

Haque Herbal Medicine

The drugs known as Indigenous drugs are essentially medicinal use of herbs and plants. From time immemorial, in yester years, Late Dr D N Roy, Dr S C Ghosh of Calcutta, Dr Jugal Kishore of Delhi and Dr D N Roy, Dr D P Rastogi, Ex, Director CCRH have proved and documented many Indian herbs, which are not only efficacious in tackling various acute and chronic illness free from any side effects. They are the safest of all. Of course, there are fragmentary records of proving but ample confident indications and field of application.

I stock all these medicines and prescribe them frequently with good results

1. *Justicia-adhatoda* Q, 2x, 3x: For whooping cough, acute cold and coryza.
2. *Abroma--augusta* Q, 6, 30: In Amenorrhoea, Dymenorrhoea, Leucorrhoea, irregular menses in young girls (As an emanogogue).
3. *Acalypha--indica* (Muktajhuri): Cough with Haemoptysis and in incipient pulmonary T B.
4. *Andrographis--paniculata* (Klmegh): Liver complaints intermittent fever (*Nat-mur* like fever, Malaria and Flatulence in Kala-azar).
5. *Azadirachta--indica* (Neem): Every part of this tree is bitter, used as tooth cleaning, Tooth pick, leaves in eruptive fevers, Helminthiasis. In old ulcers of long standing- the decoction of leaves is prepared for washing affected part; also used for blood purifier.
6. *Aegle-mar* (Bael as a whole): For constipation, in colitis like *Nux-vom*.
7. *Aegle--folia* (Bael leaves): For chronic Amoebiasis, colitis, piles, anorexca, IBS, cholecystitis and cholelithiasis.
8. *Calotropis-giganta*: Elephantiasis (*Merc-sulph*): Hansen's disease (Akaun).
9. *Carica-papaya*: In weak digestion with enlarged liver, spleen.
10. *Cynodon--dact*: (Dr J Kishore) In acute and chronic Amoebiasis (Q, 6 and 30).
11. *Cephalendra--indica* Q, 1x (Tilkor): Proved, clinical verified and documented by CCRH in Diabetes Mellitus. A great hypoglycemic agent.
12. *Embelia-ribs*: In Helminthiasis and for prevention of jaundice.
13. *Ficus--religiose* (Papal Tree) in Q and *Ficus--indica* (Banyan Tree Q): They known for Anti-haemorrhagic property.
14. *Atista--indica*: Malaria, Fever-curative and preventive.
15. *Hydrocotyle* Q and 200: In Filariasis, dropsy and in Hansen's disease.
16. *Nyctanthus-arbor-tristis* (Harsinghar): In Intermittent, Remittent fever and POU origin. Liver-spleen enlarged.
17. *Ocimum--sanctum* (Black Tulsi): Acute cold, coryza, Bronchitis, Asthma in Q or a decoction with lemon tea.
18. *Oc--can* Q (White Tulsi): Sweet odor, very good reputation for right renal stone.
19. *Honosia--asoka*: Uterine troubles, suppressed and irregular menses.
20. *Trichosanthes--dio* Q and 6: For acute diarrhoea and gastro enteritis (Palwal).
21. *Kurchi* Q: A well known and widely used remedy for Chronic Amoebiasis and giardiasis with profuse mucous in stool.
22. *Psoralea--corylifolia* (Babchi): A valuable remedy in Leucoderma.
23. *Alstonia*: -Almost specific in Malaria with diarrhoea.
24. *Caesalphenia*: In Malaria like fever with double rise temperature.
25. *Cassia--sophera* Q, 6: In Bronchial Asthma.



Dr S HAQUE

D M S Hons (Cal) 1958, M B S (W B), P G R (Bomb)

Former Principal Govt R B T S Hom Medical College & Hospital, Muzaffarpur

