

Sure shot, Rapid cures - Only possible through Homoeopathy

Editor: INTRODUCTION: Here we have taken few cases, to demonstrate the immediate, almost gunshot effect of the Homoeopathic remedy. The titles of the cases will denote both the nature of the person and give indication of the disease through slang use of words. Eg cough-body is the slang used to deride someone in the family who constantly falls ill with cough. A Barbie doll is a doll-character and a full series of dolls have been fashioned on her. The true Barbie collector will have every Barbie:- Barbie in a party, Barbie in the kitchen, Barbie in the swimming-pool and so on.

**CASE I: Dr VISHPALA PARTHASARATHY
P/67/05/ 14-10-05**

The 'cough-body' Barbie doll.

A lovely little 9 yr old walked in wanly on her, equally enchanting mother's arm on 14th Oct 05, saying they have just moved to Mumbai and she has high fever now, and has never been well since and could I please see her immediately? How could I refuse these enchanters? But it meant my case taking had to be short and sweet.

CHIEF COMPLAINT

- 1) Throat → Since July 05 once a month for 8 days. Pain, Cough³ → Vomiting, Phlegm white or yellow, offensive. A/F Mumbai weather, cold water <am³, < HS³, >warm. Day 2 Fever starts rapidly rising to



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103° < 7am, Thirst decreased. Drowsiness, Salivation +. O/E Throat redness ++. Has been taking repeated antibiotics with no relief. H/O Mumps in Aug 05.

- 2) Head → Once a week for ½ an hour. Headache throbbing, Hammering. < afternoon, > Crocin, > Vomit, >sleep.

PATIENT AS A PERSON

HT: 57". WT: 28 kgs. Lean. SKIN: Clean and clear – Fair. Pink lips. Tall.

PERSPIRATION: Normal. Non-offensive. Non staining.

NAILS: White Spots. TEETH: Caries +++.

APPETITE: POOR.

CRAVING: Butter, cereals, chicken, chocolate, curd, soup, onions, oranges, pastry, rice, salty things, warm drinks³.

AVERSION: Sweets. THIRST: LESS.

STOOL: 1 / day, offensive. URINE: Normal.

MOTHER'S OBSTETRIC HISTORY: No labour pains. Caesarian Baby.

DEVELOPMENTAL HISTORY: Normal.

SLEEP: Normal. Talks in sleep. DREAMS: Ghost of.

THERMALS: C3H2. Covers feet even in fever.

LIFE SITUATION AND MENTAL STATE(BRIEFLY)

Lived in Bangalore, where father was working. Has been transferred recently to Mumbai. Both parents trained in the Oberoi School in Delhi. Mother is a Muslim and father a South Indian. They lived with Grandparents in Bangalore. In Bangalore, mother too used to work, teaching part time in 4 colleges- 2 hrs a week each. In Mumbai she has not taken up a job.

The child is very pretty, fair, delicate skin with brown hair. Tall and friendly. She has adjusted well in the Mumbai school-made friends too.

Anger³ trifles at. Weeps³ trifles at, > Consolation.



Affectionate³. Sensitive³. Sympathetic³. Careless.
To me this child looked through and through *Pulsatilla*.

PLAN

ACUTE AND CONSTITUTION: *Pulsatilla*

INTERCURRENT: *Tub-b*

Reasons for *Pulsatilla*

Mild and gentle. Fair and very pretty

Weeps trifles at

Wants consolation

Discharges Yellow.

FOLLOW UP

Cough → vomiting

Thirstlessness

Feet covers in fever

FOLLOW UP CRITERIA

- | | |
|------------------------|----------------------|
| 1) Throat Pain | 6) Cough → Vomits |
| 2) Day 1 Phlegm white | 7) Fever |
| 3) Day 2 Phlegm yellow | 8) Drowsiness |
| 4) Offensive | 9) Can't eat |
| 5) Cough | 10) Tonsils enlarged |

DATE	SYMPTOMS	1	2	3	4	5	6	7	8	9	10	TREATMENT
14/10/05												<i>Puls</i> 200 3P 1P=3
17/10/05	> ³ . Mother said "Magic treatment".	0	+	0	0	+	0	0	0	0	0	SL
28/10/05	> ³ . Urine: Increased frequency, has to rush. No burning, itching. Anti-miasmatic	0	L2	0	0	L2	0	0	0	0	0	<i>Tub-b</i> 1 M 1 st dose.
16/11/05	Throat pain > warm.	-	-	-	-	-	-	-	-	-	-	<i>Puls</i> 200 3P 1P=3
28/11/05	Throat was better in 3 days. Urination: Normal.	0	0	0	0	0	0	0	0	0	0	SL
10/12/05	Has kept well. This is a recent case, but there is no doubt about the impact of the treatment. She has had 1 small attack in 2 mths which recovered with 2 doses in 2-3 days not leading to fever which she has been getting for the last 4 mths- every month for 8 days, before coming for Homoeopathic treatment, fulfilling all parameters of a good follow-up.											

