

Homoeopathic Approach to Diabetes Mellitus and Its Complications

ABSTRACT: *The complications of diabetes mellitus are often serious and life-threatening. Among the complications, cardiovascular is the greatest contributing factor to the mortality rate. I have described various complications which cause serious disabilities, even death. My intention to show the repertorial approach is more effective for obscure cases where it is very difficult to find the homoeopathic peculiarities of the case. Prescribing on basis of common symptoms of complications often saves a life.*



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The cases of diabetes mellitus with various complications, presenting with the homoeopathic peculiar symptoms are easy to prescribe an indicated remedy. But in most cases, the patient's own peculiar symptoms are lacking or obscured due to more serious complications of diabetes and they present only with the common symptoms of the disease and its complications. In such cases we are to depend on the manifestations (sign and symptoms) of the disease and its complications, to find out the probable medicines to prescribe which may or may not be a curative medicine to the case but often be a palliative. But in the true sense we are not palliating the case, rather we want to stop the destructive process of the disease within the organism to save the life of the patient (Apho-- 67, FN-1). It is often necessary to prescribe a medicine on the basis of common symptoms of the disease and its complication where it is difficult to find the homoeopathic peculiar symptoms or the or-

ganism has undergone some irreversible pathological changes. Most cases of complications of diabetes prescribed with such medicines prove efficacious providing a normal life to the patient. Here I show another approach to prescribe a medicine in cases of diabetes with its serious complications where homoeopathic peculiar symptoms are lacking. The common symptoms of the disease and the symptoms of its various complications have been considered separately for the process of Repertorization. The listed medicines have come through the process of repertorization with Radar-Synthesis and Kent's Repertory along with some additions from the case records of other homoeopathic stalwarts. The efficacy of these medicines and its clinical correlation varies depending upon one's own skill of observations of the patient for prescribing the medicine with proper dose, potency and repetition. The medicines listed here serially are as per the relative ranks to the repertorization.

COMMON MANIFESTATIONS OF DIABETES

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Polydypsia	<i>Stomach</i> , Thirst, small quantities, often	<i>China, Puls, Sulph, Ars-alb, Calc-c,</i>
Polyphagia	<i>Stomach</i> , Appetite, ravenous, canine	<i>Graph, Ign, Iod, Lach, Lyco, Bell, Bryo,</i>
Polyuria	<i>Bladder</i> , Urination, frequent	<i>Cina, Ferr, Nat-m., Phos, Rhus-tox, Bar-c,</i>
Loss of weight	<i>Generalities</i> , Emaciation	<i>Coloc, Merc, Nux-v, Petro, Sil.</i>



MANIFESTATIONS OF DIABETIC KETO-ACIDOSIS

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Anorexia	<i>Stomach, Appetite, wanting</i>	<i>Ars-alb, Dig, Nux-v, Acon, Lyco, Ign, Ipec, Puls, Sulph, Merc, Phos, Sil, Carb-v, China, Colch, Cupr, Laur, Rhus-tox, Ant-tart, Arg-n, Carbn-s, Cham, Nux-m, Sep, Tab, Vert, Ant-c, Bryo, Camph, Ferrum, Lach., Mosch, Plb</i>
Nausea	<i>Stomach, Nausea</i>	
Vomiting	<i>Stomach, Vomiting</i>	
Increased urine formation	<i>Urine, Copious</i>	
Altered level of consciousness	<i>Mind, Confusion, intoxication as if</i>	
Coma	<i>Generalities, Faintness</i>	
Air hunger	<i>Respiration, Gaspings</i>	
Sweet odor from mouth	<i>Mouth, Odor, sweet</i>	
Lowering of body temperature	<i>Skin, Coldness</i>	

