

For a few days the patient kept well, after then, there was found a small rise every afternoon with dryness of mouth but no thirst and there was burning in the eyes. A single dose of Apis 200 was given one morning and that finished the case. Apis must have acted as a complementary to Natrum M., previously used.

### CLINICAL CASES \*

#### CASE OF SPIGELIA.

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Mr. E. B., 52 years old, lean, almost cachectic, very chilly, complains of a growth, which became rapidly as large as a hen's egg, between the clavicle and the first rib, reaching the left side of the sternum. This growth is animated with pulsations which are synchronous with the cardiac rhythm. He tells me that his voice has been hoarse for several months. He does not dare to eat, deglutition producing anxious troubles, oppression, choking and pains. For a long time he has suffered from awful torticollis, rheumatism so painful in the neck and temples, particularly during the night, that he must sleep standing and leaning against a door. The pains make him very cross and irritable, oblige him to stay in darkness, silence and immobility. During the pains, the carotids pulsate violently. A radioscopy was done, showing a great dilatation of the aorta.

The intensity of these pains, their character, their relation with the heart and aorta led me to Spigelia.

I gave *Spigelia* 200, three doses, on every hour, and Placebo.

My patient comes again three weeks later, his condition considerably ameliorated. He is eating well, sleeping in his bed the whole night, the "rheumatism" is no longer noticeable. *Res mirabilis*, the growth had disappeared eight days after taking the remedies. Indeed, there is no trace of it, the palpation does not reveal any more pulsation.

I am forgetting to indicate an interesting sign: the absence of the pulse in the right arm. After Spigelia, the pulse, though feeble, is clearly perceptible. No change in the voice.

\*Read before the I. H. A. May, 1927, Bureau of Clinical Medicine.

## CASE OF NATRUM MURIATICUM AND SEPIA

Miss M. S., 45 years old, comes to my office the 10th of November 1924, for various troubles. The list of her symptoms fills pages and pages. I will only mention the most important of them following the order of our *Materia Medica*, i. e., from above downwards and from general to particular.

She has a strong aversion to company and likes to live quite alone. Having had deep griefs and sorrows which made her very pessimistic, she does not, however, like any consolation, and all her free time is employed in dwelling upon all sorts of things she ought to forget. She is very troubled by her menses, before and during: Anxiety, depression, irritability, no appetite, nausea, chilliness, weakness and pains in lower part of the abdomen and in the back. She has a strong intolerance of clothing and likes to lie down very often. Her very light sleep is troubled by exhausting dreams. She has great difficulty in going to sleep, and about 3 a. m. awakens with heat in the head and choking sensation. She is very chilly but nevertheless can't bear the warm air; however, warm applications do ameliorate her condition very much.

For years, she suffered from violent headaches which began in the morning on walking and continued until evening the headache so severe that she must close her eyes and lie down in a dark, silent room and bind her head with a towel. All her abdominal organs are dropping. She feels very clearly her stomach hanging down. Daily heartburn, cramps, nausea during the night when awake. In short, all the symptoms of a dyspepsia of long standing. Great distention of the abdomen during menses. She is very anxious about obstinate constipation. Menses are nearly always too early, 6-8 days. Frequent palpitations, especially during night. Weakness of the back which obliges her to lean on something hard. Ice cold feet.

After studying the case in *Kent's Repertory*, the remedies coming out are the following: *Sepia*, *Natrum-mur.*, *Lycopodium* and others.

As she was much affected by the recent death of a tuberculous brother, I chose *Natrum-mur.* I gave on 11-6-25 *Natrum-mur.* 200, two doses in intervals of two hours, and *Placebo*.

I saw the patient again on the 26th of June. She was enthusiastic about homœopathy and tells me how astonished she was to note her great mental amelioration after taking the powders, which still continues. The physical symptoms were better and better, she felt cured. Then a few days later, constipation and headaches reappeared. I gave again Natrum-mur. 200 and the patient was relieved until August by this new dose.

On the 19th of August I gave NATRUM-MUR. 1 M. and the patient's symptoms disappeared rapidly. The duration of the action of the remedy was prolonged until the end of the year.

In January, 1926, she complained of the menopause: menses irregular, flashes of heat, headaches, sleeplessness, constipation. I gave *Sepia* 10 M. for these symptoms. The result was marvellous and the patient who, the first time she came to me, was sad and suffering, came back on the 30th day of October, 1926, with a happy and smiling face, sparkling eyes, looking ten years younger.

#### CASE OF ZINCUM.

Miss R. P., 20 years old, brunette, came to me for chronic headaches. She had suffered almost every day, for a year. Formerly she had frequent attacks of epistaxis which disappeared one day and were replaced by the actual headaches. They were especially in the forehead and above the eyes, accompanied by unbearable heat and hammering. Curious to say, no headaches during menses. On the other hand, she complains of bad digestion, flatulence, and palpitations produced by the smallest effort. She was exhausted in the evening with restlessness of the lower limbs. She could not keep them still. She called my attention to the fact that she is aggravated by wine.

The following symptoms seem to be the most important :

1. Headaches ameliorated during menses. Kent's Repertory gives only four remedies: All-c., Bell., Verat., Zinc.
2. General aggravation by wine. Zinc appears in the 3rd degree when the other remedies only come out in the 1st degree.
3. Restlessness of the lower limbs, evening. There, once more Zinc. is the only one, with *Tarentula* to come out in the 3rd degree.

I then prescribed *Zincum* 200, three doses at one hour interval and Placebo.

A fortnight later, the patient came again and told me her condition was violently aggravated the day after she came to me, but that the pains diminished rapidly, and two days later she felt quite well.

I saw her three months later. The general state was fairly good, lassitude and restlessness of the legs had disappeared as well as the headaches, but the nose-bleeds had again returned.

*Phosphorus* 200, one dose, restored order.

*The Homœopathic Recorder.*