Sulph; Nit Acid, N.V, Zinc.

Moon, aggr (1) while increasing—Alum, Thuja;
(ii) while full—Alum, Graph, Sulph (iii) dur-
ing new moon—Alum, Amm C, C.C, Caust,
Cup, Sep, Sil.

Old age—Ambr, Ant Cr, Alum, Caust, Chin, K.C.
Opium, Phos.

Oversensitiveness—Arn, Asar, Aur, Canth, Cham,
Coff, Lach, Lyco, N.V, Phos, Sep, Spig.

Painlessness—Op, Phos Ac, Hyos, Strain, Lyco
Plat, Olean.

Paralysis (1) R.T., Caust, Dulc.; Gels, Con, Arg
Nit; (post-diphtheretic, after use of serum—
Thuja), Plb (affected part withers), Sep,
Phos, Alum, Cocc, N.V.

(2) after exertion—R.T. Arn.

(3) after prolonged fever—N.V, Sulph, Nat M,
Lach, Ars:

(4) with history of sexual excess—Chin, C.C,
Phos, N.V, Nat M, etc.

Pleurisy—(1) dry—Acon, Bry; (2) with effusion—
Apis, Canth, Ars, Ars Iod (tubercular), H.S.

Pneumonia—Bry, Ferr. Phos, Iod (very low in the
first stage), Hyos, Cheli, Ant T, K.C,—Lyco,
Sulph.

Perspiration (i) aggr, during—Ipec, vomit with
persp—Taba, V.A.

(ii) no relief, during—Puls, Eup P, N.V, Lach,
Nat M.

(iii) relief, during—Gels, Nat M, Psor, Bell.

(iv) inside fingers' of feet, causing ulceration—
Graph, Sep, Sil, Psor, Sanic.

Perspiration during sleep—Con, Chin, Puls, Platina;
dry heat as soon as falls asleep—Samb.

Polypus—C.C, Caust, Phos, San; Con, MS. Staph,
Teucr.

Pox—(1) Ant, Bell, M.S, Puls, R.T, Sulph.

(2) preventive—Thuja, Maland, Variol etc.

(3) black—Ars, RT; Bell, Hyos, Lach.

(4) burning—Ars, Lach, M.S.

(5) Suppurating—Bell, M, S, Sulph.

Redness of skin (1) burning—Agar, Bell, Clem; (2)
itching—Agar, Bell, Graph, M.S, Oleand, R,T;

(3) bluish—Lach. (4) shining redness with
dryness—Acon, Bell, Bry, Lach, N.V, Op,
Phos, Puls, R.T,

Roughness of skin—C.C, Sep, Sulph: Bell, Graph,
Iod, M.S, R.T., Sec. C.

Sepsis:—R.T., Arn, Ars, Anthrax, Bapt, Carbo
Acid, Echin Pyrog,

Suppurations:—(1) with and after inflammation—(1)
Bell H.S., Lach, Lyco, M.S, Mez, Puls, Sil (2)
of bruised parts—Calen, Crocc. (3) :Cellular
tissue—C.V, (4) membranous—Sil (4) Septic
—Ars, Tarent, Euphor, etc.

Tetanus—N.V, Acid Hydro, Angus, Cic, Cup,
Hyper, Phenol Carbol. Ac, Mag Phos.

Tumour—Calc Flur, Conium, Condurango IX, 6X
(cancerous type), Ars, Hydrastis, C. A.,—Lapis,
Sil, Phyto, Iod, Phos, Thuja, Carbo Acid.

Typhoid—Bapt, R.T., Bry, Ars, Arn, C.V, Lach,
Colch (restless, weak and flatulent), Hyos, Gels
(early stage), Phos Acid, Phos, Mur Acid; for
haemorrhage—Nit Acid. Millef, Hame, Tereb,
China,

Ulcers (1) black—Ars, Sec. C.; C.V, Lach, Acid
(2) blisters around—Ars, Lach, R.T.
(3) cancerous—Ars, Aur, Carbo A, C.V, Creos,
H.S, Sep, Sil, Sulph.
(4) chronic—C.C, Cham, :H.S, Lyco, R. T. Sep,
Sil, Staph, Sulph.
(5) swollen on edges—Ars, H.S, M.S, Puls,
Sep, Sil, Sulph.

Veins (i) in hands enlarged—Puls, Ham, Opi, Acid Flu, Phos.

(ii) on legs, distended—C.V, Puls, Sulph.

(iii) on soles, Knotted—Caust, Lyco, Thuja.

Vibration through the body—Bell, Sep, Sulp; Arni, Clem, Oleand.

(a after lying—Clem, when stepping—Arn.

Warts, traceable to syph, Gon etc—Acid Nit, Thuja. Staph.

Wet—(1) after getting wet—R.T., Nux M, Sep, Dulc, Bry, C.C.

2) Cough—R.T., Dulc, C.C, Lach, Nit Ac, Sepia.

END