MANIFESTATIONS OF HYPEROSMOLAR NON-KETOTIC DIABETIC COMA

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Unable to drink sufficient water	<i>Stomach, Thirstless, desire to drink with</i>	<i>Bell, Carbn-s, Acon, Bufo, Caust, Dig, Graph, Hyos, Kali-c, Nux-v, Agaricus, Arg-nit, Carb-v, Carb-an, Chinin-s, Ign, Lach, Lyco, Merc, Nux-m, Opium, Ph-ac, Rhus-tox, Stram, Apis, Ars.</i>
Altered level of consciousness	<i>Mind, Confusion, intoxication as if</i>	
Convulsions	<i>Generalities, Convulsions</i>	
Transient hemiplegia	<i>Generalities, Paralysis, one-sided</i>	

MANIFESTATIONS OF HYPOGLYCAEMIA

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Sweating	<i>Perspiration, Profuse</i>	<i>Sulph, Ars, Bell, Phos, Puls, Nux-v, Op, Calc-c, Merc, Nat-m, Bryo, Chin, Cocc, Ph-ac, Rhus-t, Psor, Sep, Sil, Stram, Caust, Gels, Lyco, Hyos, Lache, Acon, Iod, Nit-a, Con, Glon, Kali-c, Vert, Zinc, Arg-n, Cann-i.</i>
Tremor	<i>Generalities, Trembling, externally</i>	
Tachycardia	<i>Generalities, Pulse, frequent, accelerated</i>	
Anxiety	<i>Mind, Anxiety</i>	
Hunger	<i>Stomach, Appetite, increased</i>	
Dizziness	<i>Head, Intoxication, as from</i>	
Headache	<i>Head, Pain, headache in general</i>	
Clouding of vision	<i>Vision, Dim (and) Vision, Foggy</i>	
Blurred mental activity	<i>Mind, Stupefaction</i>	
Confusion	<i>Mind, Confusion</i>	
Abnormal behaviour	<i>Mind, Delusion, hallucination, imagination</i>	
Convulsions	<i>Generalities, Convulsions</i>	
Loss of consciousness	<i>Generalities, Faintness</i>	

MANIFESTATIONS OF LACTIC ACIDOSIS

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Nausea	<i>Stomach, Nausea</i>	<i>Acon, Dig, Ars, Ign, Lyco, Puls, Arg-n, Cupr, Sil, Carb-v, Hell, Ipec, Nux-v, Ant-t, Carbn-s, Colch, Lach, Laur, Mosch, Sulph, Tab, Apis, Bapt, Bell, Bryo, Camph, Cham, Chin, Cocc, Hyos, Nux-m, Phos, Plb, Stram.</i>
Vomiting	<i>Stomach, Vomiting</i>	
Restlessness	<i>Mind, Restlessness</i>	
Air hunger	<i>Respiration, Gasping</i>	
Altered level of consciousness	<i>Mind, Confusion, intoxication as if</i>	
Stupor	<i>Mind, Unconsciousness</i>	
Coma	<i>Generalities, Faintness</i>	

MANIFESTATIONS OF DIABETIC NEUROPATHY

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Numbness	<i>Extremities, Numbness</i>	<i>Kali-c, Ars, Phos, Lyco, Plb, Sulph, Merc, Rhus tox, Chin, Zinc, Calc-c, Bell, Carb-v, Apis, Carbn-s, Dulc, Ph-ac, Puls, Sep, Acon, Cocc, Nat-m, Ruta, Sil, Kali-ars, Thuja, Alum, Op, Arg-m, Arnica, Conium, Nit-ac, Sec.</i>
Tingling	<i>Extremities, Tingling, pricking</i>	
Pins and needle sensation	<i>Extremities, Pain, stitching foot and sole</i>	
Burning sensation	<i>Extremities, Pain, burning, sole</i>	
Wrist drop	<i>Extremities, Paralysis, wrist</i>	
Foot drop	<i>Extremities, Paralysis, foot</i>	
Hyperaesthesia	<i>Extremities, Sensitive, foot</i>	
Dysphagia	<i>Throat, Pain, swallowing on</i>	
Diarrhoea after eating	<i>Rectum, Diarrhoea, eating after</i>	
Rectal incontinence	<i>Rectum, Involuntary stool</i>	
Nocturnal sweating	<i>Perspiration, Profuse, night</i>	
Dependent part oedema	<i>Extremities, Swelling, lower limbs, dropsical</i>	
Small size of pupil	<i>Eye, Pupils, contracted</i>	

