

Case of Soft Tissue Sarcoma

ABSTRACT: NOBLE METALS like Gold and Silver are not attacked by atmospheric Oxygen (though silver becomes tarnished when exposed to air containing traces of hydrogen sulphide). It is also not attacked by HCL and dilute hydrogen sulphide. Singularly it is not affected by any acids. Found in free form in nature, rest all are found in mineral form. In this case we see how a Noble metal, Gold ie Aurum-met acts.

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A 15 year old girl, presented on 5/12/2005 with C/o Soft tissue swelling since 4 yrs

4 YEARS AGO: The entire episode started with pain in the chest: from right anterior region radiating to the left posterior aspect. It occurred occasionally, was of stitching type and neither the patient nor the parents could identify any modalities. She was shown to a private practitioner, who prescribed analgesics which used to relieve the pain. X- Ray chest PA view was normal.

3 YEARS AGO: The pain became more regular in frequency accompanied with formication and stiffness of the right nape of neck. < By movement of neck right side. In 3-4 months the right nape of neck muscle gradually stiffened and a swelling appeared. There was progressive enlargement of the swelling and the pain became continuous from right nape of the neck to right shoulder. Patient took analgesics for 3-4 months from the private practioner but did not feel any relief.

SINCE 1 YEAR: Recurrent headaches, tearing type, worse at night.

26/4/2005: Swelling operated and sent for histopathology. The diagnosis was

1. Mesenchymal tumor
2. Neurofibroma

2/5/05: CT of Neck- Large ill-defined soft tissue lesion, inseparable from right sternocledomastoid muscle with multiple lymph nodes in the poste-

rior triangle of the neck.

17/5/05: A repeat post operative MRI showed a relapse of soft tissue tumor in the right posterior triangle of the neck at the level of C2- C7. Patient was prescribed analgesics and anti-inflammatory drugs but there was no relief.

5/12/05: When the patient presented to us she was complaining of a stitching continuous pain and intense formication that started from right nape of the neck extending above to the occiput and radiating below to the right internal margin of the scapula. No modalities reported. There was no history of fever, chest pain, cough, headache or discharge from the swelling. The swelling was immovable but free from the skin. It was non-tender, smooth, and had well rounded margins.

PAST HISTORY: Chronic constipation from childhood to ten years of age. Used to pass stools once in three days. Hard in consistency. Took symptomatic treatment which relieved.

PATIENT AS A PERSON

Ambi-thermal

APPETITE: Increased

CRAVING: Nothing specific

THIRST: Increased 12-15 glasses/day

SWEAT: Normal

URINE: Occasional retention of urine.

STOOLS: Normal

SLEEP: Sleeplessness, sobs in sleep.



DREAMS: Frightful

MENSES: Irregular, 3-4 days/ 30 days, average flow, passes clots and blood along with pale watery leucorrhoea before menses. No dysmenorrhoea

MENTALS: Irritable, short tempered, has a habit of expressing out her anger. Extrovert. Very sensitive to what others say about her. Weeps easily. Slightest contradiction intolerant of. Feeling of worthlessness. Due to her pain she feels like committing suicide.

FAMILY HISTORY: PGM: HT, DM. PG Uncle: Dry eczema. PA: Ca (died)

TREATMENT

5/12/05: *Aurum-met* 200 x 3 doses. SL 1 mth.

7/01/06: Irritability less. Neck pain better. Formication ++. Swelling +. Headaches >>. SL 2mths.

9/03/06: No pain. Formication >>. Swelling reduced. SL 2 mths.

7/05/06: Pt feeling better in all respects. SL 2mths.

10/7/06: Stiffness of the neck with pain slightly < wet in rains. SL 3mths.

4/09/06: Pain, Stiffness better. SL 2 months.

12/12/06: Patient overall better. *Carcinocin* 2001 dose. MRI Repeated: Mesenchymal tumor reduced to the size of a pea, then gradually disappeared over 6 months.

Queries and Solutions

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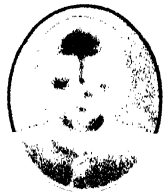
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Q 1 In a recent Homoeopathic nephrology workshop at Nagpur, a clarion call for donation of kidney was given by the Chief Guest - a Nephrologist. Sir I wish to ask that, if there are Eye banks and Blood banks then why can't we have Kidney banks?

Dr TARUN SHARMA, SHIVPURI

Ans 1 Hope this could be true but unfortunately it is not. The kidneys from the cadaveric donor (a person who is brain dead but still has a beating heart) can be maximally utilized in a recipient upto 24 hours and thus cannot be stored, whereas this is not the case with blood or eyes.

Q 2 Sir, I am an intern and while discussing a case of Parkinsonism in our college a question crossed my mind as to why do nerve cells not break when we stretch our limbs? Kindly throw some light.

Dr DEEPA JAIN, RAIPUR

Ans 2 The cell membrane of the neuron of all mammals contains a protein named Beta Spectrin. This maintains the integrity of the entire nerve cell including the axon and the dendrites. Hence, under

optimal stress of stretching it prevents breakage.

Q 3 In your opinion which is better - Yoga or Aerobics for maintaining good health?

Dr SWATI JHAWAR, BHOPAL

Ans 3 Yoga is the union of mind and body. There is a massive misconception in the mainstream that yoga is just about stretching. The practice of Yoga is far more than just stretching, it helps to develop and increase your respiratory system which in turn supplies oxygen to all the vital organs. Please don't get it wrong, running and aerobic exercises are good but good is not enough. You must strive for excellence if you are to grow, improve and be the best you can be. You don't have to stop running and continue aerobics if you don't want to, however you can minimize the damage and side effects that comes with them by incorporating yoga into your fitness regime. One can incorporate yoga as a therapeutic measure for many clinical disorders which is not the case with aerobics.