

# Short Cases

## CASE 1: *Kali-iod*

A month old infant, started crying during and after stool for 2-3 days. I carefully examined his anus and found a small fissure. Many medicines, like *Acid-nit*, *Sil*, *Ratanhia* came to mind, but before coming to any conclusion, I decided to consult various repertories. In Phatak's Rep pg 13, I found the rubric:

Anus fissure, infants in: the only drug mentioned was *Kali-iod*.

I gave him *Kali-iod* 30 TDS for 2 days. He stopped crying with stool and to my utter surprise, the fissure was completely healed.

Before this, I had never used *Kali-iod*, nor did I know *Kali-iod* for fissure. Not only this, but the drug is not mentioned in general rubric for "Fissure in anus" in Kent's repertory.

[Ed: It was probably Phatak's clinical acumen to connect syphilitic miasm, which must be so strong to bring a fissure in a infant so young and *Kali-iod*, which is a very syphilitic remedy].

## CASE 2: *Sepia*

Mr R, a 25 yr bachelor, came to me for corns on his feet for last 4-5 years. There was pain on pressure. Had no other complaints.

He was employed in a shipping co. and had to go on sea travel often. These travels affected his health very much. He has aversion for pickles and desire for ginger & warm food. He used to eat hastily; he preferred to sleep on abdomen and used to wake up from dreams of horrible faces. He also got dreams of flying. He sweats profusely, because of which, he avoided crowds for fear of suffocative feeling.



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His father was hypertensive and died of renal failure.

I selected following rubrics:

Phatak's Rep:

Pg 43 callosities, corns: *Sepia* 1<sup>st</sup> grade

Pg 302 Sea, ACG: *Sepia* 2<sup>nd</sup> grade

Kent's:

Pg 1299 Perspiration, profuse: *Sep* – 1<sup>st</sup> grade

*Synthetic (Vol 3)*:

Sleep, Position, abdomen, on *Sep* – 2<sup>nd</sup> grade

I gave him *Sepia* 1M one dose in the clinic only and *placebo* for 15 days.

On his 2<sup>nd</sup> visit, corns were much reduced. To intensify the action of *Sep* I gave him a dose of *Nux-vom* 1M with *placebo* for 15 days again. On his 3<sup>rd</sup> and last visit, I could not find any corns on his feet. I gave him *Sepia* 10 M to prevent recurrence.

A year has passed. There is not a single corn on his feet today.

## CASE 3: *Radium-brom*

A 18 yr old Parsi girl, came for pimples on her face, which she had for past two years. Worse summer. Her face was oily. Whilst taking her case in detail, she said that she had an aversion to ice-cream besides aversion to sweet. Up till now, I hardly found this symptom in any case, so I decided to see this symptom only, in various repertories I found this rubric in *Synthetic Repertory (Vol 2)*: Food, Ice-cream, aversion to; on P 249. The only drug mentioned was *Radium-brom*. I gave it in 30<sup>th</sup> potency; TDS for 3 days, there was not a single pimple on her face. With this quick result, she referred many cases of pimples to me, but none of them had aversion to ice-cream!

(Editor: Did they all get well??)

Note: In Kent's repertory, this drug is not mentioned at all in the rubric pimples.

**CASE 4: *Conium***

Ms O, a 52 yr widow with a son, came on 1.5.92 for Hypertension (190/100). She had undergone hysterectomy at the age of 34 yr for fibroid.

She gets tired easily with vertigo on standing for long time. She desires company up to such an extent that she may weep if alone. She was religious and fond of reading religious books. Her memory was poor. Her actions were hurried and she used to perspire profusely.

I selected keynote rubrics for repertorisation:

Mind, weeping, alone, when (KP 93): *Con, Nat-m*  
Genitalia-Female, tumors, uterine, fibroid: *Con* (KP 745)

Mind, Company, desire for (KP 12): *Con, Nat-m.*

Mind, Religious, (KP 71) *Con, Nat-m.*

Mind, Hurried (KP 52) *Con, Nat-m.*

Mind, Memory, Weakness of (KP 64): *Con, Nat-m.*

Perspiration, Profuse (KP 1299) *Con, Nat-m.*

I gave her *Conium* 1M, one dose only

1<sup>st</sup> follow up 4.5.92: BP 170/190 – no medicine

2<sup>nd</sup> follow up on 15.5.92: BP 150/80 – no medicine

3<sup>rd</sup> follow up on 24.5.92: BP 150/80 – no medicine

Her blood pressure was normal, and then she came for pain of knees with squatting impossible, which I treated with *Calc-carb* 200. She was better till last seen on 13.6.96.

[Co-ordinating Editor: The author should give follow-up till date. Also I would question the treatment given to a 52 yr female for HT without any base line investigations.]

She was followed up for 1 yr till 13-06-96. Her BP was normal

**CASE 5: *Conium* again**

This case shows how quickly our medicine acts in cases of sterility.