CASE 2 : Dr BHAVINI SHAH

S/100/05 / 24-10-05

The Tall Sophisticated One

Mrs RT 41 yr, looking not a day over 32, with hair her crowning glory, came to our clinic by prior appointment on 24th Oct 2005. We did delay in taking her in, but with great charm, she accepted the apology, but we could sense her autocratic larger. She owns a spa, has 2 sons and resides at the posh Pali Hill of Mumbai within 10 min in our clinic, she had all doctors eating out of her hand, by giving free tips on their beauty problems, without even being asked.

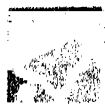
CHIEF COMPLAINT

Hair fall –approx 500/day. Beauty is her business, so she had tried all treatment before coming to me. You can imagine how anxious she must have been!!.

Since childhood, sneezing → throat pain → green expectoration → dry cough → D3 swelling of face → fever → pricking sensation in the throat, has to clear throat all the time. < AM, < swallowing, > warm. Associated with headache at the vertex, drowsiness and dry feeling in the throat. She said, "I was born with a cough".

OTHER COMPLAINTS

1. Develops hives on skin with excessive physical



exertion. The hives become red³ and itch³. > hot³, < mosquito bite.

2. Leucoderma → small patch over ankle. P/H big patch since 1975 treated homeopathically which is now only 1/2 patch.
3. On 30/11 she developed backache as he started walking as an exercise. Pain³ > lying on sides. > warm, < lying on back, < walking.

PATIENT AS A PERSON

HEIGHT: 5'7"

Fair, slim, elegant, looked very young for her age. Not wearing any jewelry.

TONGUE: Dry coated.

TEETH: Cavities ++, root canal done.

PERSPIRATION: Diminished³, armpits +.

DIGESTION: Acidity 1/wk. Flatulence +.

APPETITE: Normal.

THIRST: 2-3 glasses/day.

CRAVING: Dry fruits³, chillies⁴, pickles³, sweets³.

HABITS: Alcohol – red wine or cognac 2/month.

CIGARETTE SMOKING: P/h for 5-6 yrs. Stopped in 2000.

STOOL: 1/d. Satisfactory.

URINE: Increased infrequency. 8-10/D, 1-2/N. Sometimes she has to pass 3 times in 10 min.

MENSTRUAL FUNCTION

MP: Aug 2005. Menopause+. C/O Hot flushes — episodes of low → Small popular eruptions on face.

SEXUAL FUNCTION: Extremely.....(*didn't know what was coming*) low! Once in 2 months. Said I think my husband is going through male menopause. He has less desire.

OBSTETRIC HISTORY: G6P2A4L2. 2 sons.

4 abortions induced after the younger son.

DELIVERY: Normal.

No significant problems during pregnancy or after delivery.

SLEEP: Very less. Awake till 2 am. Restless in sleep. Light sleeper. Disturbed by husband's snoring.

Unrefreshed when gets up from sleep since 2 months.

DREAMS: In childhood there was a recurrent dream that

she is climbing steps endlessly.

THERMAL: Sun causes heavy headedness.

Enjoys winter, loves monsoon.

Fan: S++, W+. Covering S-, W+.

Bathing: Cold water in summer, luke warm in water.

CH4

LIFE SITUATION AND MENTAL STATE

3/9/1964: 2nd of 3 sisters. Born and brought up in Mumbai. Average student. Took part in sports- Exercise, cycling, swimming.

But I had inferior feeling in school. I couldn't be like others. Never spoke much with others. Not concentrating on studies, I was mischievous, so teachers were rude to me.

Also mother used to shout at me regarding my studies. So I felt that I am not loved.

1979: My father expired due to alcoholic liver disease. When he died I felt he was very selfish since he could have avoided the situation to arise but he didn't- he just left us!

Now I think that I am wrong and may be other persons are right. Because ultimately it is all Karma.

I am little low in self esteem.

After studying till tenth standard, did few jobs as sales girl in designer studio. Assistant designer in foreign based boutique. Then as a manager in other boutique. I got a job in airline just because of my personality though I did not have the qualification.

God was kind to me and I am grateful to Him.

Knew a boy since school.

1987: Got married to him. Mother-in-law very dominating. Stayed with her for 2 years. Then separated. Mother-in-law now stays with one Sis-in-law. Though patient is in good terms with sis-in-law.

I am now a very strong personality. I don't allow anyone to say anything to me and get away.

