

Rubrics in Bœnninghausen not to be found in Kent

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Introduction

To the Kentian Clan and the Bœnninghausen Band, Greetings and News! The Mouse may help the Lion. In Bœnninghausen's 482 small pages are 335 rubrics which are not to be found in Kent's 1423 large pages.

The homœopathic student is taught both methods of repertorization – by Kent and by Bœnninghausen – and is warned not to mix the methods, not only because the remedy grading is different, but because the ideology is so disparate. These repertories, like most of life, are full of paradoxes. The Kent repertory claims to be based on Generals yet is a maze of Particulars; Bœnninghausen's is most factual and classified; every symptom that refers to a part may be predicated of the whole. The interrelationship of symptoms and of remedies and the sequence of remedies are brought out. It opens a way into the wide fields of combinations. For Bœnninghausen, the totality is made up of the general characteristics of the particular symptoms plus the condition, under the four general categories of locality, sensation, modality (aggravations or ameliorations) and concomitants. Roberts in his brilliant *Principles and Practicability of Bœnninghausen's Therapeutic Pocket Book* says it is based on the doctrine of concomitants, a concomitant being an attendant circumstance existing or occurring with other symptoms, having always a relation in *time*. The concomitant is the differentiating factor. Hahnemann says that

'the *characteristic* symptoms represent that which is *curable* in each case of disease', in other words the common symptoms of the diagnosis do not point the way to cure. Bœnninghausen called chronic symptoms *concomitants in acute ail-*

ments and often prescribed exclusively on them, although a drug should be findable covering both acute and chronic.

The Bœnninghausen method shines in cases without many mental symptoms; without rare, strange and peculiar symptoms; with few particulars; in cases where modalities predominate and concomitants are marked; cases showing pathological symptoms and objective symptoms. Roberts used to say that it was as good as *Sensations As If*, though in *larger* terms.

Some of the features of Bœnninghausen are unique, such as the use of sides of the body throughout; rubrics of troubles *associated with* stool, urination, etc; *accompanying symptoms of* nose, leucorrhœa, respiration, cough, menses, stool, fever, etc.; sleep and waking; *aggravations and ameliorations before, during and after* cough, vertigo, fever, menses, stool, urine, sleep, sweat, and so forth.

The last section on Relationships of Remedies, pages 322 to 482, is the most difficult for the novice and the most unusual part of the book, but discussion of it is outside the scope of this paper.

The whole repertory is built on Generals, yet there is no section for Generals, as there is in Kent, and certain *general* rubrics are interspersed, with quite hilarious, unintentional humour. For instance: under Aggravations is the rubric for Children, and that for Women (What is worse for Women? or Women are worse for what? or are the remedies worse for the Women?).

There are few *Ameliorated by* rubrics in Kent, but there are 58 in Bœnninghausen which are not in Kent.

Certain symptoms crop up frequently in case-taking which are baffling or impossible to find in Kent, except by combining rubrics or taking the nearest, but not the

Editor's note:
this article refers to the *Therapeutic Pocket Book*; this is not the much larger Bœnninghausen's *Characteristics and Repertory* edited by Boger and first published by Roy of Bombay, in 1937.

exact, symptom. Boenninghausen uses common sense rubrics, such as 'falling asleep late,' 'can't get to sleep again after waking,' 'becomes chilled easily'; and rubrics of anatomical parts – often obscure ones – such as Loins, Groins, Perineum, Inner Gum, Tendo Achilles, Nape and the elusive Antrum are to be easily alphabetically found.

Among the gems are the rubrics on the *moon* phases which are not in the 5th Edition of Kent; the *wind* rubrics, the 'blondes and brunettes', the pregnancy rubric and the puerperal state, and such a frequent complaint as sebaceous cysts.

Although Boenninghausen has but 342 remedies as against Kent's 591, it often has a much larger rubric than the Kent. On the other hand it has none of the enormous and useless rubrics such as unmodified 'Vomiting'.

Even if you never repertorize by the full Boenninghausen method, you can save yourself much time and trouble with specific rubrics for shortcutting and office and bedside work by the use of these unusual sections. When a remedy does not appear in certain definite rubrics in Kent, check the equivalent one in Boenninghausen; you may find it there. Put a copy of this reprint in your Kent. Let us use the best of *both* methods in arriving at the Simillimum.

(Italics and quotation marks are the authors', Ed.)

