



THE CASE REPORT OF MY OWN

Editor's Note:

In this case report, Dr. Baig has not mentioned the remedy which he prescribed to the members of his family. The readers may treat this as a puzzle and try to find out the correct remedy. Please send your answer to the Chief Editor, Quinquina Homoeopathic Quarterly, Sri Sathya Sai Publications, Main Road, Taliparamba 670 141, Kannur-Dist., Kerala State.

That was Saturday morning on 28-9-91, I was in a great hurry to go to my Clinic and finish my work early so that I could return my home before evening. Actually I had invited some of my close friends for dinner.

Since morning my wife was busy in preparing for the party and unfortunately she was having some trouble in her left eye. She was afraid that she might get sore eyes since my elder son and my father were already suffering from acute conjunctivitis. My wife was worried that if she got the problem she would not be able to finish all the work in time for the party. Only recently my son had recovered from typhoid fever and was able to go to school. Since he had missed the classes for a long time, he was worried about lesson he was not able to do due to his illness. At the same time the term examination was approaching, unfortunately he got the sore eyes for which he got the infection at the School. Later my father also developed conjunctivitis.

My father, 70 years old always keeps very sound health. He keeps himself busy all through the day. He is always anxious to finish his work before time. And he takes anxiety for very small things also.

When I was leaving for my Clinic I noticed that my wife was worried, she told me that she was afraid of developing conjunctivitis like her son. I explained her that her fears were not correct. Since she herself is a homoeopath, I further explained her that she must know that any body who is susceptible only will get the disease. And I assured her that she was not going to get the disease as I was not going to get the infection. To prove my point I rubbed my right eye on her left eye which was giving her trouble. Then I left for my Clinic.

On the way to my Clinic I felt some sensation of heat in my same eye. I ignored it but by the time I reached my clinic I had developed irritation in my right eye. I could not believe that I was going to get the conjunctivitis since I know that an infection requires an incubation period. But to my surprise I was having full blown conjunctivitis by evening. When I reached home I found my wife was also having the same problem. My wife told me that she had taken Euphrasia. To my surprise it was exactly the same medicine I had taken in my Clinic. Both of us have based our remedy on one cardinal symptom, rubbing. Unfortunately the remedy did not work for both of us.

I was expecting my guest by evening so I decided to take some allopathic eye drops. Somehow the party was over. The next morning I found that my wife and me were in real agony. Our both eyes were swollen and there was a mucopurulent discharge. We had difficulty in opening our eyes because eye-lids were stuck together.

I was wondering why the eye drops did not help me. I had very important engagement on the same day in the morning. When I looked into my eyes in the mirror I found that conjunctiva was bulging with swelling and my vision was hazy. Same was the condition of my wife. I gave a quick review to the situation in my family and decided a remedy not only for me but for the whole family. Because I believed that the situation was common to all members of my family who were suffering from conjunctivitis. The remedy worked excellent. I found relief within minutes and my son and father also responded. However my wife only got a partial relief.

In the evening I gave serious thought to the whole problem affecting my family.

My analysis as follows

i. The disease affected my son , then my father then my wife and lastly myself. No other members of the family and the servants did get the infection !

ii. My problem was why of so many members living together why only certain family members should get the disease ?

iii. Moreover my wife did not respond to the remedy

I have the following explanation to offer :

i. We have to see the disease in the background of the situation in the family. When the disease affected my family there was a common situation and that was a state of anxiety. My son

was anxious for his studies and examinations. My father was anxious by his nature. My wife was anxious about the evening party. I was anxious for want of time due to my engagements. None of the other family members and the servants had any similar situation.

ii. The fundamental principle is that the disease is a product of a situation. Therefore a particular situation must be there before you get that disease.

iii. If the situation is important in relation to the disease then I must explain the conjunctivitis in my family. To me one situation appeared common and that was the state of anxiety which gives wakefulness to a person. This creates a situation favourable for infections in the eyes.

iv. Now if we analyse the situation of the different members of my family we shall find that my son was anxious about his exam. My father is always tense because it is a part of his nature. Now my wife was also sleepless for the past two nights due to the party. My worry was my family and my pressing engagements.

All the persons who were in the same situation got the disease.

All were treated and responded to the remedy except my wife, why ?

v. Since my wife was already occupied with so many anxieties, I think perhaps she was not in the same situation as we were. I think that is why she did not respond to the remedy. This factor is the fundamental principle of homoeopathy that you cannot generalise the therapy. □

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