

CLINICAL TIPS ON ASTHMA

Bronchial asthma cases needs keen observation, Every small detail; Modalities, Causation, Posture (Whether sitting/standing/lying down).

A thorough case-taking on the following line will help in evaluation and grading the symptoms to select a drug on repertorisation.

1. The time factors of aggravation.
2. The environmental factors which bring the attack.
3. The maintaining causes like mental tension, grief and fear etc.
4. The posture of the patient adopted for relief during attack.
5. Any other aggravation and amelioration.
6. The mental symptoms during the attack.
7. Concomitant if any, such as flatulence, eructations, urge for defaecation and perspiration etc.
8. Alternating states such as eruptions or gastric symptoms.
9. Menses and its relationship to the attack.
10. Thirst its quantity and frequency.
11. Perspiration and its modalities.
12. Cough and its modalities.
13. Expectoration, its colour, consistency and taste.
14. Constitution.
15. Desires and aversions.
 - In children, usually alongwith spasms, secretion and infection are associated. So give BACILLINUM as indicated. In adults, you can give TUBERCULINUM.
 - If patient has taken steroids and other drugs for Chilly patient THUJA and Hot patient MEDORRHINUM.
 - When ARSENIC ALB indicated does not work give Hot patient ANT TART, for chilly patient ANT ARS.



DR. KUL BHUSHAN JUNEJA

* DHMS (chd), Ex-Member of L.M.H.I. (Geneva), Ex-Member of O.M.H.I (France), Ex-President of I.I.H.P. (Bathinda), Ex-chairman-Rotary Homoeo Dispensary, Author of Strips Repertory, BATHINDA - 151 005 (PB)

- NAT SUL, does not work give MAG SUL.
- For children if causative factor is worms give CINA.
- When ARSENIC ALB doesn't help, think of Cup ars, kali Ars, Nat Ars, Fer Ars, Ant Ars; any other drug with 'Arsenic' in it, and it will definitely relieve.
- Give intercurrent or constitutional drug immediately after acute attack.

Constitutional remedies during acute and chronic states are complimentary in many cases for example ARSENIC & THUJA, DULCAMARA & NAT SUL, and BELLADONA & CALC CARB etc.

When Arsenic acts as palliative, arsenic iod helps in Tubercular diathesis cases, acute attack which respond to MERC SOL & HEPER SUL, were yielding completely to KALI IOD, Some of the cases of HEPER SUL are going for NAT SUL with a Sycotic base.

Cases of Sambucus are going towards Lachesis & Lycopodium. The cases of CARBO VEG are ultimately yielding to KALI CARB.

In many cases the symptomatology of acute attack resemble that of ARSENIC acts as palliative and cannot prevent recurrences. The reason is explained well by Dr. Kent in his works that ARSENIC is Syphilitic remedy and Asthma is Sycotic problem. Hence with its symptoms similarity it may act as a palliative and he also advises to prescribe THUJA for such cases for cure. Whenever ARSENIC is indicated many a time it is observed that cure is not complete unless a psoric remedy is followed. Therefore many homoeopaths say that A.T.S. (Arsenic, Thuja, Sulphur) will cure asthmatic patients.

Who get their asthma attacks with psychological backgrounds are yielding to NAT MUR.

HOMOEOPATHY IN PRACTICE

A Unique Journal

A Quarterly Journal

A Practical Journal

A Homoeopathic Journal

Editorial Board:

Chief Editor:

Dr. S. Mohamed Aleem

Associate Editors:

Dr. P.V. Venkatraman

Dr. G. Ashok Anand

Managing Editor:

Dr. K.M.H. Akbar Sha

Advisers:

Dr. S.P. Koppikar

Dr. A.U. Ramakrishnan

Dr. P.D. Venkatakishnan

From :

Homoeo Vasam Publications

64-A, Purasawalkam High Road, Purasawalkam,
Madras - 600 007 Phone : 642 6064