Rubrics

Mind

- 2 Disposition generally affected
- 18 Amativeness

Intellect

- 20 Activity
 - Befogged
- 23 Drugs which have Concomitants of Mental Symptoms

Internal Head

- 26 One-sided in General

External Head

- 27 Dark Hair
 - Light Hair
- 28 Beard
- 29 Scalp of Occiput: Hairy Sinciput
 - Scalp of Vertex

Head: sides

- 30 Internal Head: Left side
 - Internal Head: Right side
 - External Head: Left side
 - External Head: Right side

Eyes

- 30 Aqueous Humor
- 32 Vitreous
 - White of eye (sclerotic)

34 Orbits

- Inner surface of lids

Vision

- 37 Illusions of Form

Ears

- 41 Lobules
- 42 Left
 - Right
- 44 Stopped feeling

Nose

- 45 Back
- 46 Odour from Nose
- 47 Stopped Coryza
- 49 Accompanying Symptoms of Nasal Discharge

Face

- 50 All objective Symptoms of Face together
- 57 Malar Bone (Antrum)
 - Upper Jaw
 - Lower Jaw
 - Articulation of Jaws
- 59 Left Side
 - Right Side

Teeth

- 61 Inner Gum

Stomach & Abdomen

- 77 Diaphragm
- 79 Epigastrium
- 80 Loins
 - Groins (Caecum, Ilio-Caecal Region, Poupart's Ligament)
- 81 Pit of Stomach
 - Rings Externally
 - Mons Veneris
 - Left Side
- 82 Right Side

Rectum

- 84 Flatulent Pain
- 85 Incarceration of Flatus
- 90 Troubles Before Stool
- 91 Troubles During Stool
 - Troubles After Stool
- 92 Ineffectual Tenesmus
- 93 Perineum

Urinary

- 100 Troubles Before Micturition
- 101 Troubles at Beginning of Micturition
 - Troubles During Micturition
 - Troubles At Close of Micturition
 - Troubles After Micturition

Male

102 Male Organs in General
Foreskin

Female

103 Female Organs in General
External Female Organs
108 Menstruation: Gushing
111 Accompanying Troubles of Leucorrhoea

Respiration

114 Accompanying Troubles of Respiration

Cough

116 Evening with, and Morning without
Expectoration
Morning with, and Evening without
Expectoration
Night with, Day without Expectoration
Day with, Night without Expectoration
120 Troubles Associated with Cough
Before and After Coughing
After Expectoration: cf. Agg. pp. 276 & 281)

Neck

123 Nape
124 Thyroid Gland.
Neck and Nape of Neck: Left Side
Neck and Nape of Neck: Right Side

Chest

125 Sternum and Region
126 Heart's Action Intermittent
External Chest (Ribs and Muscles)

Extremities: Location

132 Back of Hand
135 Loins (Region of Hips)
Nates
136 Thigh: Anterior Part
Thigh: Posterior Part
Thigh: Outer Side
Thigh: Inner Side
138 Tendo Achilles
Back of Foot (Dorsum)
139 Great Toe
Balls of Toes
141 Knee, Hollow of
Bones of Lower Extremities in General

Generalities: Sensations

143 Asleep Feeling in Single Parts
144 Benumbing Pain
149 Constriction of Orifices (Sensations of)
153 Crepitation, Sensation of
155 Dislocations
157 Dust, Internal, Sensation of
159 Flabby Feeling
Forcings

