

CLINICAL CASES.

A CASE OF ASTHMA TREATED BY HOMŒOPATHY

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Mrs. McC., colored, aged 34, was first seen on June 16, 1928. Her complaint was asthma for the past eight years. These spells occur nightly about 8-9 p. m. and last through the whole night.

She is better in the cold air.

She is better in winter.

Wants her hair down as the scalp hurts.

The attacks are better drinking cold water.

During the attack her head feels too big and is better from pressure.

She coughs with the asthma and her head feels as if bursting on coughing.

She walks the floor all night.

The disposition is very cranky during the spells.

She is not worse in wet weather.

She feels the cold but is markedly better in the cold air.

She likes sweets and uses salt heavily.

Bryonia 30x, one dose.

May 7, 1930. The patient was not seen in two years. There have been no attacks during this period, since the day following the first dose of *Bryonia*, until this month when she had three spells each coming on at 9 p. m. with great tenderness of the scalp again and markedly better in the cold. *Bryonia* 1 M, one dose.

May 26, 1930. She was comfortable for two weeks after the remedy. She now has coughing spells with pain under the sternum associated with her menses which begin at 10 a. m., and are brighter red than usual. The cough continues three days with foamy egg white sputum, splitting headache with the cough, and great dryness of the mouth and throat. *Bryonia* 10M, one dose. *Sac. lac.* night and morning.

June 10, 1930. After taking this third dose of the remedy she was all right in the morning and has had no trouble since.

It is interesting to see a remedy like *Bryonia*, commonly thought of as an acute remedy, take hold of a chronic case so well. It may be that *Natrum mur.* will be indicated later.

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