

(c) averse to motion and worse thereby. He is hurried to stool from any motion, even of a hand or foot.

Kali Bi. has a tongue dry, red, smooth and cracked—shining like a glass bottle.

Natrum Sulph., in addition to the other symptoms, has the tendency to painful suppurations around the finger-nails.

In Podo.—(a) many symptoms alternate. Headache alternates with diarrhœa or with liver complaints, or diarrhœa alternate with constipation ;

(b) there is gagging or empty retching ;

(c) the patient is hurried to stool after eating or drinking.

Sulphur has—(a) an empty, hungry feeling, particularly about 10 or 11 a. m. ;

(b) burning of the soles of feet, the palms of hands and heat on the top of head ;

(c) offensive odor of the body despite frequent washing. The patient is averse to washing.

In Sulphur the *patient* is worse after bathing ; in Podo. the *diarrhœa* is worse after bathing.

## A Case of Menorrhœa

BY DR. M. V. KHARE, H. M. B., RATNAGIRI.

In the month of December last, I was called upon to treat a case of Menorrhœa. The patient was 42 years of age having given birth to 8 children and suffering from excessive menses for the last two years. Her husband, a staunch adherent of Allopathy, tried every sort of treatment which the old school doctors could offer but to no useful purpose. She was once taken to Bombay to a

specialist of Gynæcological diseases who, it is said, gave her treatment of 'Diathermy'. What a thing it is to dig a mountain to bring out a rat!! At last the patient grew tired of nauseous drugs and could content herself upon what Nature would do. The symptoms at the time of my treatment were as under :—

(1) Head-ache dull, in both the temples, the pain radiating towards eyes. Could not tolerate light and heat.

(2) Lassitude. No inclination to work. Relief of symptoms from rest.

(3) Constipation. Undone feeling after defecation. Has to go 4 or 5 times to closet. If a good motion could be had by means of purgatives, she felt better and could sleep well. Eructations not rancid.

(4) Sedentary habits. Gay disposition. Somewhat talkative.

(5) She said, since her puberty, she had the disposition towards prolonged menses ; but was not so much troubled as of late, as the flow could be checked after the administration of medicines. The flow is dark and sometimes red also. It is partly clotted and partly fluid. When walking, the flow increases and at times, at the time of urination there was gush of blood. She had to change clothing 2 or 3 times during the day-time. This state of things lasted for 10 or 15 days and flow was found to diminish and return again at the time of usual monthly period. There was dull pain in the pelvic region.

Before commencing the treatment, I told the husband of the lady not to allow any interference of allopathic treatment so long as my treatment continues. He helplessly agreed to my wishes.

I put the patient under *Sabina 30*, three doses every day.

After a week much improvement was noticed. The patient told me that her constipation troubles her much and something should be given to her. I gave Nux 30 for two days only. I then resumed my previous treatment of Sabina. After a fortnight flow entirely stopped. I gave her warning that she should not consider herself as cured until her next two periods came off without any untoward symptoms. As the patient was to go to a distant place for some urgent business, I advised her to stop my treatment for a while and resume it after her return home. According to my presumption, on her return, at the approach of monthly period, there was again a flow of moderate type. I gave her Sabina 30 and it was checked. I then raised the potency to 200 and lastly gave Sabina 1000 as a finishing touch.

As for head-ache, I tried Bell, Bryonia, Nat. Mur but with partial success. At last my choice fell upon Phellandrium from which I could get the appreciable results. A few facts are worth mentioning as a precedent to the cause why I was called in for consultation by the husband of the patient. Some months before this incident, his son was suffering from bloody dysentery of a severe type. Some doctors of the old school tried their best but to no purpose. I was then recommended by a gentleman to the father of the patient to try Homœopathy. The allopathic Doctors who surrounded the patient allowed the patient to be treated by a Homœopath as a last resort. I then gave Merc. Sol 30 and Colocy. 30. To the wonder of all, gripping pain lessened to an appreciable degree and the patient felt comfortable. Unfortunately owing to the jealousy of the old school doctors and their fear that the credit of cure would go to Homœopathy persuaded the father of the patient to place his son again under allopathic treatment and my treatment was discontinued.

The patient was afterwards cured. But the timely help of Homœopathy did leave permanent foot prints in the previously prejudiced hearts of all members of the family. This led to my selection for the treatment of the above case.

This will throw much light over the difficulties which a Homœopath has to encounter in general practice.

### Chelidonium Majus.

DR. J. N. RAZADAY, M. SC., BUDAUN, U. P.

To right of body Chelidonium apply ;  
When given aright all ailments fly.  
If infrascapular pain exist,  
Or below the ribs in front persist ;  
Shooting pains whenever you meet  
From the thighs, hips, leg or feet,  
Resisting pain over brow on right  
Leave them for Chelidonium to fight.  
Know you Chelidonium's wonderful feat  
It performs on liver its favourite seat.  
When Jaundice makes its full display,  
Turns eyes yellow and stools clay,  
Urine and skin all coloured alike  
For every food a great dislike.  
Spirits all gone, sad, patient's plight  
Peevish dull and without delight ;  
Then before Chelidonium's magic wand  
No trouble can for long stand.  
Ailments chronic or acute be they,  
This drug, them, quickly sweeps away.