

Dilemma of Dementia

ABSTRACT: Here in the given short cases it may be observed that the prescription has been made on single symptom of the mental state of the patient ignoring other symptoms eg physical and miasmatic background etc and in spite of that the cure has been achieved within a short span of time.

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CASE 1

A lady aged 32, mother of two children came with her husband who is a government physician posted in a primary health center of Jabhalpur. The **CHIEF COMPLAINT** was, she feels perplexed in the midst of crowd in market or railway station. She happens to meet some of her known people but cannot recognize and feels embarrassed when tries to recollect.

She is very industrious, very much concerned with studies of her children. Domineering nature.

APPEARANCE: Short height. **BUILT:** Medium. **APPETITE, THIRST:** Normal. **MENSES:** Normal. Has suffered from dysentery for a long time in her childhood, now no problem.

She was given 4 doses of *Hellebores* 200 to be taken daily one at bedtime. She did not meet me after this for over a month. Her husband reported that she has improved a lot in memory but not completely OK. *Hellebores* 1M 4 doses cured her dementia and she is enjoying good health without any embarrassing moments.

CASE 2

A carpenter aged 43 yrs, from a very poor family in Uttar Pradesh. He has been living alone in Jabalpur, earning his livelihood. He is known to be very honest, sincere and dutiful.

He came with the **COMPLAINT** that after waking in morning he used to feel that he has come to a new place and the whole surrounding seemed to be unknown to him, which persists for quite some time in the morning, which started fading away gradually to make him fit for his job.

He was given *Hellebores* 1 M/4 doses (Syn 74 Delusion, new everything is) to be taken one daily at bed time. After 10 days he reported to be quite all right and needed no medicine.

CASE 3

A lady of 35 yrs. Mother of 2 daughters, very slim, having chronic complaint of cough and colds, had suddenly lost the power of recognition after she had exposed herself to a cold winter-night while doing household work on the open roof of her house. After coming down from the roof she could not recognize her children and husband. She enquired who were they and what were they doing there. Before this episode she was perfectly all right as she cooked meals and served food to her family. Based on the fact that she was suddenly exposed to cold she was immediately given a dose of *Bell* 200 and made to sleep. The following morning she was perfectly all right. And her children were all smiles narrating last night's episode of their mother.

CASE 4

An old man 78 yrs retired from Government service, got seizure, sudden loss of consciousness when eating or doing something in the house. Such episode last for few seconds or minute after which he becomes normal and resumes his job whatever he had been doing just before. He did not realize that he was completely unconscious for a while. He used to forget such state of his brain activity, and he did not feel any fatigue after the brief and sudden episode of such epileptic seizure. On asking what problem he had, he could tell nothing

and said why are they making fun by asking such questions when he did not have any trouble, 'I am perfectly OK. You are telling lies.'

Just based on his post epileptic state and his answer, he was given *Arnica* 0/2 b.d. for a week. He was free from further attack for a month. Recurrence of the episodes now more in night and during sleep.

Lach 200/1 with water 1 tsf o, d for 1 week.

Episodes now fortnightly or monthly.

Lach 1M/1 dose mixed in a cup of water, O, D morning for seven days. No specific relief. Look-

ing to his senile stage, I prescribed *Baryta-carb* 0/2 tds for 15 days.

The recurrence is much reduced. Still the patient does not admit to having any such complaint for which he needs medicine. He does not remember anything before or after the seizure. After regaining consciousness, he does not feel any inconvenience or discomfort to carry on his daily routine life.

The patient is kept on SL for more than a month and there is no recurrence of the complaint as yet. The patient is still under observation.

Beauty and the Beast

ABSTRACT: *The author gives a wonderful case of Alzheimer's cured by Homoeopathy. The title is also well explained by the author at the end of the case. So go on and read the case.*

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ON 09.11.04: TELEPHONIC CONSULTATION FROM CALCUTTA. FROM DIL FOR MIL.

