



Cuttle Fish (*Sepia-Officinalis*)

ABSTRACT: (Gives a little bit new.....)

Dr TUSHAR DOSHI

324, Samaan Complex, Opp Nalanda Complex, Vastrapur, Ahmedabad-380 015

Phone : -79 2673 4000, 2644 6400 • E mail : tddoshi@yahoo.com

ORDER: Sepioidea

COMMON NAME: Cuttlefish

SOURCE: Found mainly in the Mediterranean sea.

PARTS USED: Pure pigments in the ink.

DESCRIPTION: The Cuttlefish is a soft mollusk marine cephalopod, related to octopus and squid. The approximately 100 species of cuttlefish range between 2.5 and 90 cms and have somewhat flattened bodies bordered by a pair of narrow fins. All species have eight arms and two longer tentacles that are used in capturing prey and can be withdrawn into two pouches. Suction discs are located on the arms and on expanded pads at the tips of the tentacles. Cuttlefish frequently change colour to blend with its environment and squirts its brownish black ink for protection.

HABITAT

Inhabit shallow tropical or temperate coastal waters, usually migrating to deeper water in winter.

REPRODUCTION

The common cuttlefish, during spring and summer produce about 100 to 300 eggs. *Sepia* is one of the larger predators of the sandy shores, moving in at high water to prey on small fish and crustaceans. They have evolved a life in shallow water over sandy bottoms, lying in wait for unwary victims which they seize with their suckered tentacles. It has astonishing powers of camouflage and can adjust its colors to match the background and render them virtually invisible (indifferent to loved ones). In real life our *Sepia* patients show a camouflage by their behaviour.

ANCIENT USES: Roman physician Dioscorides (AD 40-90) used the ink from Cuttlefish for hair loss. Its ink has long been used as a pigment in paints used by artists.

Medicinally, used in ancient times to treat gonorrhoea and kidney stones.

EFFECTS OF PRESSURE ON CUTTLEFISH

The invertebrate cuttlefish, is an agile and rapid

swimmer and has a unique structure called the cuttlebone, along its upper surface. The cuttlebone, is composed of layers of many small chambers, encased in a rigid network of calcium carbonate. The cuttlefish increases its floating ability, buoyancy by moving water out of the cuttlebone thus increasing its proportion of gas-filled space. Buoyancy decreases as water enters the cuttlebone, reducing the proportion of gas-filled space. The Cuttlefish sinks because the higher water pressure forces the water back into the cuttlebone.

PHOTORECEPTION IN CEPHALOPODS

The photosensitive cells are of two types and are organized to detect polarized light. The cephalopod cornea does not have any focusing function. Their photoreceptors are very long, an adaptation for nocturnal or deep-sea and low-light conditions. The most rapid colour changes occur in the octopus, squid and cuttlefish, waves of colour change progress rapidly over the body; this rapid change is possible because of a unique type of chromatophore.

SEPIA THE CUTTLEFISH

Mainly a woman's remedy. They tend to adopt a Martyr's role in life. They walk on the edge are overwhelmed by their responsibilities, harbour a deep-seated resentment.

PHYSICAL APPEARANCE: *Sepia* types of both sexes are tall, lean with slim hips, dark hair and brown eyes. Pigmentation, "Saddle" like appearance. *Sepia* women are attractive and elegant, with angular, slightly masculine appearance. May look downcast and sit with legs crossed because of a weak feeling in pelvic area.

PHYSICAL KEY NOTES

PTOSIS: Mental, emotional and physical drooping.
RELAXATION: Muscles, ligaments - so relaxed that there is a displacement, esp downward.

➤ Various Ptosis (eyelids -cf - Gels of which it is complementary) viseroptosis,



Prolapse of uterus, rectum, dislocation of joints.

- Concomitant-congestion of pelvic viscera which causes heaviness and dragging.
- Downward displacement of Abdominal organs leads to empty feeling which patient may try to fill with food. This provokes nausea and all gone sensation in the stomach
- Sensation of compartment in abdomen in a prover (like compartments in the cuttle bone). NAUSEA < sight, smell or thought of food in pregnancy with hunger. Patient cannot enjoy food. This makes her miserable.
- The discomfort in pelvis < increased congestion of that area. The displaced organ impinges upon one another, provoking more symptoms.
- Working, washing and wearing herself away, who enjoy.
- Cold and Heat <
- Escape desire to- family and children from her- CR. (Not mentioned in Kent's Rep.)
- Hide desire to be- (not mentioned in Kent's)
- Dancing, rhythm strong sense of, *Carc, Sep* (CR)

JS: Everything would fall out or must hold on to uterus. "Letting go" is difficult losing control.

Fear of poverty (money) therefore holds on to money, child will cover his things articles or food for fear others, will take his share.

- If doesn't hold on to money-fall down (fear of starvation)
- Holds back her emotions towards her children (Company aversion to, yet dreads being alone)

Cloudy protection screen has developed on patient as an emotional antagonism and behaving as if she is being attacked, throws out a screen of indifference which clouds and masks her real tender nature and feeling.

Sensation - everything empty

Function - must hold on to something

Sensation and functions are usually opposite and thus maintains a balance i.e. Homoeostasis in our body.

Nervous and Hormonal systems are like Vital Force.

Sensation

Function

- | | |
|---------------|---------------------------|
| 10' cold | Produce + 10' heat |
| 6 Unit hunger | Eat 6 unit of food energy |
| 6 unit hate | Produce 6 units of love |

Feels cold Exercise to the level of cold

> VIOLENT MOTION - means when they exert it pro-

duces heat and sweat, that is how they create mental and physical balance.

SIGNATURE AND CHARACTERISTICS OF CUTTLE FISH

1) HOLLOWNESS: Layers of many small chambers encased in a rigid network of CaCO₃ (Calcium Carbonate) The cuttlebone contains Gas (Primarily Nitrogen). All gone empty feeling in stomach gnawing hunger.

2) BUOYANCY: "He-women" gets interested in masculine sports. Tomboy -dress and behave like a boy. Activity - always doing something? The female *Nuxvom*.

3) INK: for defense and escape no one can see her real self. Also to attack the prey.

Cloud of Ink - for defense - weeping (tears means clouds.) while telling of sickness. (*Puls, sepia, kali-c, medo*²)

4) PTOSIS: Bottom-dwelling fish - on sandy floor.

5) SECLUSION: Finds dark corners on sandy ocean floor.

6) CHILLY: Migrating into deeper waters, cannot bear cold.

7) As she strives on the crustaceans- its own family for her prey, she comes to shallow water. Indifferent to whom she loves best.

8) AVARICE: Suddenness, Cunning in hunting, stalking and luring prey (avarice).

9) BALANCE: In *Sepia* exact balance of two opposing forces. (The urge for sex is the urge to bring about a balance, to release the excess of one or other hormone). In *Sepia* there is no need for such a release, so they balance by doing physical exertion sterility, miscarriages.

10) STASIS: Constipation without urging. Sense of fullness in rectum.

STASIS-PHYSICAL STATE: Autonomic system has two opposite forces that clash and become neutralized, Stasis of uterus, Bottom dwelling fish: prolapsed of uterus.

11) STILLNESS: Senses that there is nothing moving inside. Stillness of emotion, feel without emotion, cannot be stimulated to have joy.

Company, > when alone

It is an independent creature which swims alone

- Avoids the sight of people
- Avoids and lies with closed eyes - It dreads being alone yet

12) Indifferent to Coition: Not seen struggling for courtship - no excitement in foreplay.