I am not diplomatic. Diplomacy is Hypocrisy. I am very blunt. I don't like something I tell them, and if like it I admit it.

1997: SPA started.



Now I am very happy. I have done well in all the roles. I have worked to the bone. I am not a kitty person and I don't play cards. I have been a very good mother, friend, wife. I have adjusted to all different environments.

I was very fastidious. I maintained my sanity. But my children don't follow my steps. And now when I am grown up, my energy levels cannot meet their requirements. So my husband gets angry. At the end of the day I become like dead meat. My chest hurts at the end of the day.

EMOTIONAL STATE

Irritable³, very bad temper. If my temper goes, my tongue goes. I am very blunt.

Brooding³. Forgives but never forgets.

Fear heights³. Claustrophobia > open air.

Otherwise bold. Would never give up.

Hyperactive³.

Perfectionist³. Motivation, will, drive++.

Spiritual and adventurous.

Loner. > alone or one or two close friends.

Talks excessive³. All her sentences ends in "Darling", "God bless you".

Hurried³ nature.

RUBRICS FOR REPERTORISATION (Robin Murphy repertory)

- 1) RM 1078 Masculine woman.
- 2) RM 1042 Extrovert.
- 3) RM 1042 Extravagance.
- 4) RM 1018 Courageous.
- 5) RM 1043 Fastidious.
- 6) RM 1034 Domineering.
- 7) RM 0996 Anger violent.
- 8) RM 1110 Talk excessive.
- 9) RM 1008 Brooding.
- 10) RM 1109 Sympathetic.
- 11) RM 1047 Fear height.
- 12) RM 1044 Fear closed places. Claustrophobia.
- 13) RM 0260 Dry cough < am.
- 14) RM 1309 Skin discoloration white spots.

15) RM 0546 Craving spicy.

16) RM 0545 Craving Sweets.

17) RM 0544 Craving Pickles.

18) RM 0536 Craving Chocolate.

19) RM 0361 Hot patient.

REMEDIES ON REPERTORISATION

Sulph 25/15, *Nat-m* 22/13, *Phos*, 23/12, *Puls* 22/11, *Nux-v* 17/11, *Lyc* 20/11, *Calc* 18/11, *Sep* 18/10, *Lach* 16/8.

PLAN

ACUTE: *Puls* for cough. *Arn* for backache

CONSTITUTIONAL: *Lach*. INTERCURRENT: *Tub-b*

A DISCUSSION: From every angle whichever approach you use, you would come to *Lachesis*.

1. It is an out and out animal remedy. 1-Upmanship. Words like- worked to the bone; at the end of the day feel like crushed meat etc.

2. A picture-perfect *Lach*: Dominating, Vivacious.. Outgoing, dressed in latest fashion. Hypocritical.

VIDE INTERVIEW

First Interview- Life is very good, everyone is perfect children and Husband.

Second Interview: She has no energy to do all work. Husband wants home perfect and shouts as soon he enters. No respect for her- she too is working and if no servant she has to do all the work- washing vessels (*implying that it is below her dignity and yet she has to do it*). Children do not help. Messy home. She has spoilt them.

No sex. How can you when he criticizes so much.? You want to hit back!! (*So she deprives him of sex, not realizing she is depriving herself too. Rather she could use these tender moments to win husband onto her side. But she is too aggressive for that*). In first Interview she had said his drive is low! (*Lies*)



TREATMENT AND FOLLOW UP

DATE	SYMPTOMS	REMEDY
24/10/05		<i>Lach</i> 200 1 dose
31/10/05	Hair fall >. Considerable change. C/o cough since 29/10. Dry cough → yellow expectoration. Thirst less ³ . Tg dry. Acute with AF	<i>Puls</i> 200 TDS for 3 days
7/11/05	Cough 0. But irritable since 1 day	<i>Tub-b</i> 1M 1Dose
14/11/05	>. Except hot flushes.	SL
21/11/05	C/o Backache since went for a walk after long time. School fashion show for parents- 4hrs practice a day!!	<i>Arn</i> 30 2P, 1P=2
28/11/05	Backache much better. Hair fall 100/day. Sneezing 10-12 /day. Occasional dry cough. No throat pain.	SL
5/12/05	Hair fall 50/day. Sneezing 3-4/day. No cough. No throat pain. Hot flushes does not pay attention to. Urine frequency D/N: 7/0-1. Sleep better than before- like a baby. Children Better. Had a talk with husband, you know how blunt I am- he has agreed to change!! (She does not recognize the role of <i>Lach</i> - if on own stream, she should have talked with husband earlier.)	SL
Such a rapid response! NO HAIR FALL IN 5 weeks with a single dose. The beautician was floored.		