CHIEF COMPLAINT: Lady UR 70 years old, Diabetes Grade 1 since 30 years and Grade 2 since 15 years. One and a half years ago developed sepsis and left big toe had to be amputated.

Since 1 year, loss of memory diagnosed as dementia and Alzheimer's due to lack of blood circulation. Since 1 month fear < night. Full of DELUSIONS like someone would harm herself, sister and son. Very aggressive at times. Disowns her family, cursing and even demanding a knife for protection, keeps going up and down removing locks. Scared of death and talks about someone dying, thieves, injury etc. Always likes to have her own way, short tempered, stubborn. Unable to sleep in spite of taking sleeping pills. Used to dislike AC and preferred open air but now shuts all windows and doors. No initiative to take food but eats well. Constipation, can sweat easily.

MEDICINES PRESCRIBED

Anacardium selected on the basis of maniac depression, Alzheimer's, anxiety, swearing, cursing. It is also suitable for elderly, senile, paranoid nervous people with hallucinations.

Anacardium 10M once daily for 2 days.

Am-m-nat 12x TDS for 1 month.

04.12.04- Only one episode of hallucination. Medicines repeated same way for 2 months.

17.02.05- Fear, anxiety, aggression very much better. Eats and sleeps a lot. Not communicative, prefers to be alone. No hallucinations.

Anacardium 10M only one dose *Am-m-nat* 12x TDS for 2 months.

25.04.05- Was perfect. No signs of Alzheimer's according to DIL. Suspicion and fear on and off. Medicine repeated for 2 months.

21.06.05- Good improvement. Even memory improved. Could recollect yesterday's events. Repeat 2 months.

13.09.05- Further improvement in memory. Could recollect events that occurred 1 week back. No depression. Almost normal. Repeat for 2 months.

28.10.05- DIL said improvement like magic: Could recollect past events. Is cheerful and jovial on and off. Repeat 2 months.

20.12.05 – 11.04.06- Hatred and misbehavior+++ only with her husband. Otherwise normal. Same medicine, infrequent doses.

19.06.2006- Refused to take any medicine except insulin. Very obstinate, suspicious about medicine. Hatred toward husband continues. Not communicative to others also on and off.

RUBRICS

- Suspicious, will not take medicine.
- People around the house plotting against his life.

PRESCRIPTION: *Lachesis* 10M once in 15 days (4 doses)

29.08.06: Marked improvement. *Lachesis* once a month (2 doses).

09.10.06 – 20.06.07: Stable, given 2 doses of *Lachesis* in between.

07.08.07: Involuntary urination, poor bladder control. Otherwise alright. *Thuja* 200 -1 dose.

CONCLUSION

When DIL first spoke to me she was extremely

apprehensive, in a helpless state and confused about the mode of treatment. When the patient started improving, it did a world of good not only to the patient but the entire family. Once in 2-3 months when she reported, she thanked me profusely for the relief that the family members experienced. Many of her own friends including some patients of mine also expressed their happiness over her marked and continuous improvement. One gentleman mentioned that a year back she was unable to recognize him but now she not only recognized him but enquired about his family as well. Some of the patient's family and friends have also started consulting me over the phone for various problems. It is amazing how Homoeopathy has changed the life of an entire family – relieved them of continuous anguish and also gave them the happiness and satisfaction of watching their loved ones improving each day.

Beauty overpowered the beast!!!!!!!

PS: Any guesses about what the title implies?

BEAUTY → Homeopathy

BEAST → Alzheimer's and other diseases.

☺ ☺ "Some Funny Laws, Which Are Actually True" ☺ ☺

☺ Bath Theorem ☺

When the body is fully immersed in water, the telephone rings.

☺ Law of Close Encounters ☺

The probability of meeting someone you know increases when you are with someone you don't want to be seen with.

☺ Law of the Result ☺

When you try to prove to someone that a machine won't work, it will.

☺ Law of Biomechanics ☺

The severity of the itch is inversely proportional to the reach.