

Series of Boenninghausen Corner

ABSTRACT: *One of our most popular section's in making! You have got the glimpse in our earlier issue the opening line's gets us bowled. Read on with an added attraction of one case.*

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In Boenninghausen's 482 small pages are 335 rubrics which are not to be found in Kent's 1423 large pages according to Elizabeth Wright Hubbard. She further says:

The Kent's Repertory claims to be based on Generals yet it is a maze of PARTICULARS

Boenninghausen is more focused and classified.

Boenninghausen method of repertorisation shines in the following cases:

- 1) Without many mental symptoms.
- 2) Without rare, strange and peculiar symptoms.
- 3) With few particulars.
- 4) In cases where modalities predominate and concomitants are marked
- 5) Cases showing pathological symptoms and objective symptoms

Thus the scope of using Boenninghausen repertory is immense as in our general practice we have majority of cases of the above variety. We can come to a remedy even on the basis of one complete symptom. A complete symptom has 4 components namely Location, Sensation, Modality and Concomitant.

At the time of case taking we have to keep in mind these 4 components and try to get as accurate information as possible. Repertorisation on Boenninghausen repertory was time consuming when it was done manually but not now

as computer soft wares are available both for Therapeutic Pocket book and Boger Boenninghausen Characteristics and repertory [BBCR]

HERE IS A CASE WORKED OUT ON BBCR

Mr AP aged 20yrs, a medical student approached for homeopathic treatment after exhausting all options of conventional medicine. As he was a medical student at the medical college best of care was paid to his case.

He complained of shooting pain in left hip radiating down the back of the knee.

< least touch, jar, < early morning, < external pressure, even slight pressure over the soles leads to excruciating type of pain, < mental exertion/ tension, < winter, < physical exertion / bending forwards, > lying down on the back.

Backache = lumbo sacral region, sacro ileitis. Stiffness is very much marked.

Neuralgic type of pain is present, < morning, < cold weather, < bending forwards, > hot fomentations, > lying on the back.

Burning sensation in epigastria, water brash, < fried and < mental tension

Flatulence + tenesmus

THIRST: Increased

APPETITE: Normal

STOOLS: Habitual loose stools

URINE: Normal

| | Nux-u. | Sulph. | Ars. | Phos. | Rhus-t. | Acon. | Petr. | Ign. | Calc. | Hep. | Lyc. | Bell. | Chin. | Sil. | Sabad. | Sep. | Bry. | Verat. | Cham. | Nat-m. | Puls. | Kall-r |
|--|--------|--------|------|-------|---------|-------|-------|------|-------|------|------|-------|-------|------|--------|------|------|--------|-------|--------|-------|--------|
| Total | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Rubrics | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Families | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Lower extremities; JOINTS; Hip | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Lower extremities; JOINTS; Knee | ■ | □ | ■ | ■ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Lower extremities; LEFT | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Lower extremities; Shooting, Hip | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Lower extremities; Radiating pain, Hip | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AGG; Touch, slight | ■ | □ | ■ | ■ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AGG; Pressure; external | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AGG; Exertion, mental | ■ | □ | ■ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AGG; Emotions, anger, vexation, etc. | ■ | □ | ■ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AGG; Winter, in | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Generalities; AGG; Exertion, physical | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Generalities; AGG; Bending, forward | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AMEL; Lying, on back | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Back; LUMBAR REGION | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Back; SACRUM AND COCCYX, SACROILIAC JOINTS | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Back; SACRUM AND COCCYX; Stiffness | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Back; TIME; Morning | ■ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Back; AMEL; Warmth | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ | □ |
| Generalities; AMEL; Warmth; of stove | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Stomach; Burning | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |

DESIRES: Cold drinks, sweets, sour and spicy.
 CHILLY patient
 Temperament
 Anxiety, tense by nature.
 Irritable, does not express his feelings.
 Desires company.
 Craves sympathy
 Fastidious

THE CASE WAS REPERTORIZED ON BBCR.
 The case was given *Ars-alb* 0/1 4 times daily on 28/4/1994 for 2 weeks. On 11/1/95 medicine was repeated for 2 weeks in 0/2. On 30/1/95 patient reported 90% improvement. He was given *Ars-alb* 0/3 followed by 0/4 after 2 weeks. The reports were most encouraging and last time he took medicine was on 9/8/95. *Ars-alb* alone has helped.