CASE 3: Dr SUSHIMA JAISWAL
B/22/05/ 18-10-05

The Uprooted Asthmatic

Master JA, 5yr 6mths came to us on 18th Oct 2005.

CHIEF COMPLAINT

Recurrent Colds¹ and cough³. Cough and Vomiting. No Breathlessness. Allergic to food colours. < dust, cold drinks, evening³ HS, lying down. > warm drinks. Feels hot. Earlier the frequency was once in 3 months and would last for 5 days in 2003, in 2004 same frequency but the attack would last for 10 days. But when he came to us he had this cough which was persistent since July. Since he was not better with oral medication, he was put on Asthalin and Budecort¹ inhaler 2 puffs QDS.

DIAGNOSIS: Cough Asthma

PATIENT AS A PERSON

HEIGHT: 46". WEIGHT: 22 kg. BIRTH WEIGHT: 3.5 kg.
TEETH: Normal. Bites nail.
PERSPIRATION: Profuse³, Scalp³, Palms¹.

APPETITE: Normal THIRST: 6 glasses/day

CRAVING: Chicken, chocolate, egg, milk, sweets.

STOOL: 1/d. Satisfactory.

URINE: Normal.

MOTHER'S OBSTETRIC HISTORY: Morning Sickness +. Burping¹, Flatulence³. Had fibroid, hence planned LSCS done.

SLEEP: Normal. Sleeps prone (on abdomen). Talks occasionally.

THERMAL: Monsoon aggravates. Fan: S++, W+. Covering: S-, W+. AC: S 2+.

Bathing: Luke warm water. HOT PATIENT.

PAST HISTORY: NAD.

FAMILY HISTORY: GrFa-DM, Great GrMo, GrMo, Uncle-Asthma, Mother-Fibroid.

LIFE SITUATION AND MENTAL STATE

Born on 30/03/2000. Only son in a joint family at the up market Napeansea Road in Mumbai. Earlier used to live in a big joint family, which has now broken up

and their family unit comprising grandparents, parents, paternal uncle have shifted to Bandra in 2003. It is a very dusty and developing locality with construction all around and the child has been continuously ill since 2 yrs.

EMOTIONAL STATE: Irritable³, when does not get his way and that time shouts. Otherwise he is quiet, Shy³, cannot show his affections.. Happy by himself, even when left alone. Loves coloring, watching TV.

During the interview he was constantly rubbing the eyes, hiding his face, giving a coy smile. When questioned would look at the mother or ask her what to answer. Fear of water³, Lizards³. Perfectionist¹. Obstinate.

RUBRICS

RM 1114 Shy³
 RM 1043 Fastidious
 RM 1086 Obstinate
 RM 1052 Fear of water³
 RM 0536 Craving Chicken
 RM 0547 Craving Sweets
 RM 0539 Craving egg
 RM 0536 Craving Chocolate
 RM 0544 Craving milk

TREATMENT AND FOLLOW UP

DATE	SYMPTOMS	REMEDY
18/10/05	Cough was already 60 % better with the inhalers. So no acute remedy reqd. Plus the condition was persistent for 3mths, so chronic, and a chronic remedy reqd. Advised to taper the dose of inhalers and gradually stop.	<i>Lyco</i> 200 1 dose
24/10/05	For three days ie from 18-20, the expectoration was thick and mucoid. Then no cough.	SL for 2 weeks.
08/11/05	Cough 0. No complaints.	SL for 2 weeks.
22/11/05	No complaints.	SL for 2 weeks
06/12/05	Mild cough + since 2 days. A new attack, so give an acute, which will nip it in the bud and not let it develop. Plus we will watch the response and if immunity is still holding on, then will not repeat the <i>Lyco</i> .	<i>Are-alb</i> 200-1 dose.

Conclusion: Contd on Page 407

RM 0360 Hot patient
 RM 0262 Cough < evening³
 RM 0257 Cough < cold drinks
 RM 0267 Cough < lying down.
 RM 0278 Cough > warm drinks

PLAN

ACUTE: *Ars-alb*.

CONSTITUTIONAL: *Lyco*

REASONS: Hot patient. Fastidious (though not very marked yet rarely seen in a very young child which makes it characteristic). Timid, yet obstinate when contradicted, Happy with own company. Craving Sweets, Craving Chocolate. The characteristic aggr in evening³ and better warm drinks. Here again we are not sure if the illness is due to missing the joint family or the dusty environment. We put our bet on intrinsic factors (strong family history) and the environment, as the child had no overt emotional symptoms. It also fitted the *Lyco* trait of aloofness with few deep attachments. The acid test would be the response to *Lyco*.

INTERCURRENT: *Tub-b* 1M- frequent respiratory attacks often require an anti-tubercular remedy to clear up the case.