

The Lonely One!

Mrs S W, 36 yr, Housewife, came for Right sided nasal polyp.

Recurrent respiratory complaints since childhood; coryza.

Nose blockage → mostly right sided, has to breath from mouth.

Respiration difficult < lying down, > open air.

Eyes – itching, burning with sneezing; < dust, < change of weather. Loss of smell.

OTHER COMPLAINTS

Headache: Heaviness especially supra orbital region associated with pain in maxillary sinuses.

Right sided → ear obstruction with above complaints.

Pain → from neck to shoulder → Right side < lying down.

Stiffness – right shoulder.

Constipation since childhood ? hard stools; has to strain a lot. Passes after 2 or 3 days

[Took lots of treatment for constipation but no relief]

PAST HISTORY: Chicken pox in childhood.

FAMILY HISTORY

Mother – Hypertensive. Rest - not contributory.

MENSTRUAL HISTORY

Menarche – 13 yrs. Regular 4 days/30 days

Flow – Scanty for 4 days

Before menses → Pain in extremities.

OBSTETRIC HISTORY

2 Children: 14 yrs and 11 yrs. No Abortions.

PERSONAL HISTORY

ALLERGY- Dust, fumes

DESIRE- Sour, fruits, sweet

THIRST- 10-12 glasses/day



Dr SHARNAM M AZMI
Asher's Clinic, 5, Riddhi Park,
Sharanpur Road,
Opp. Baphana Jewellers, Nashik -2
Tel: 2571640

APPETITE- Normal

STOOL- Constipation; hard stools

URINE- Normal

SLEEP- Sleepy at daytime, restless at night on account of nose block, wakes up due to slight noise

DREAMS- Flowing water

PERSPIRATION- Profuse → face, chest → some times at night also

THERMALS- Chilly

MENTALS- Since childhood she is very quiet and reserved. Takes long to mix with others. Does not express her emotions, whatever she is told, she just listens quietly. Sometimes if gets angry on children then only expresses her anger by shouting on them. After some time becomes normal. Likes to be alone, does not like crowd. Avoids going to crowded places such as theatres, or any function-marriages etc.

Generally feels much better in open air especially when tense or depressed.

She is very sensitive by nature. Weeps easily but when alone. Desires consolation which relieves her much.

Gets angry if anything happens against her wish, or if children don't listen to her.

If anything happens, remembers that for a long time.

Her sister had expired due to some illness. It took almost two years to come out of the grief.

LIFE SITUATION

She is the third amongst 5 children. Always to felt that being the 3rd daughter, she is neglected by her parents. So, she developed a strong desire for attention, care and love which was not fulfilled even after her marriage, as her husband works in another city and she stays with children. So, he comes home for only short periods. She feels lonely.

Anxiety for husband and children. Because of this becomes sleepless and gets different thoughts especially about her husband as he stays in Mumbai. Worried about him and misses him.

Very caring for family.

Fear → quarrels. Cannot bear quarrels, even cannot fight with anyone.

ANALYSIS

MENTAL GENERAL

Timid

Sensitive

Consolation ameliorates

Brooding

Forsaken feeling

Anxiety family for his

Cases, full of

Reserved

Fear – quarrels

EVALUATION

Timid

Forsaken feeling

Quarrel, aversion to

General, Food and drinks – fruits, desire

Chilly

PHYSICAL GENERAL

Desire: Fruits, Sweet

Thirsty

Perspiration: Profuse, face, chest

Thermals: Chilly

Side: Right

PARTICULARS

Nasal polyp: right sided

Loss of smell

Constipation – hard stools

Headache < morning

Shoulder – stiffness – right side

General side - Right

Stool, hard. Nose, Smell, lost

After Repertorisation *Mag-carb*, *Pulsatilla* came up.

Rx: 30/03/04

1 dose *Mag-carb* 1M

EXPLANATION

Mag-carb covers the main feelings of the patient ie forsaken feeling. Also she was very reserved. Physically also it covers all the complaints like right sidedness, nasal complaints and constipation.

Pulsatilla was ruled out on the following basis.

Pulsatilla desires sympathy, she feels forsaken whereas *Mag-carb* has deep seated lonely feeling

1ST FOLLOW UP 3/05/04

Nasal pain - better. Respiration improved

Head - heaviness. Generally feeling better

Rx: *Sac-lac*

2ND FOLLOW UP 20/7/04

Nasal complaints better. Constipation much better

Shoulder pain and stiffness much better than before.

Rx: *Sac-lac*

A Surgically Spoiled Case of Fistula-In-Ano

Ahmad, 35 years. First consultation: 21-6-2005.

The patient was suffering from fistula in ano. About three months ago, instead of going to some good hospital or a good surgeon, he got into the clutches of a road side surgeons so called "Bengali Doctor" who claims to cure fistula, fissures and piles through surgery.

Within a span of three months the so called surgery was performed twice. The "Bengali Doctor" cut off a large chunk of flesh near anus. The wound did not heal even in a month's time, though it was being regularly dressed. Patient was simply in agony.

At this stage the patient was referred to me by one of

my old patients. When seen on 21-6-2005 he was in great distress. The condition of the patient was as follows:

There was a large wound at the anus which was raw and oozing, there was continuous severe pain in the wound. Discharge from the wound was purulent, thin and continuous. Pain in the wound was of burning nature. Patient used to feel feverish daily especially in the evening.

I prescribed *Hypericum* 200, one dose daily. For local use the patient was advised to clean the wound at least twice daily with a few drops of *Hypericum* Q diluted in half cup of lukewarm water and after cleaning to apply ointment *Hypericum*.

28-6-2005: There was good improvement in the wound. The discharge from the wound was quite less, except for offensive discharge oozing from one point, where

Dr S K MAMAGIN
Doon-Raina, Mangain Homoeo Clinic,
218, D.L. Road,
Dehradun-248001
Tel: 0135-2656578 (Res)
Email: drmamagin@vsnl.net