162 Hardened (Muscles)

163 Immobility of Affected Parts

165 Jerking Muscles

167 Mobility Increased

167 Motion Difficult

168 Mucous Secretions Increased

181 Splinters, Feeling of

194 Vibrations

196 Whiteness (of Parts usually Red)

Skin, Hair, Nails

200 Glands: Ulcers, Cancerous

215 Cysts, Sebaceous

216 Hair of Head Falls Out: Occiput

Hair of Head Falls Out: Beard

217 Hair Feels Pulled

223 Nails Generally Affected

All Nail Rubrics together

Wounds

239 With Injuries of Bones

With Injuries of Glands

Sleep

240 Falling Asleep Late

Sleep Prevented by Various Symptoms

Waking in Distress

241 Associated Symptoms (See Aggravations Waking,
p. 306)

242 Sleepiness During the Day

243 Associated Symptoms of Sleepiness

Sleepiness caused by Various Things

246 Symptoms Causing Sleeplessness

248 Dreams with Indifference

Dreams Indifferent (Incident) to the Day's
Business

250 Dreams Waking (day dreaming)

Pulse, Temperature

253 Pulse Unchanged (with Various Symptoms)

254 Chilliness in Certain Parts

255 Becomes Chilled Easily

Chill with Thirst

Chill without Thirst

256 Symptoms during Chill

257 Heat in Special Parts

Heat in Special Parts: Externally

258 Heat in Special Parts: Internally

259 Heat: Associated Symptoms

260 Coldness of Special Parts

261 Shivering of Special Parts

Shivering of One Side

Perspiration

262 Special Parts

263 without Thirst

264 Easy

Odorous: Acrid Sweat

Odorous: Of Camphor

- 265 Odorous: Of Onions
 Odorous: Of Rhubarb
 Odorous: Sweetish-Sour
 Sweat with Associated Symptoms
- Fever**
 265 Compound Fever in General
 268 <Before Fever
 <During Fever
 <After Fever
- Generalities: Aggravations**
 272 <Bending or Turning
 <Bending or Turning Affected Part
 <Bent, Holding the Part
 <Biting Teeth Together
 273 <Blowing Nose
 <Breathing:When Not
 <Breathing:Holding Breath
 273 <Bruises
 <Brushing Teeth
 274 <Chewing, When
 Children Especially, Remedies For
 <Closing Eyes
 <Closing Mouth
 <Clutching Anything
 276 <Combing Hair
 <Combing Hair Backward
 <Conscious, When Half
 <Dancing, When
 277 <Drawing Off Boots
 <Drawing the limb back
 <Drinkers, for Hard
 <Drinking, When
 <Drinking, After
 278 <Drinking fast
 279 <Elevation, When On
 281 <Expanding Abdomen
 <Expectoration
 <Expectoration after
 <Expiration
 <Fainting, After
 <Fatigue
 283 <Crumbs
 <Garlic, Odor of
 284 <Oil
 <Thought of Food She Would Like
 285 <Water, Cold
 <Wine Containing Lead
 <Wine Containing Sulphur
 <Gargling
 <Grasping Anything Tightly
 <Heated by the Fire
 286 <Hiccough
 <Holding Together Parts
 <House, In the
 <Idleness
 Injuries Bleeding Profusely
 <Inspiration
- 287 <Inspiration of Cold Air
 <Intoxication, After
 <Jar
 <Jumping
 <Labor, Manual
 <Leaning, After
 <Leaning (Against Anything)
 <Leaning, Backward
 <Leaning against a Sharp Point
 <Leaning To One Side
 <Licking Lips
 288 <Looking around
 <Looking Straight Forward
 291 <Lying in Women (The Puerperal State)
 <Moon, New
 <Moon, Full
 <Moon, Waning
 292 <Motion After
 <Motion False
 <Motion of Head
 <Motion of Eyes
 <Motion of Eyelids
 <Motion of Arms
 293 <Music
 <Narrating Her Symptoms
 <Odor of Wood
 294 <Opening Eyes
 <Opening Mouth
 <Organ, Playing the
 <Persuasion
 <Piano, Playing the
 <Picking Teeth
 <Pregnancy
 295 <Putting out the Tongue
 <Raising Arms
 296 <Retching
 <Retracting Abdomen
 <Riding One Leg over the Other
 <Ringing of Bell
 298 <Sewing
 <Shipboard, On
 <Shooting
 <Shrugging Shoulders
 <Singing, When
 <Singing, After
 299 <Sitting Bent Over
 <Sitting Upright
 300 <Sneezing
 301 <Splinters
 <Squatting Down
 <Stepping Hard
 <Stooping
 302 <Stooping Prolonged
 <Stretching of Limbs
 <Sunburn
 <Sunrise, After
 <Sunset, After
 <Supporting a Limb
 303 <Swinging (Rocking)

- 304 <Turning Around
- <Turning Over in Bed
- 305 <Turning Head
- <Turning Eyes
- <Turning Neck
- <Unnatural Position
- <Vertigo, During
- 306 <Violin, Playing the
- <Being Awake at Night
- 307 <Walking Bent Over
- <Walking on Level
- <Walking on a Narrow Bridge
- 307 <Walking Sideways
- <Walking on a Stone Pavement
- <Walking Over Water
- 309 <Wind, any dry
- <Wind, North
- 310 <Women, For
- <Writing
- <Yawning
- <Yawning, after

Generalities: Ameliorations

- 311 >Bending or Turning Affected Part
- >Bending Backward
- >Bending Inward
- >Bending Sideways
- >Bending Head Backward
- >Holding Part Bent
- >Bending Head Sideways
- >Biting
- >Blinking Eyes
- >Blowing Nose
- >Boring in with the Finger (Ear or Nose)
- >Breath, Holding the
- >Carrying the Child in the Arms
- >Chewing
- 312 >Crossing Limbs
- >Dancing
- >Darkness
- >Drawing in the Affected Part
- >Drinking, After
- 313 >Expiration
- >Fasting (Before Breakfast)
- >Food, Bread
- 314 >Food, Meat
- >Food, Salt
- >Grasping
- >Haemorrhage
- >Hand, Laying, On Part
- >Kneeling
- >Knitting
- >Leaning Against Anything
- >Leaning Against Anything Hard
- >Leaning Head on Anything
- >Leaning Head on One Side
- >Leaning Head on Table
- >Licking with the Tongue
- 315 >Looking Downward

- >Looking Sideways
- 316 >Lying on Hard Bed
- >Lying Bent Up
- >Lying Horizontally
- 317 >Retracting Abdomen
- >Rising from Bed
- >Rising from a Seat
- 318 >Rising from a Seat, After
- >Shrugging Shoulders
- 319 >Sneezing
- >Stepping Hard
- >Stool, After
- >Stooping
- 320 >Sucking with Tongue
- >Talking
- >Turning at a Lathe
- >Twilight, In the
- >Tying up the Hair
- 321 >Walking Bent Over
- >Wiping with the Hand
- >Writing
- >Yawning

>Yawning (Editing Rubrics: After, Ed.)

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