MANIFESTATIONS OF DIABETIC NEPHROAPTHY

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Nephromegaly	<i>Kidney, Swelling</i>	<i>Apis, Ter, Ars-a, Lyco, Ph-ac, Phos, Plb, Rhus-t, Kali-c, Merc, Sulph, Berb, Canth, China, Gels, Hell, Helon, Kali-l, Merc-c, Nat-c, Aur-m, Aur, Calc-c, Carb-v.</i>
Increased glomerular filtration	<i>Urine, Copious</i>	
Microproteinuria	<i>Urine, Cloudy</i>	
Macroproteinuria	<i>Urine, Albuminous</i>	

MANIFESTATIONS OF DIABETIC RETINOPATHY

SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Micro-aneurism	<i>Eye, Injected</i>	<i>Ars, Calc-c, Con, Hep, Lyc, Merc, Puta, Arg-n, Lach, Phos, Apis, Euphr, Led, Nux-v, Puls, Rhus-t, Arn, Bell, Kali-bi, Sulph, Acon, Aur-m, Caust, Graph, Kali-c, Lyss, Nat-m, Nit-ac, Sil, Bar-c, Cham, Psor, Sep, Syp, Thuja.</i>
Dilated veins	<i>Eye, Redness</i>	
Haemorrhage	<i>Eye, Ecchymosis</i>	
Cotton wool spots	<i>Eye, Spots, on the cornea</i>	
Hard exudates	<i>Eye, Discharges of mucous or pus</i>	
Retinal detachment	<i>Eye, Detachment, of retina</i>	
Corneal ulceration	<i>Eye, Ulceration, cornea</i>	



MANIFESTATIONS OF DERMATOLOGICAL		
SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Carbuncles (repeated tendency)	<i>Skin</i> , Eruptions, carbuncles	<i>Hep-s, Sil, Sulph, Rhus-t,</i>
Furuncles (repeated tendency)	<i>Skin</i> , Eruptions, boils	<i>Lach, Lyco, Arn, Ars-alb,</i>
Delayed wound healing	<i>Generalities</i> , Wound, heal, slow to	<i>Merc, Carb-v, Nit-ac, Petr,</i>
Easy suppuration	<i>Skin</i> , Unhealthy (and) <i>Skin</i> , Ulcers, suppurating	<i>Calc, Caust, Graph, Ph-ac,</i> <i>Staph, Bar-c, Bell, Phos, Sep,</i> <i>Carbn-s, Crot-h, Kreo</i>

MANIFESTATIONS OF DIABETIC FOOT		
SYMPTOMS	CHAPTERS WITH RUBRICS AND SUB-RUBRICS	LIST OF PROBABLE MEDICINES
Moist gangrene	<i>Skin</i> , Gangrene and <i>Extremities</i> , Gangrene, foot	<i>Lach, Sil, Carb-v, Hep-s, Ars-a,</i>
Offensive discharge in Gangrene	<i>Skin</i> , Ulcer, discharge, offensive	<i>Merc, Rhus-t, Sulph, Caust, Calc,</i>
Easy ulceration	<i>Skin</i> , Ulcers, unhealthy	<i>Nit-ac, Ph-ac, Petr, Staph, Graph,</i>
Delayed wound healing	<i>Generalities</i> , Wound, heal, slow to	<i>Phos, Sec, Lyco, Sep, Anm-c, Chel,</i>
Easy suppuration	<i>Skin</i> , Unhealthy and <i>Skin</i> , Ulcers, suppurating	<i>Mur-ac, Calen, Carbn s, Chamo,</i> <i>Con, Plb, Sars.</i>

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