A 30 yr female, married 11 years, came with Primary Sterility. Husband's semen analysis was normal.

Her menses were irregular, late and with the sensation as if menses would appear, for the whole month. She was fair & good looking, with engorgement of breasts before menses, because of which she was very upset.

She used to say, "why should I suffer from all these troubles without ever having been pregnant?" Her urine was scanty.

Her nature was irritable, active, hurried, with fear of birds & feathers. She preferred company rather than loneliness. She was talkative, and used to speak in foreign language during sleep.

I selected *Conium* on the following rubrics under Kent's Repertory:

Chest swelling, Mammae, menses, before

Perspiration, profuse

Genitalia – Female sterility

Mind, anger

Mind, company, desire for

Urine scanty

I gave *Conium* 200 TDS for 3 days only, and she menstruated for the last time under this treatment. She delivered a female child at full term.

**CASE 6: *Nat-mur*: A heart medicine?**

Mrs P aged 55, one of my long standing patients of cardiac ailment and on anti hypertensive treatment, once came to my clinic at odd hours, with severe chest pain on the Lt side. I was not present in my clinic. Because of my absence, a physician was called on visit. He gave her some injection.

After 2 hours, when I came to my clinic, I got the message. Immediately I went to her residence, where I found her lying on her back with eyes closed and frowning, as if no relief from pain. She was lying with her right hand pressing on the heart region.

I did not disturb her by asking a single question, came to my clinic and opened Kent's repertory to the rubric: Chest, pain, heart, pressure, and of, amel: *Nat-m.*

I sent three doses of *Nat mur* 1M to be taken at 10 minutes interval. She was relieved of her pain in couple of seconds after first dose and completely ameliorated in less than half an hour.

**CASE 7: Renal Calculi**

A 39 yr female, came on 3/2/99 for bilateral renal cal-

culi since 1-year. It started from right kidney then left kidney. She used to get typical renal pain from back to front, increasing gradually with ineffectual desire for stool and much sweating. Pain was aggravated 3 to 4 pm, ameliorated by pressure on abdomen.

Mother had Koch's disease.

I selected *Silicea* on following symptoms:

Direction, side, right to left: Phatak

Rectum, constipation, ineffectual urging: Synthesis

Kidneys, stones: Synthesis

I gave *Sil* 30 TDS for a week. She visited on 10<sup>th</sup> February again with no noticeable change. This time I gave *Sil* 200 for a week. On 24<sup>th</sup> February she passed one stone. Rx *Silicea* 1M one dose at the clinic with *SL* for a week.

She passed stones frequently under *Sil* and is still under treatment as she has multiple stones.

(Editor: Why was potency increased when *Sil* 200 gave desired result).

#### CASE 8: *Medorrhinum*

Mr B K, 28 years, came with Psoriasis since last 7 years, which spread from above downwards. No other complaints.

Craving for tobacco chewing, whiskey and warm food. Aversion for milk and sweets.

He used to sleep on his back. He was very hurried in his habits, and told me, "Doctor, I feel every one in this world is slow, I don't find anyone is as fast as I am". He had aversion to study during his school time.

I selected following rubrics in Synthetic Rep. and I found *Medorrhinum*:

Vol 1 P 581: Everybody moves too slowly  
P 579: Hurried

Vol 2: P 274: Food, sweets, aversion to  
P 279: Food, warm, desire

P 223: Food, Brandy/Whiskey, desire

P 638: Tobacco, desire

Vol 3: P 56: Sleep, Position, back, on

For the whole year I gave him *Med* 1M and then 10M in infrequent doses. He was so happy with the treatment that he offered me some donation for my poor patients, which I declined. In Chronic Miasm, J H Allen mentions Psoriasis as of Sycotic miasm, though *Medo* is not indicated in rubric of Psoriasis.

It is said that Nosodes do not come out nicely on Reportorisation.

#### CASE 9: *Carcinosin*

A lady brought her 7-yr old son for the treatment of a hypopigmented spot near the left corner of his lips for a year. The spot was rough to touch. He has no other complaint. He was thin, delicate, keeping 1<sup>st</sup> rank in the school and very fastidious, clean & neat. No major past history except Rt ear otorrhoea 4 years ago.

Mother had 1 FTND, 1 Forcep & 1 abortion. PGM has wet eczema.

Child sweated profusely on head, face and chest. Had strong desire for chocolate. (surprisingly, mother also had craving for chocolate (only during his pregnancy and at no other time), spinach and sweets. His appetite was poor. He used to sleep on abdomen and used to dream of cycling.

I selected *Carcinosin* from following rubrics in synthetic rep.

Vol 1: P 474: Fastidious

Vol 2: P 229: Food, Chocolate, desire

Vol 3: P 54: Sleep, position, abdomen on  
*Carcinosin* 1M one dose on 14.5.95.

2<sup>nd</sup> follow up – 22.5.95 – Spot was much fainter. No medicine

3<sup>rd</sup> follow up – 10.6.95 – Spot was difficult to trace.



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