



Homoeopathic Queries & Solutions

Q1. Sir, I am suffering from neurological disorder- Multiple Sclerosis. Does Homoeopathy have anything to offer me?

- Mr Kamlesh Raghuwanshi (Santa Clara, USA)

A1. Multiple Sclerosis is a degenerative et demyelinating disease of the central nervous system with multiple plaque formations. Clinically, it expresses in the form of periodic remissions and relapses with a progressive downhill course with each relapse. Traditional methods of treatment can manage such cases with immunosuppressive drugs which have their own side effects. No doubt the exacerbations can be effectively controlled but with passage of time these drugs do not oblige. In Homoeopathy we have a number of drugs for such cases. Miasmatically, this disease is an expression of the Tubercular Miasm (Psoro-sycotic complex). Depending upon the history taking and symptoms obtained, if an appropriate remedy is administered, we can definitely manage such cases successfully.

Q2. Sir, I have a patient who has undergone 2 LSCS and is expecting a third child. In such a case can Homoeopathy prevent surgical intervention and have a normal labour?

- Dr Praveen (Nanded)

A2. First of all we have to know the indications for both LSCS's. The commonest causes are gross CPD, uterine inertia, toxæmia, cervical dystocia, breech presentation, placenta previa and hypersensitive patients i.e. Type A personality. If in the third pregnancy there are anatomical abnormalities like gross CPD, placenta previa Gr III, transverse lie or any abnormal presentations unyielding to conservative measures etc, mechanical intervention must be undertaken at an appropriate time. In few cases of transverse lie we have in our hospital succeeded in preventing LSCS with *Kali-phos 200* in

repeated doses along with manual manoeuvring. However, in disorders like uterine inertia, or cervical dystocia, etc our dynamic remedies have proved to be a boon in majority of cases. For eg Uterine inertia and for Dilatation of cervix drugs like *Pulsatilla 1M*, *Caulophyllum 1M*, *Gelsemium Q* in frequent doses have prevented at least 40-50% of the patients from the surgical ordeals. At time, I have also use *Pituitarin 6*, in frequent doses in cases of Uterine inertia after routine remedies did not oblige. A point to note here is that the homoeopath must have her own indoor with all facilities at her disposal for managing medical emergencies and surgical interventions if required.

Q3. Sir, I have passed BHMS this year and am confused whether to start practice or undertake Postgraduation? - Dr Sarvesh Tripathi (Lucknow)

A3. As you are well aware, post-graduate studies in Homoeopathy is in infancy. Hardly there is any institution which has the necessary infra-structure nor the experienced staff which can train the candidates. Moreover Homoeopathy is a scientific art, hence my advice will be to join a good homoeopathic practitioner of your place for at least one year before starting your own clinic. Of course, one may say that a postgraduate degree like MD will have a better social prospect. I beg to differ. [Editor: Can I beg to differ? There are now good institutions, which have been granted MD courses. One has to find a good college and do an MD. We must remember that a newly passed student has a better chance of completing a live-in course then later in life, when he has many responsibilities. Though there is another viewpoint too: that after a little time in practice, the value and application to a PG course may be more fruitful, as pitfalls of practice have been faced. I say this because we have all benefited. The Dr M L Dhawale Memorial Trust and its clinical centres in Mumbai and Palghar have just been recognized for MD. They start in Dec 02]. (A Student Writes in*)



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Q4. Where can we use the Rubric "Hypertrophy tibia" given in the Chapter of Extremities in Kent's Repertory Pg 1017. - **Dr Vinod Suri (Solani)**

A4. This rubric may be considered in patients presenting with hard, bony swelling on the tibial region. Usually these are the cases of Osteomas or periosteal reactions followed by Osteosclerosis in patients suffering from Osteomyelitis.

Q5. In this Chapter of Urine in Kent's Repertory Pg 686, a Rubric "Limpid" is given. What does it mean? Is

it a misprint for Lipid? - **Dr Vaibahv Mhamane (Satara)**
A5. Well! The word Limpid is not a misprint for Lipid. It means clear or transparent or translucent. When urine has such a quality as in cases of Diabetes insipidus etc, then such a rubric can be taken help of.

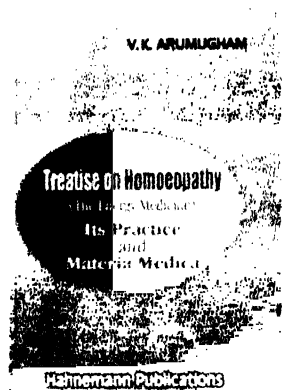
Q6. What do we mean by the symptom given in Borax in Allen's Keynotes-Tendency to "wildbears"?
 - **Dr Vaibahv Mhamane (Satara)**

A6. This symptom is taken for patients presenting with thick hair in abnormal places like hirsutism.

*** WHY HAVE I OPTED FOR AN MD IN HOMOEOPATHY? -DR AQUEELA SYED, MUMBAI**

At the UL level, learning and teaching is theoretical, exam oriented, book oriented rather than actual case-oriented. When we enter the field of practice, there is a vast difference in the level of our level of perception and the actual picture. I then worked with a good practitioner for 2 years. I learnt case-taking, learnt to interview, saw results in practice, learnt the ropes of handling an independent practice. Then I even started my own practice. I got results. I gained in confidence. But I wanted more.

I felt the acute need of Deeper education: of Orgonon, Philosophy, and study of Materia Medica and Pathology from the angle of serious practice of Homoeopathy. Fortunately I have got this opportunity at Palghar, which I will utilize to make my myself competent from every angle. I feel the attitude of a UL student is superficial, and therefore his gain is till that level only. Real life teaches you seriousness and then your gain is at another level altogether.



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topic is discussed at length in his earlier book "Homoeo Energy" which was reviewed by Dr Rajni Gwalani in an earlier NJH issue.

The Materia Medica portion deals with 48 widely used medicines in Homeopathy. The guiding symptoms of every medicine are given in a box followed by other symptoms according to their importance. This serves as an easy reference while prescribing a medicine. The author voices his concern over failures in treating cases because of not giving proper importance to mental symptoms and understanding Homeopathy on energy basis. He also suggests giving precedence to proper visualization over tradition and beliefs, to avoid misunderstanding and frustration faced by great men like Kent and hopes that Homeopathy will see new heights in the near future.

This book has mainly 2 parts - The first part of 45 pages, deals with various aspects of homeopathy viz basic principles, energy systems, provings, miasms, chronic diseases and others.

The chapter on Energy system in the body and body functions sets this book apart from other books. The author being an electrical engineer has been able to explain the vital question of energy in Homeopathic medicines with the example of a battery. The same

Reviewed by
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